

OVERVIEW OF UPPER LIMB

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MUSCLES

- 1) sport, fitness, injuries, tendinitis
- 2) Origin + insertion – function
- 3) Nerve usually common for one group of muscles
- 4) Orientation on the body – vessels and nerves
- 5) Osteofascial spaces – compartments – risk of compression

How to study?:

- 1) atlas, dissection room – group, origin, insertion, shape
- 2) cross-sections – schemas, real, CT, MR
- 3) tables – Origin, insertion , innervation, function

Shoulder girdle muscles

Movement of all upper limb
Supplementara respiratory muscles

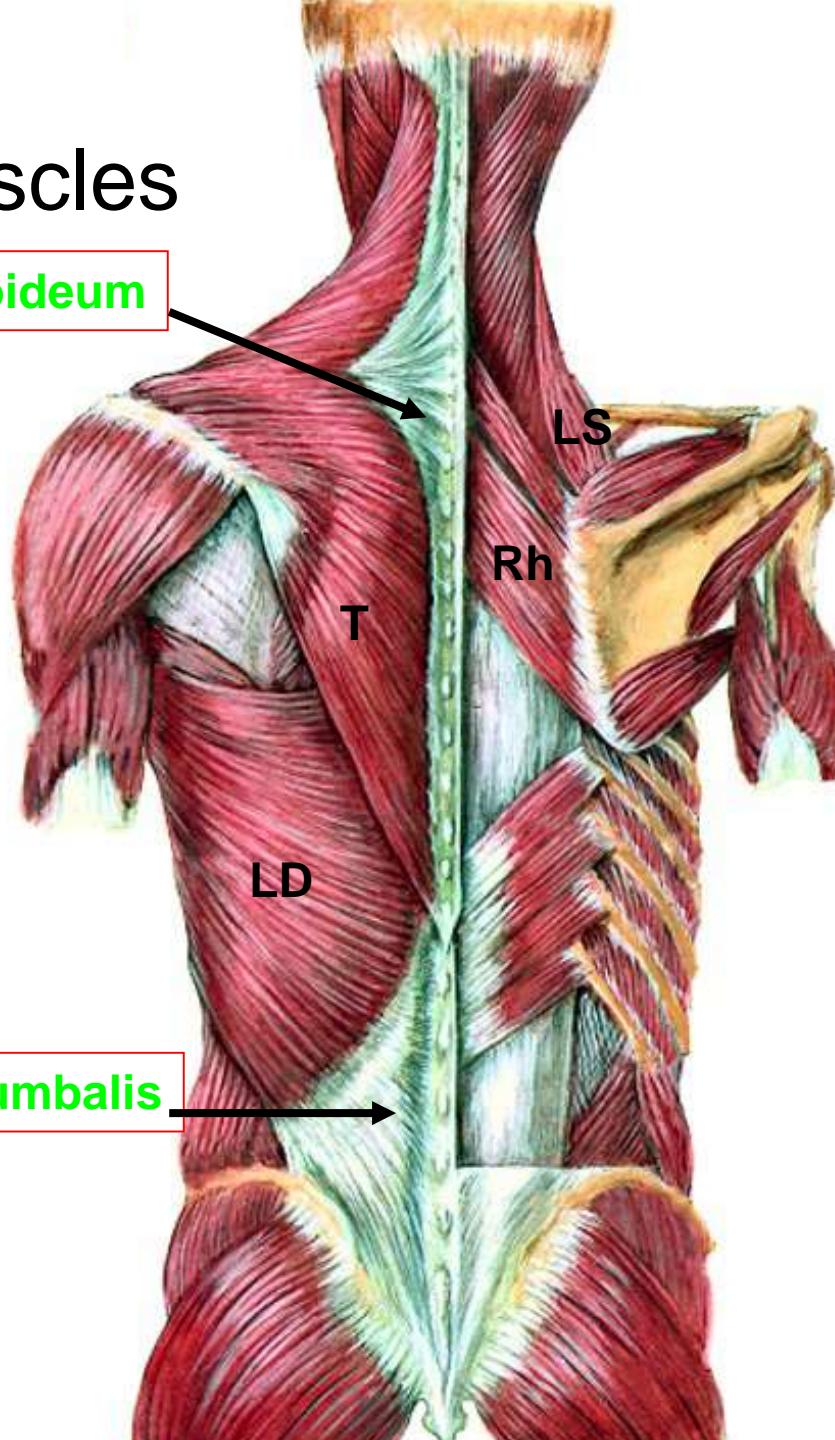
inervation: mostly from supraclavicular part of brachial plexus

- 1) vertebrohumeral m. trapezius (n. accessorius),
latissimus dorsi, mm. rhomboidei, m. levator scapulae
- 2) thoracohumeral m. pectoralis major, m. pectoralis
minor, m. subclavius, m. serratus anterior
- 3) scapular and shoulder m. deltoideus (n. axillaris),
supraspinatus, infraspinatus, teres minor, teres major, m.
subscapularis

Vertebrohumeral muscles

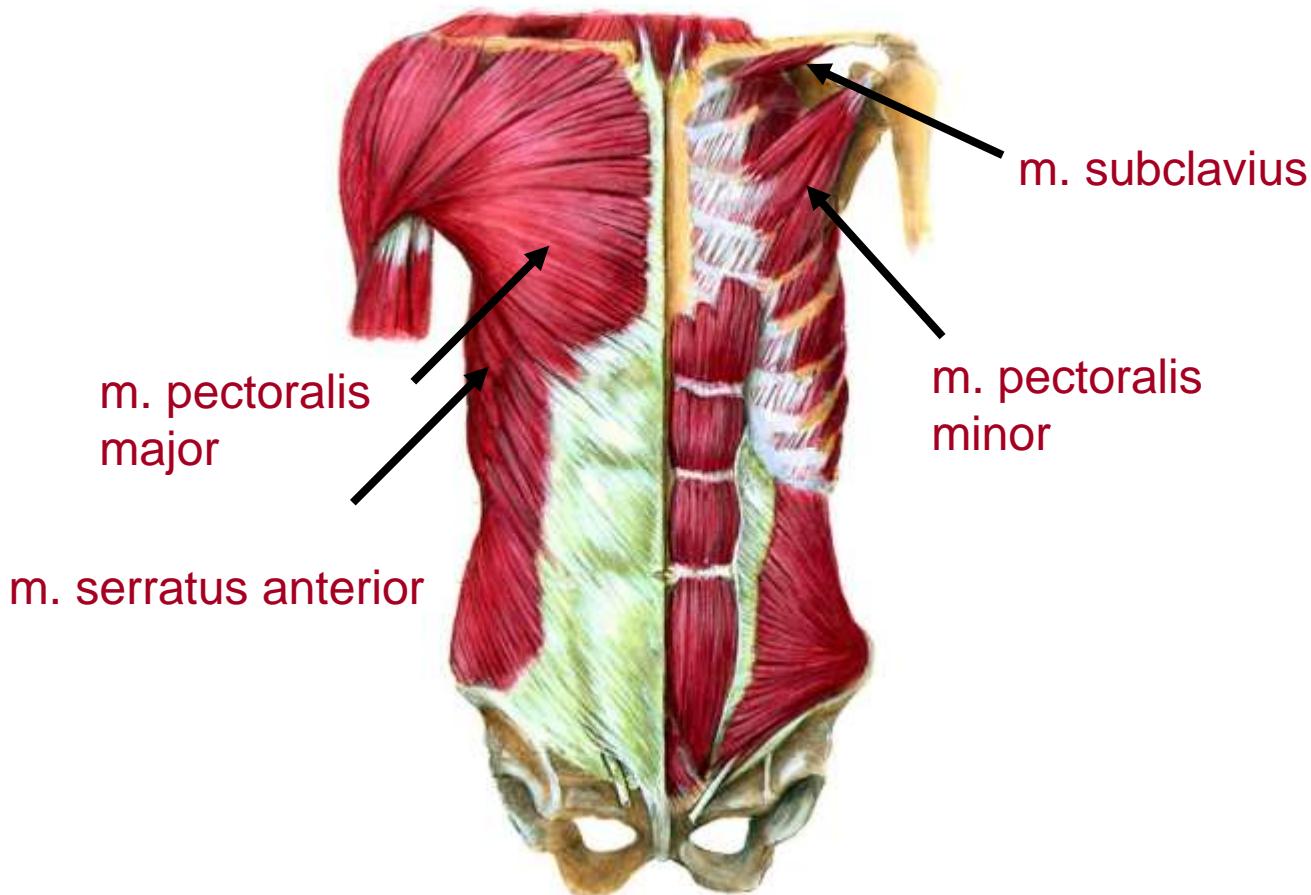
- m. trapezius
- m. latissimus dorsi
- mm. rhomboidei
- m. levator scapulae

Speculum rhomboideum



Fascia thoracolumbalis

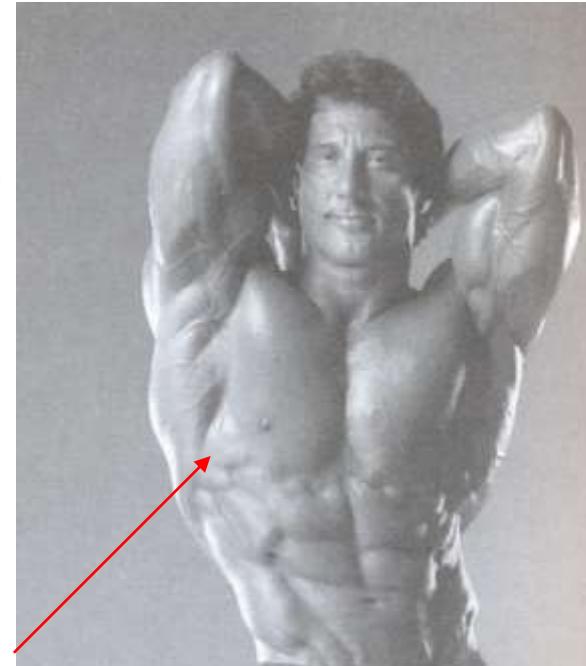
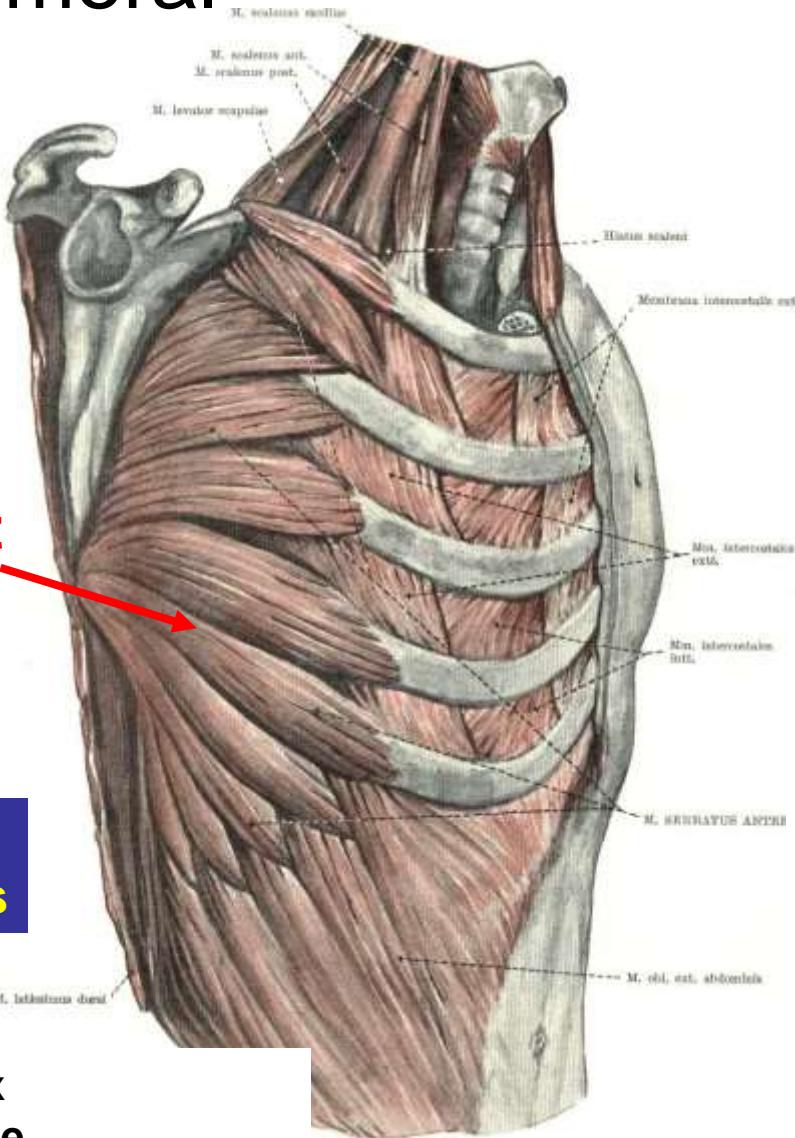
Thoracohumeral



Thoracohumeral

**M.serratus ant
9 teeth**

**Inervation
N.thoracicus longus**



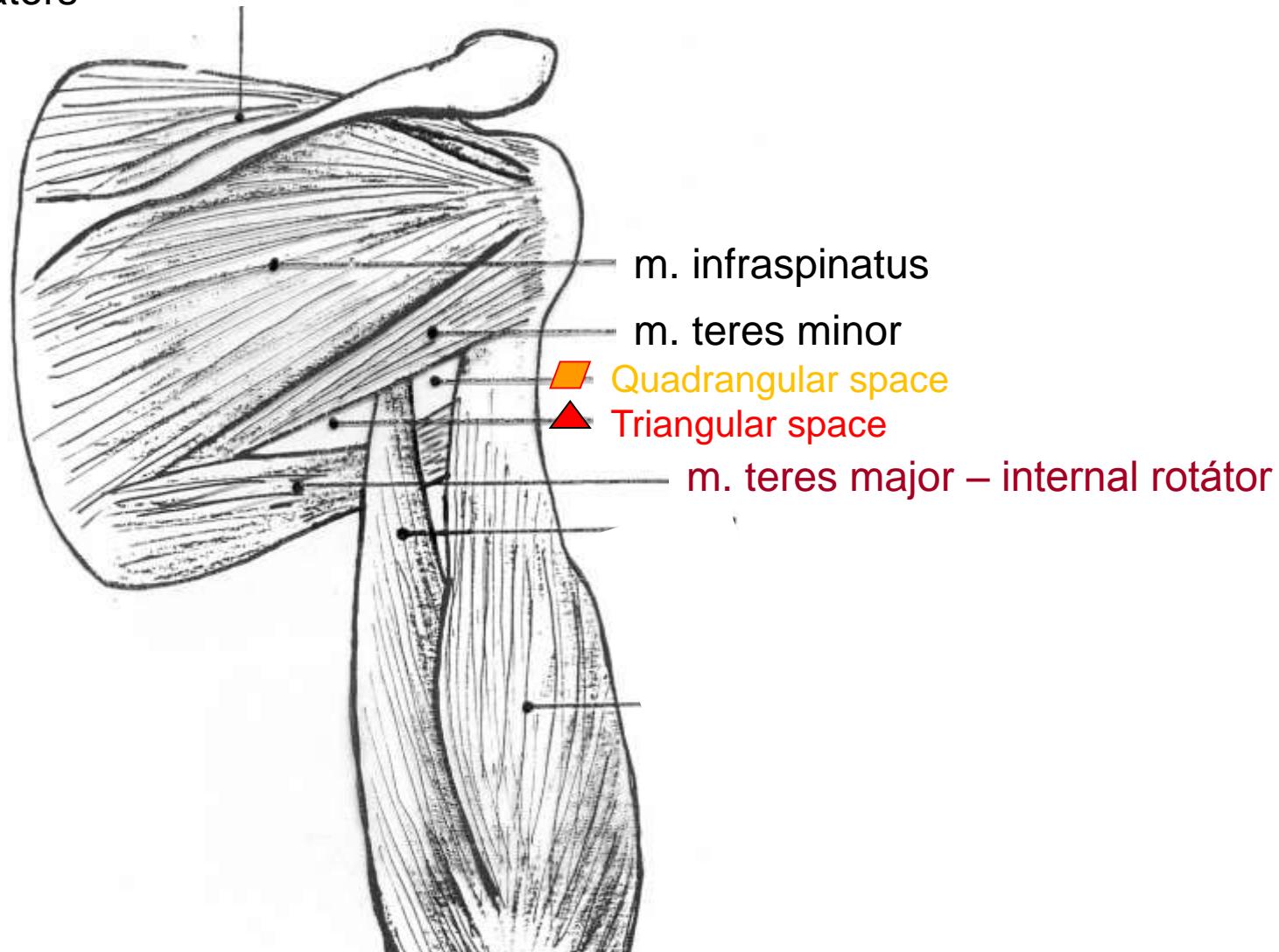
**o: ribs
i: medial border of scapula**

**Holds scapula on thorax
Abducts over horizontale
Supplementary inspiration muscle
Medial wall of the axilla**

Scapular and shoulder

External rotators

m. supraspinatus

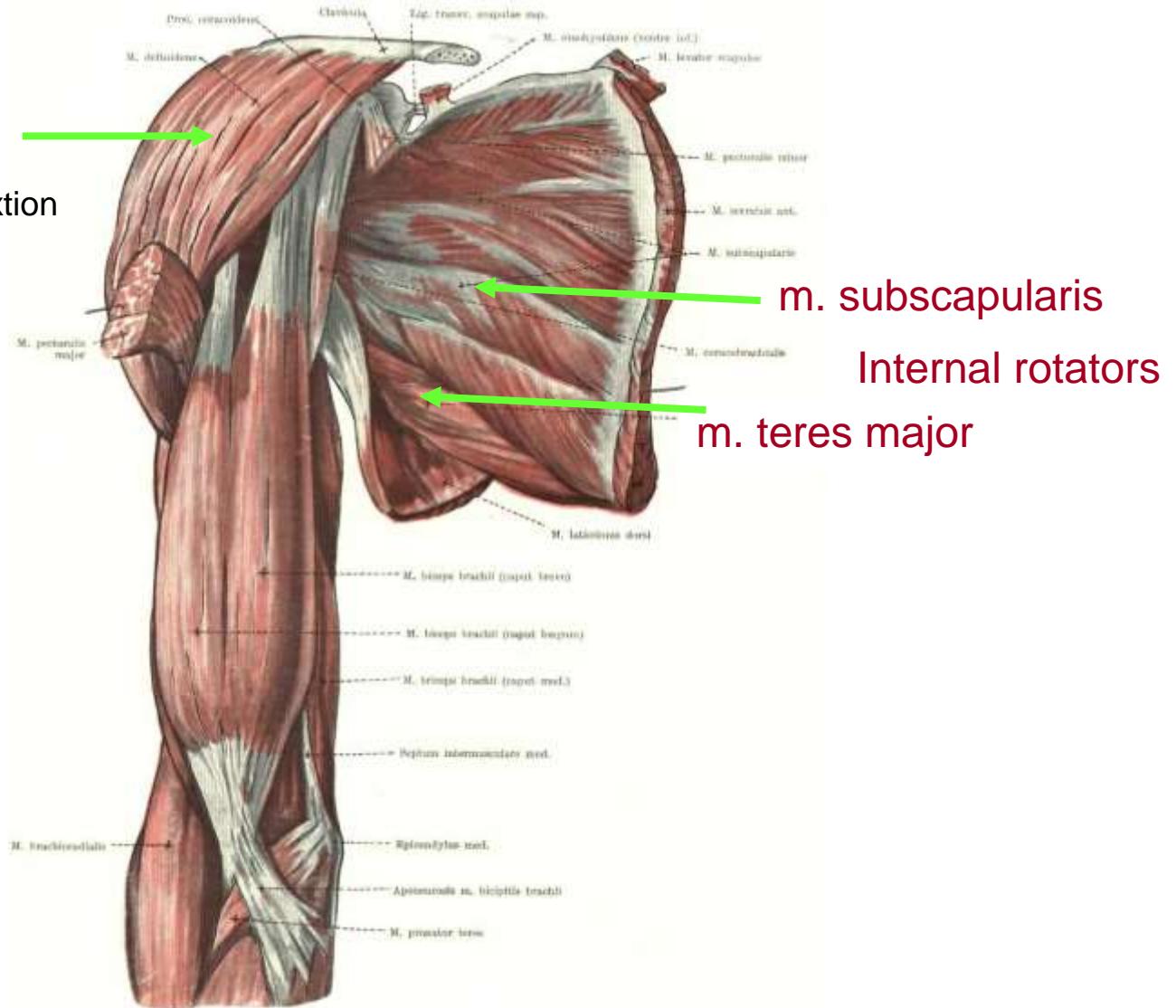


Scapular and shoulder

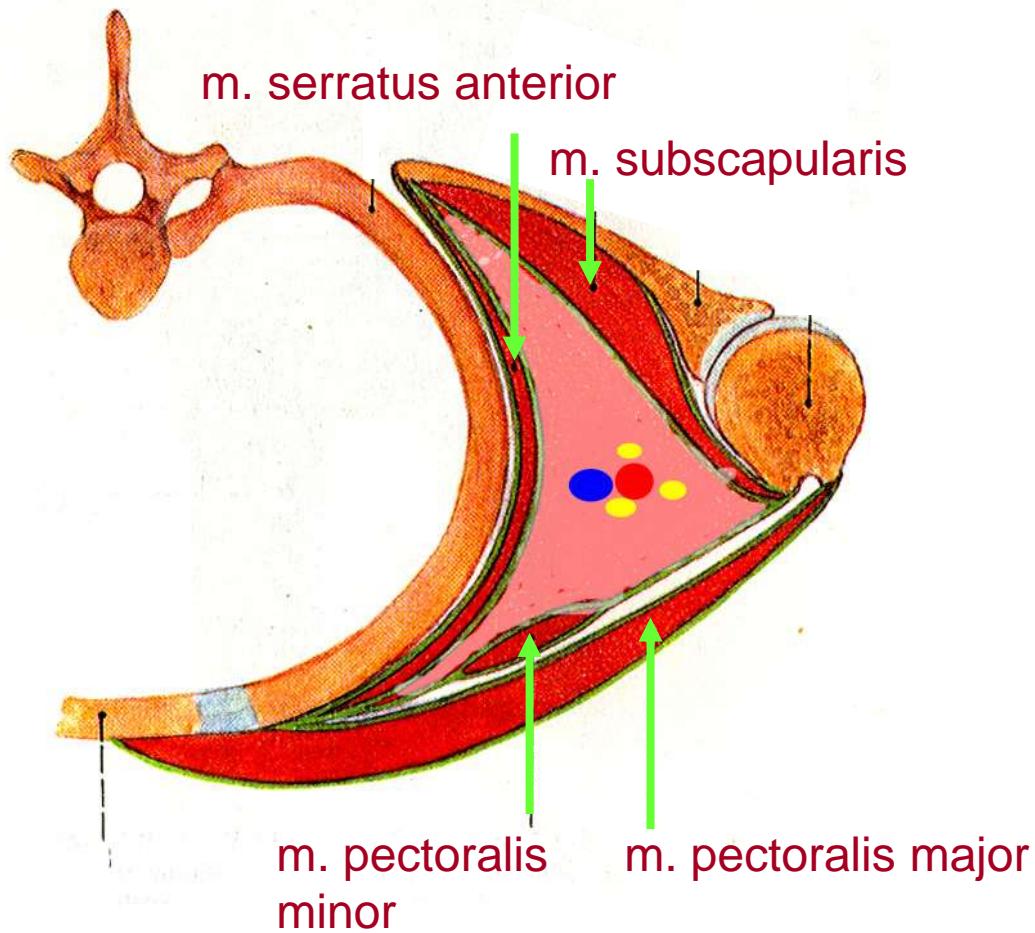
m. deltoideus

Abduction to 90°

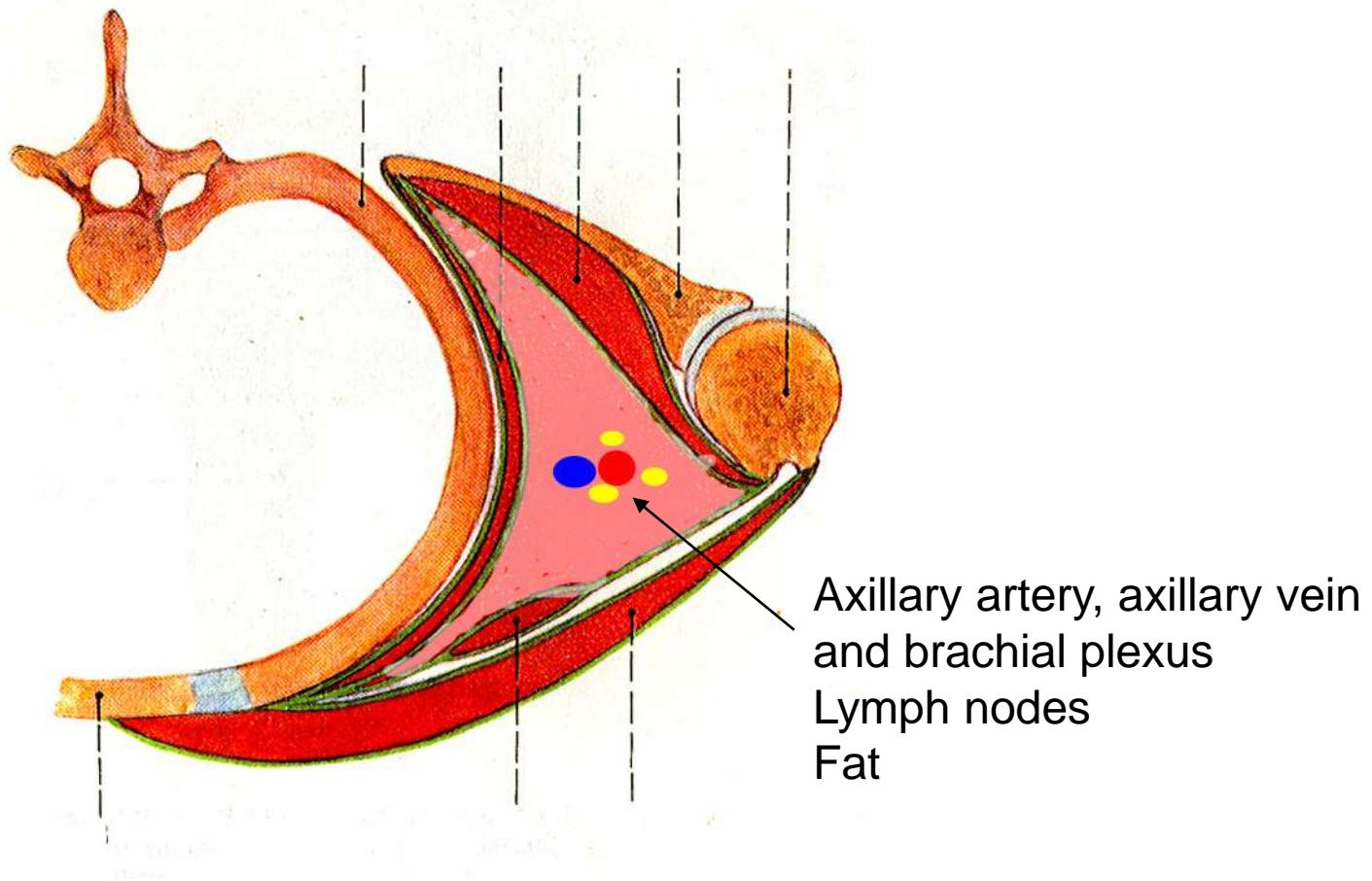
Ventral and dorsal flexion



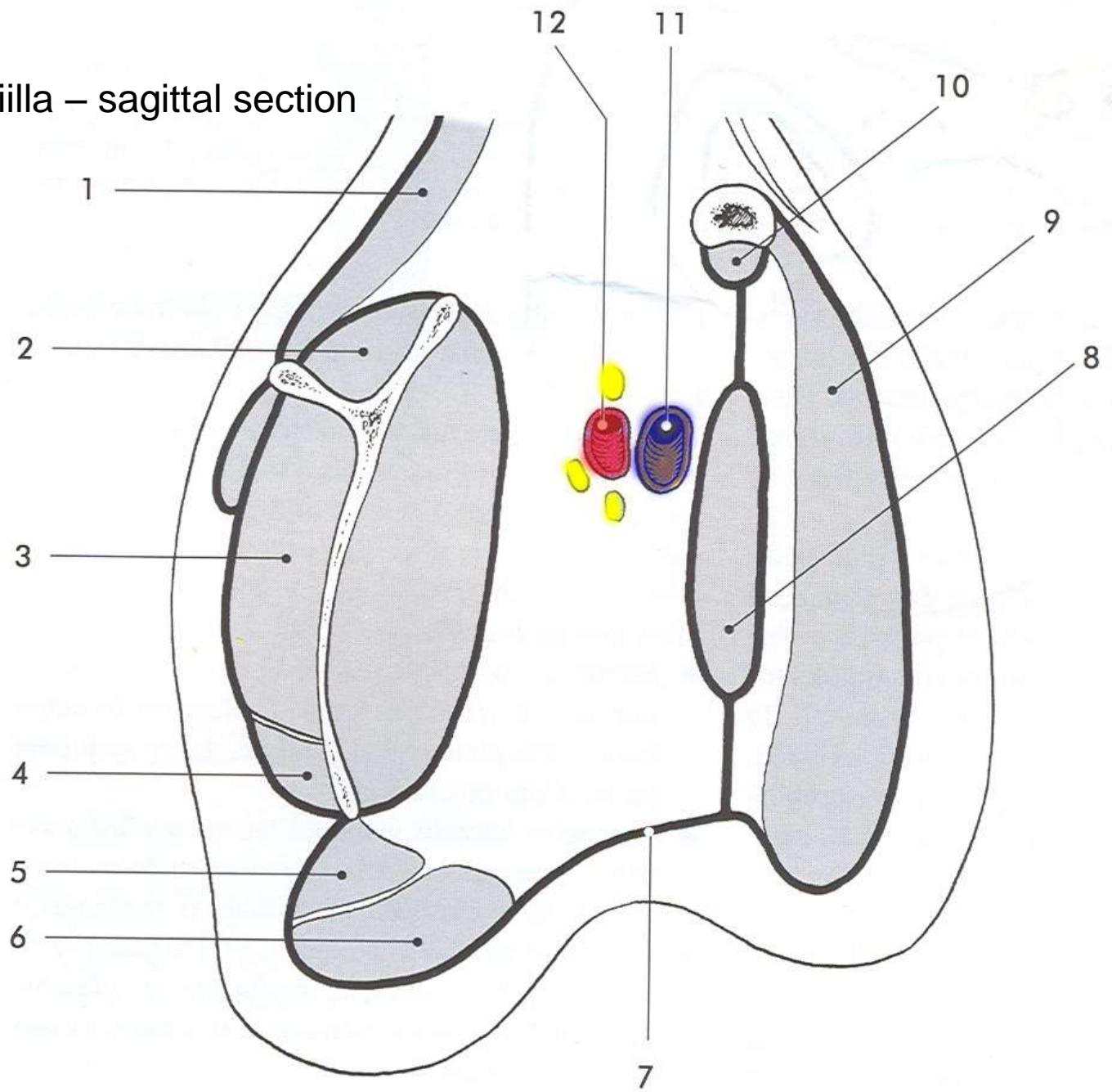
Axilla transverse section

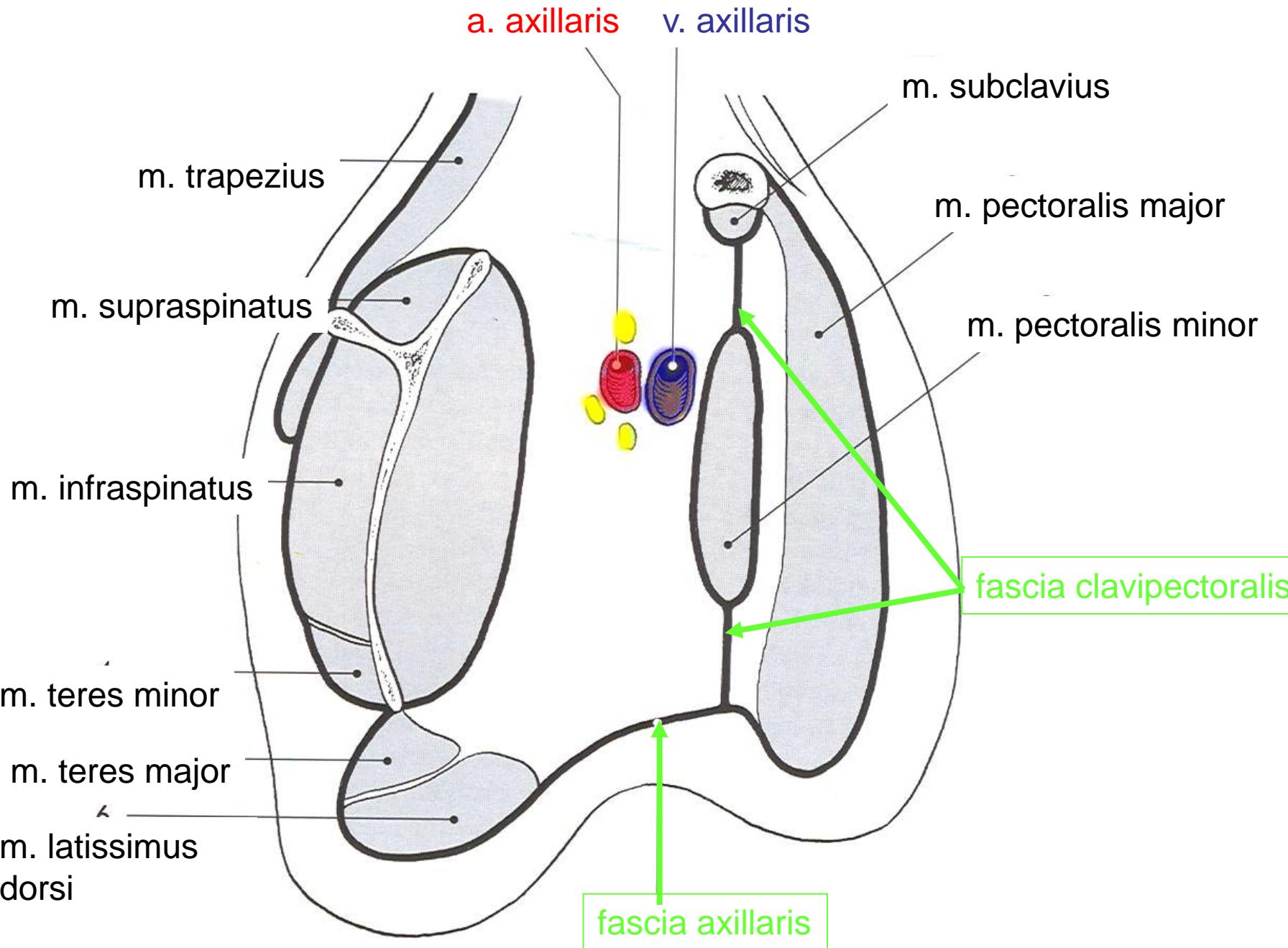


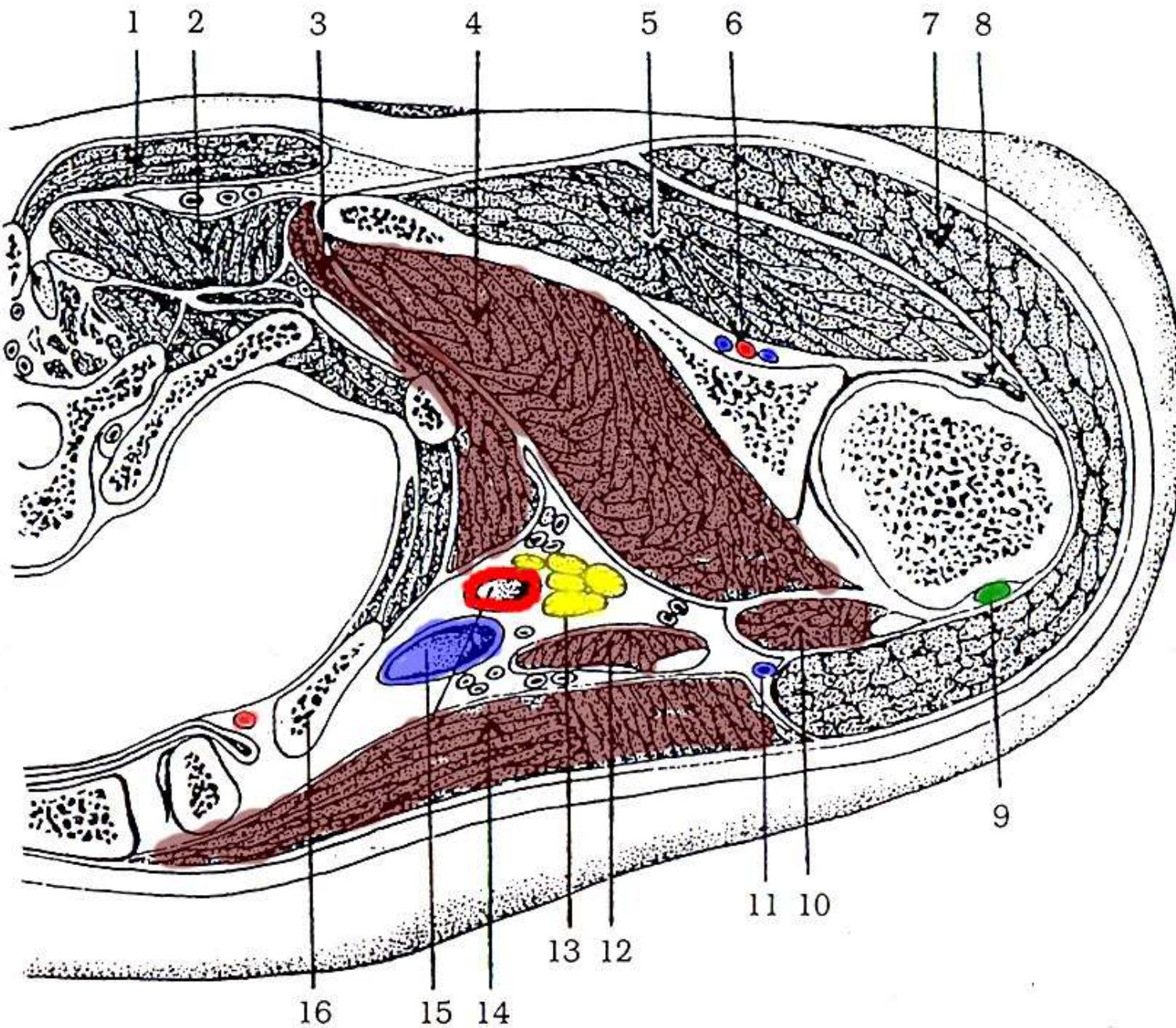
Axilla transverse section



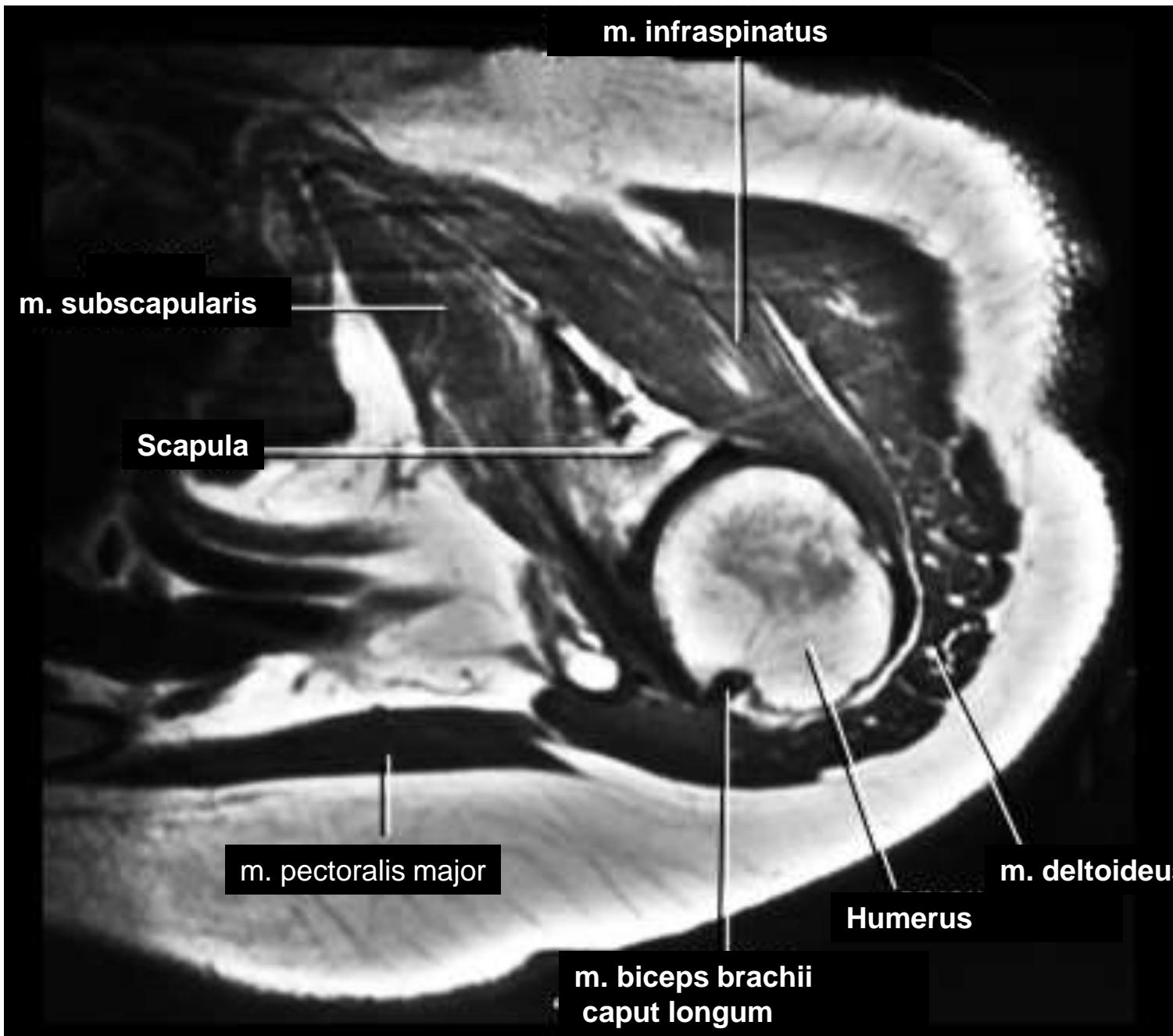
Axilla – sagittal section



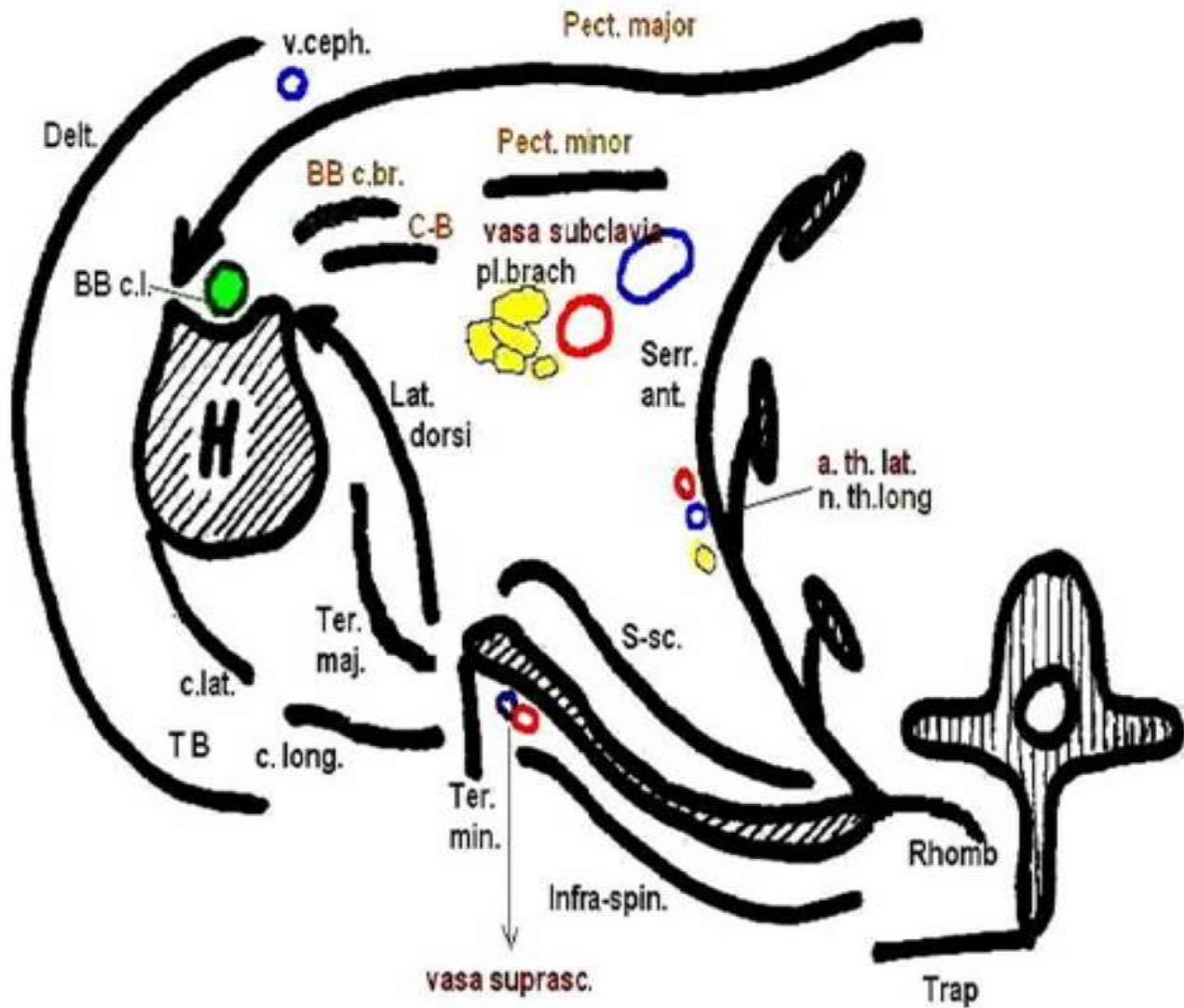




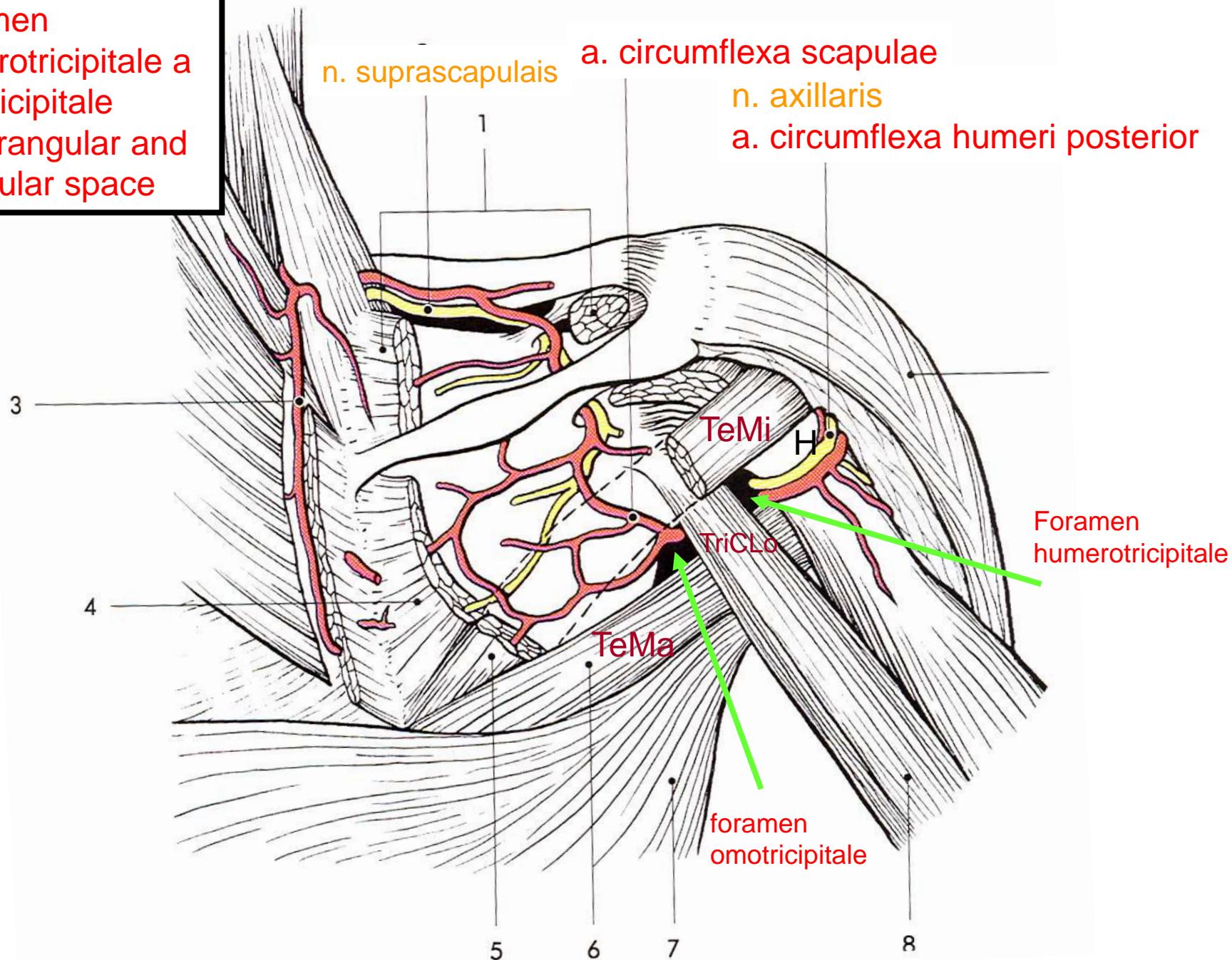
- 1-m.trapezium
- 2-m.rhomboideus
- 3-m. serratus ant
- 4-m. subscapularis
- 5-m.infraspinatus
- 6-*vasa suprascapularia*
- 7-m.deltoideus
- 8-m.teres minor
- 9-caput longum BiBr
- 10-m. coracobrachialis+caput breve BiBr
- 11-v.ephalica
- 12-m.pectoralis minor
- 13-plexus brachialis
- 14-m.pectoralis major
- 15-*vasa subclavia*
- 16-clavicula



Schema of axilla section – prof. Petrovický

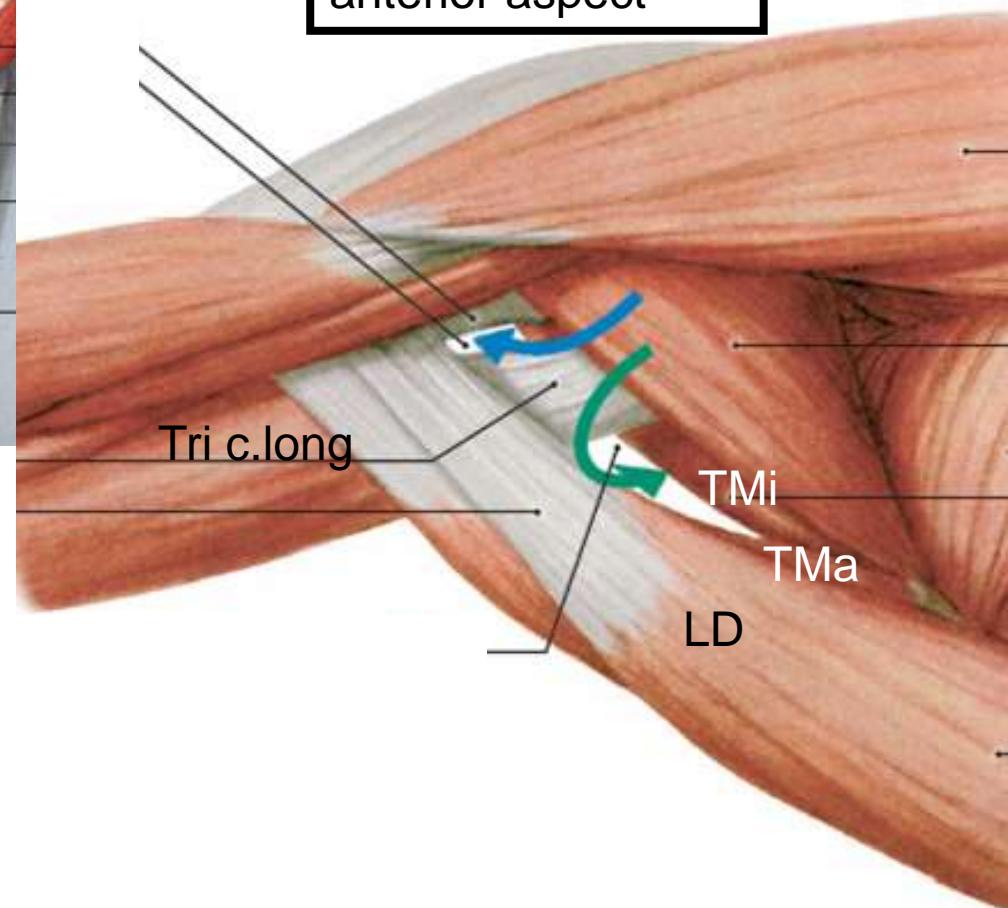
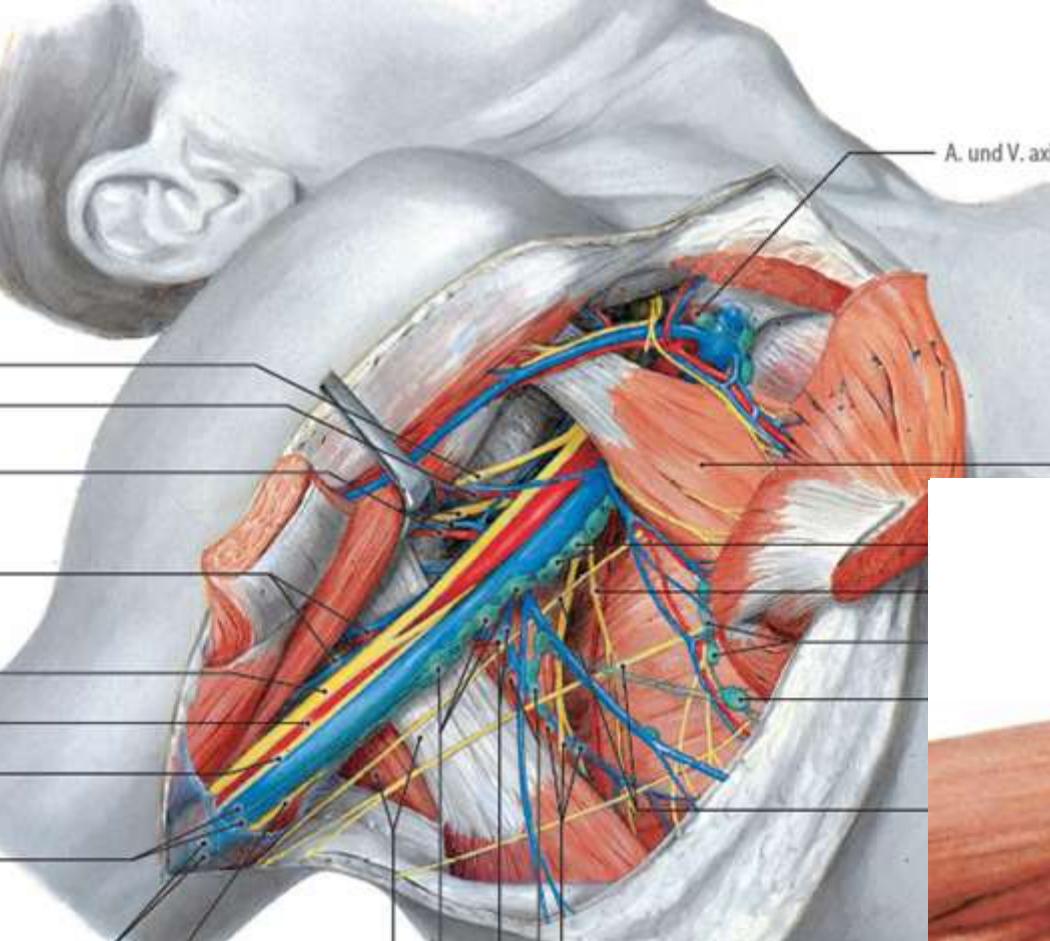


Foramen
humerotricipitale a
omotricipitale
Quadrangular and
triangular space

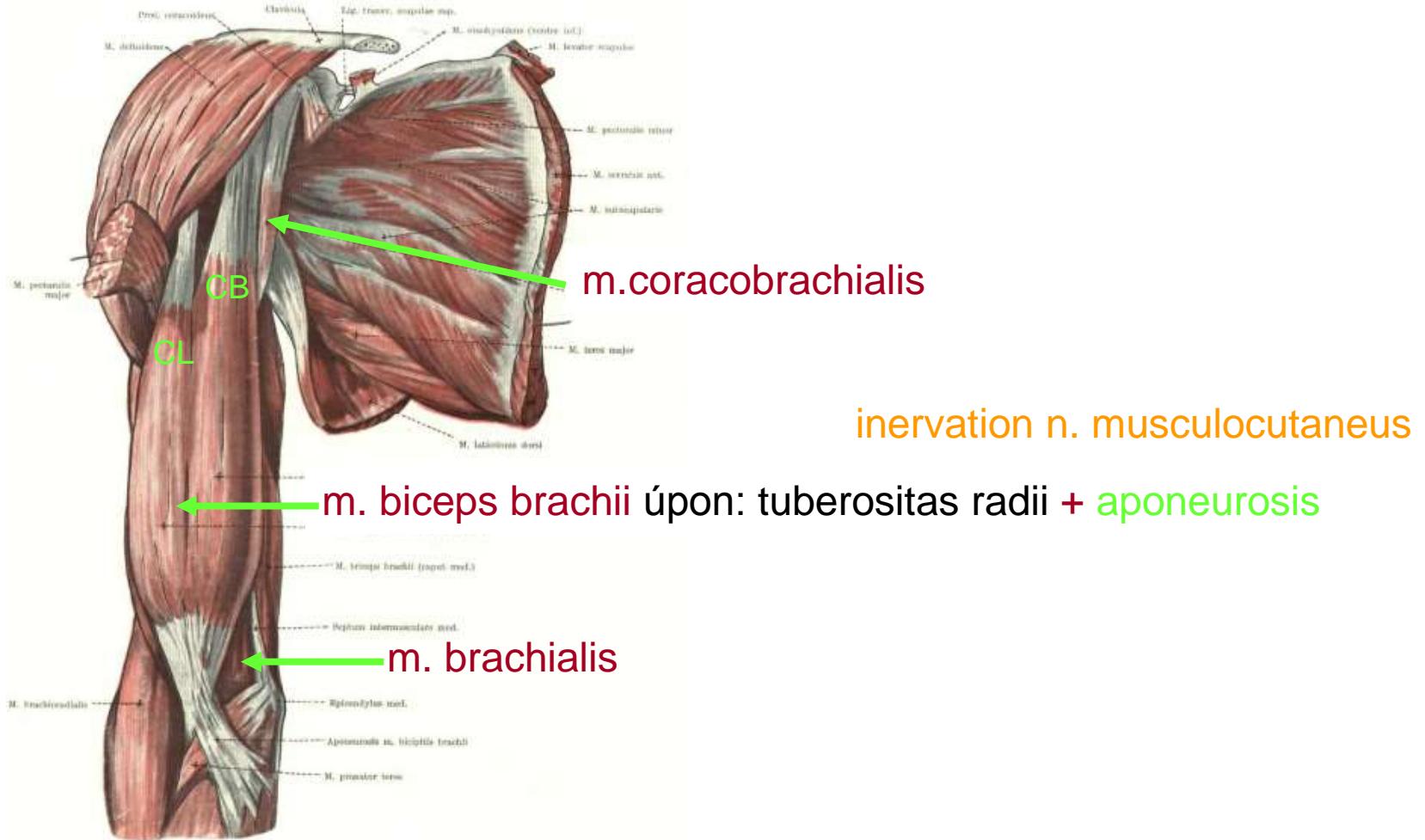


Repetition

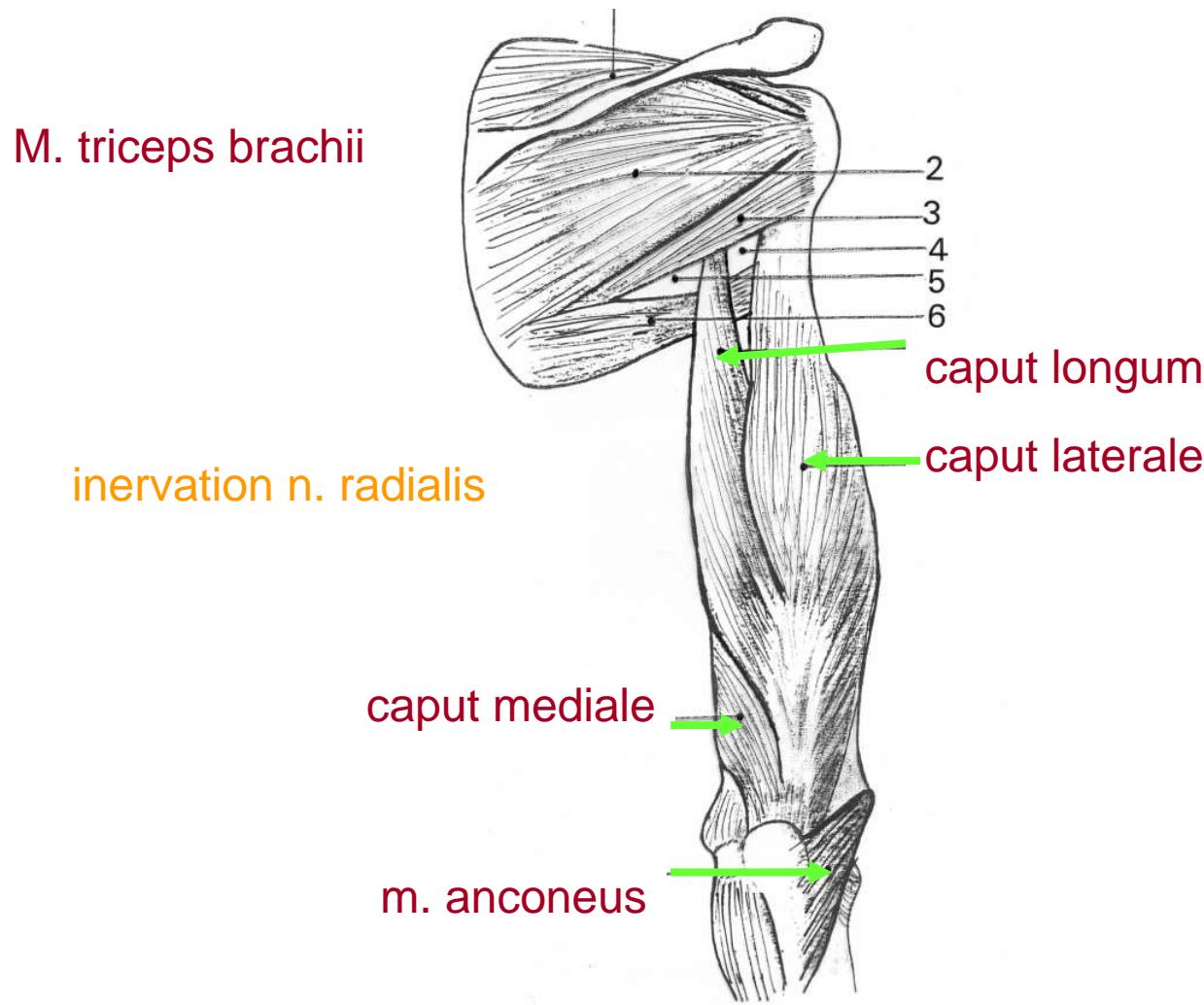
Foramen
humerotricipitale
and omotricipitale
anterior aspect



Brachium – ventral (flexors) group

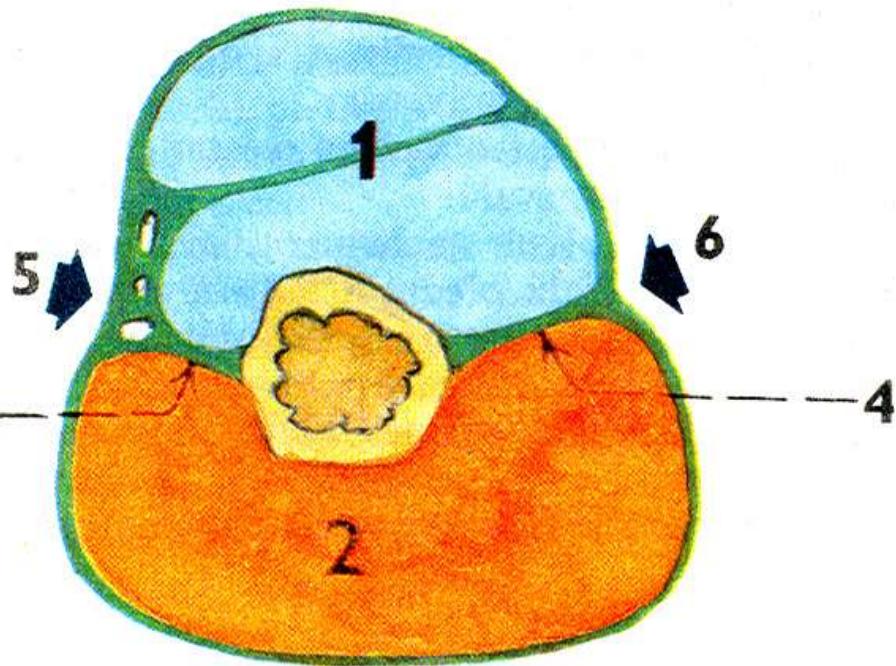


Brachium- dorsal (extensors) group



Brachium - osteofascial spaces - compartments

A



1-flexors space

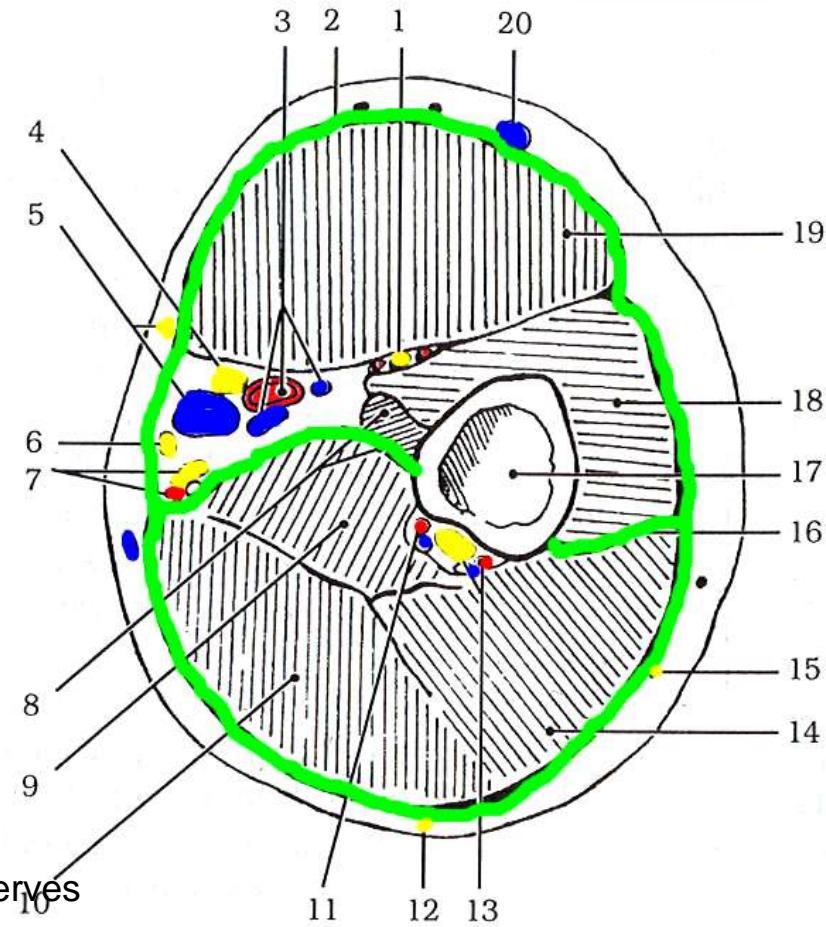
2-extensors spaces

3-septum intermusculare brachii mediale- vessels and nerves

4- septum intermusculare brachii laterale

5 -sulcus bicipitalis brachii medialis

6- sulcus bicipitalis brachii lateralis

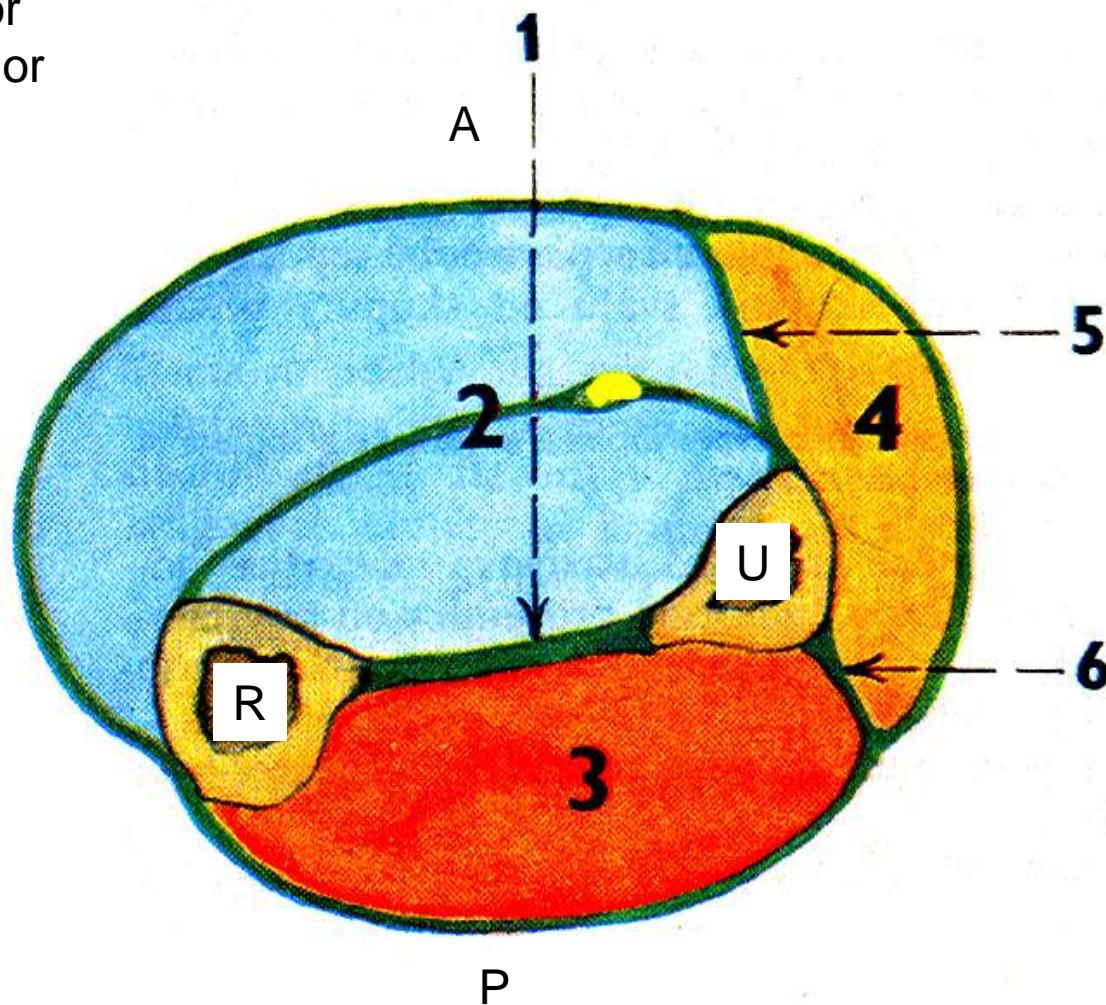


Antebrachium - Forearm – osteofascial spaces

2 – anterior

3 – posterior

4 – lateral



Antebrachium - ventral (flexors) group

4 layers

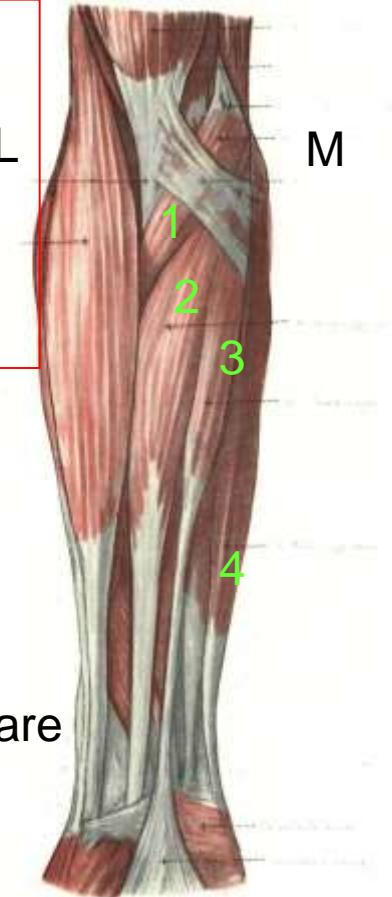
function: flexion and duction of the wrist (inserted to MC)

flexion of digits (2 muscles) and thumb

pronation– 2 muscles

innervation: n. medianus

n. ulnaris (FCU, FDP-½)



1. layer origin on medial epikondyle- caput communae ulnare

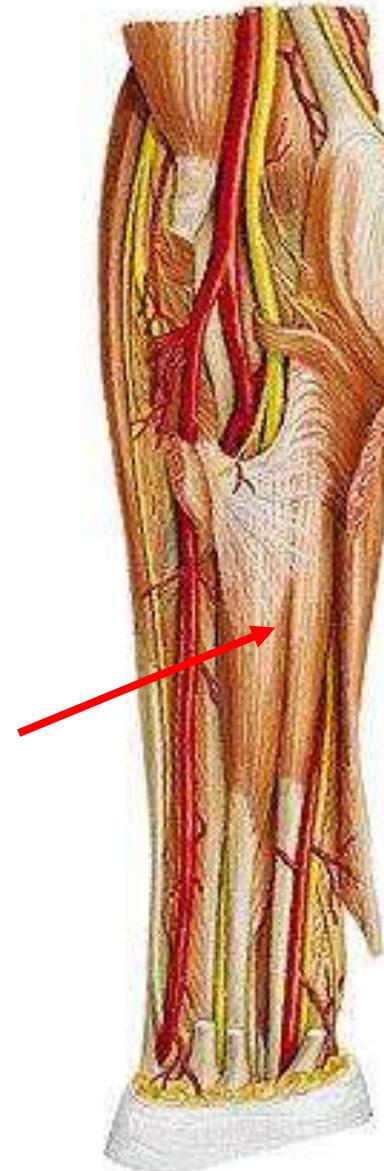
m. pronator teres

m. flexor carpi radialis

m. palmaris longus

m. flexor carpi ulnaris

Antebrachium - ventral (flexors) group



2. layer – m. flexor digitorum superficialis

Antebrachium - ventral (flexors) group



3. layer – m. flexor pollicis longus
m. flexor digitorum profundus

Antebrachium - ventral (flexors) group

4. layer – m. pronator quadratus



Antebrachium - lateral group

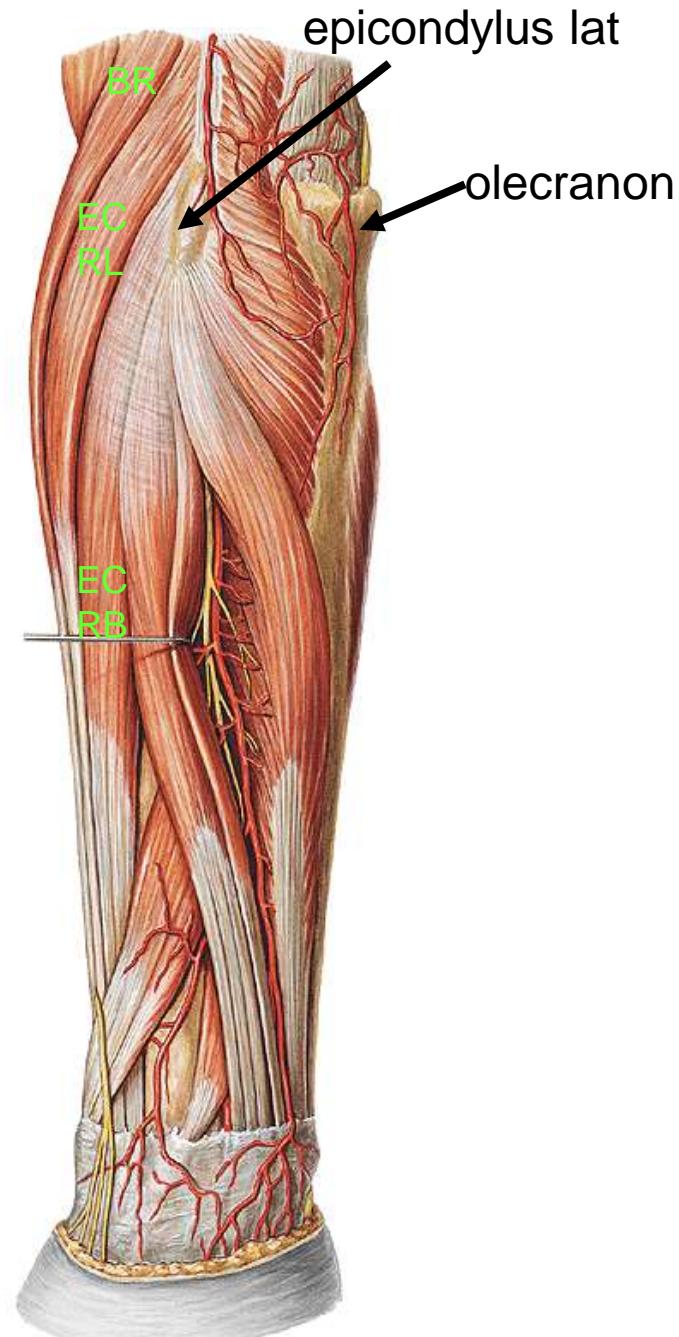
Function

Helps to flexion of the elbow(BR)
Extension and duction of the wrist
supination

Innervation
n. radialis

2 layers:

Superficial layer origin on the lateral epicondyle - caput communae radiale:
m. brachioradialis
m. extensor carpi radialis longus
m. extensor carpi radialis brevis



Antebrachium – lateral group



Deep layer
m. supinator

innervation:
n. radialis - r. profundus

Supinatio

Antebrachium – dorsal (extensors) group

2 layers

funkce: extension and duction of the wrist (insertion on the base of MC)

Extension of digits

Extension of little finger

Extension of the index

Extension of the thumb (2muscles)

Abduction of the thumb

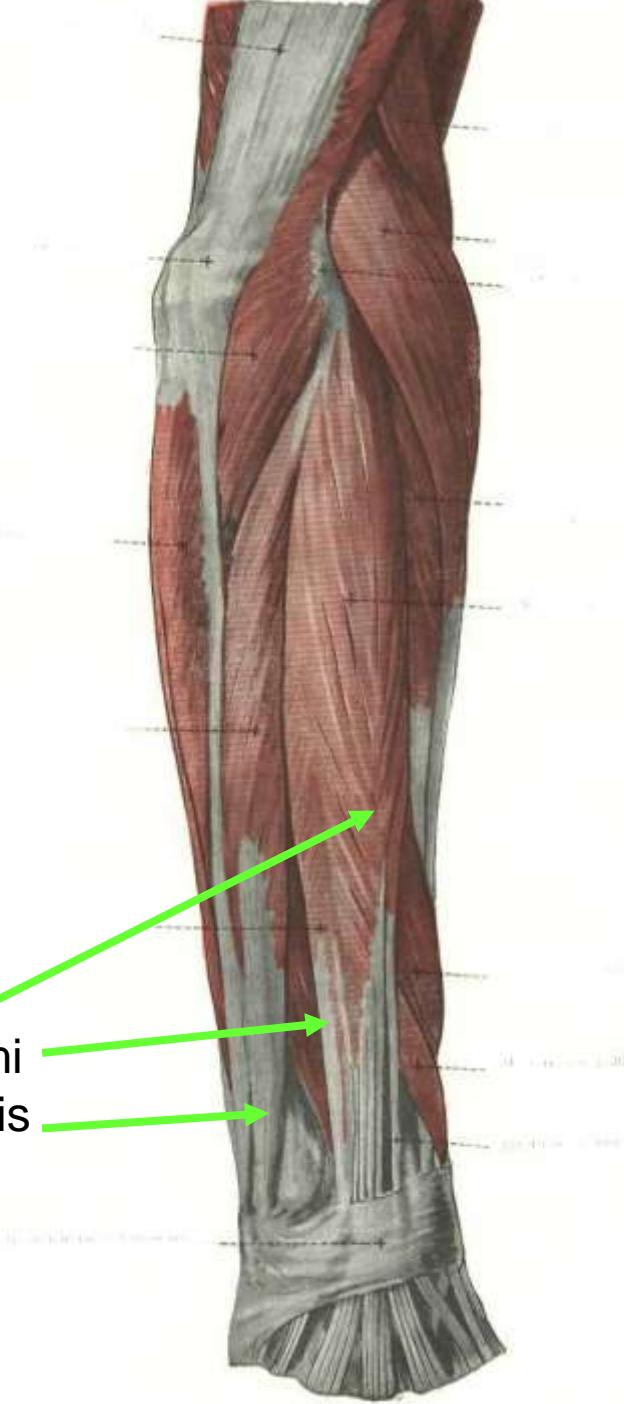
Innervation: n. radialis – ramus profundus

1. Superficial layer:

m. extensor digitorum

m. extensor digiti minimi

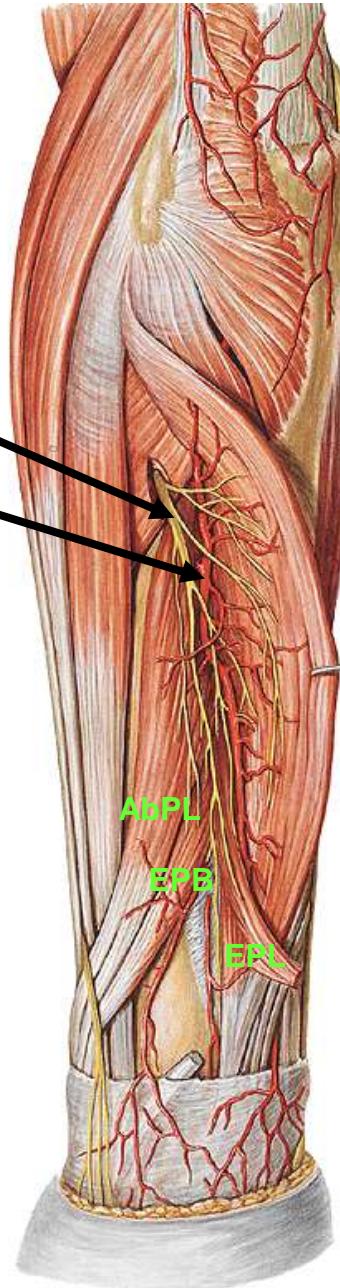
m. extensor carpi ulnaris



Antebrachium dorsal (extensors) group deep layer

n. radialis ramus profundus
a. interossea post

m. abductor pollicis longus
m. extensor pollicis brevis
m. extensor pollicis longus
m. extensor indicis



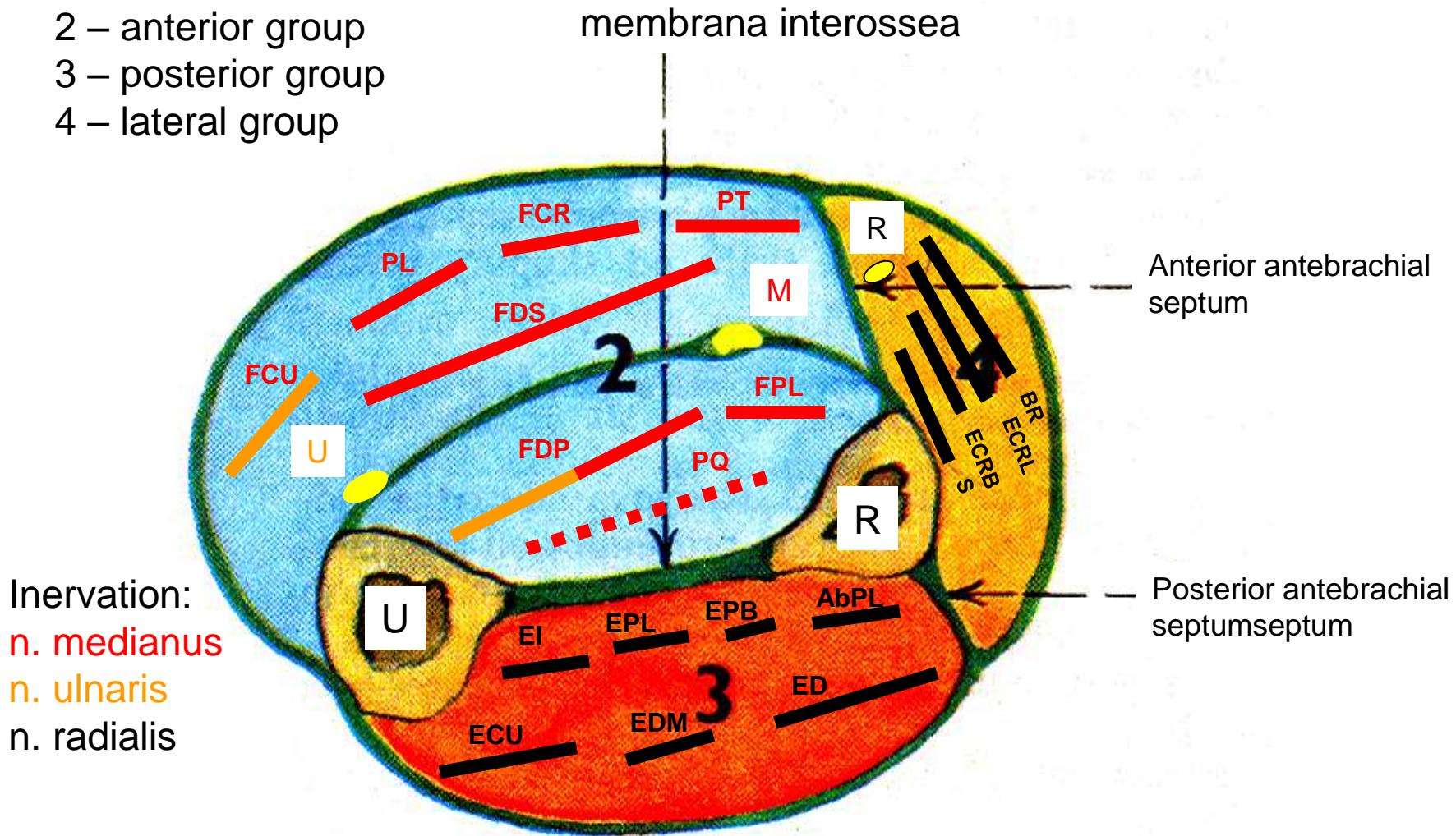
Antebrachium schematic crosssection with innervation

2 – anterior group

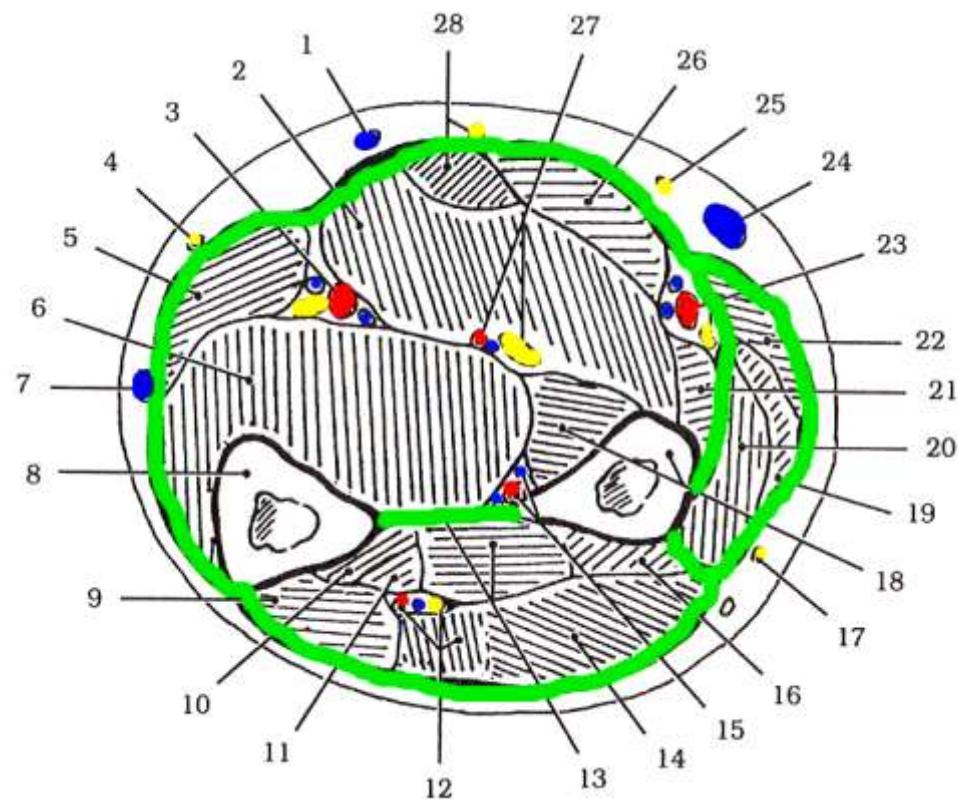
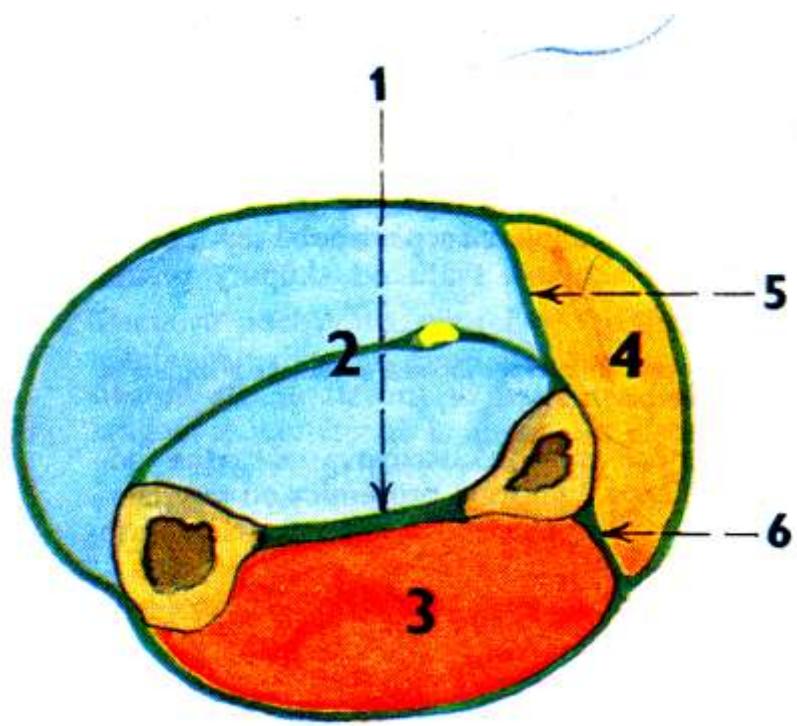
3 – posterior group

4 – lateral group

membrana interossea

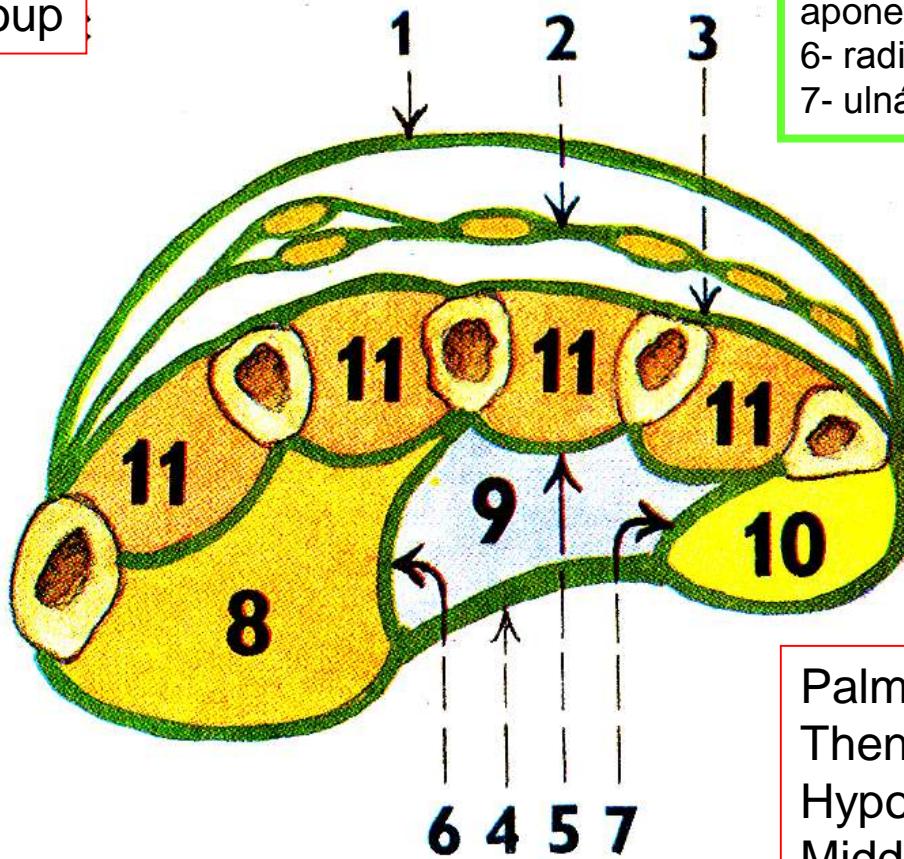


Antebrachium crossection



Hand muscles

Thenar
Hypothenar
Middle group



- 1- fascia dorsalis manus superficialis
- 2 – fascia dorsalis manus intertendinea
- 3- fascia dorsalis manus interossea
- 5- fascia palmaris interossea
- 4 – fascia palmaris superficialis + aponeurosis palmaris
- 6- radiální osteofasciaální septum
- 7- ulnární osteofasciální septum

11 – interosseal space

Palma manus:
Thenar - 8
Hypothenar- 10
Middle - 9

Thenar

Hypothenaru

An anatomical diagram of the hand showing the thenar and hypothenar muscles. The thenar muscles are located on the thumb side, and the hypothenar muscles are located on the little finger side. The diagram shows the tendons of the flexor pollicis longus (FPL) and flexor digitorum profundus (FDP) muscles passing through the carpal tunnel. The thenar muscles include the abductor pollicis brevis (AbPB), opponens pollicis (OP), and flexor pollicis brevis (FPB). The hypothenar muscles include the abductor digiti minimi (ADP), opponens digiti minimi (OpDM), and flexor digiti minimi (FDM). The superficialis (c.s.) and profundus (c.p.) heads of the flexor pollicis longus are also labeled.

AbPB
OP
FPB
c.s.
c.p.
ADP
c.o.
c.t.

Inervation

n.medianus

n. ulnaris

AbDM
FDM
OpDM

Middle space

mm. interossei palmares

„close the fan“

mm. interossei dorsales

„open the fan“

mm. lumbricales ● ●

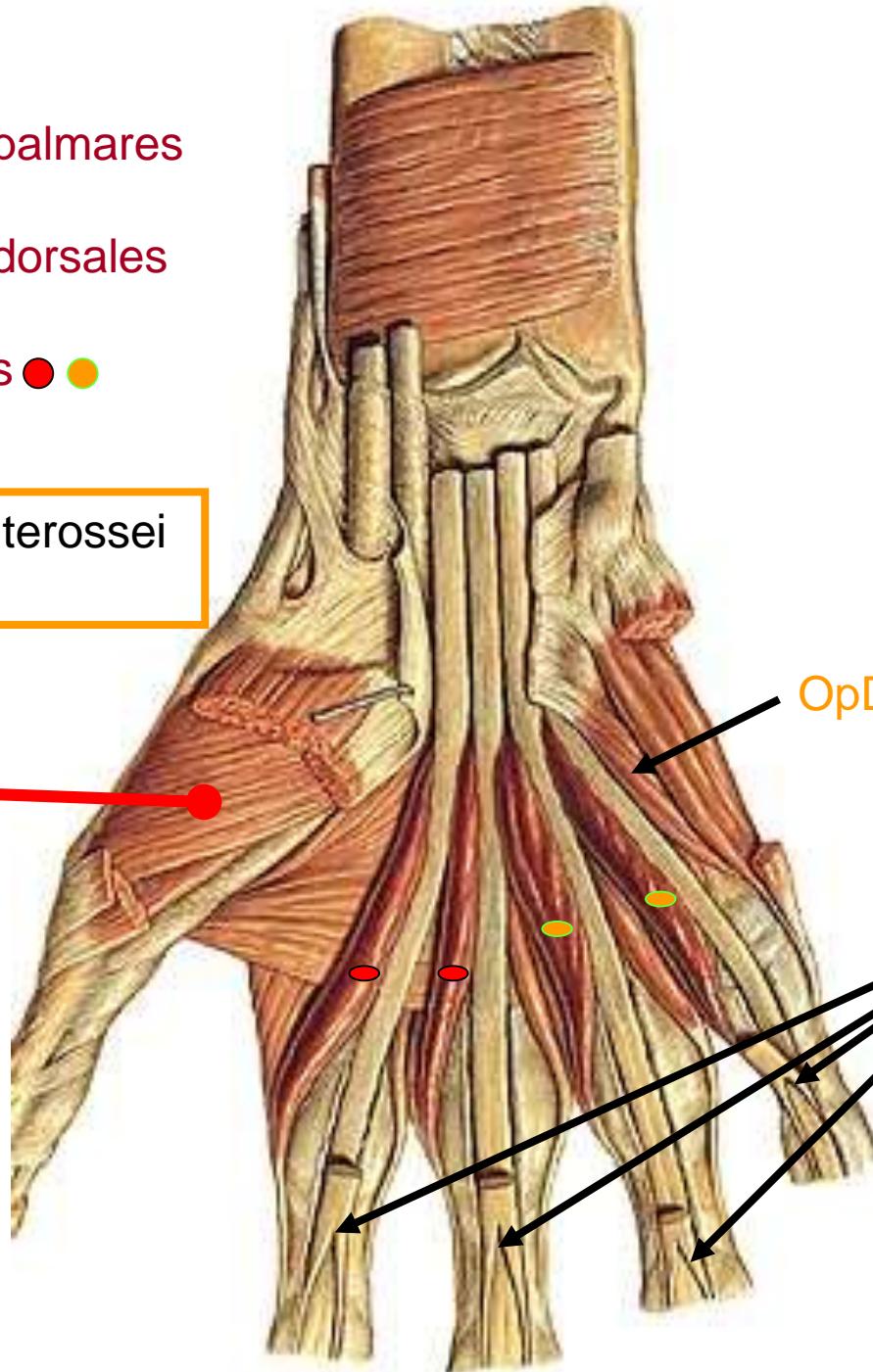
“make a roof“

Inervation mm. interossei
n. ulnaris

OP

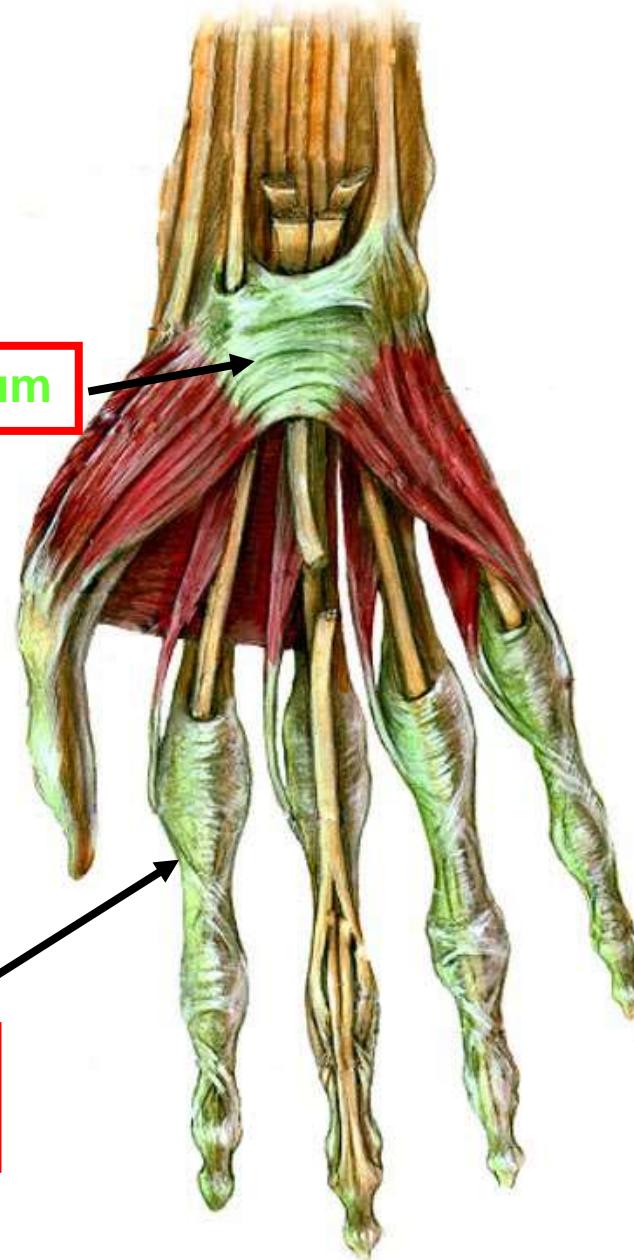
OpDM

chiasma tendinum

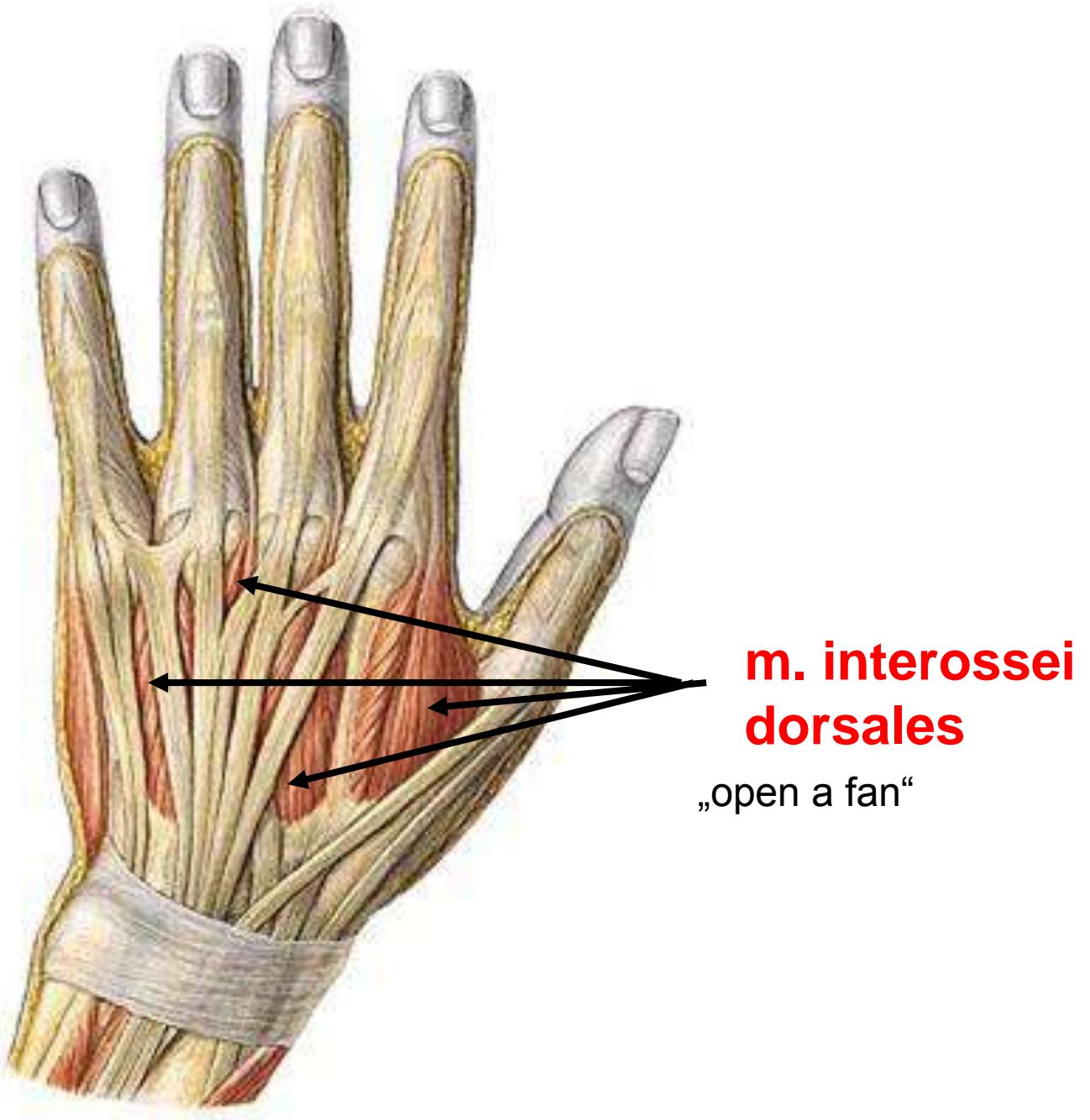


Hand muscles

retinaculum flexorum



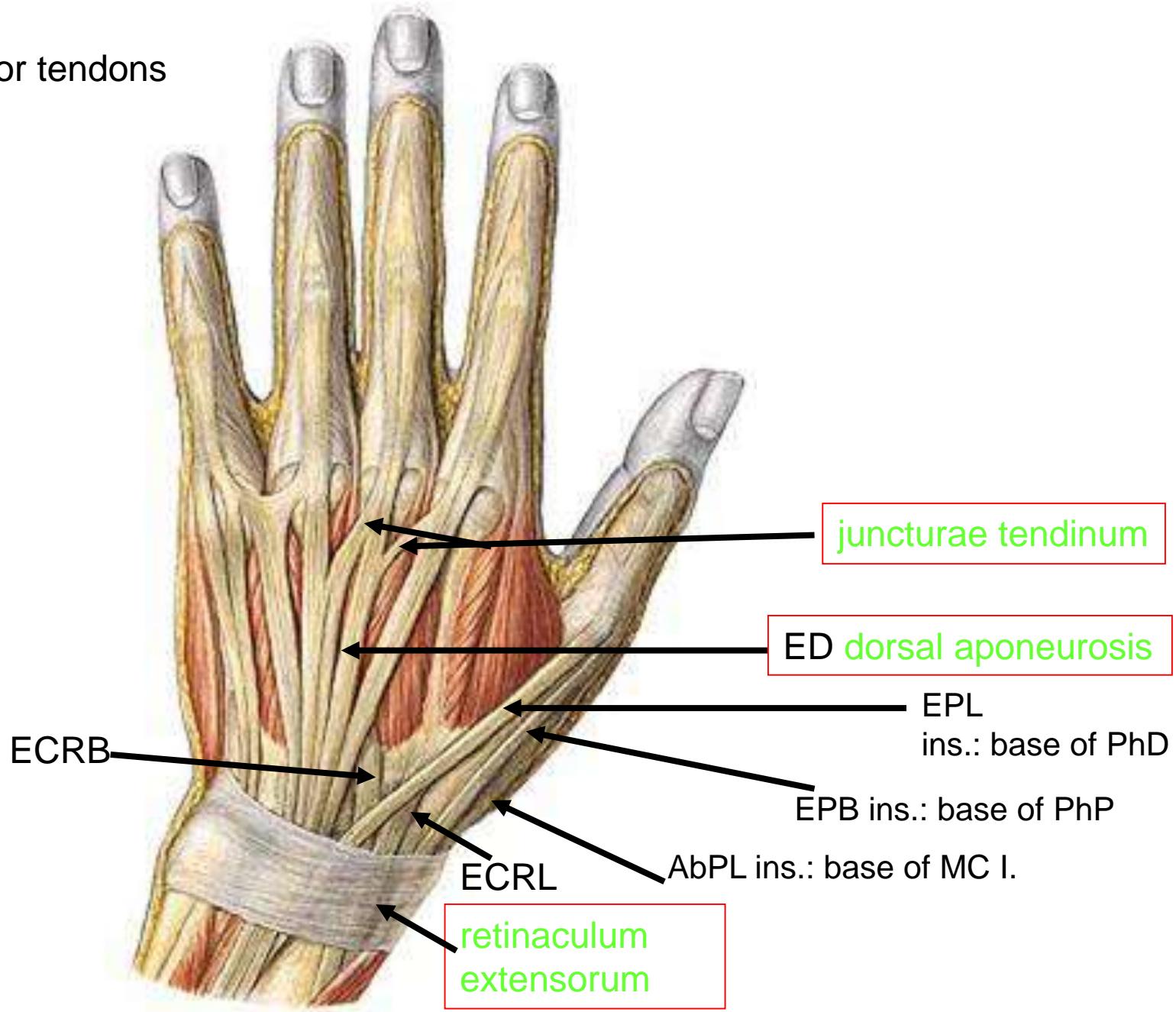
vaginae fibrosae
digitorum manus



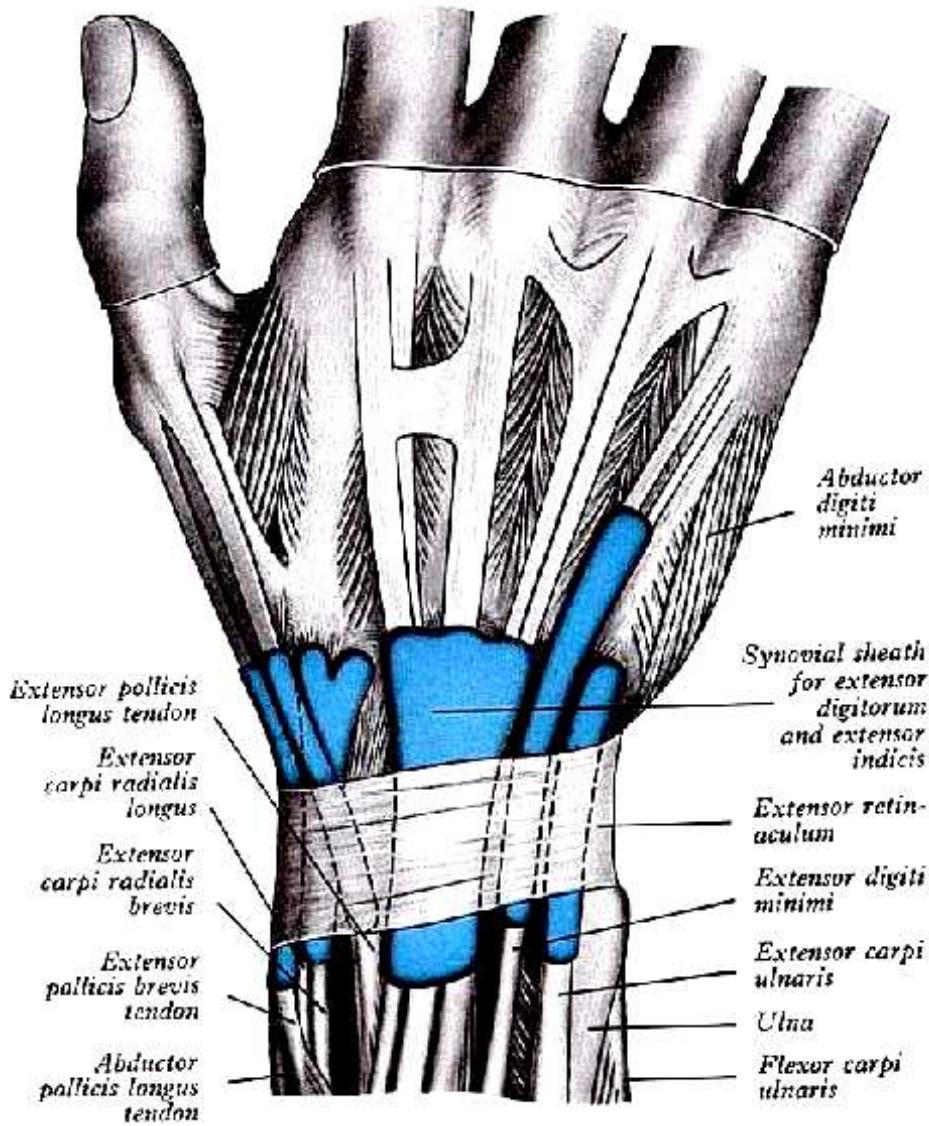
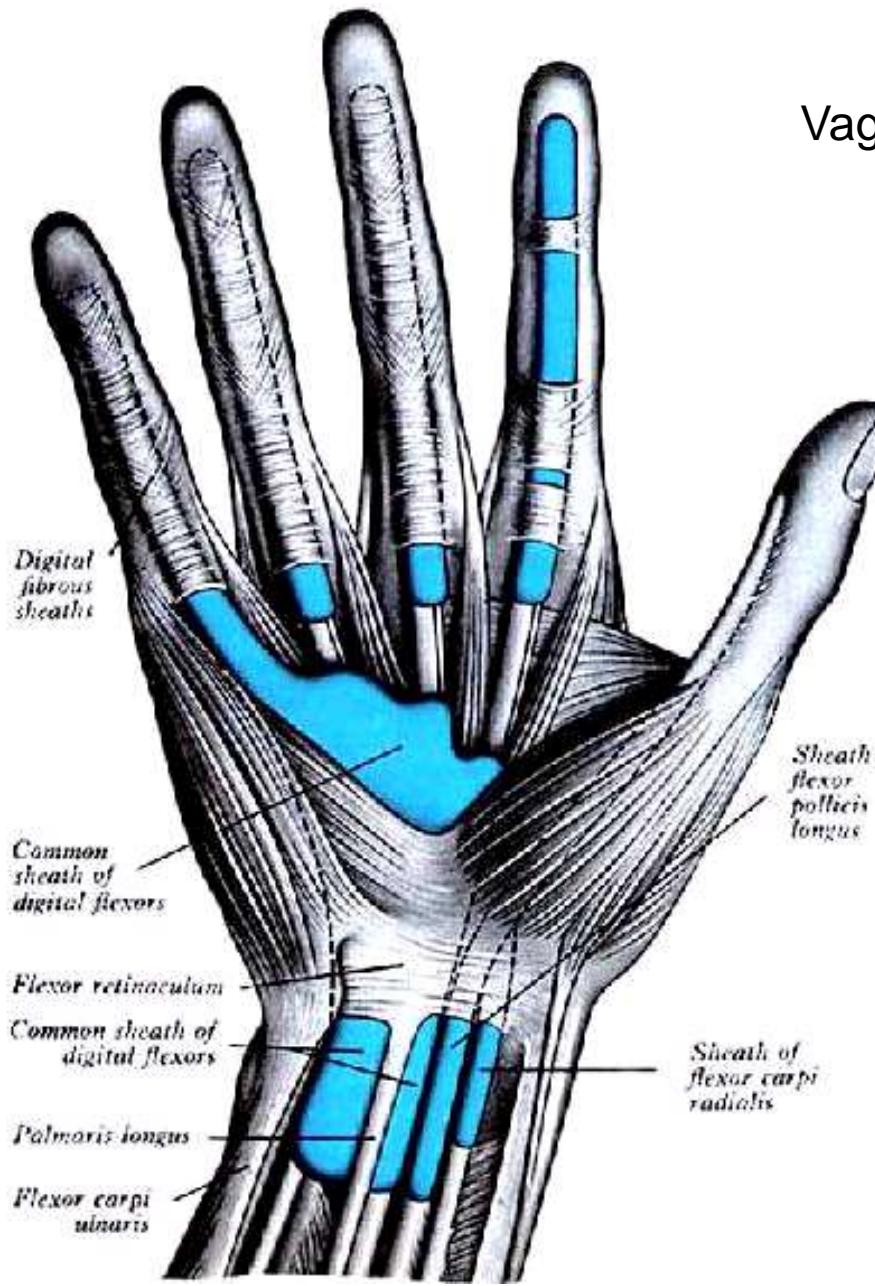
**m. interossei
dorsales**

„open a fan“

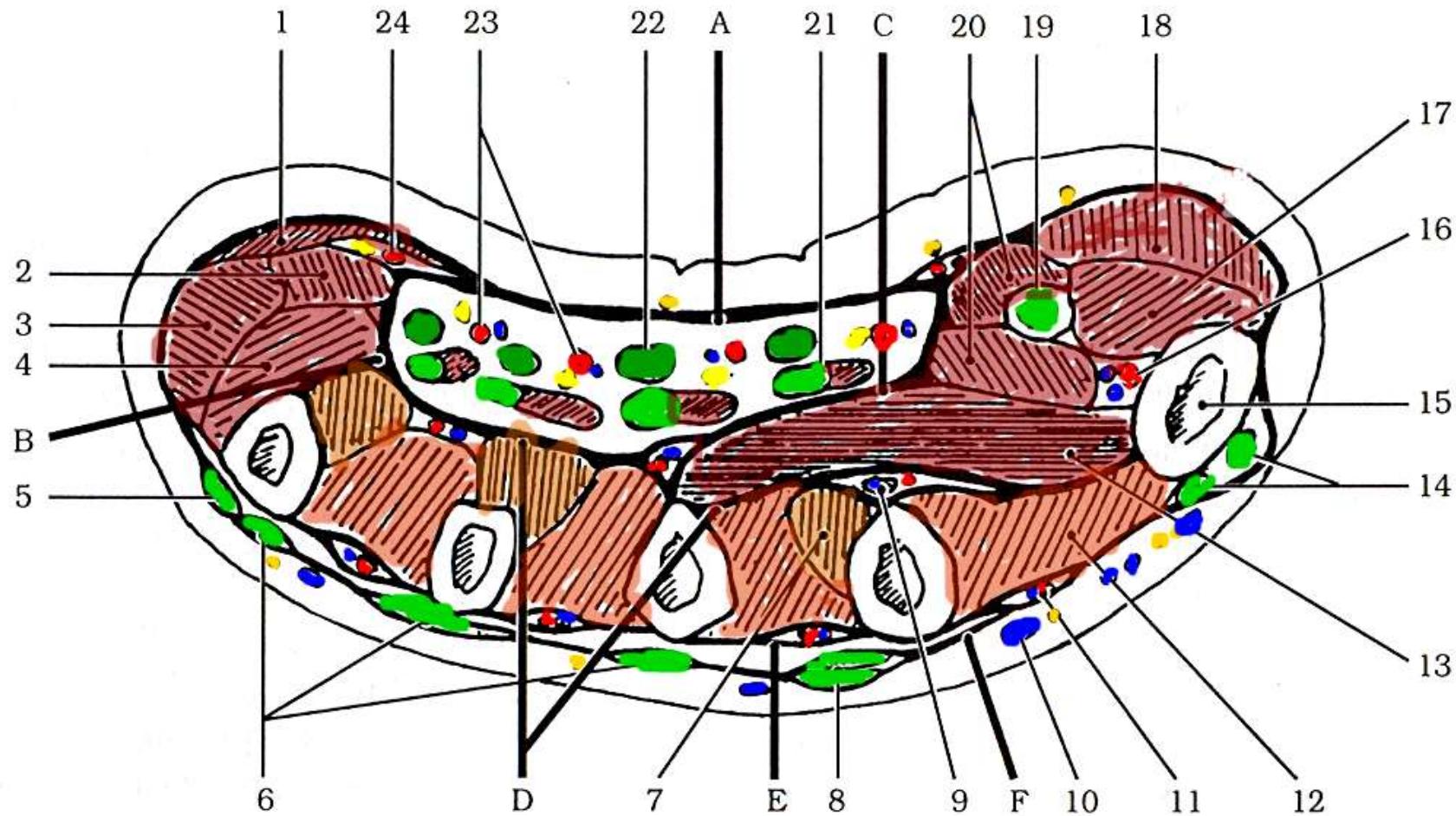
Extensor tendons



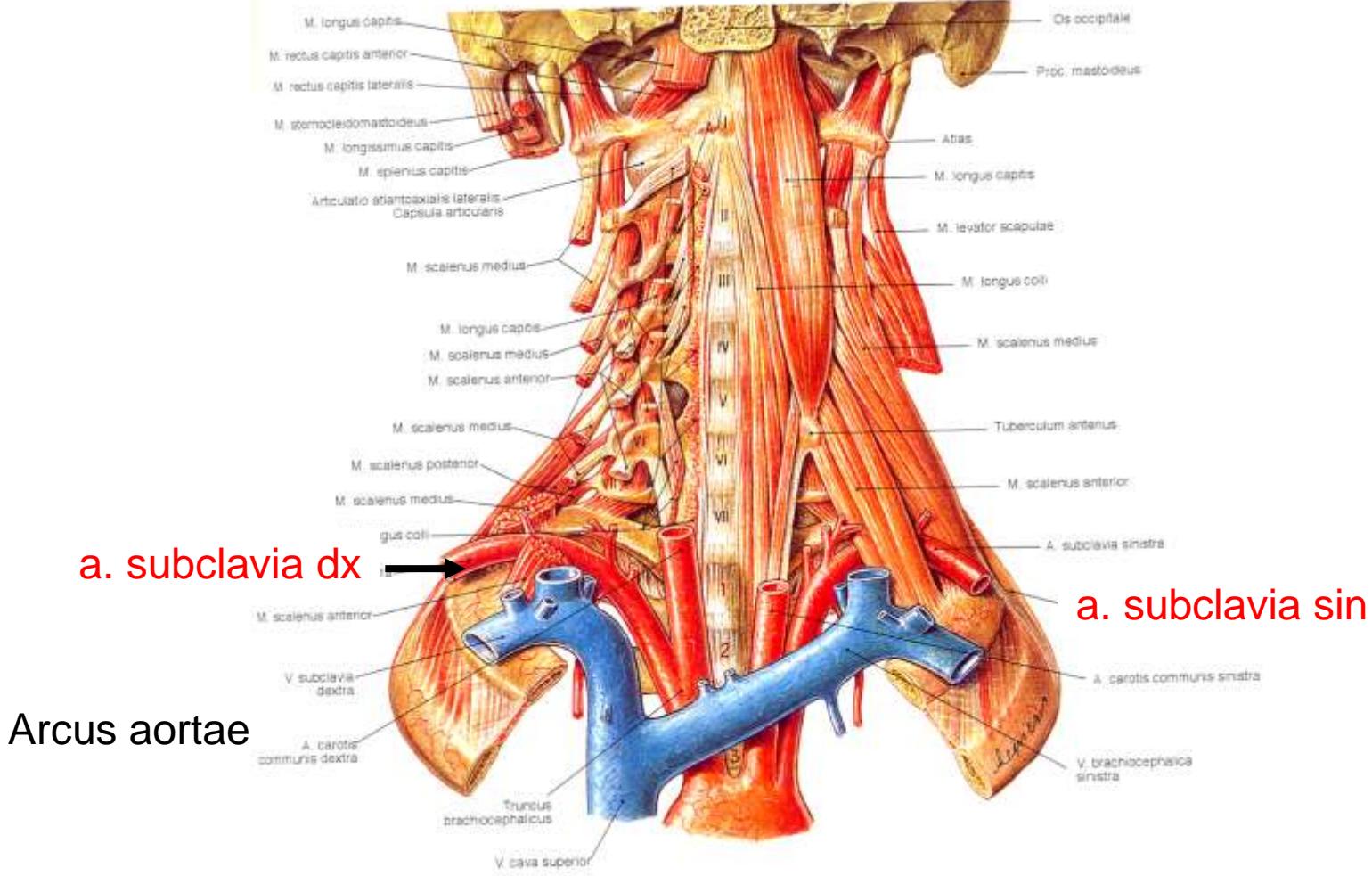
Vaginae synoviales manus



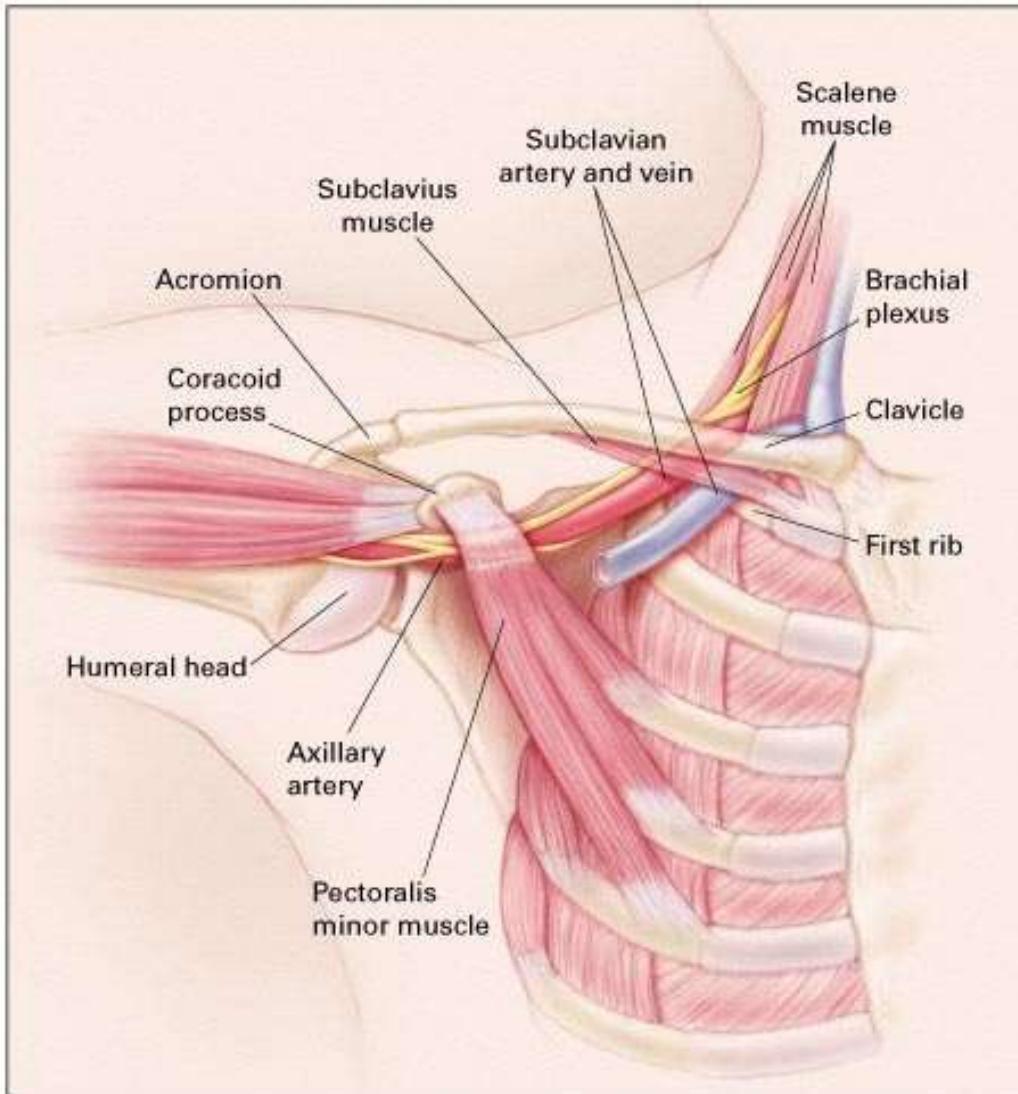
Hand crossection



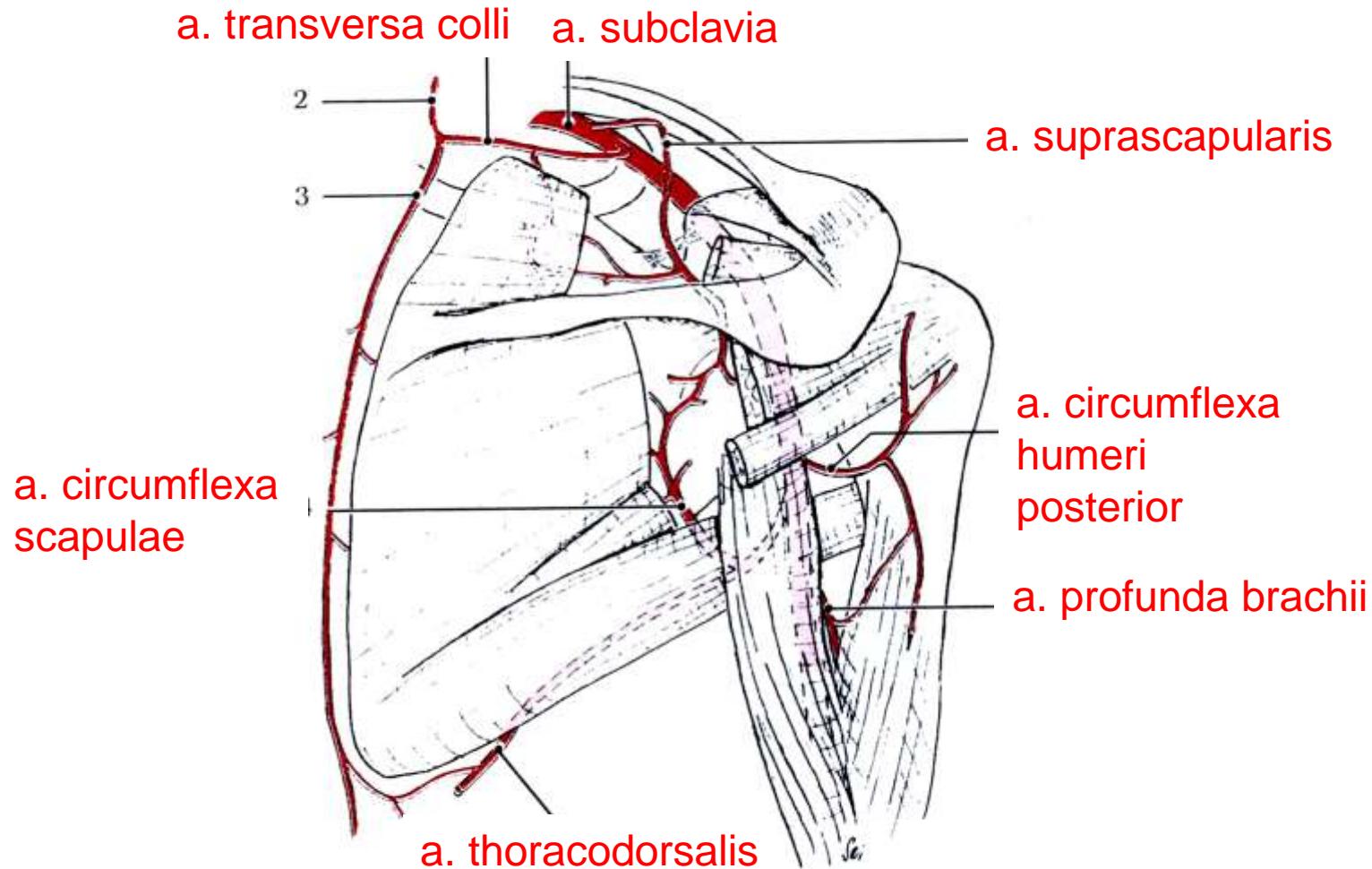
Blood supplying of UL



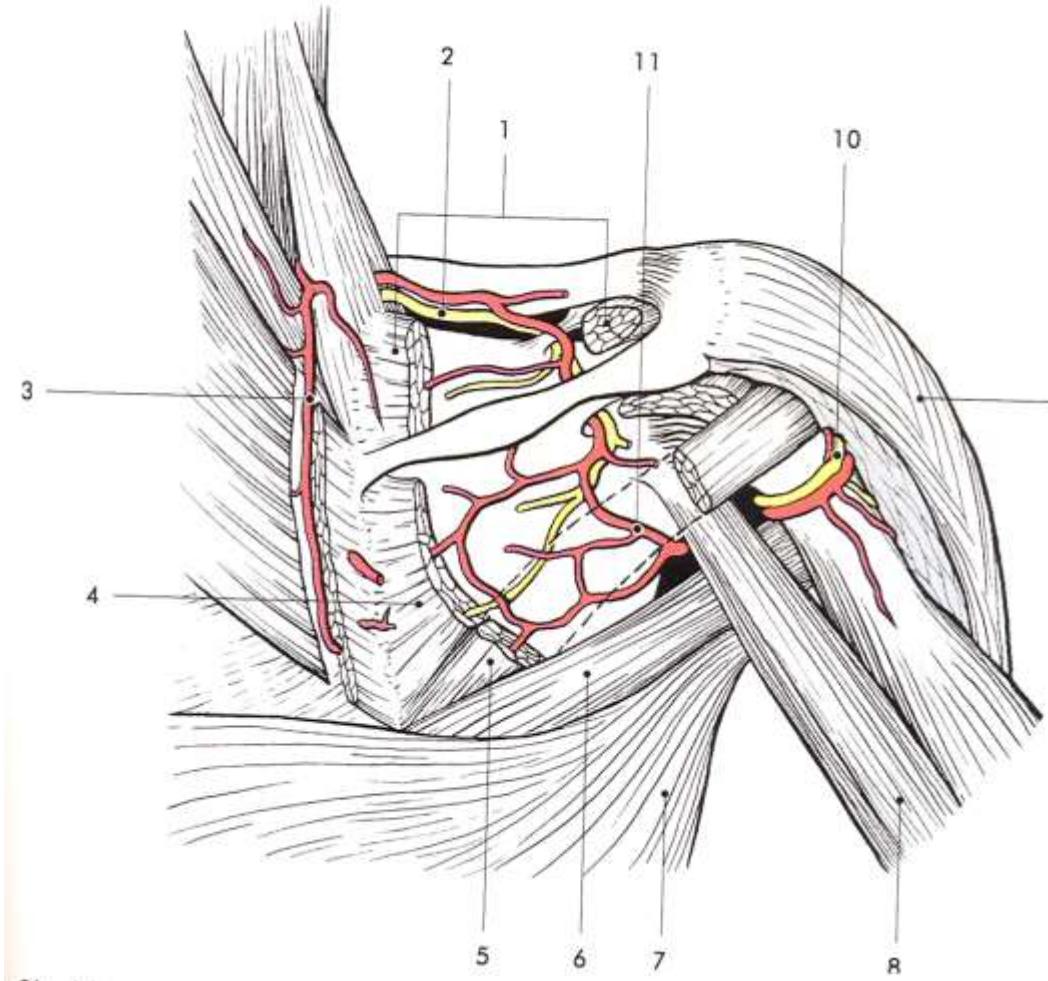
A. axillaris – 1. rib - collum chirurgicum



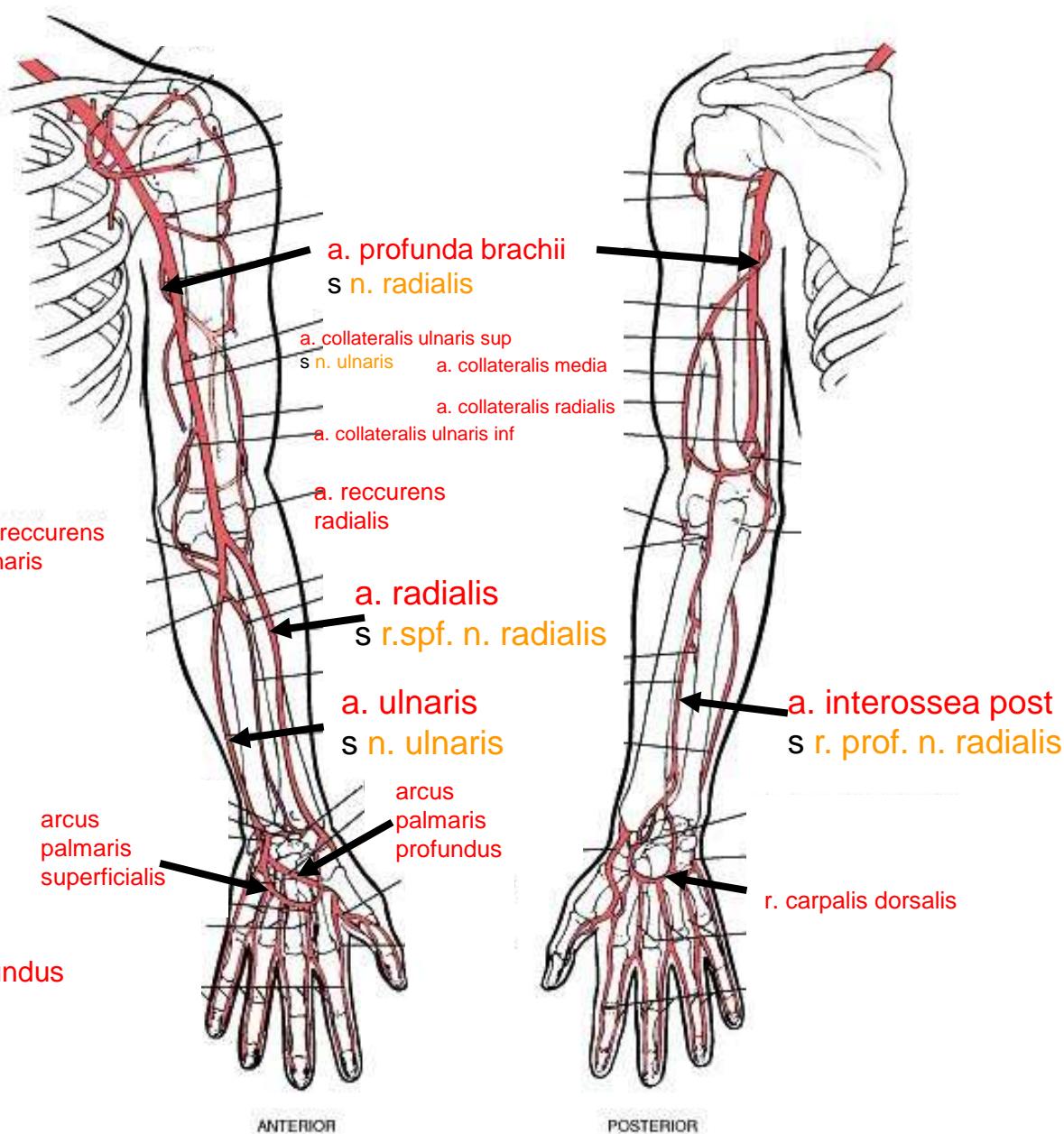
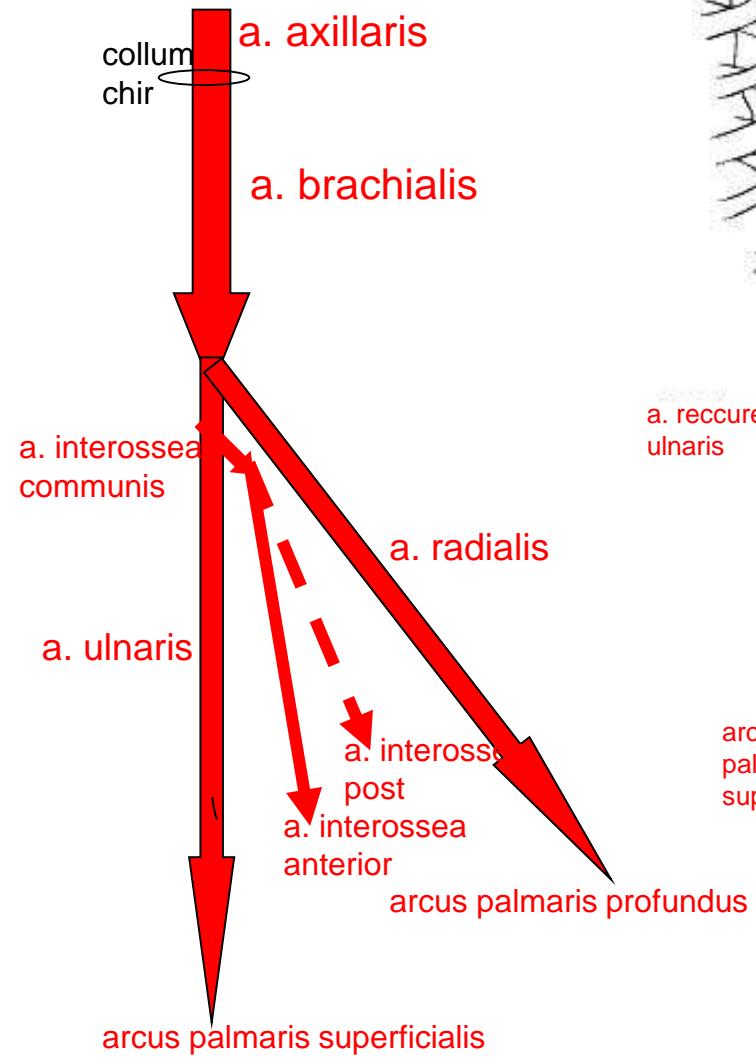
Anastomoses around the scapula

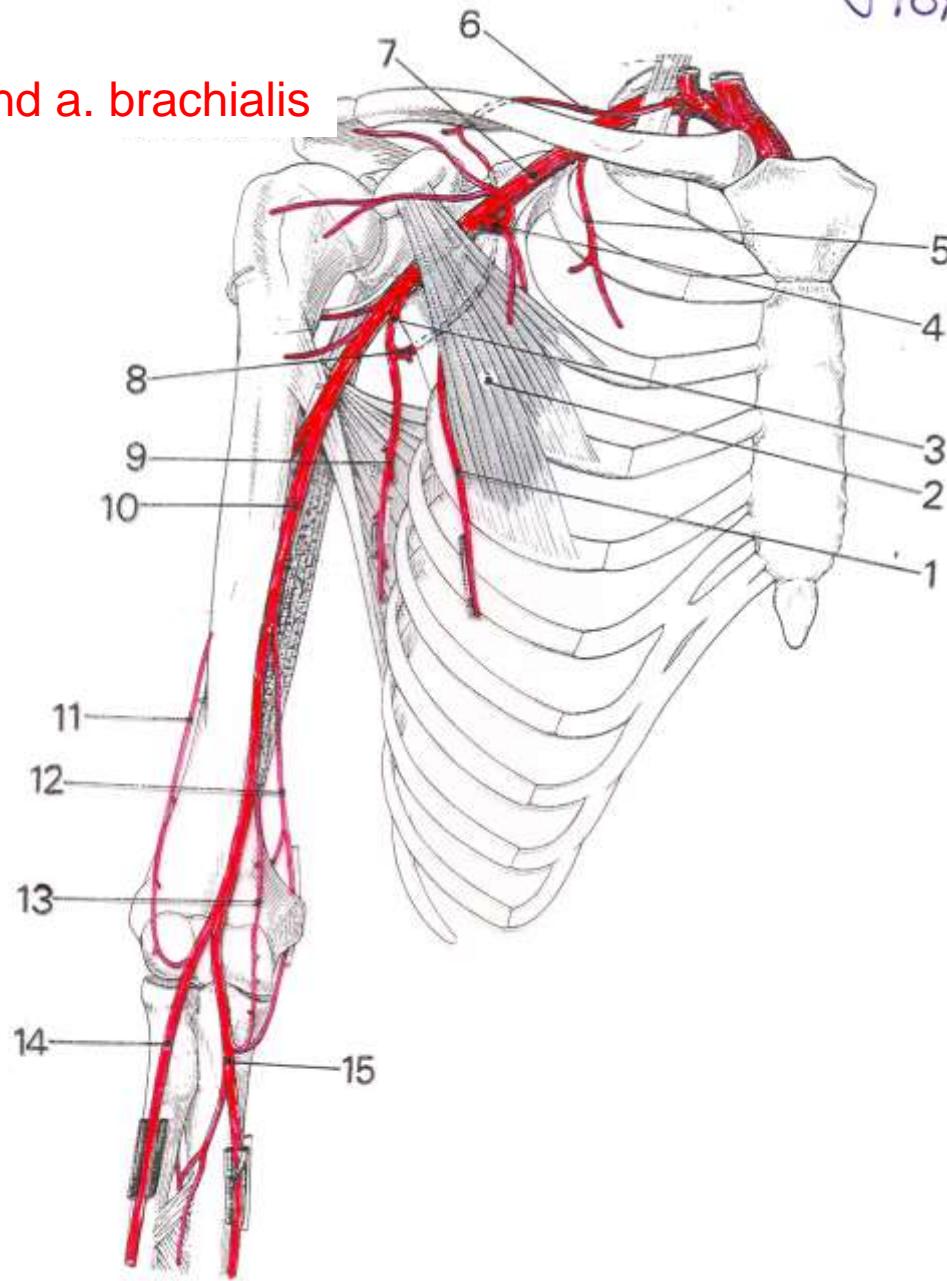


Anastomoses around the scapula

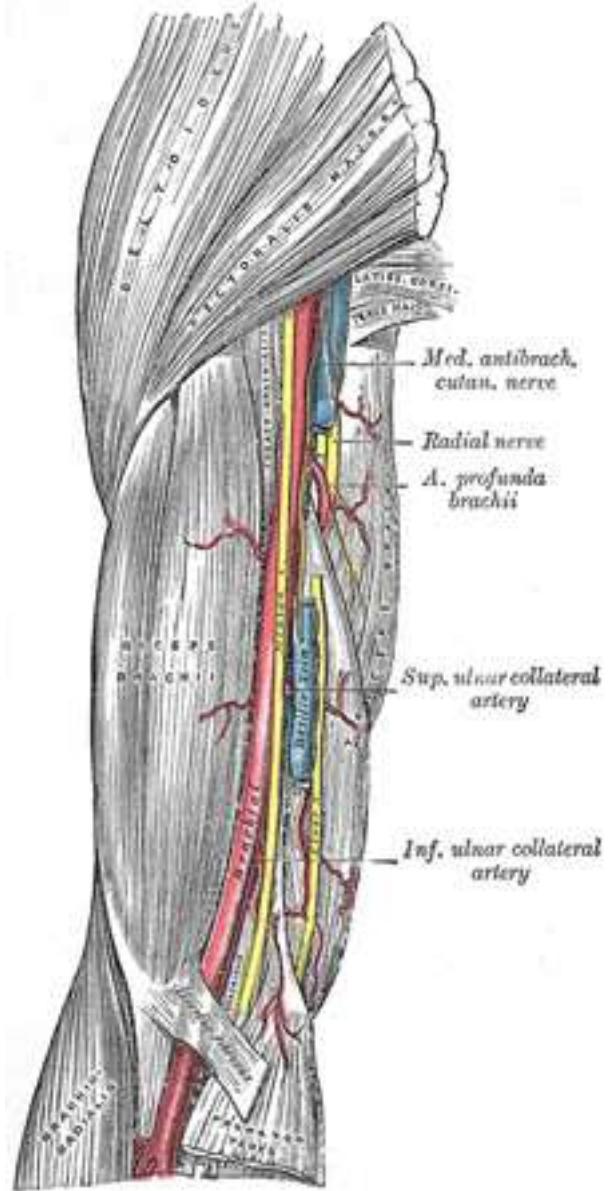


Scheme of UL arteries



A. axillaris and a. brachialis

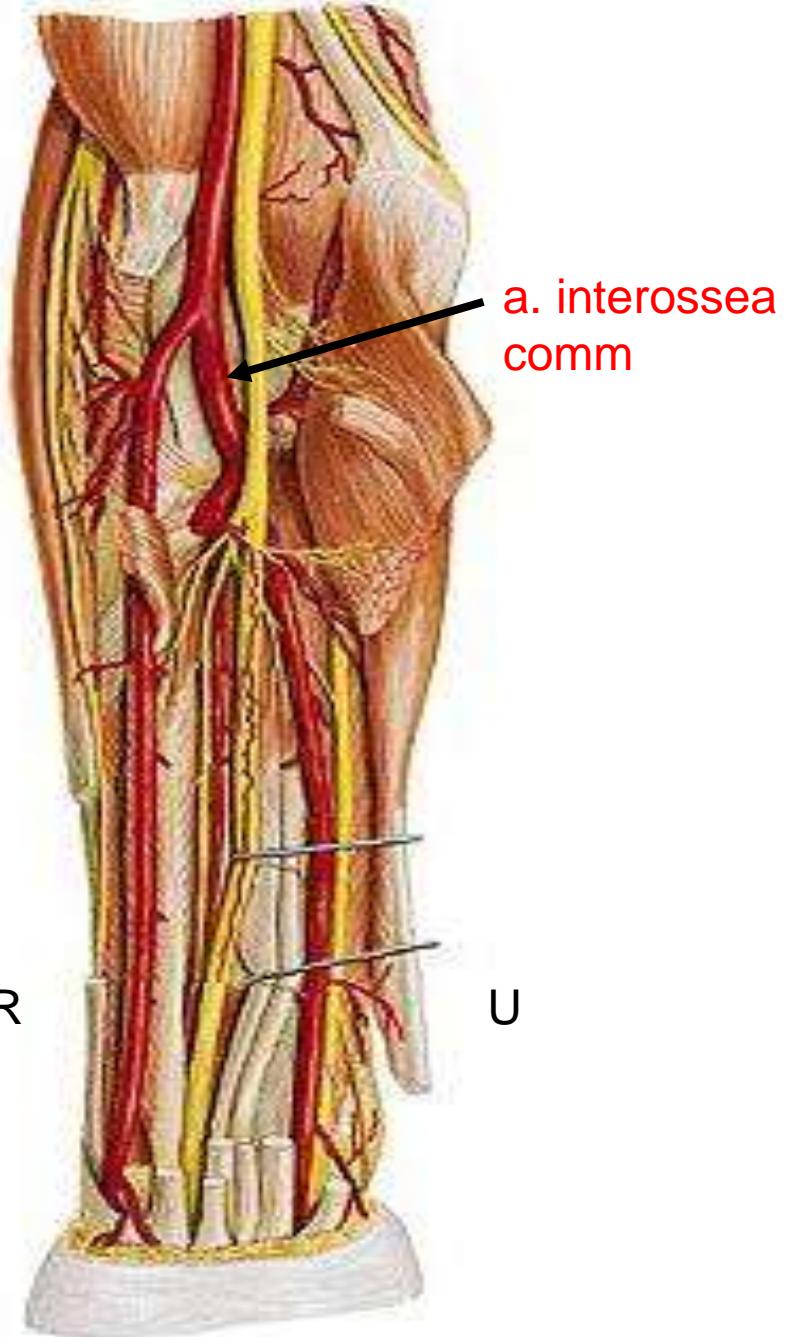
Septum intermusculare brachii mediale



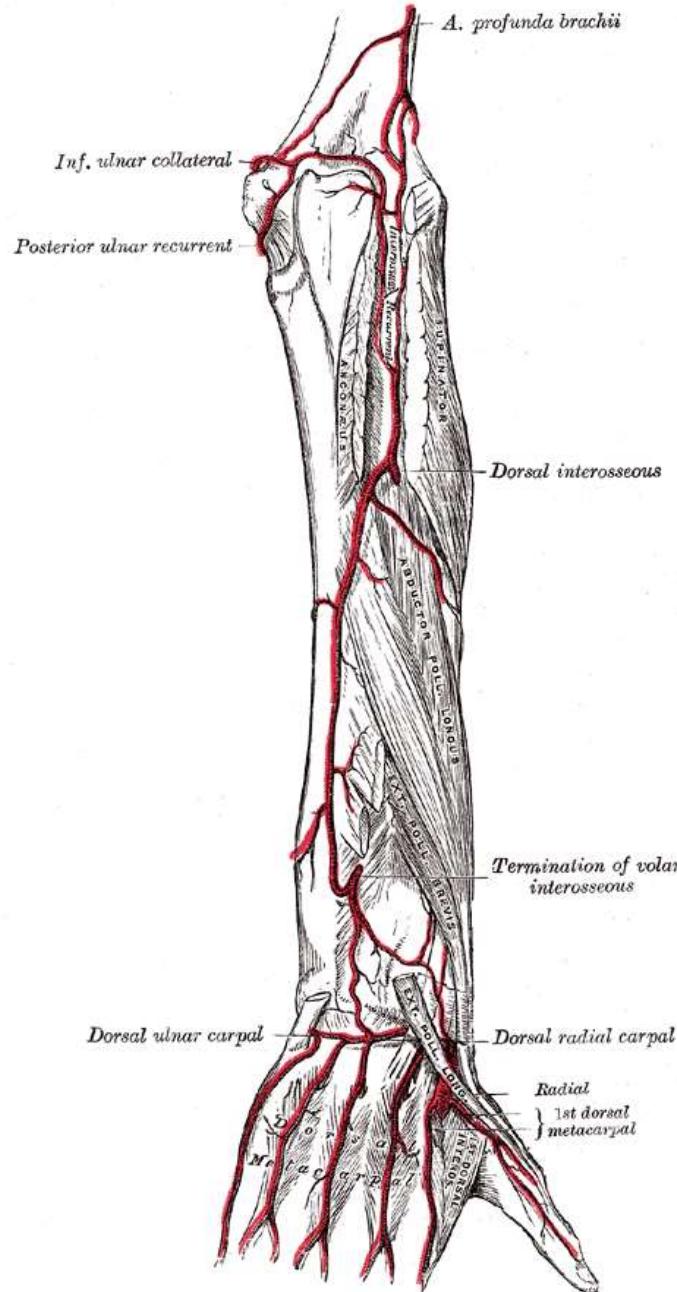
- a. brachialis
- v. brachialis ← v. basilica
- n. medianus
- n. ulnaris → behind epic med
- n. cutaneus antebrachii med



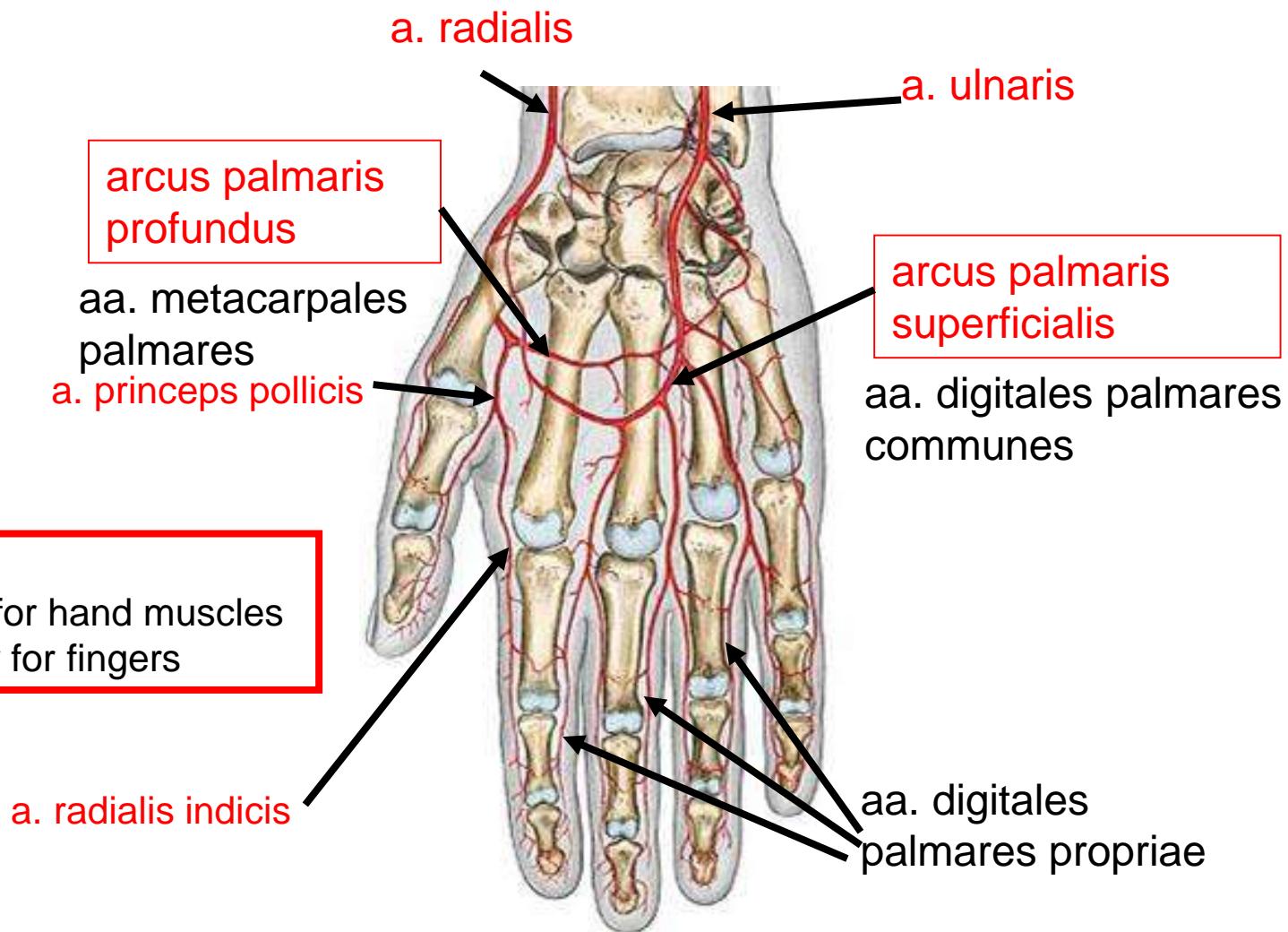
Antebrachium
Anterior aspect



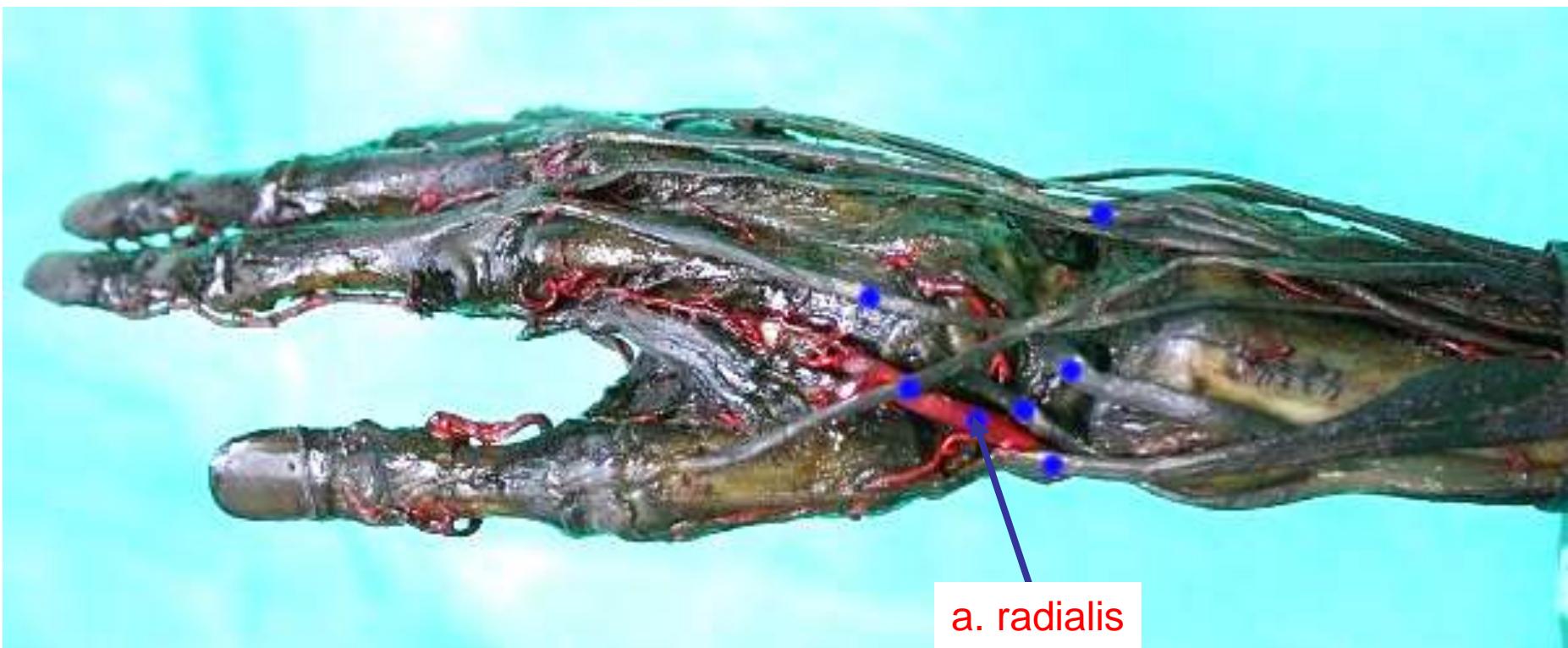
Arteries of the forearm posterior aspect



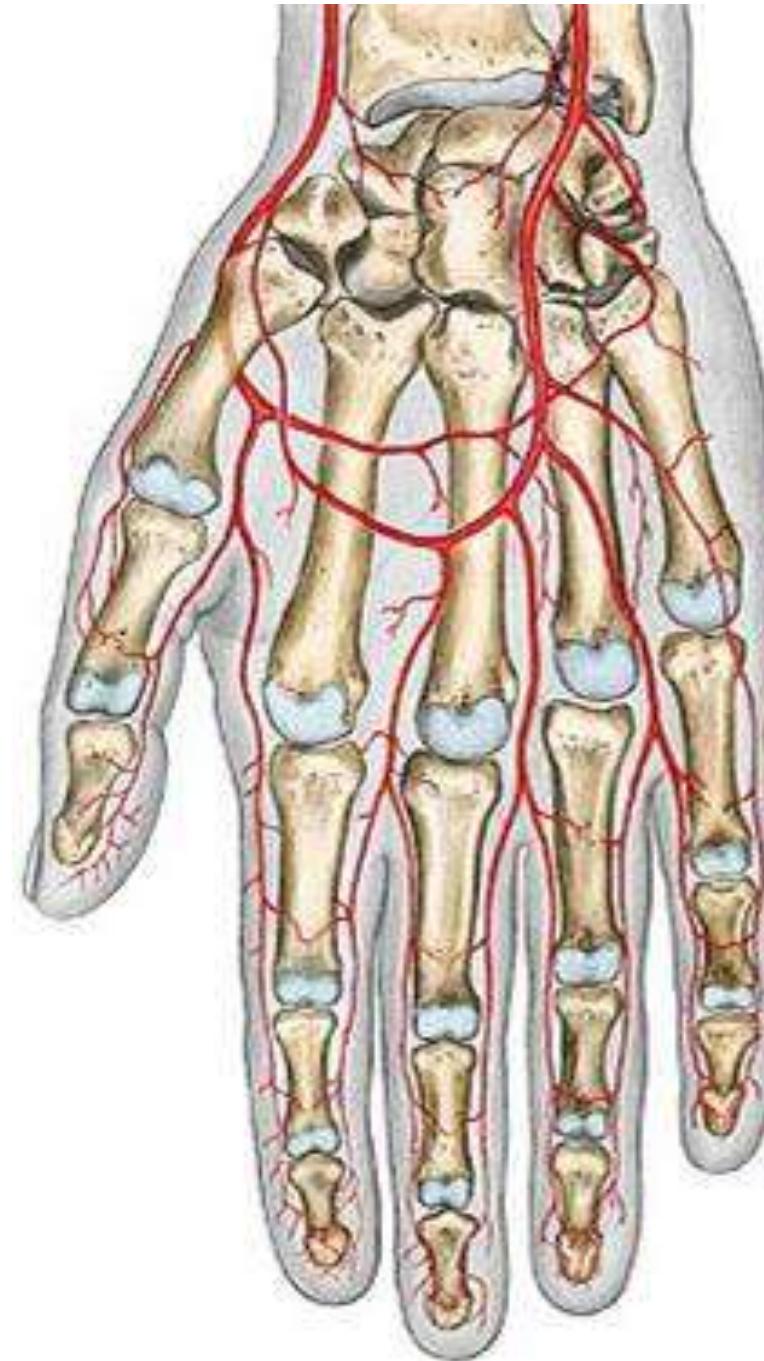
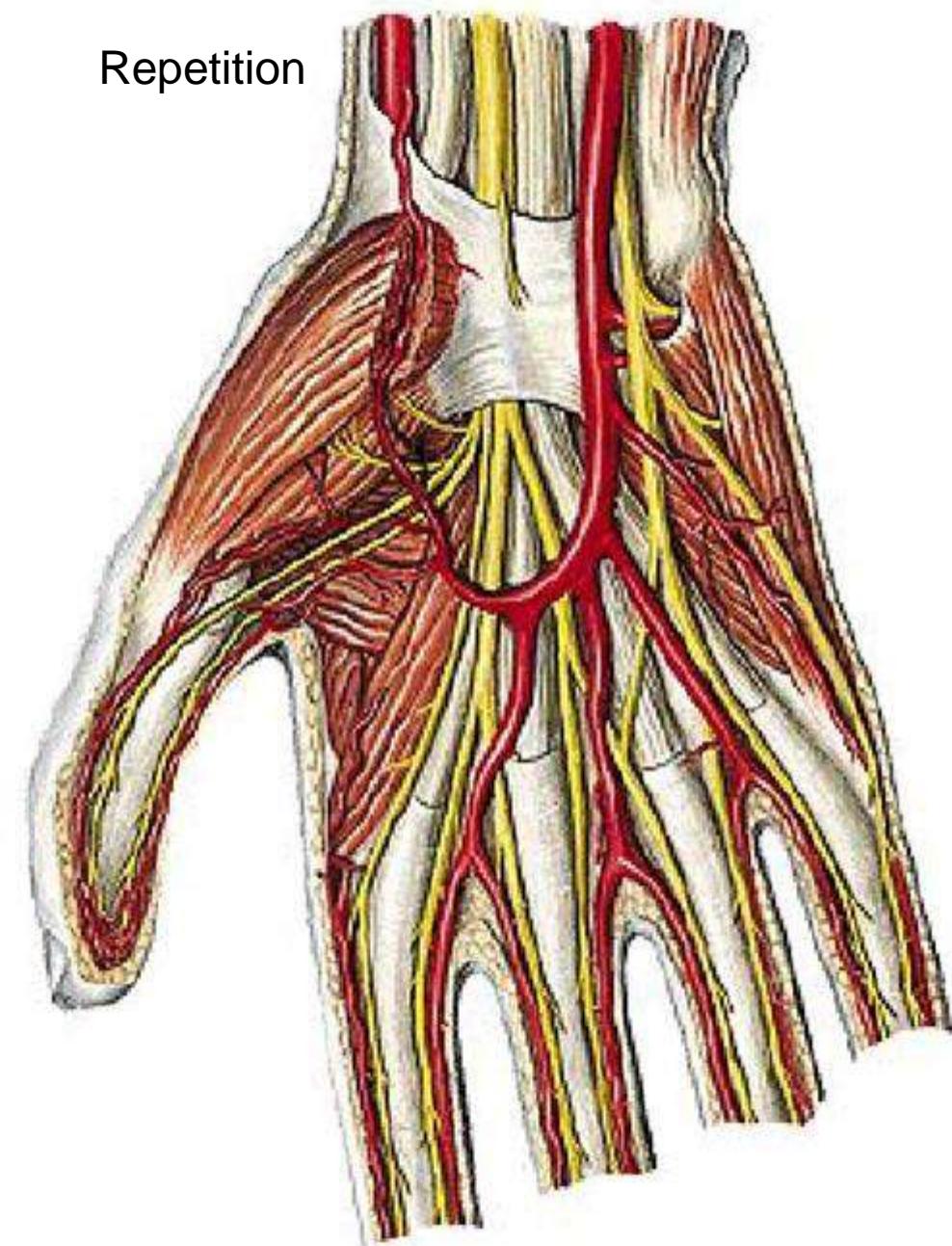
Hand arteries



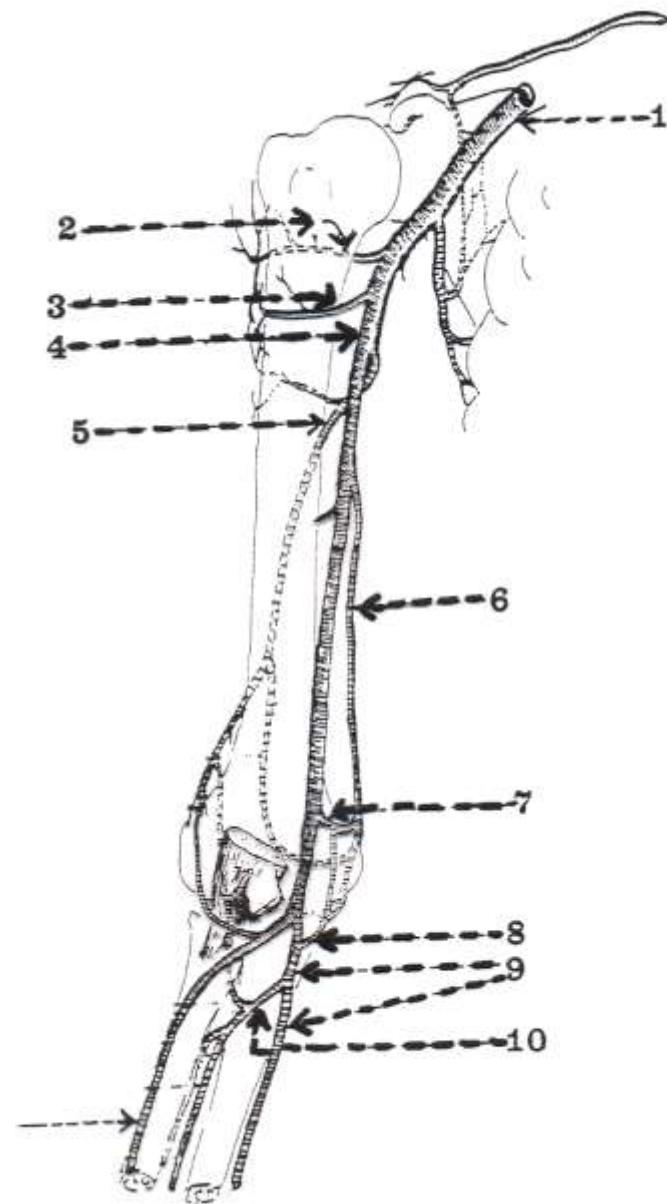
Foveola radialis



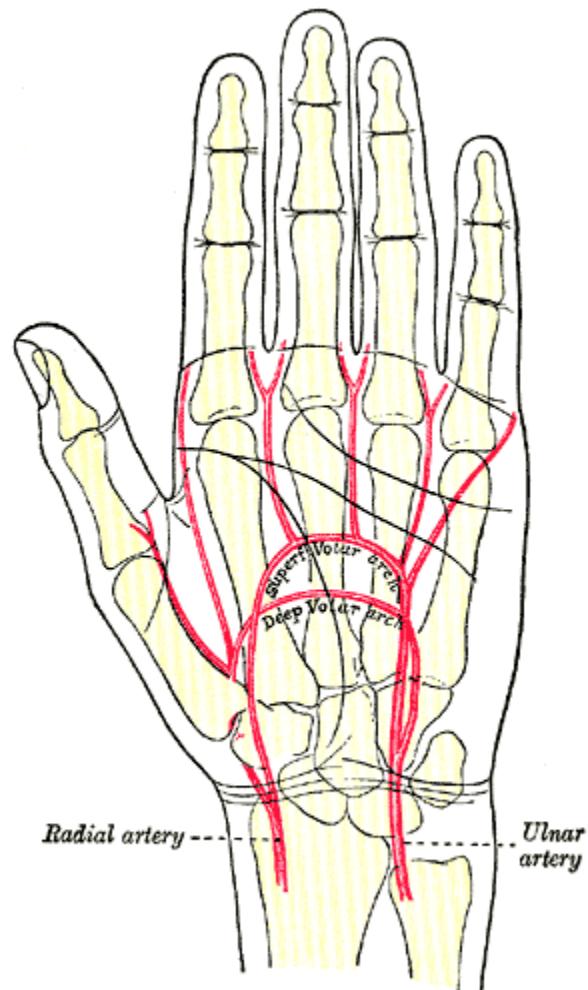
Repetition



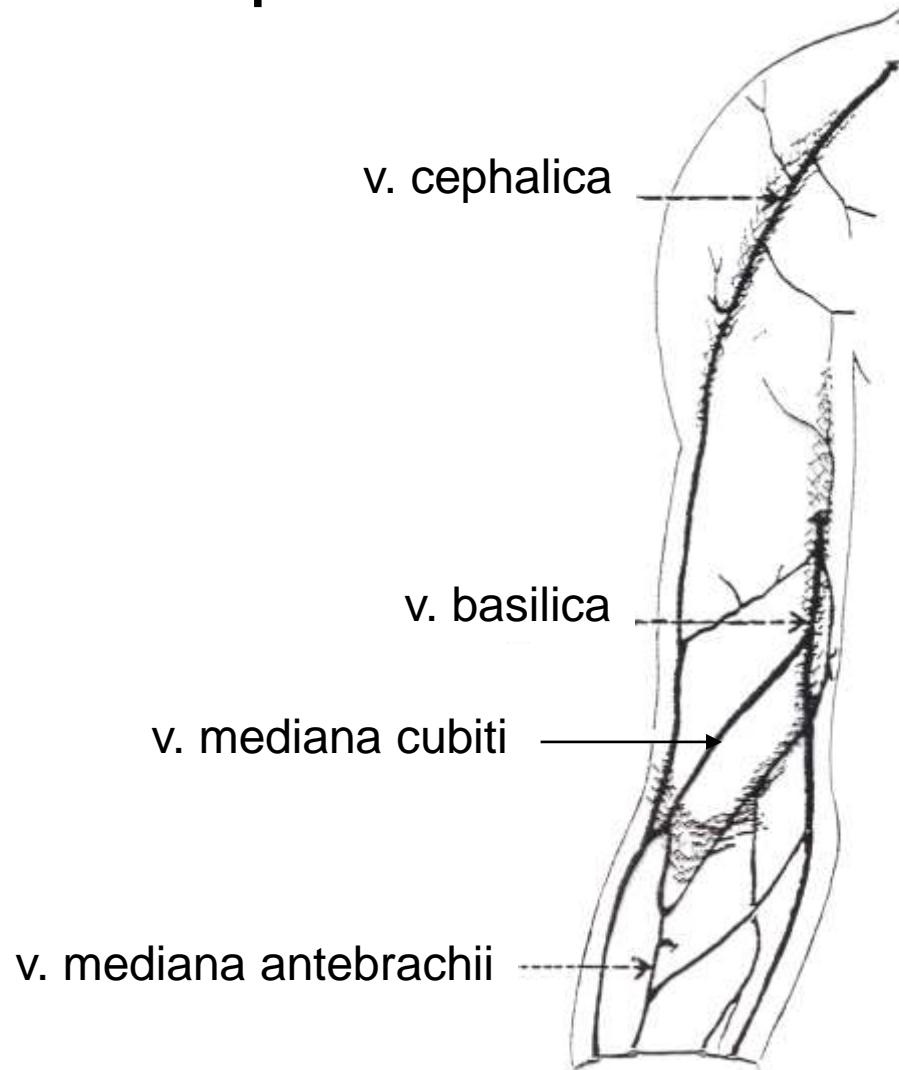
repetition



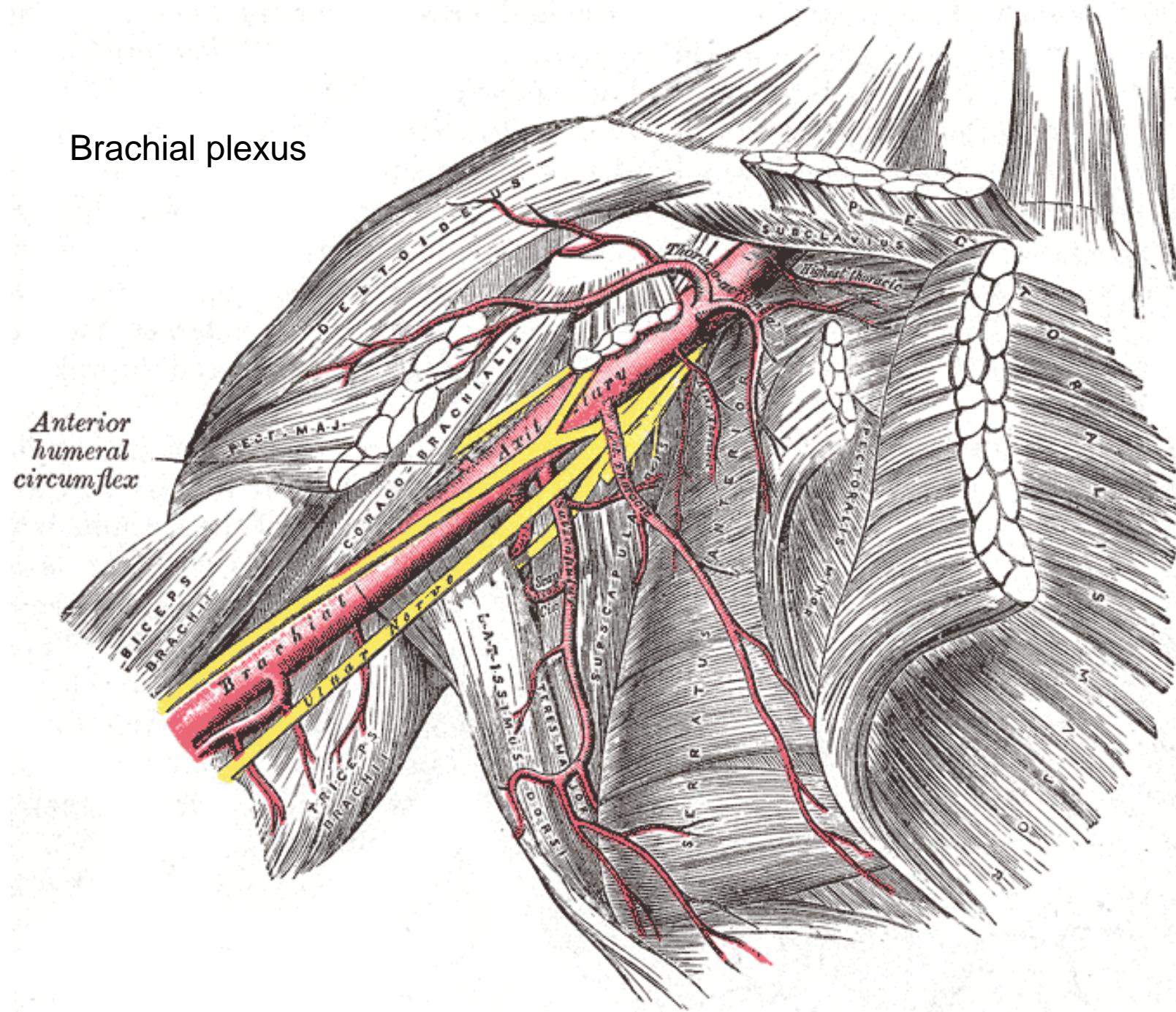
arcus palmaris superficialis and profundus projection



Superficial veins UL - scheme



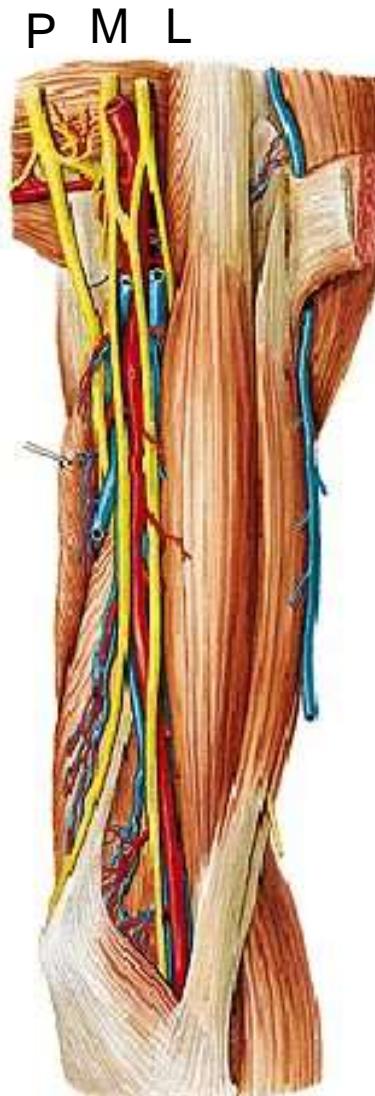
Brachial plexus



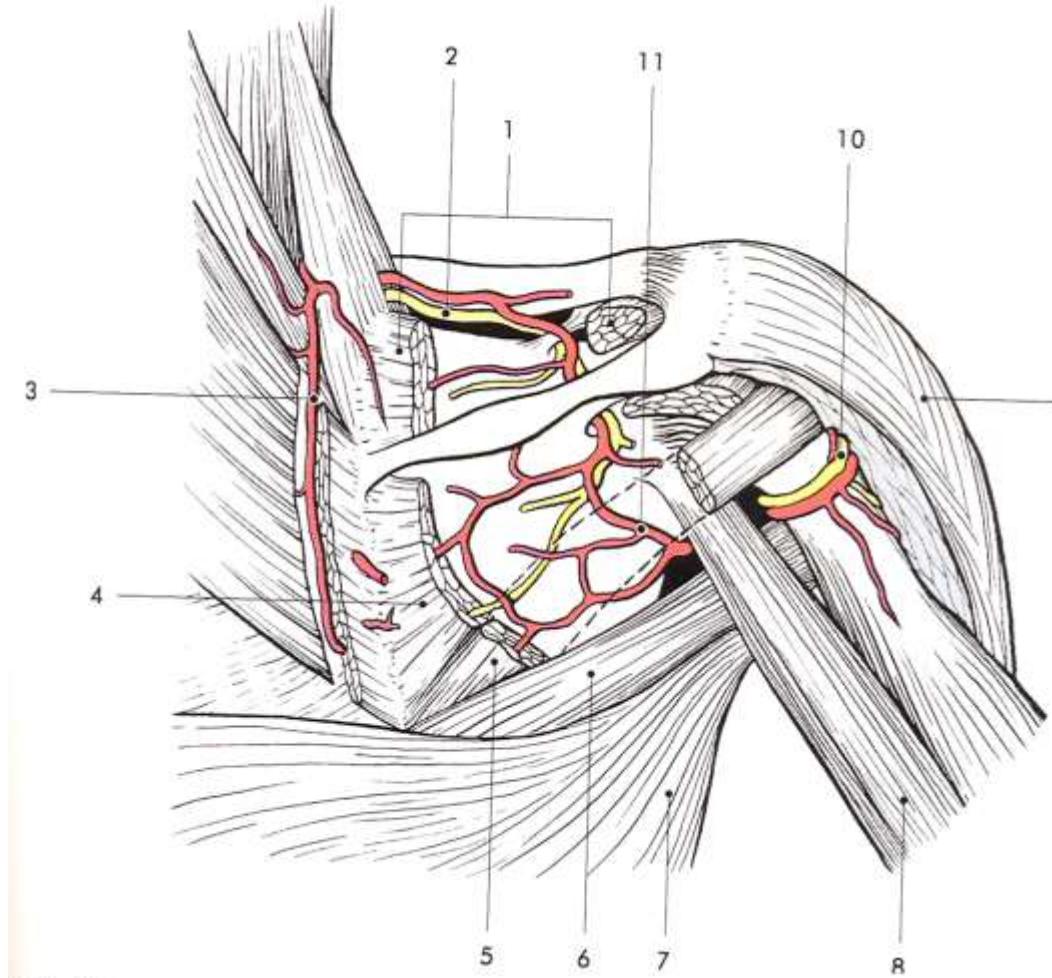
Plexus brachialis

How to find the nerves?

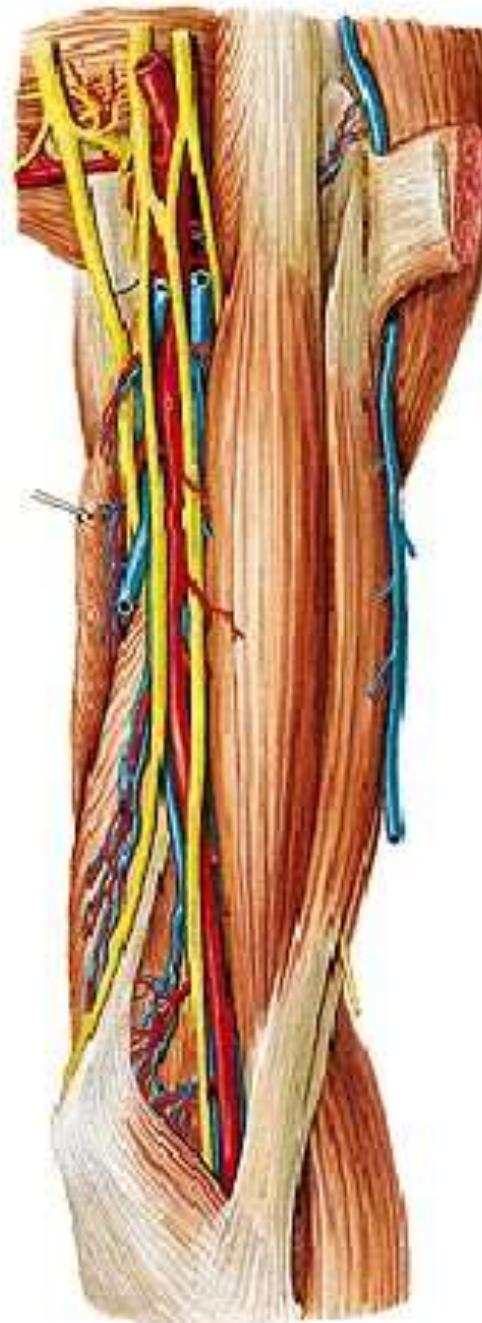
- 1) find **a. axillaris**
- 2) **n. medianus** – „a fork“ in front of the artery – it goes in the middle of fossa cubiti
- 3) **from fasciculus lateralis n. musculocutaneus**
-through the m. coracobrachialis, between m. biceps and brachialis
- 4) **from fasciculus medialis n.ulnaris** behind medial epicondyle
- 5) **from fasciculus medialis n. cutaneus antebrachii medialis** – long
- 6) **from fasciculus medialis n. cutaneus brachii medialis** – short
- 7) **from fasciculus posterior n. radialis** – long, between triceps heads
- 8) **from fasciculus posterior n. axillaris** – short into foramen humerotricipitale (quadrangular space)



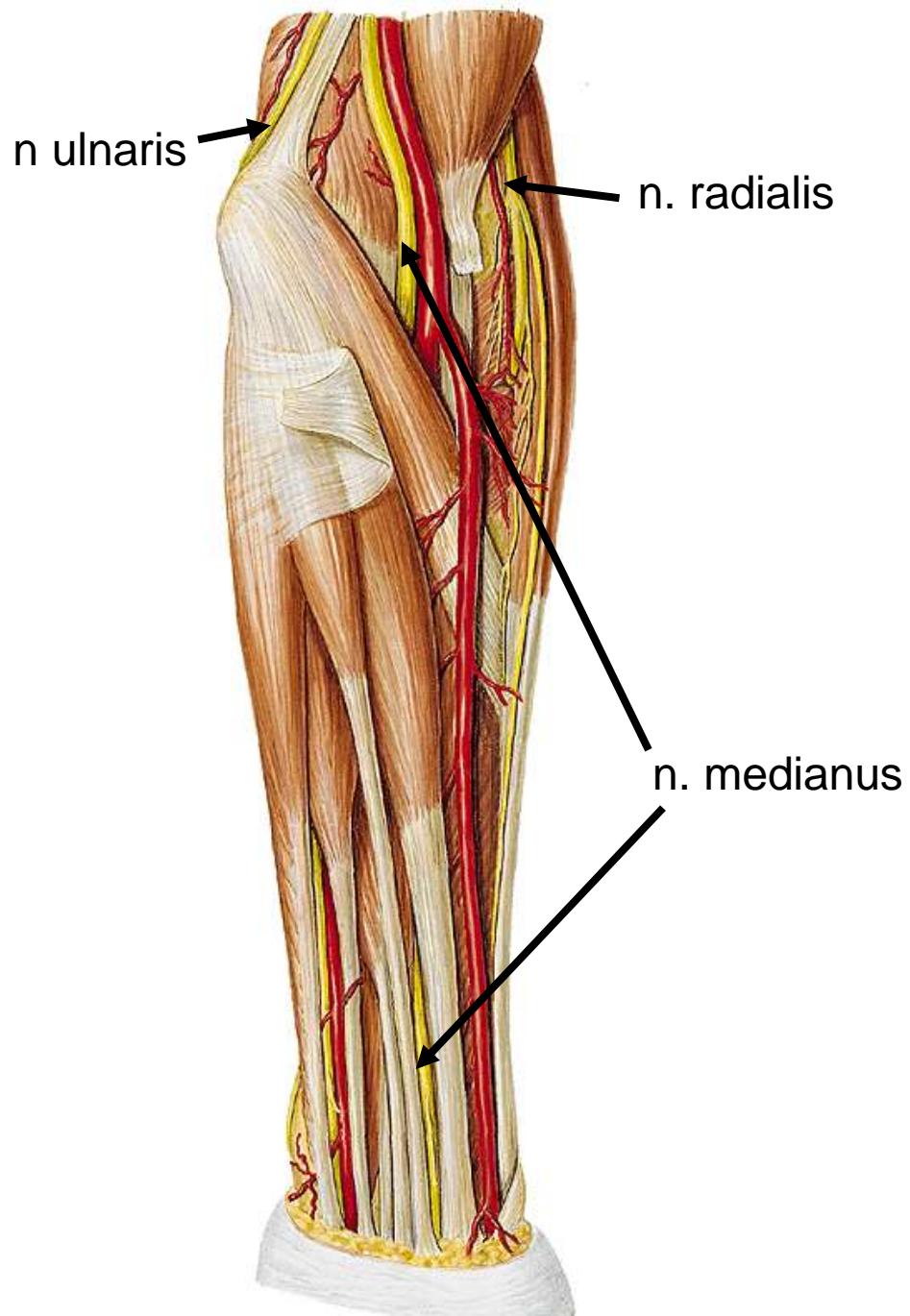
Axillary nerve



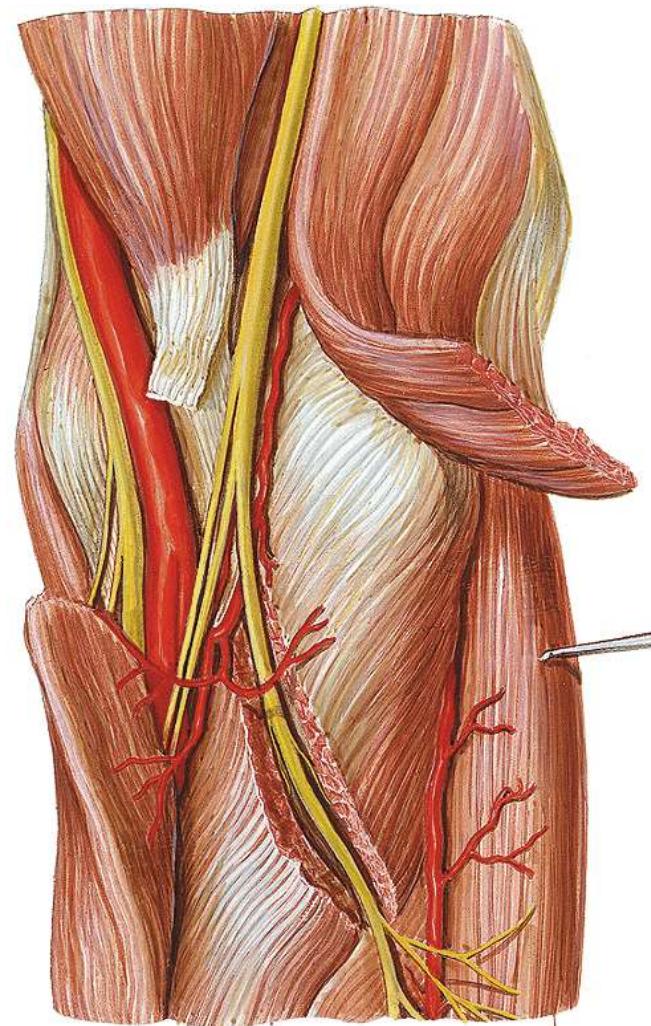
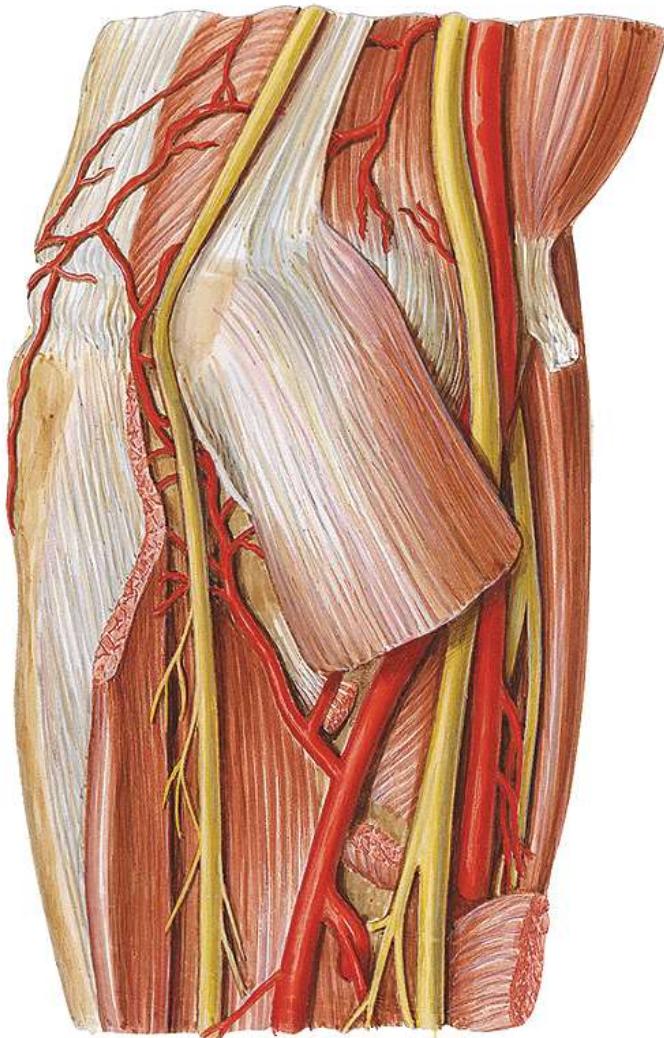
Plexus brachialis
repetition

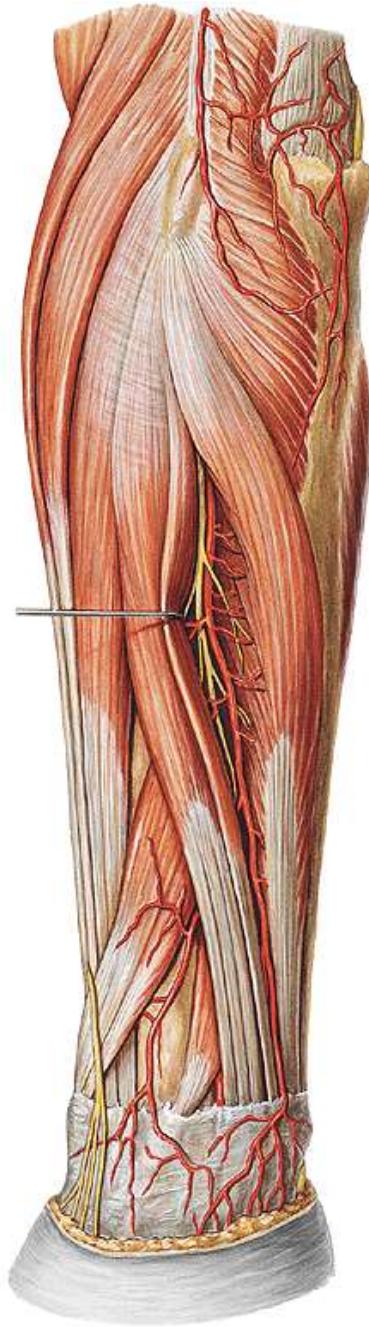


Nerves in the fossa cubiti

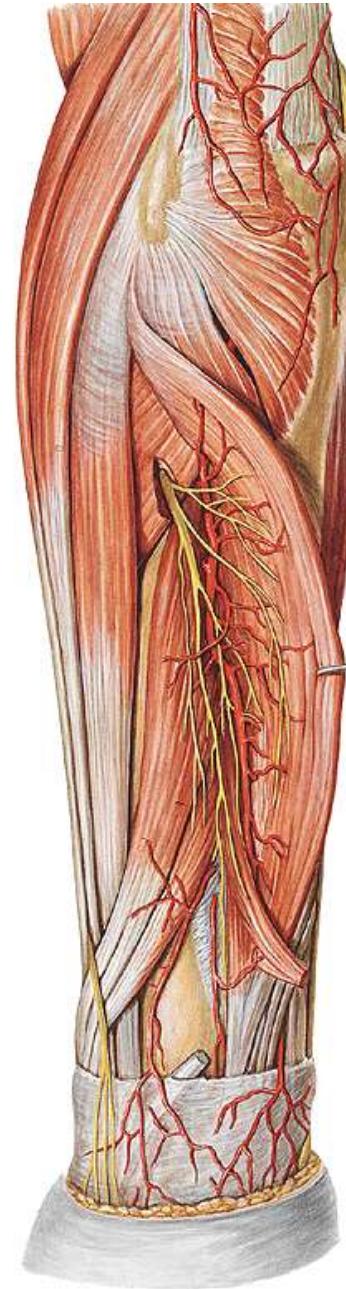


Nerves in the fossa cubiti



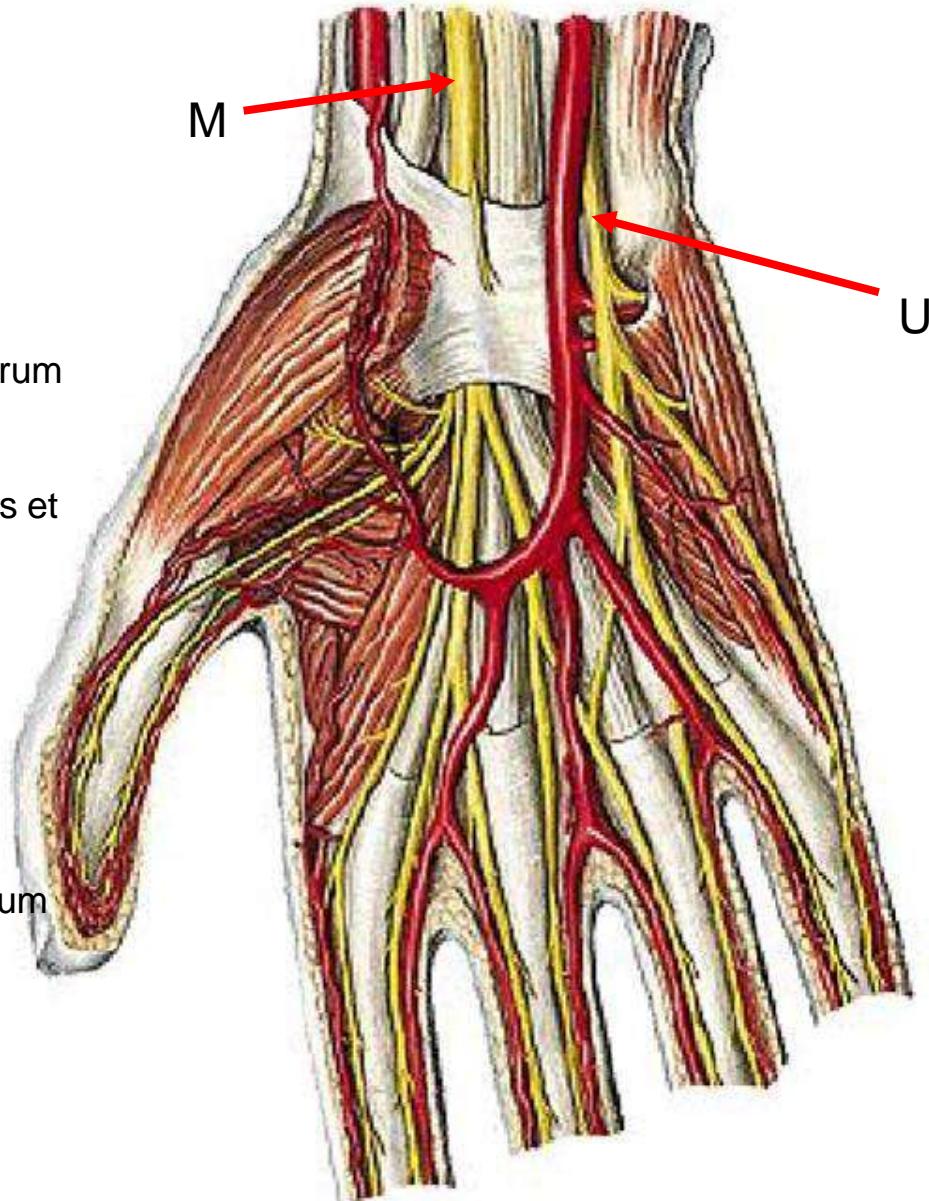


N radialis
deep and
superficial
branch

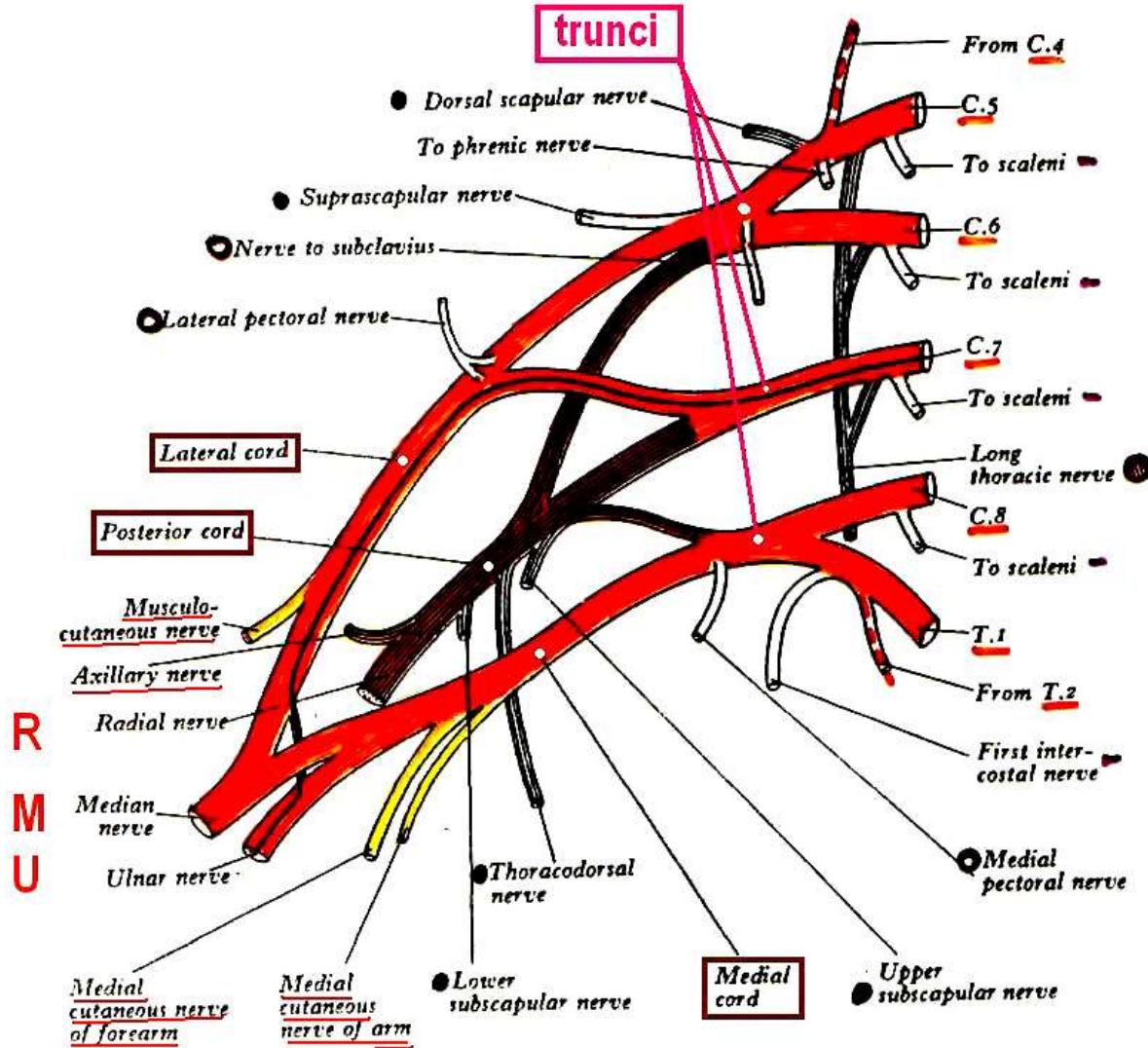


Inervation of the hand palmar

n. medianus – bellow the retinaculum flexorum
Motor: thenar without AdPB and c.pFPB, 2 mm. lumbricals
Sensory : nn. digitales palmares communes et proprii – 3+1/2 fingers radially



n. ulnaris – above the retinaculum flexorum
Motor: hypotenar + AddPB + c.s.FPB
2 mm. lumbricals
mm. interossei
sensory: 1+1/2 fingers ulnar
r. dorsalis 2+1/2 fingers ulnar - dorsum



7.243 A plan of the brachial plexus. The posterior division of the trunks and their derivatives are shaded and the fibres from C.7 which enter the ulnar nerve are shown as a heavy black line. Letters and numbers C.4-C.8 and T.1-T.2 indicate the ventral rami of these cervical and thoracic spinal nerves.

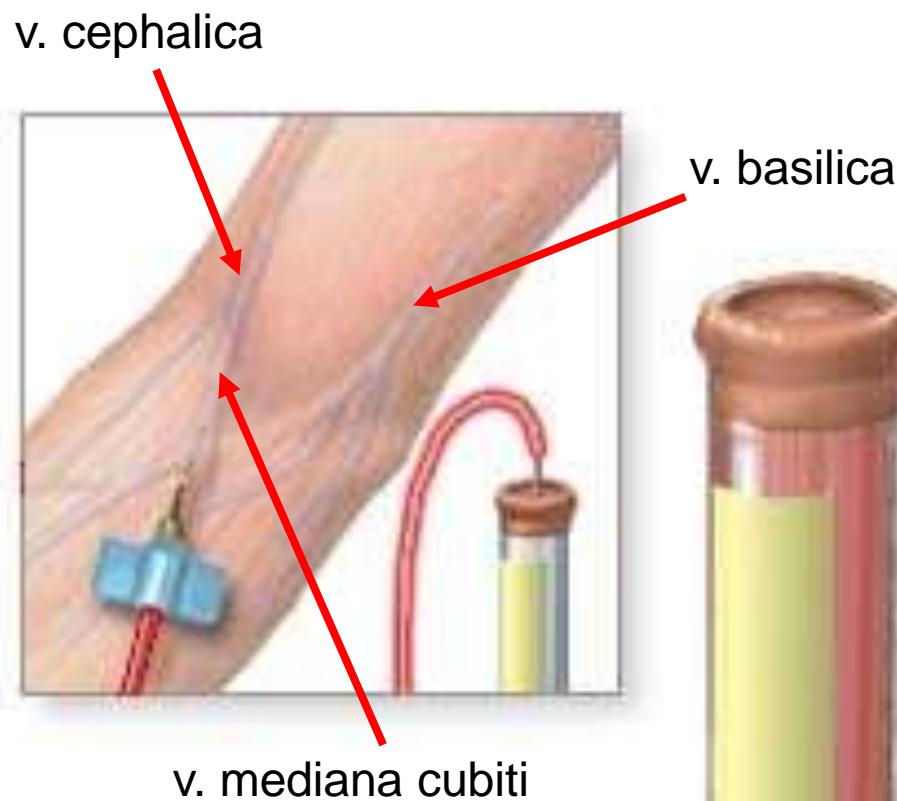
Tourniquet is applied
and area is disinfected



Needle is introduced
into vein, blood is drawn
into vial and analyzed



Tourniquet is applied
and area is disinfected

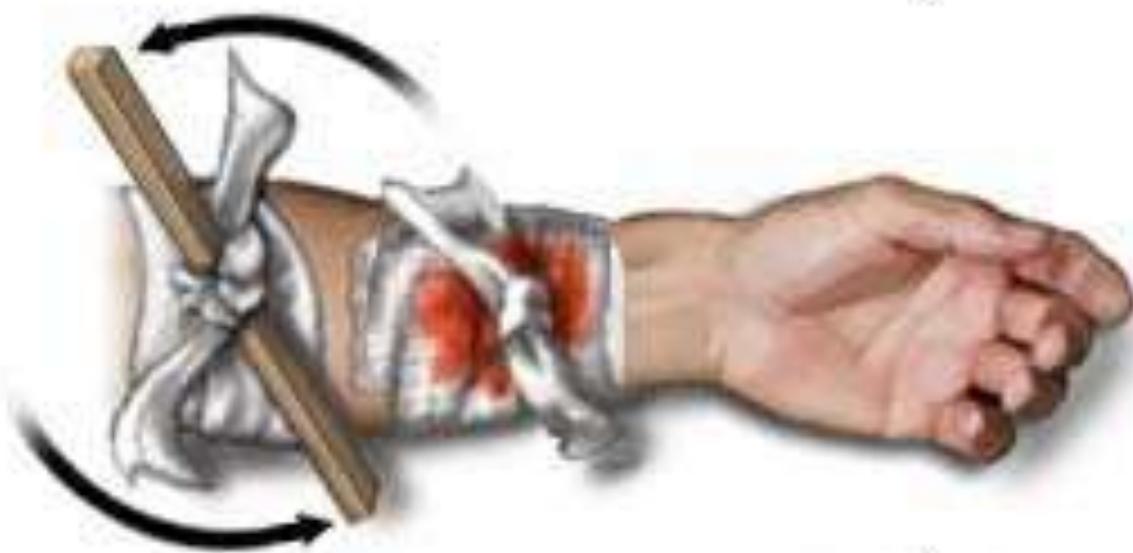


Needle is introduced
into vein, blood is drawn
into vial and analyzed



If bleeding has not stopped after 15 minutes of direct pressure, apply strong pressure at one of these points between the wound and the heart

Use a tourniquet ONLY AS A LAST RESORT, if bleeding cannot be stopped and the situation is life-threatening



Sourses

- Petrovický: Anatomie I
- Grim Základy anatomie
- Čihák Anatomie I
- Sobotta, Atlas
- Petrovický, Schematické průřezy
- webové zdroje

Overview of the lower limb

prof. MUDr. Pavel Petrovický, Dr.Sc.
MUDr. Veronika Němcová, CSc.

Inervation

- **Plexus lumbalis** – rami ventrales Th12 – L4
 - arise around **m. psoas**
 - anterior and medial group
 - of femur
- **Plexus sacralis** – rami ventrales L5 – S4
 - arise around **m. psoas**
 - posterior group of femur
 - lower tight
 - foot

Plexus lumbalis

Th12-L4

n. iliohypogastricus

n. ilioinguinalis

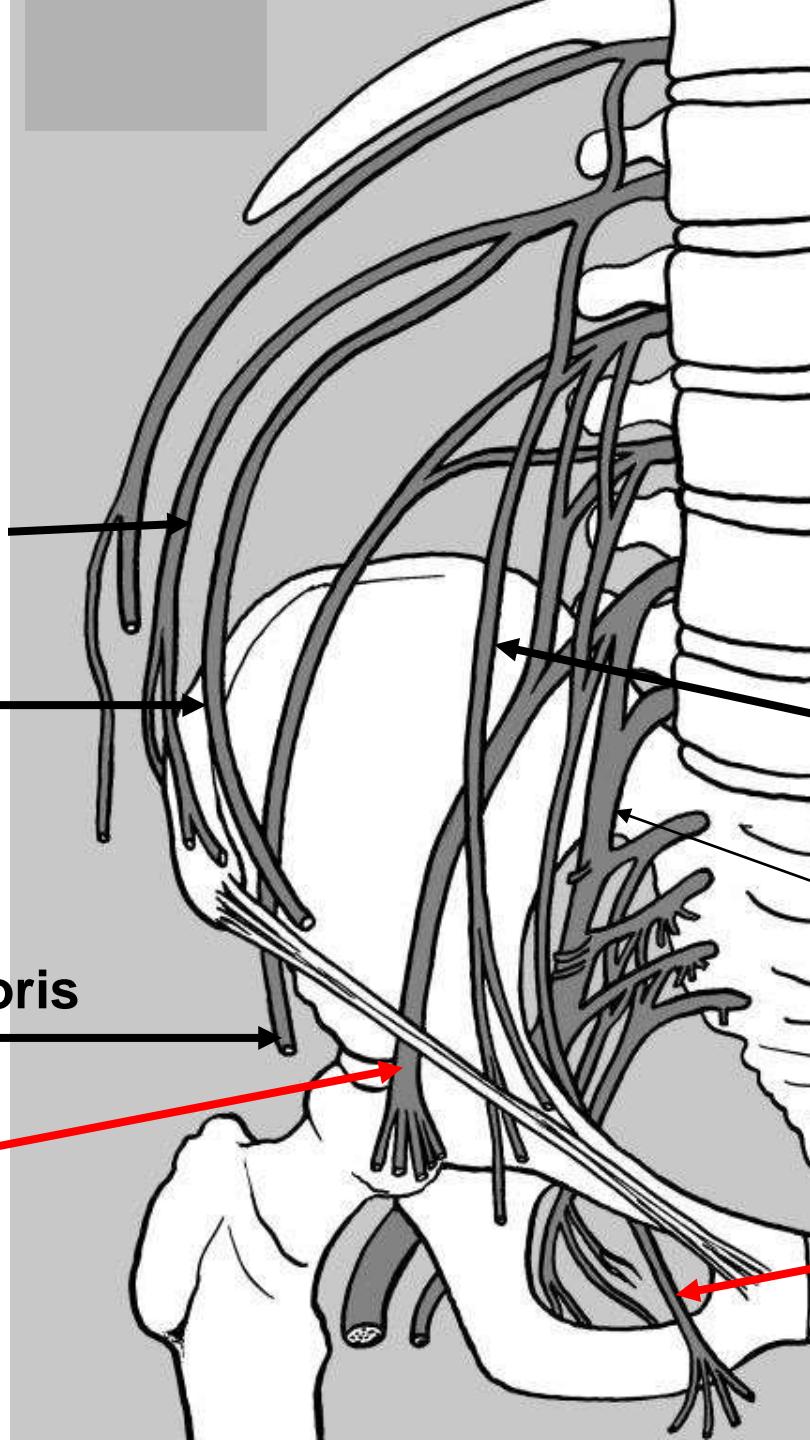
n. cutaneus femoris
lateralis

n. femoralis

n. genitofemoralis

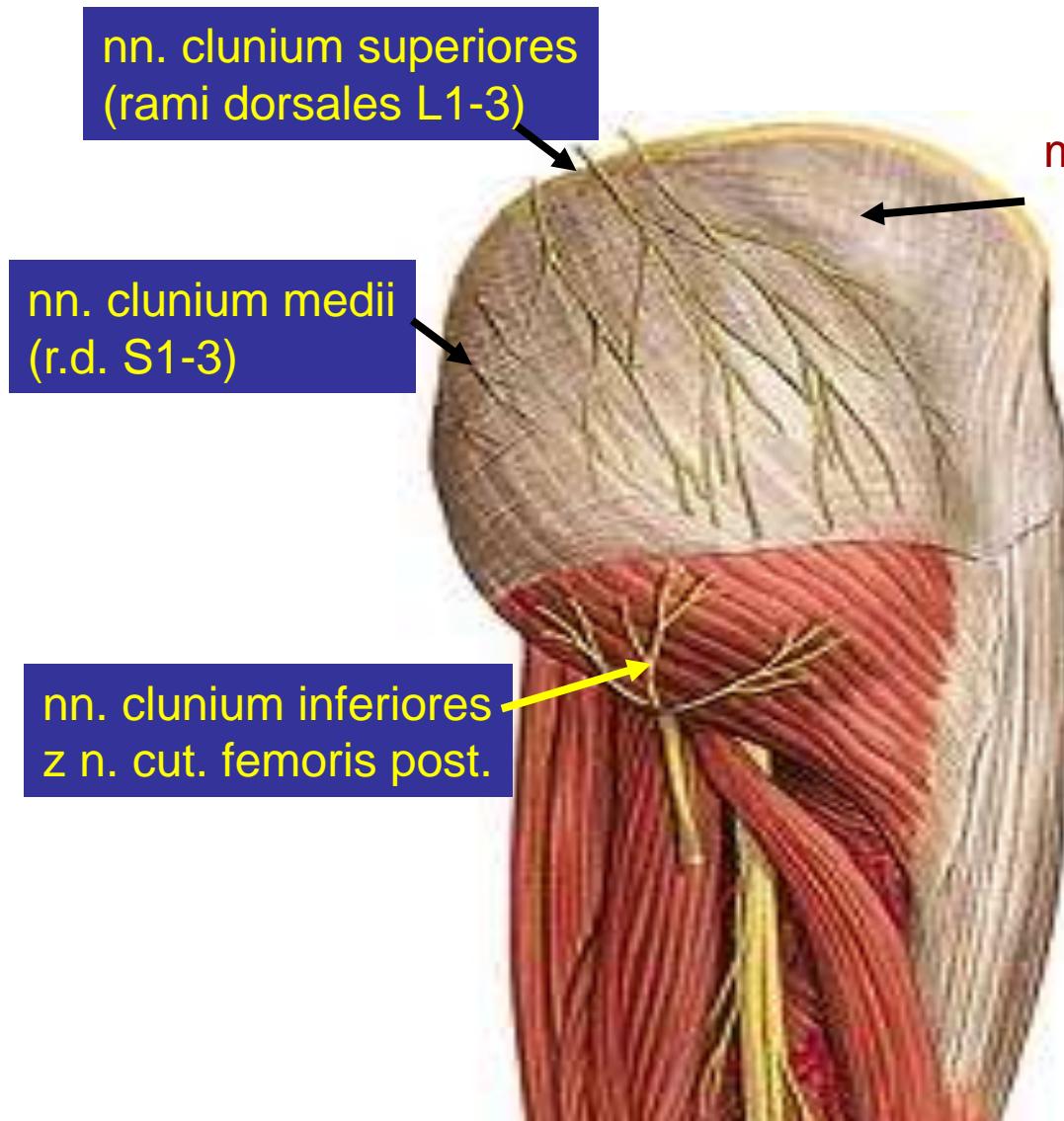
n. lumbosacralis
- connection of
plexuses

n. obturatorius

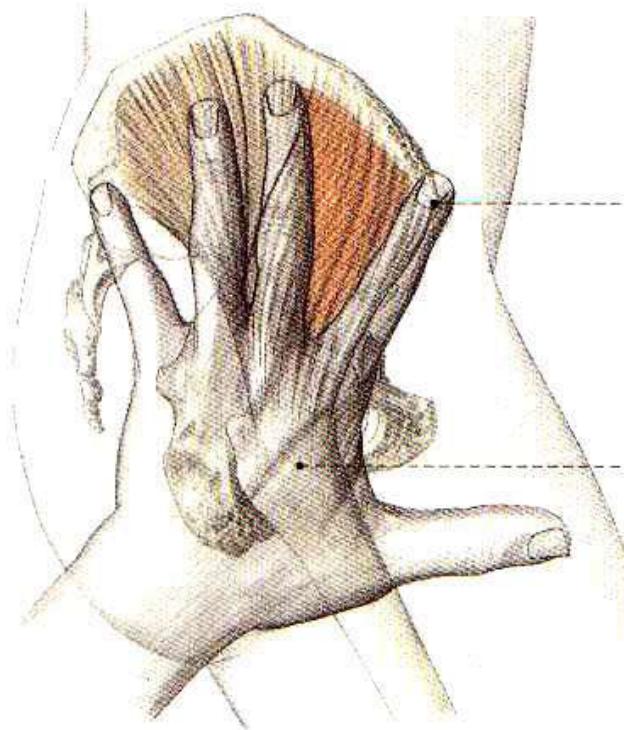


Intramuskulární injection – upper lateral quadrant !

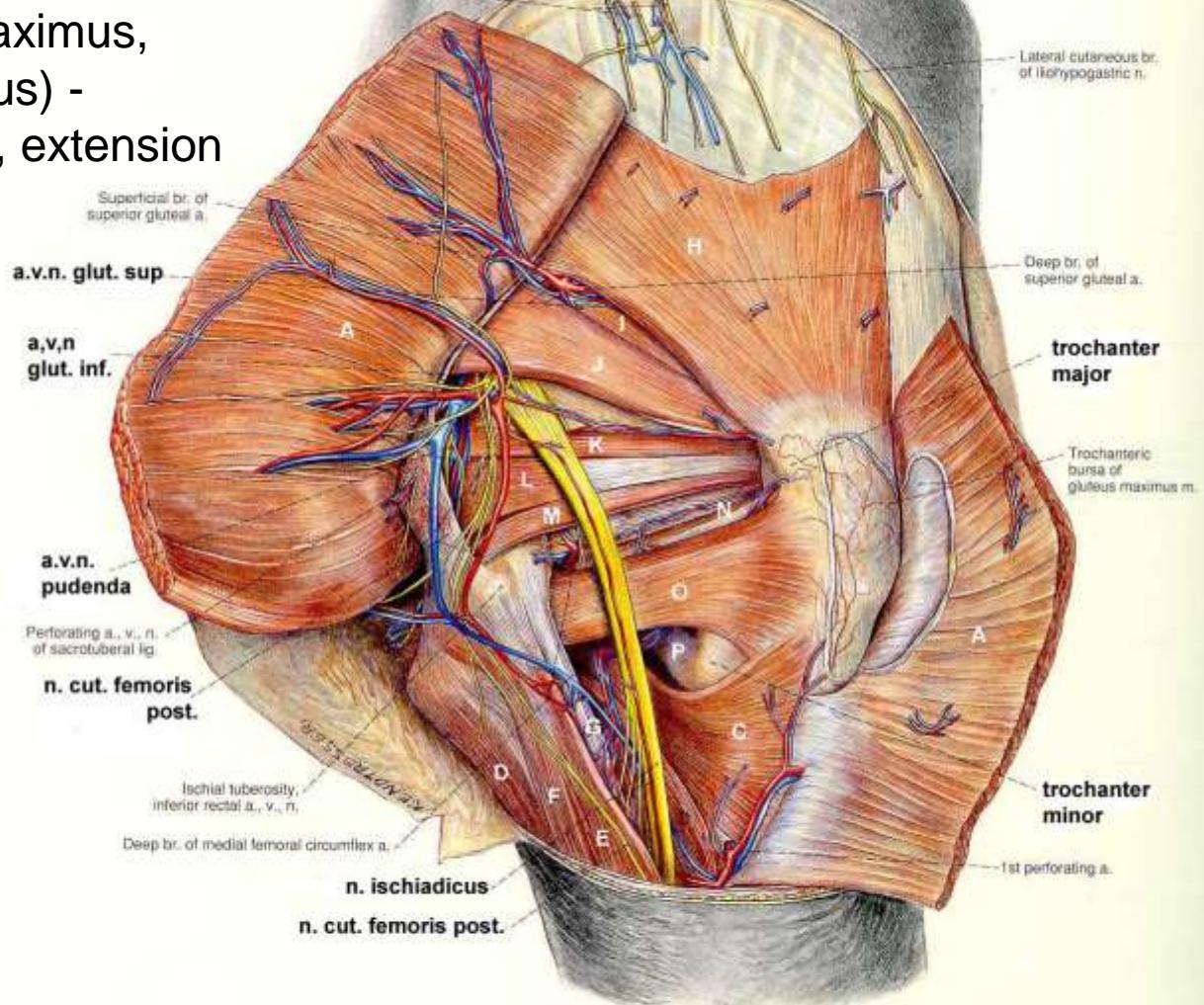
A., V. {
N. glu
A., V. {
N. glu
A., V. {
N. puc
| 4 N. cut



m. gluteus medius



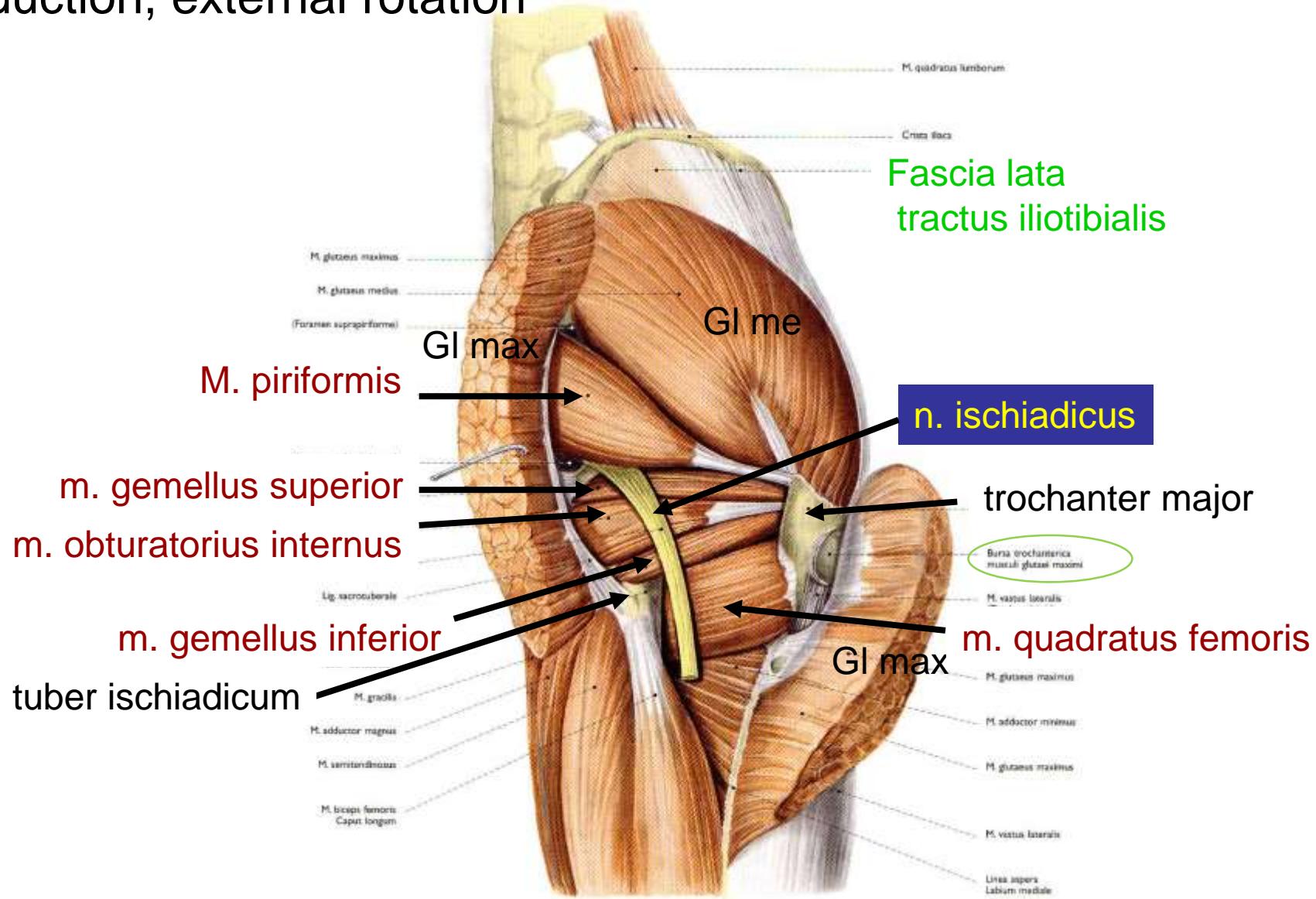
Musculi glutaei (maximus, medius and minimus) - abduction, rotation, extension



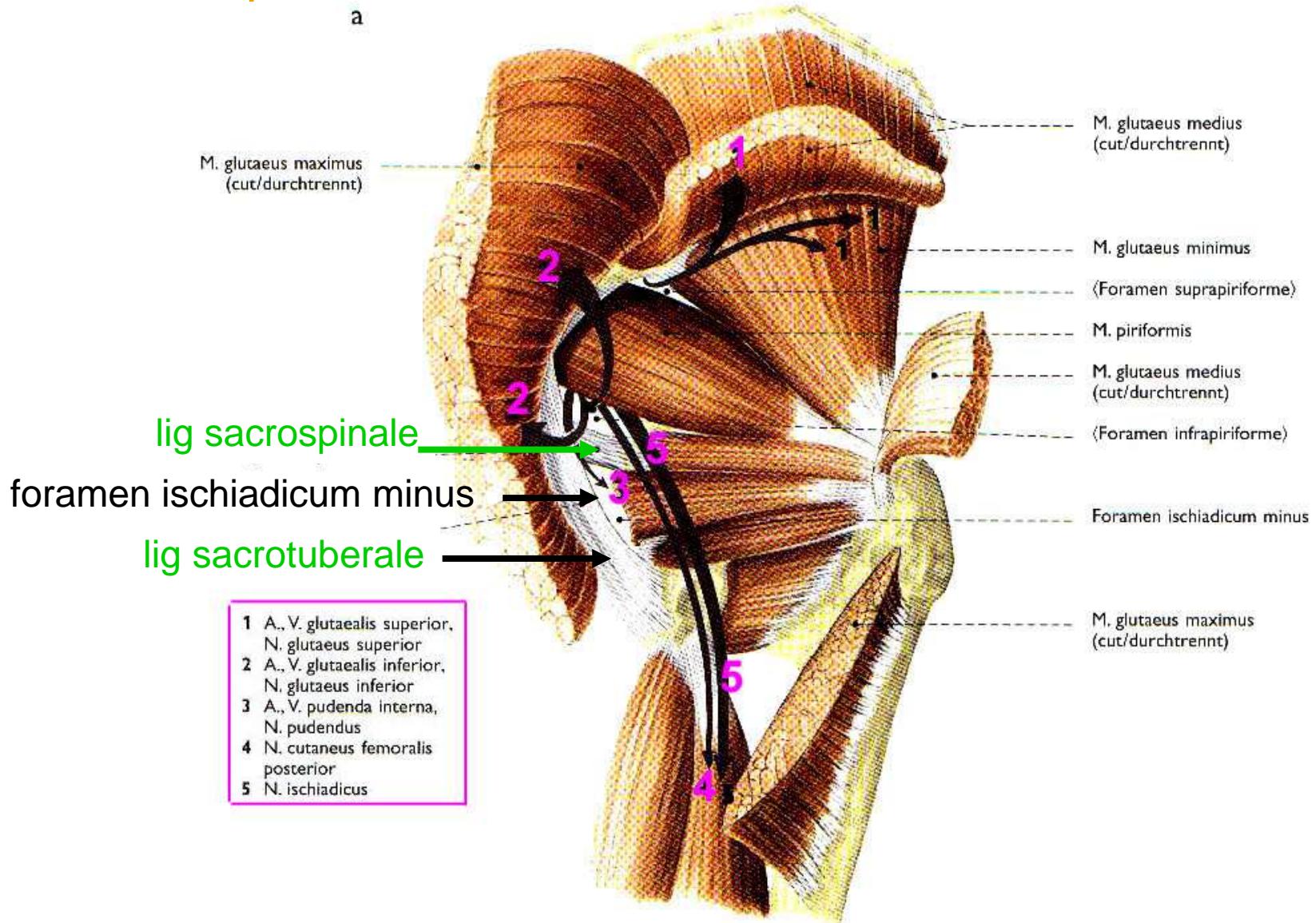
A -- glutaeus max.
C -- adductor minimus
D -- adductor magnus
E -- cap. longum bicipitis
F -- semitendinosus
G -- semimembranosus
H -- glutaeus medius
I -- glutaeus minimus

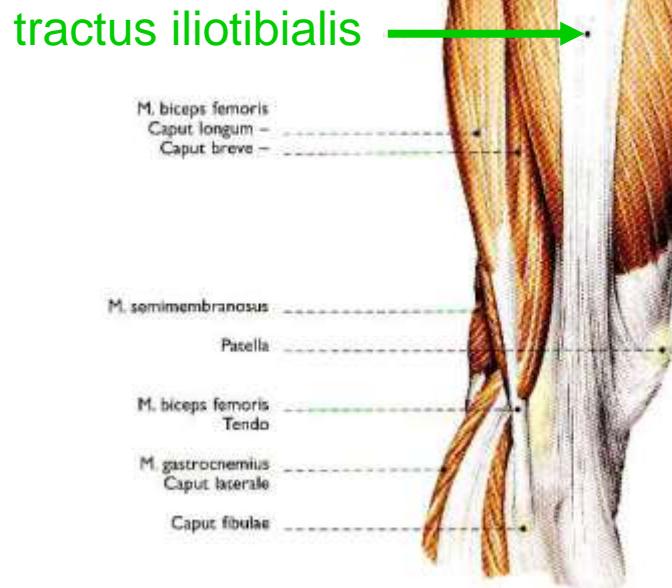
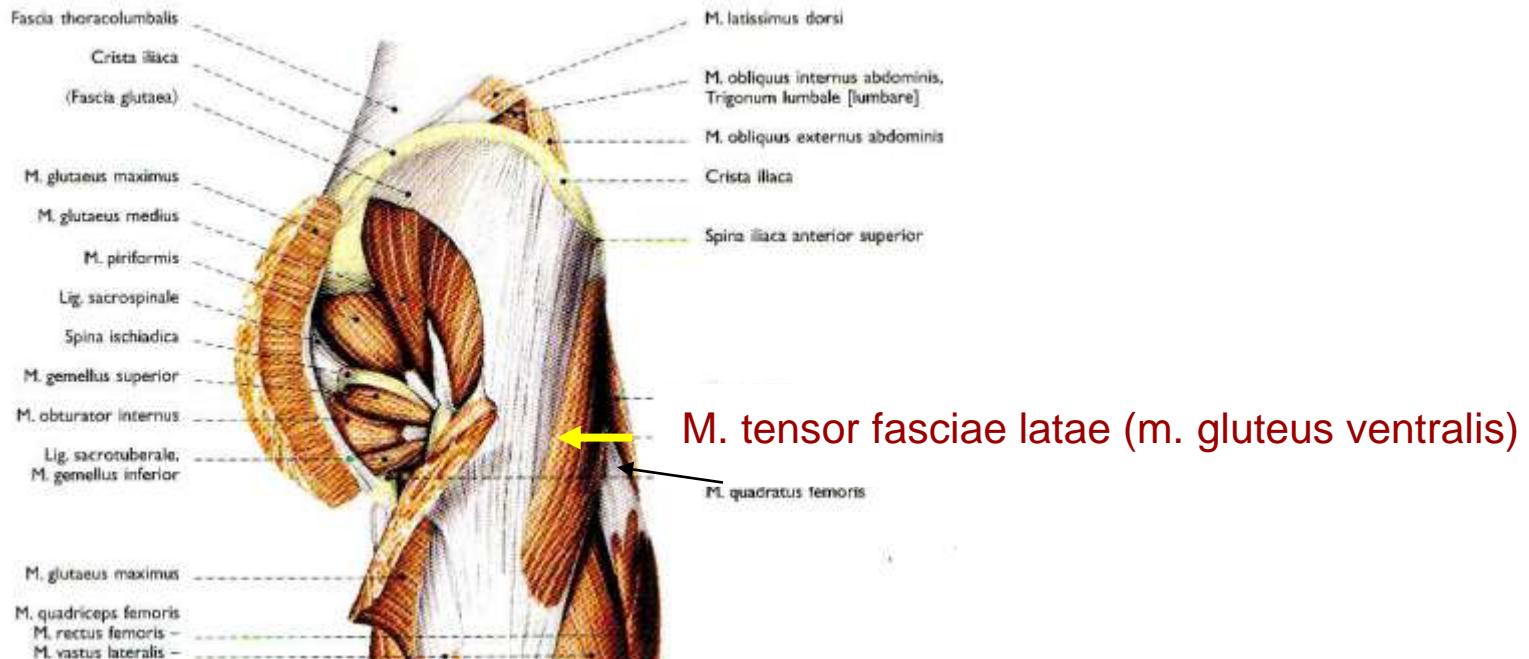
J -- piriformis
K -- gemellus sup
L -- obturatorius int.
M -- gemellus inf.
N -- obturatorius ext.
O -- quadratus fem.
P -- iliopsoas

Pelvitrochanteric muscles abduction, external rotation

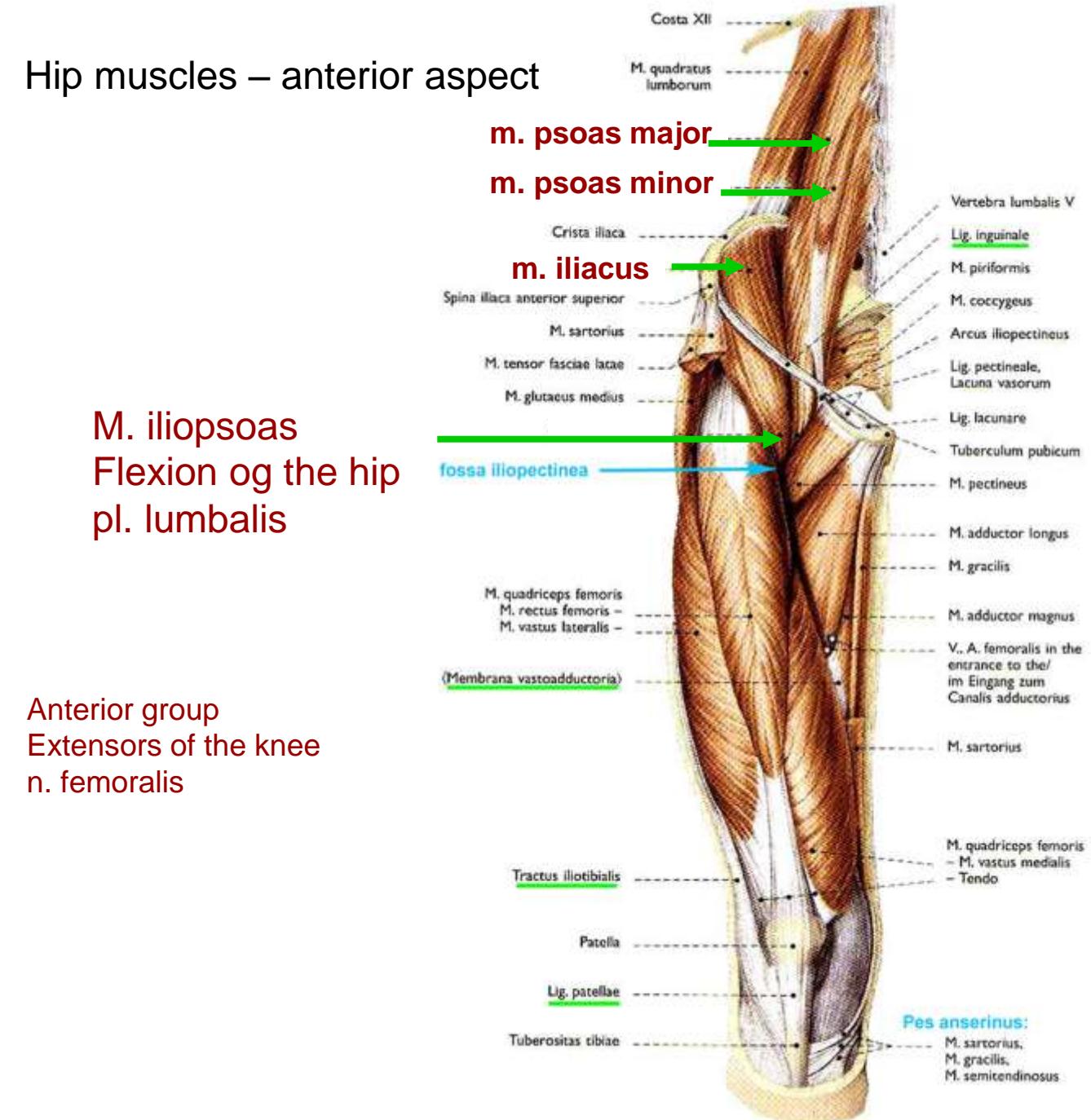


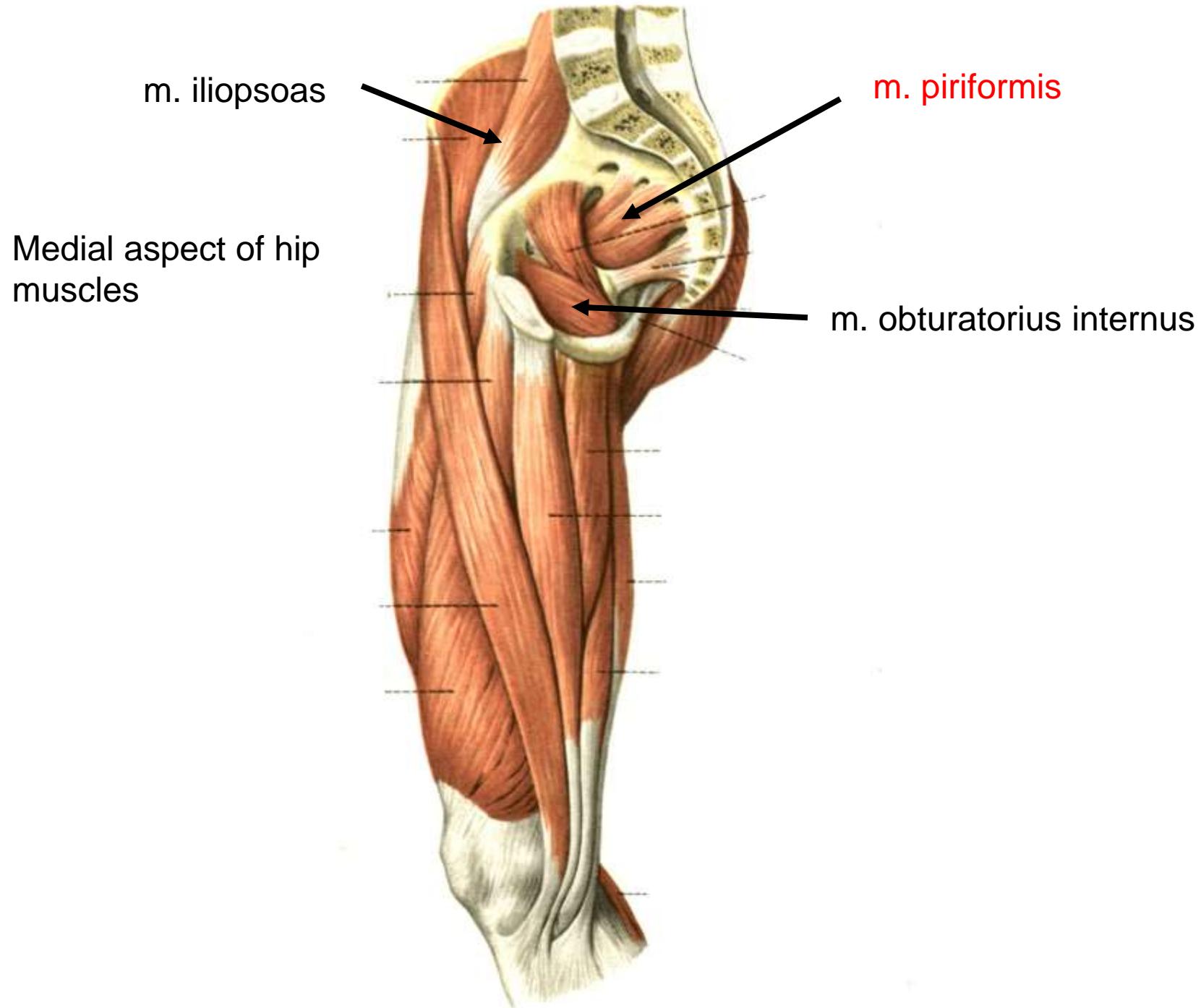
Foramen supra- and infrapiriforme nerves of plexus sacralis and a. iliaca interna branches





Hip muscles – anterior aspect



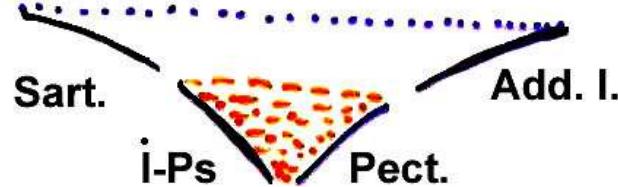


Fossa iliopectinea and trigonum femorale

str. 381

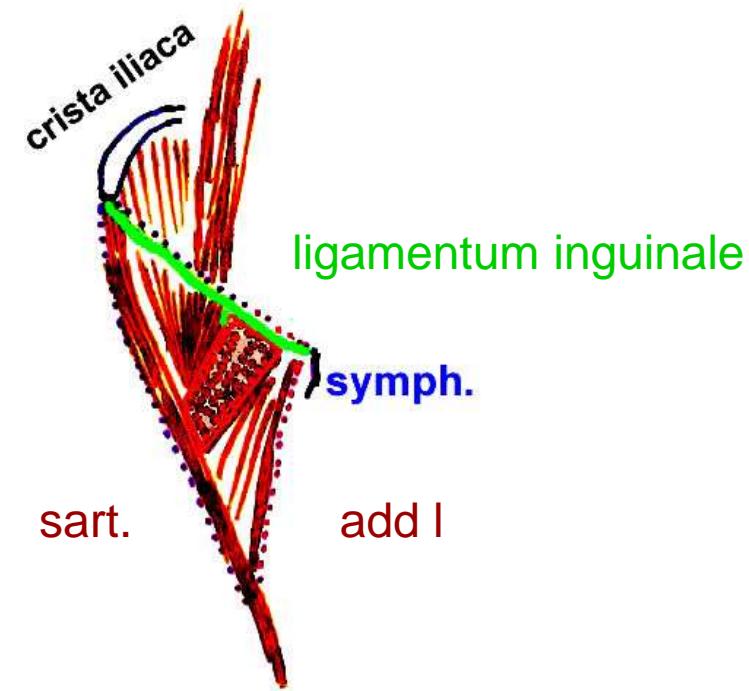
fossa Scarpaee major .

minor .



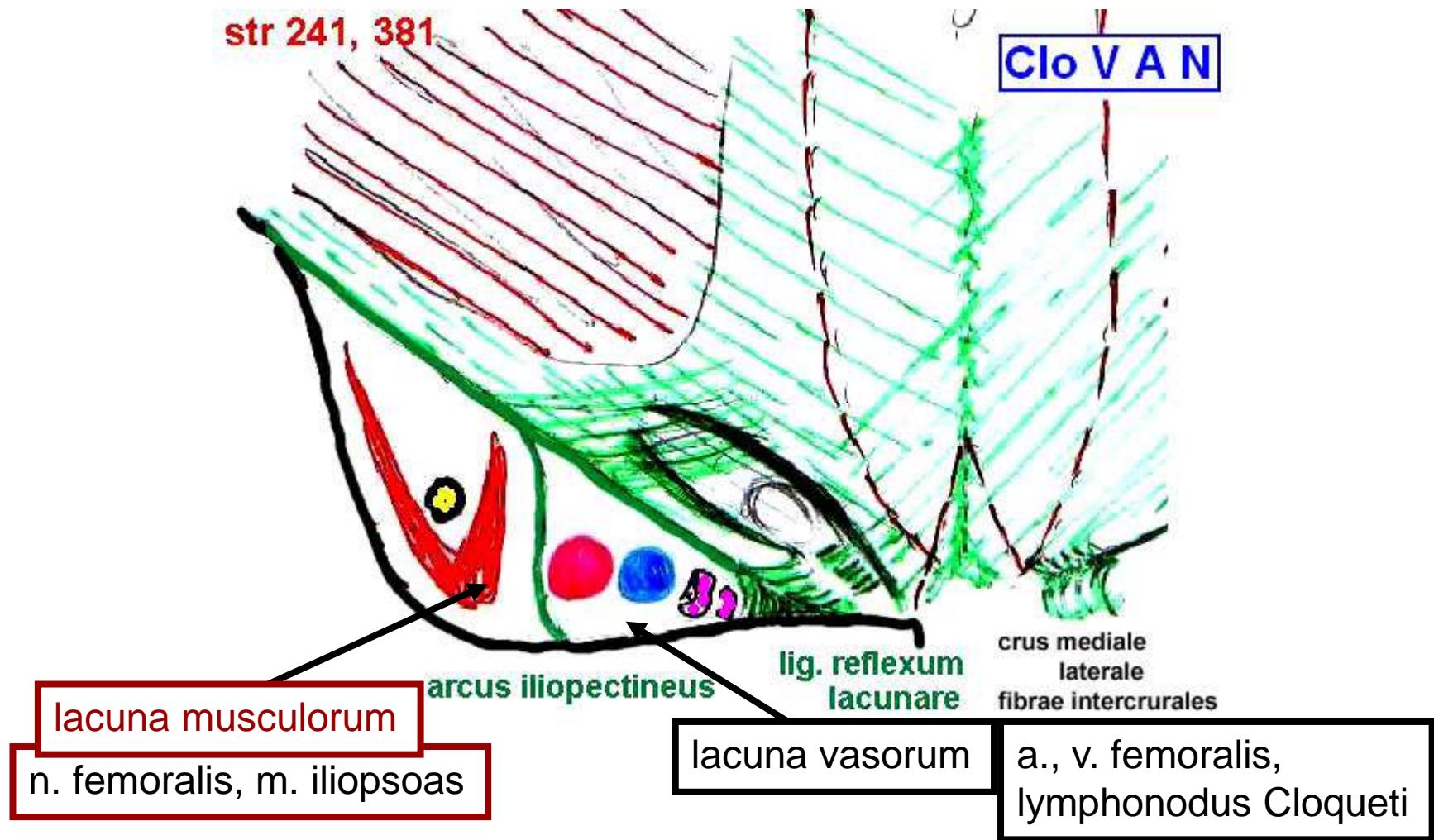
Fossa iliopectinea

"CloVA N"
med lat

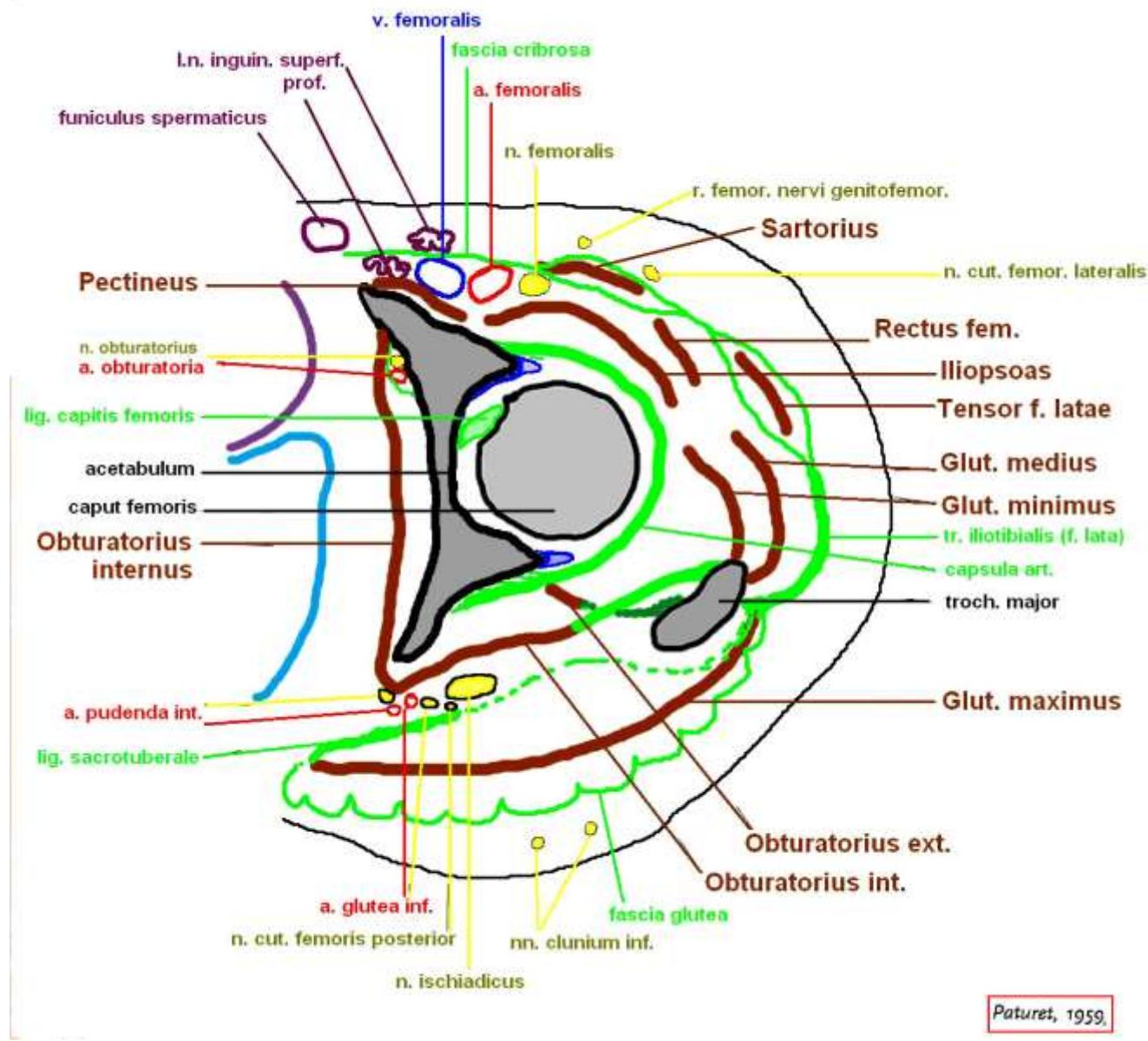


Trigonum femorale

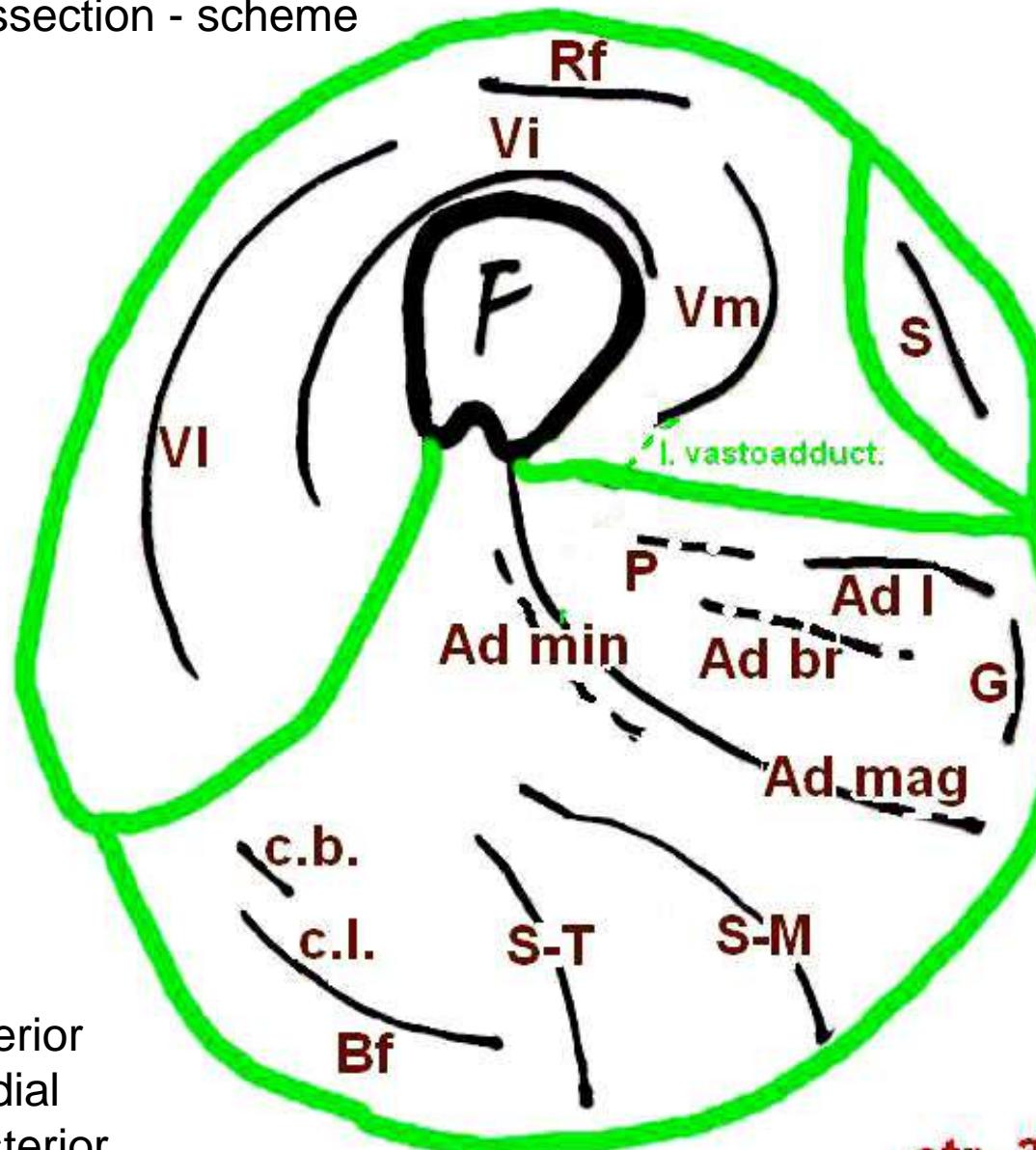
Anterior abdominal wall inferior to inguinal ligament – 2 spaces



Crosssection of the hip joint



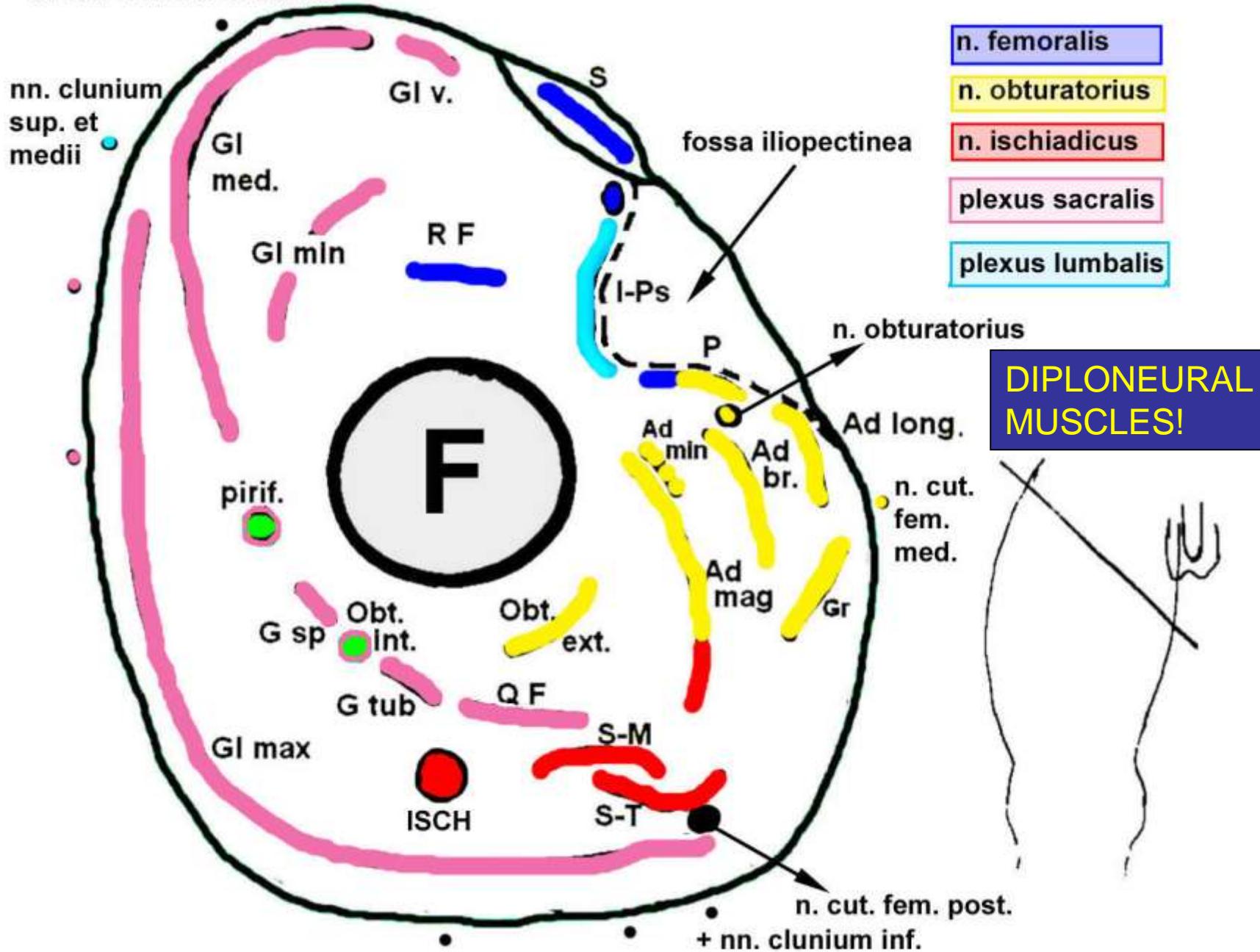
Femur crossection - scheme

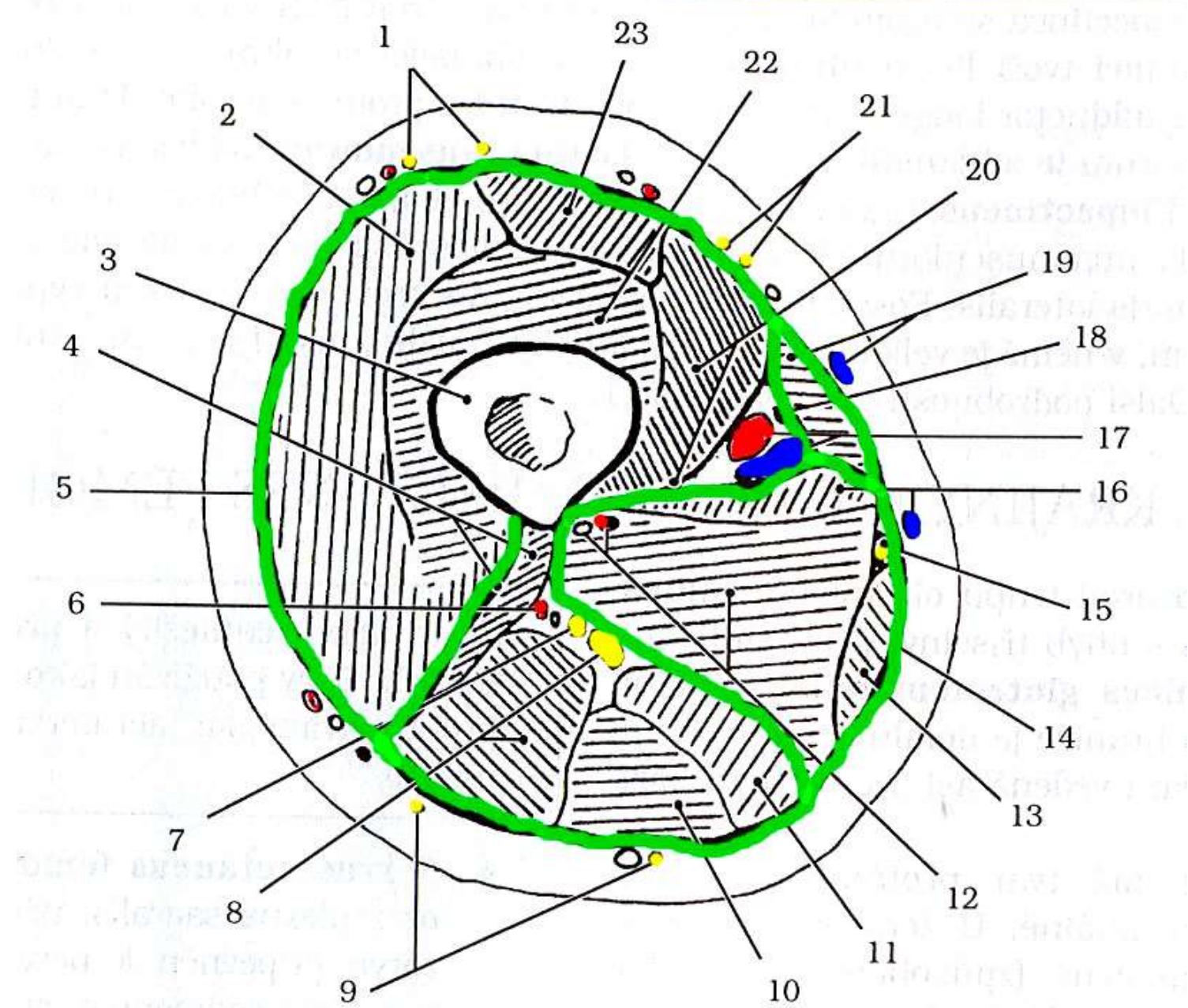


3 groups Anterior
Medial
Posterior

n. cut. femoris lateralis

CROSSECTION OF THE FOSSA ILOPECTINEA



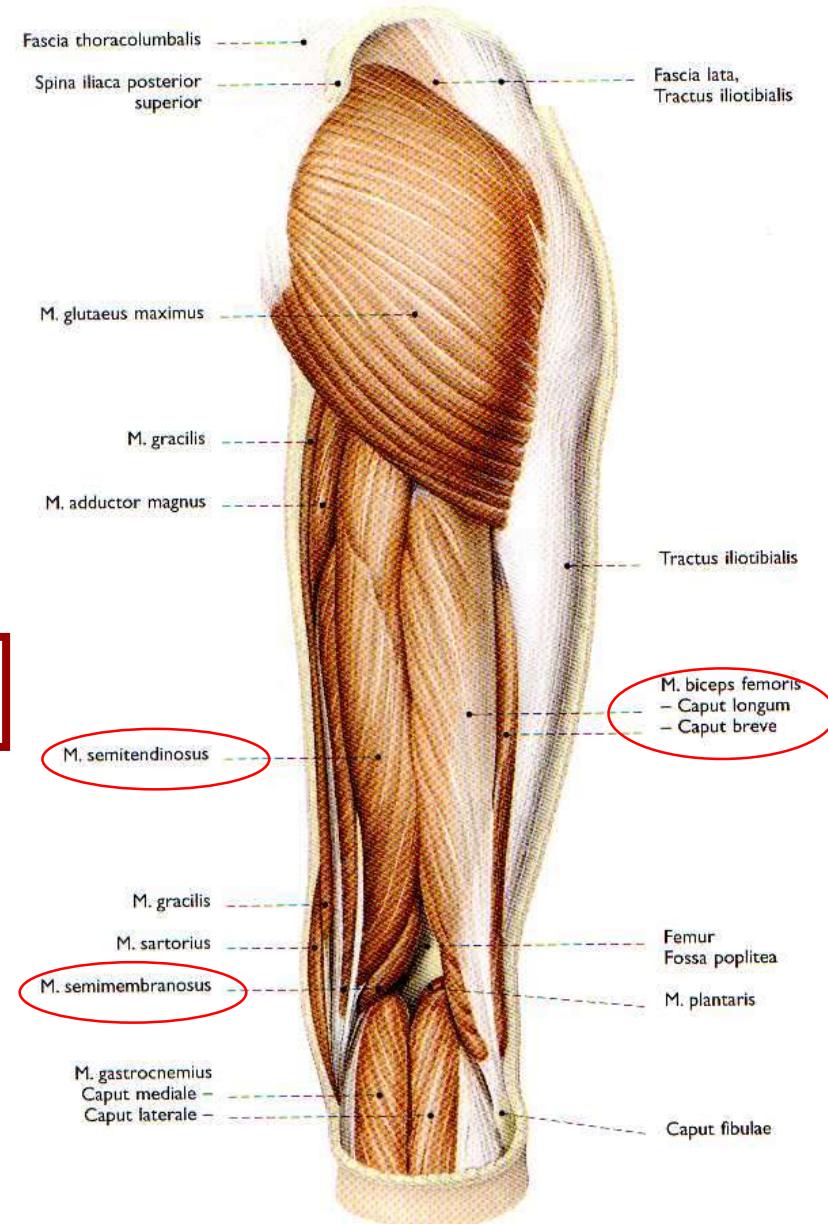


Posterior group of femur

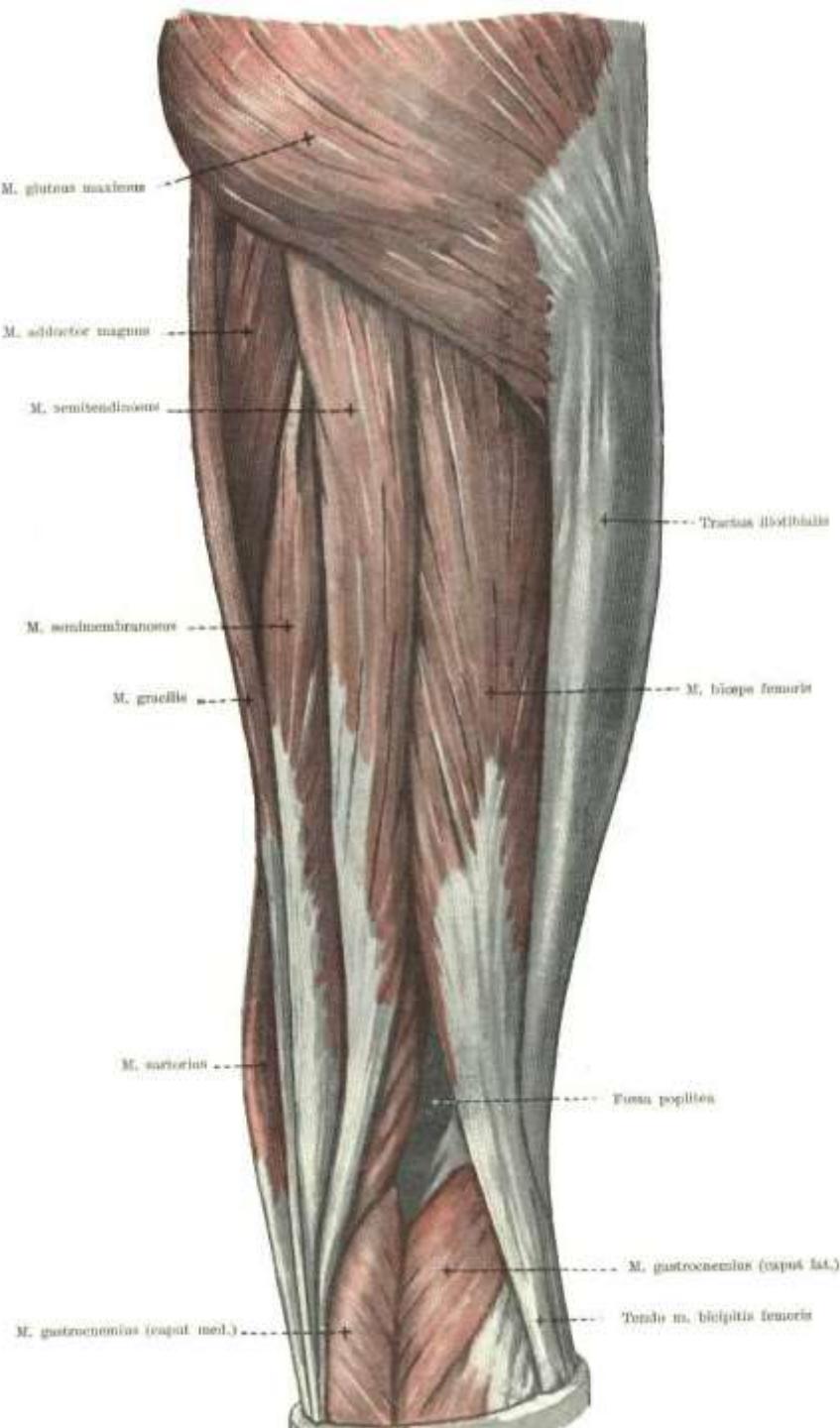
„Hamstrings“

Origin: tuber ischiadicum
Innervation – n. ischiadicus

**Posterior group:
Extensors of hip and flexors of knee**



Repetition



Medial group – adductors

and external rotators

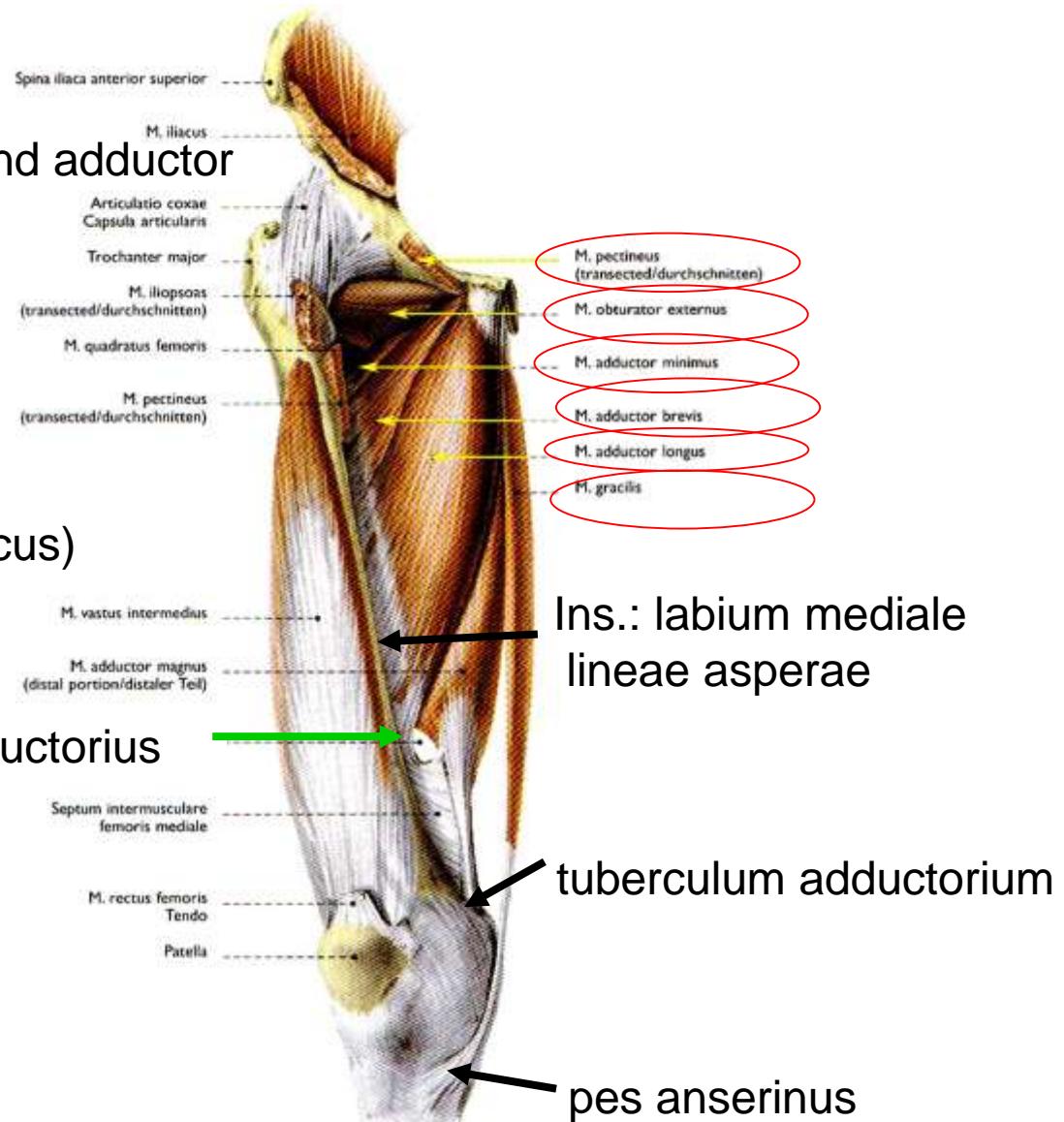
only m. gracilis internal rotator and adductor

Innervation n. obturatorius

2 diploneural muscles

m. adductor magnus (n. ischiadicus)

m. pectineus (n. femoralis)



Anterior group - extensors of the knee

M.quadriceps femoris:

vastus lateralis

vastus medialis,

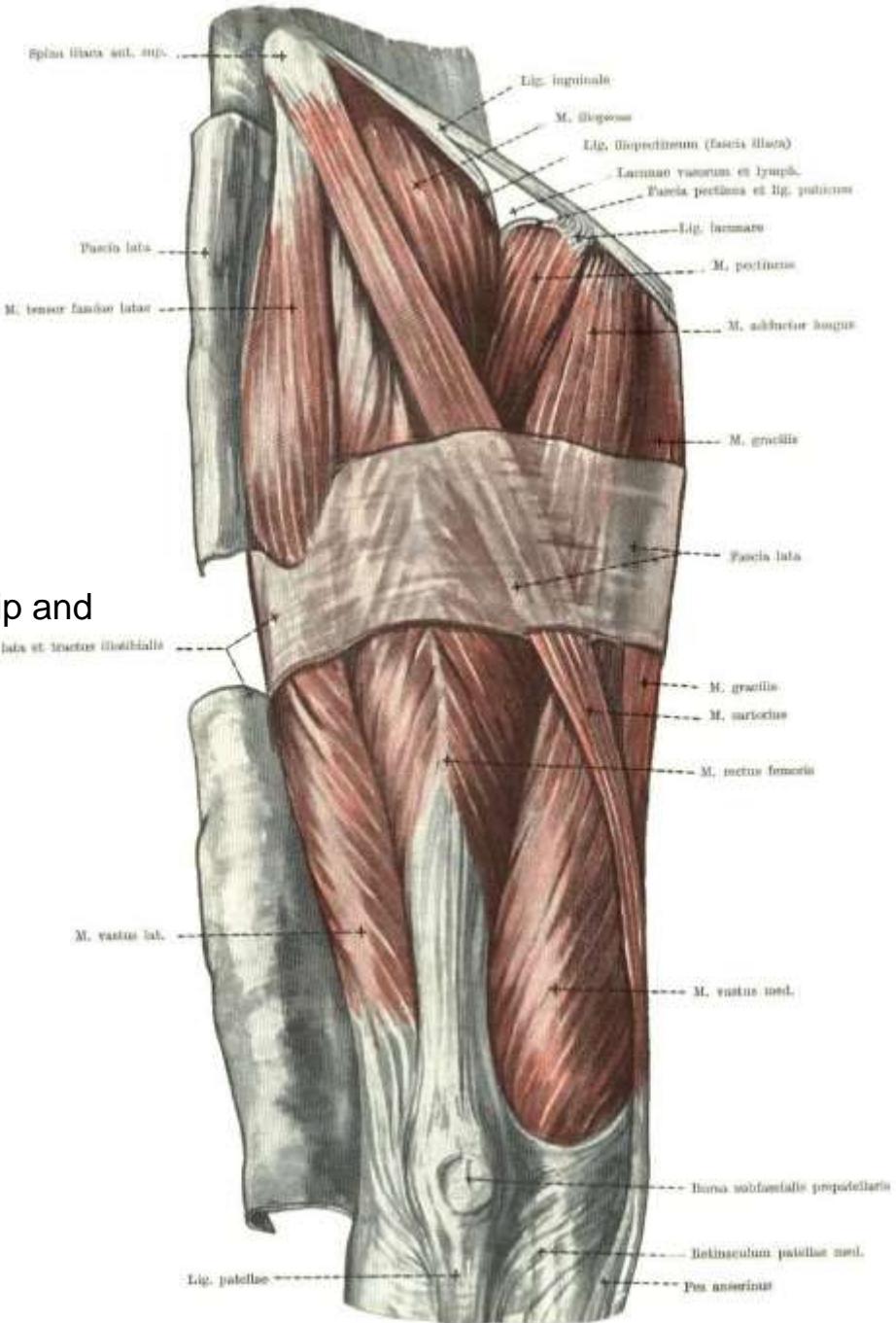
vastus intermedius

rectus femoris – flexion of the hip

M sartorius – flexion and external rotation of the hip and

flexion of the knee .

Innervation – n. femoralis



Anterior group - extensors of the knee

M.quadriceps femoris:

vastus lateralis

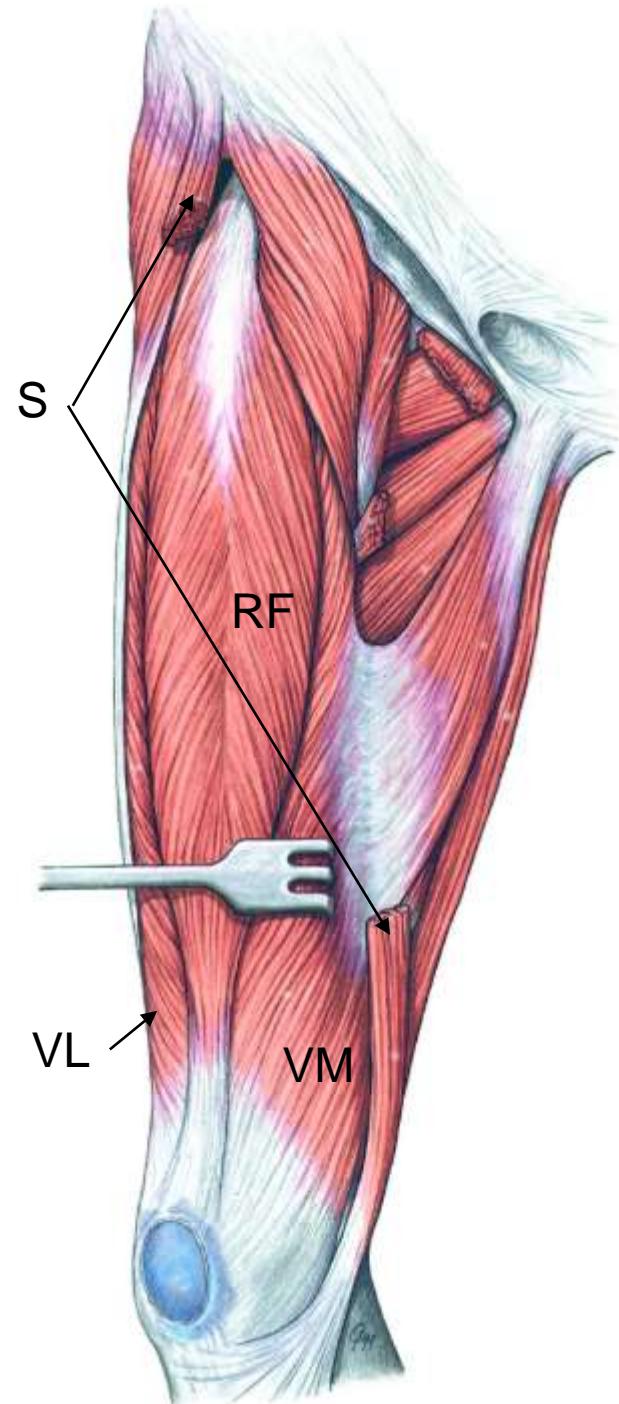
vastus medialis,

vastus intermedius

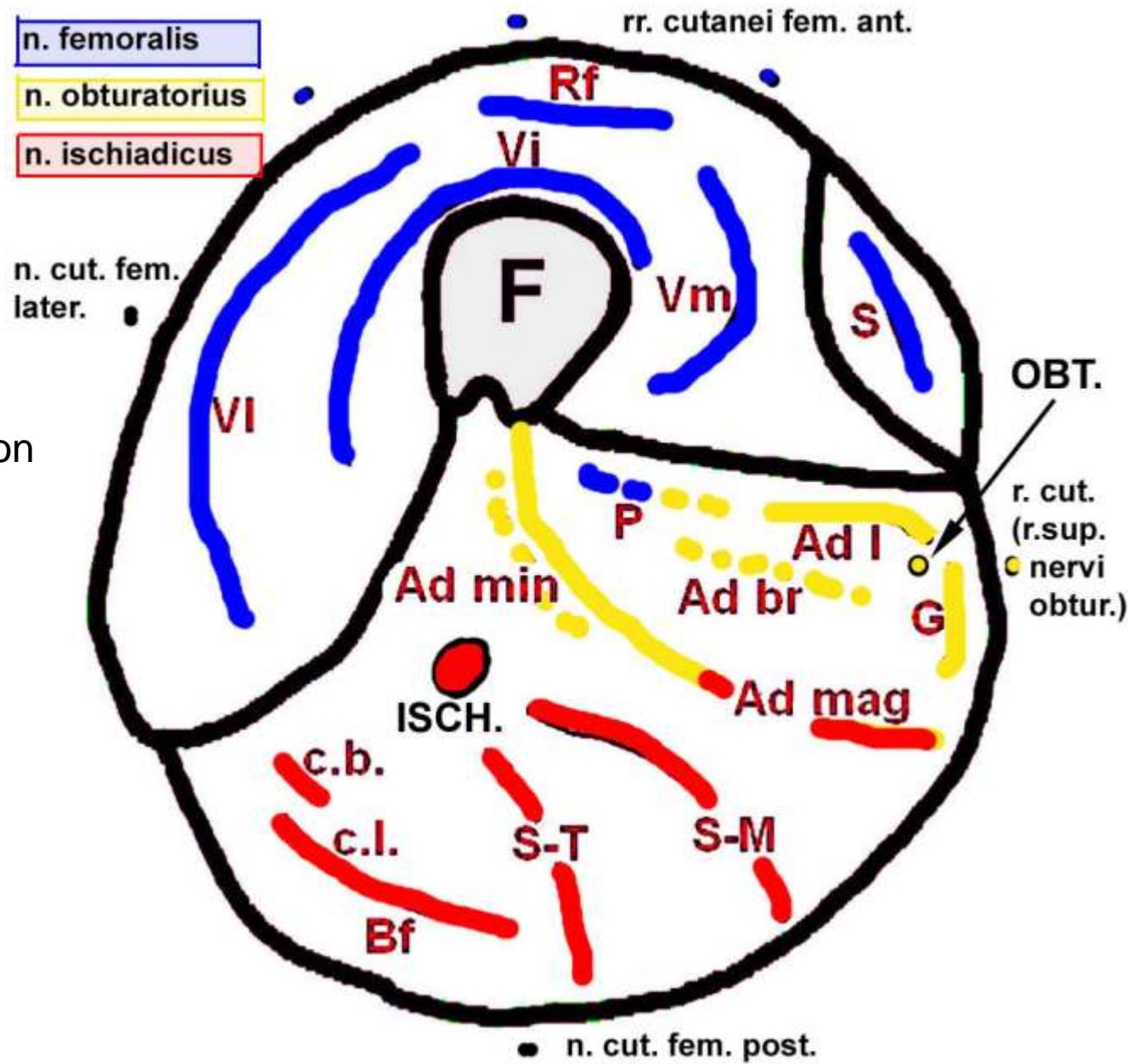
rectus femoris – flexion of the hip

M sartorius – flexion and external rotation
of the hip and flexion of the knee .

Innervation – n. femoralis

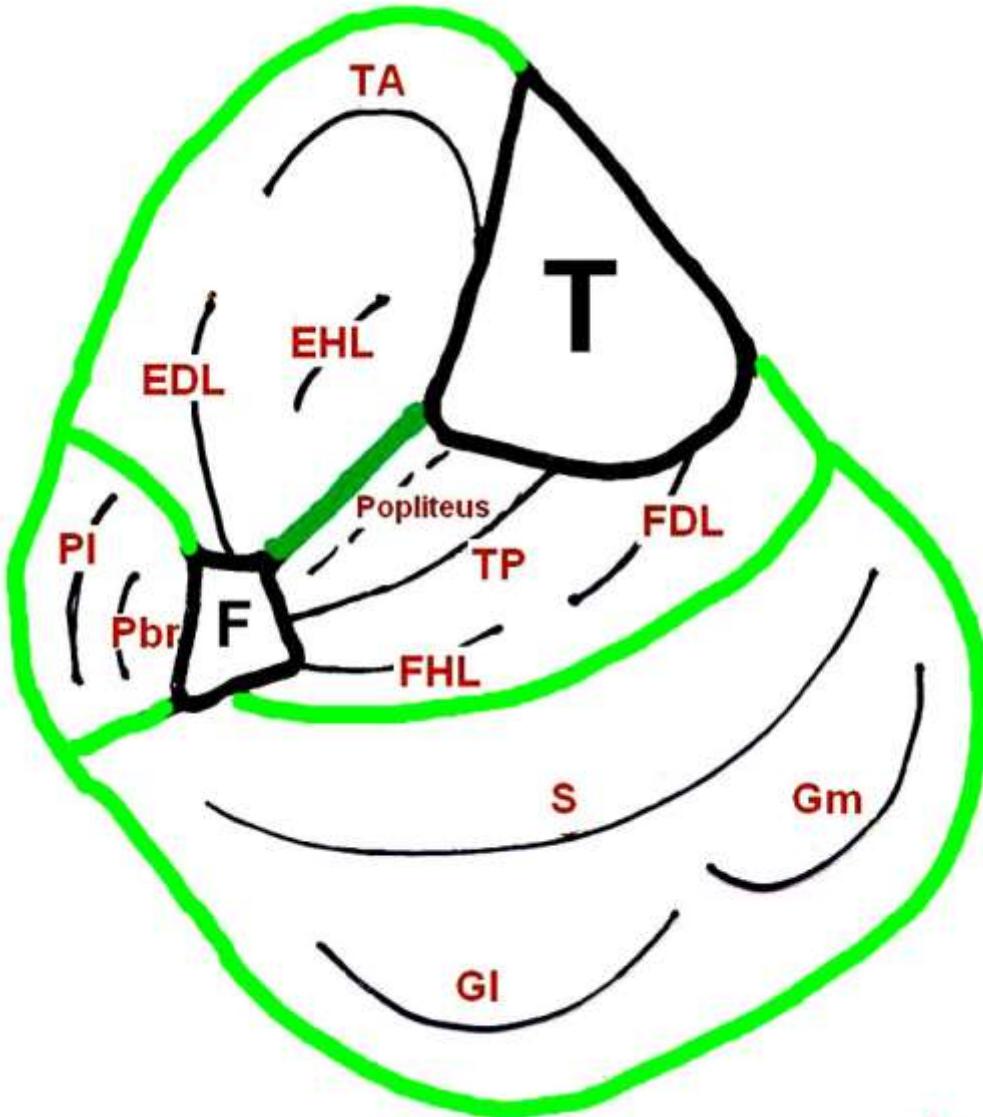


Femur crosssection
– scheme of
innervation

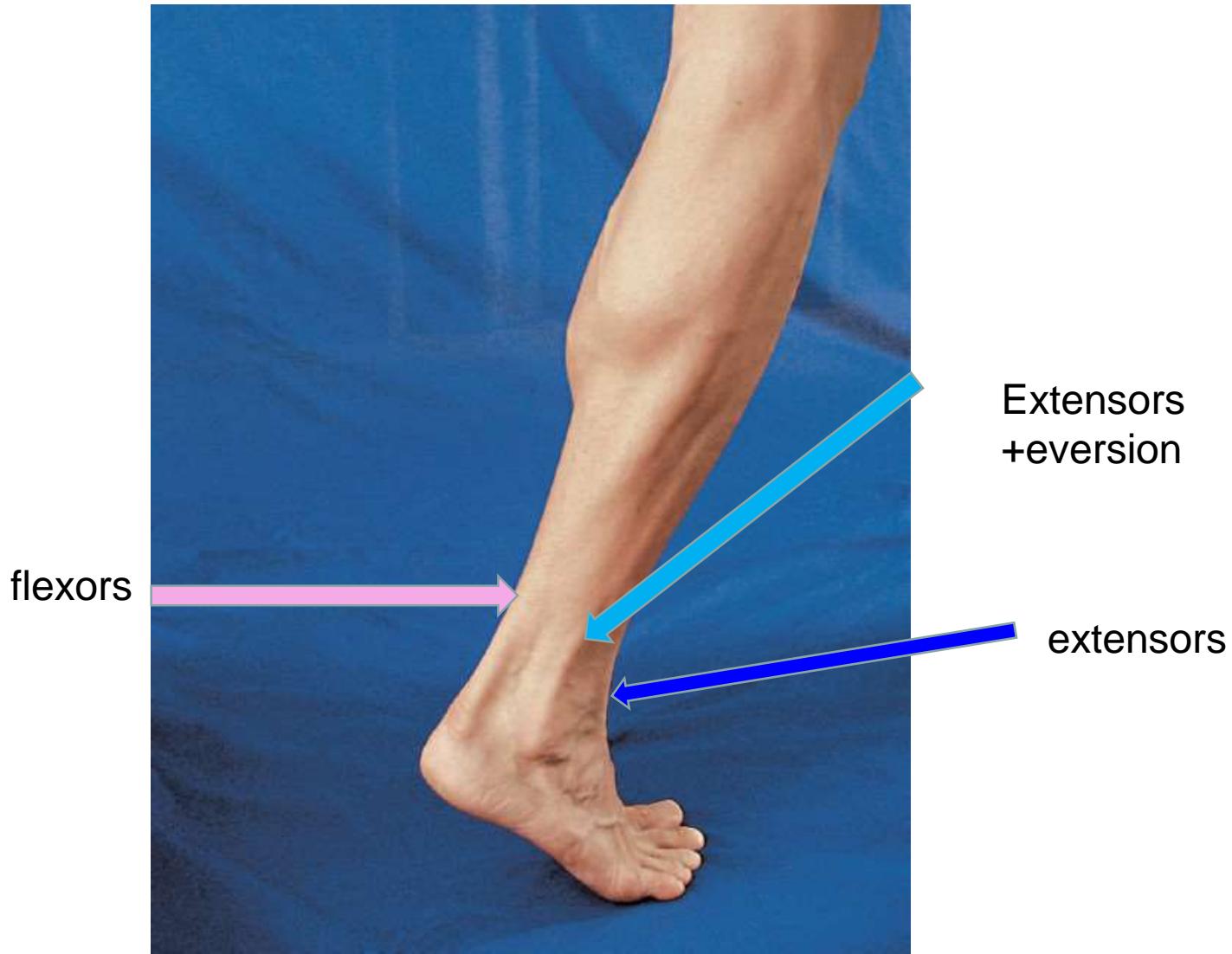


Lower tight muscles

3 groups
POSTERIOR
LATERAL
ANTERIOR



Lower tight muscles– posterior, anterior and lateral group

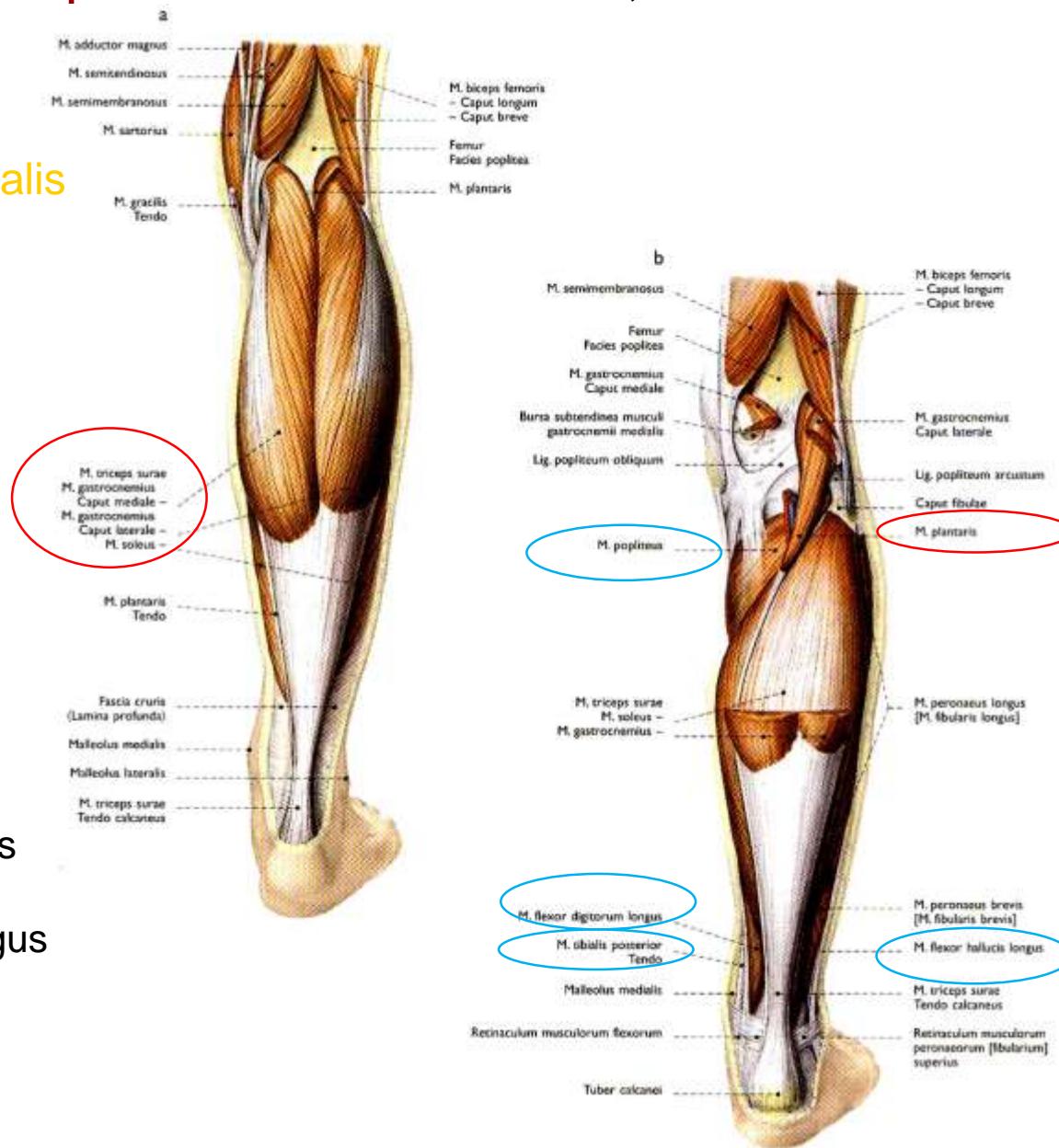


Lower tight muscles

Posterior group— flexion of the knee, flexion of the foot and toes

Innervation: n. tibialis

2 layers



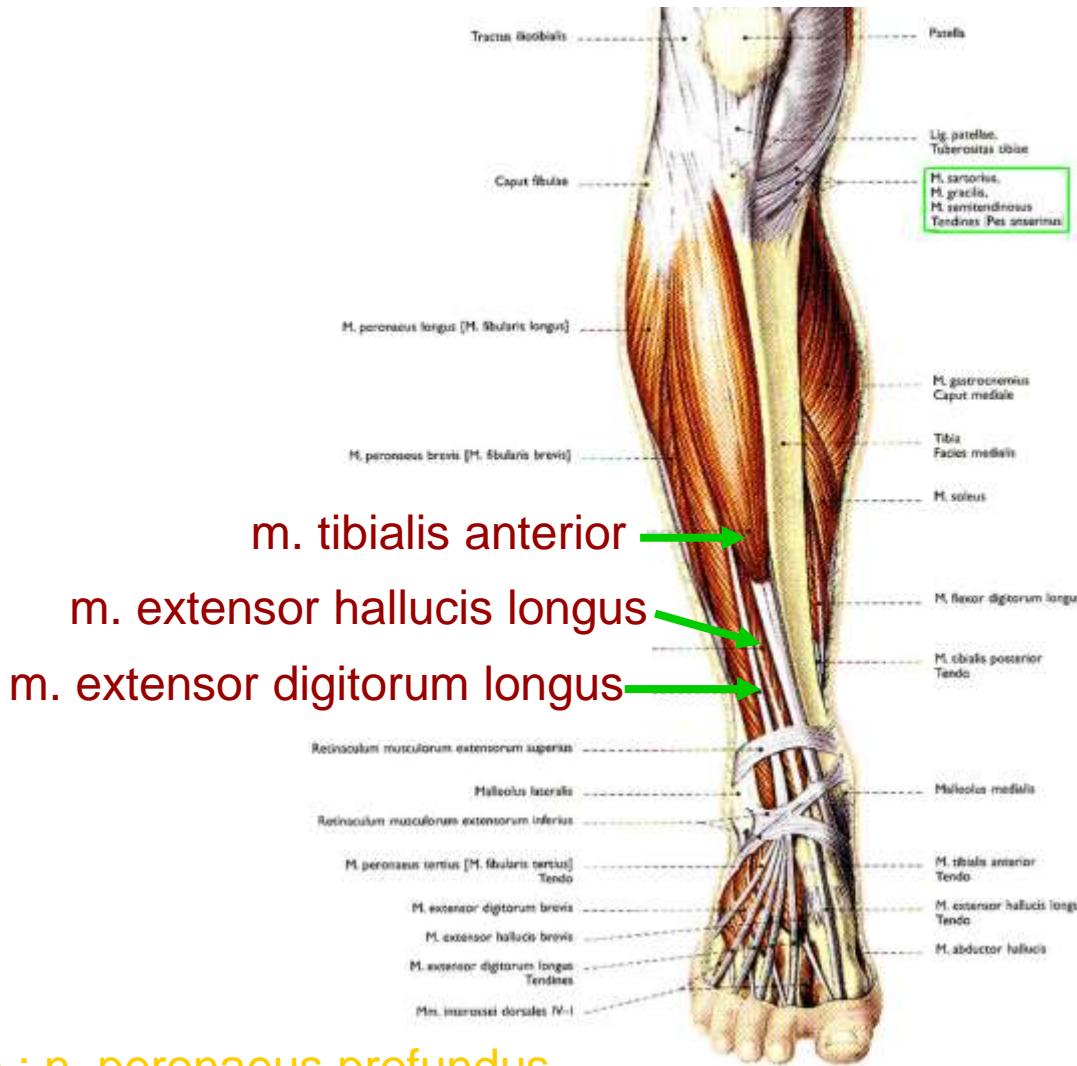
Superficial:

m. Triceps surae:
(+m. plantaris)

Deep:

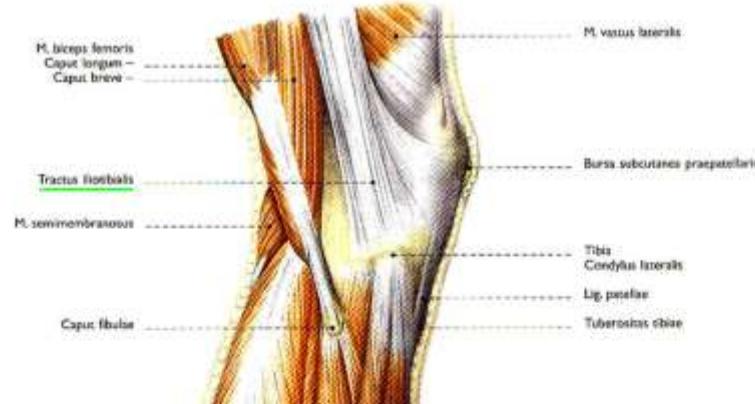
Flexor hallucis longus
Tibialis posterior
Flexor digitorum longus
M. popliteus

Anterior group— extension of foot and toes, supination of foot



Lateral group

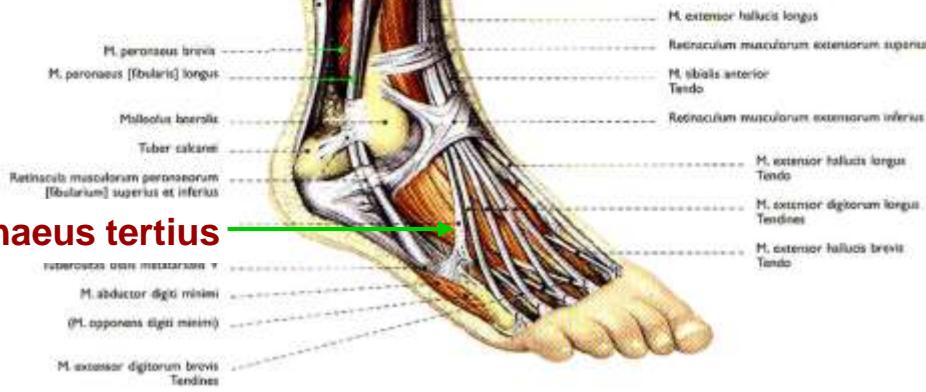
Extension and pronation

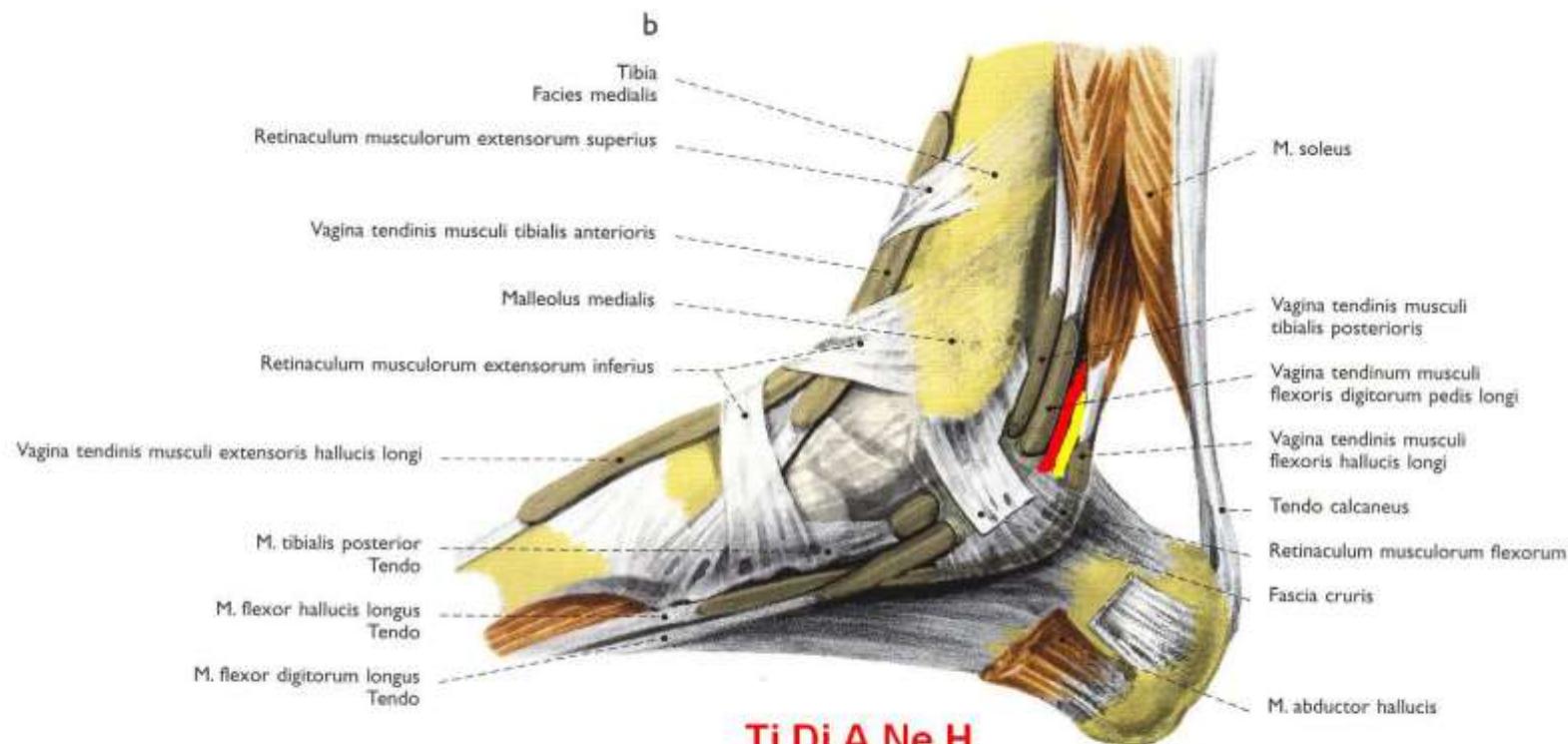


Innervation
n. peronaeus superficialis

m. peronaeus longus
m. peronaeus brevis

m. peronaeus tertius





241 (Vaginae synoviales tendinum muscularorum cruris)

241 Synovial sheaths of the tendons at the ankle of the right foot (50%)

- a Lateral aspect
- b Medial aspect

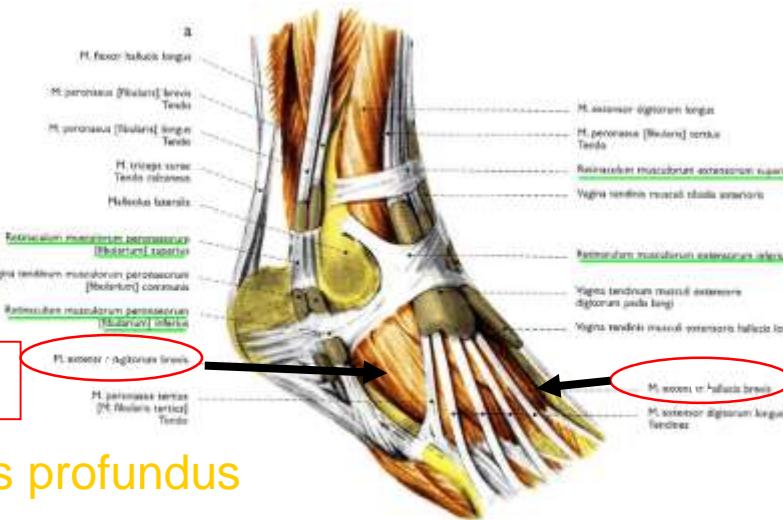
241 Sehnenscheiden im Knöchelbereich des rechten Fusses (50%)

- a Seitenansicht
- b Medialansicht

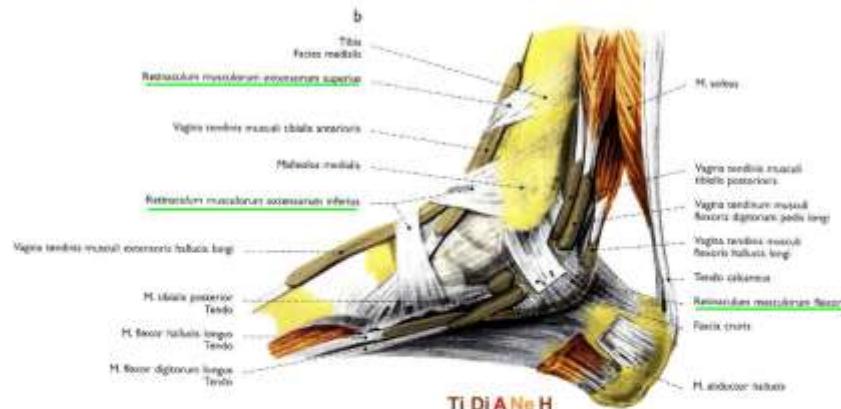
Regio retromalleolaris medialis et lateralis

retinacula
vaginae synoviales

Short extensors



Innervation n. peroneus profundus



241 (Vaginae synoviales tendinum musculorum cruris)

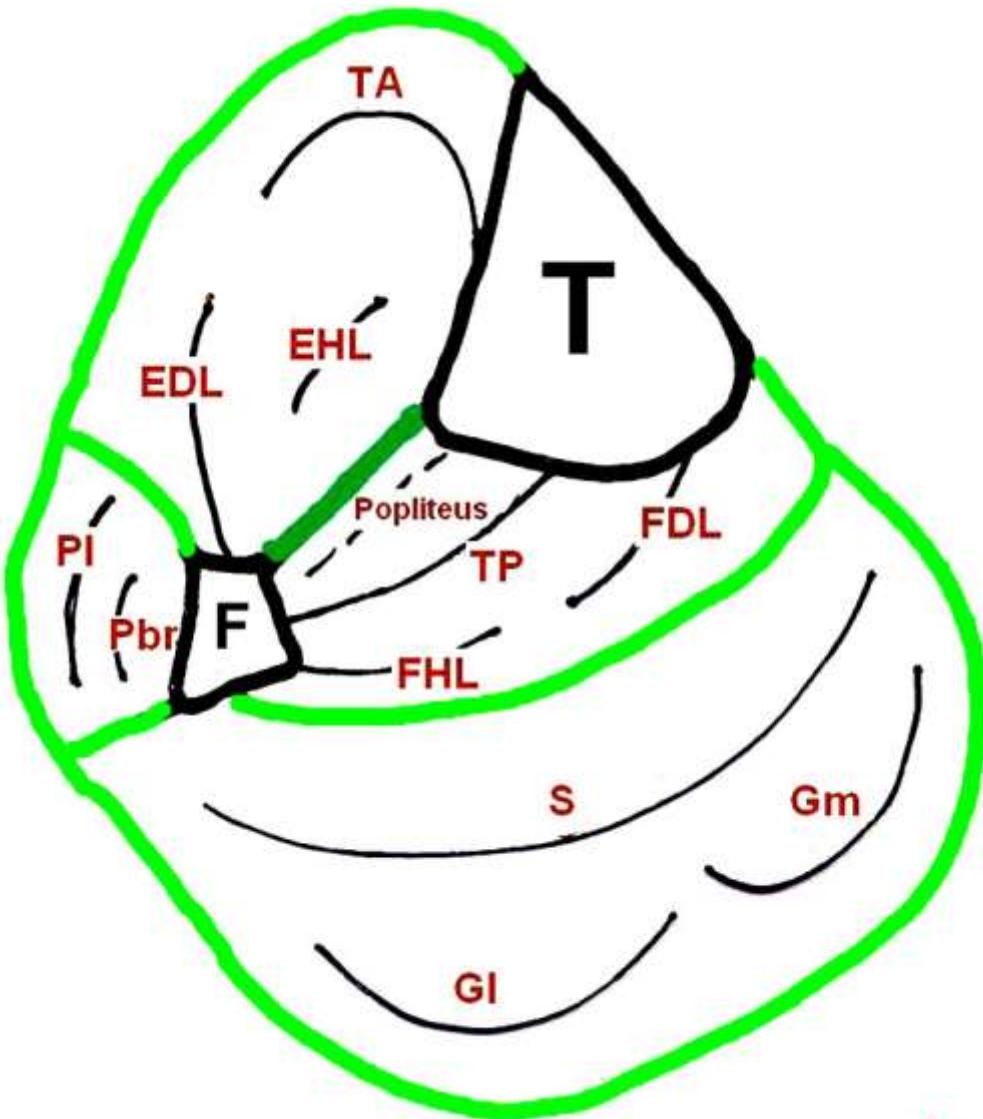
241 Synovial sheaths of the tendons at the ankle of the right foot (zu)

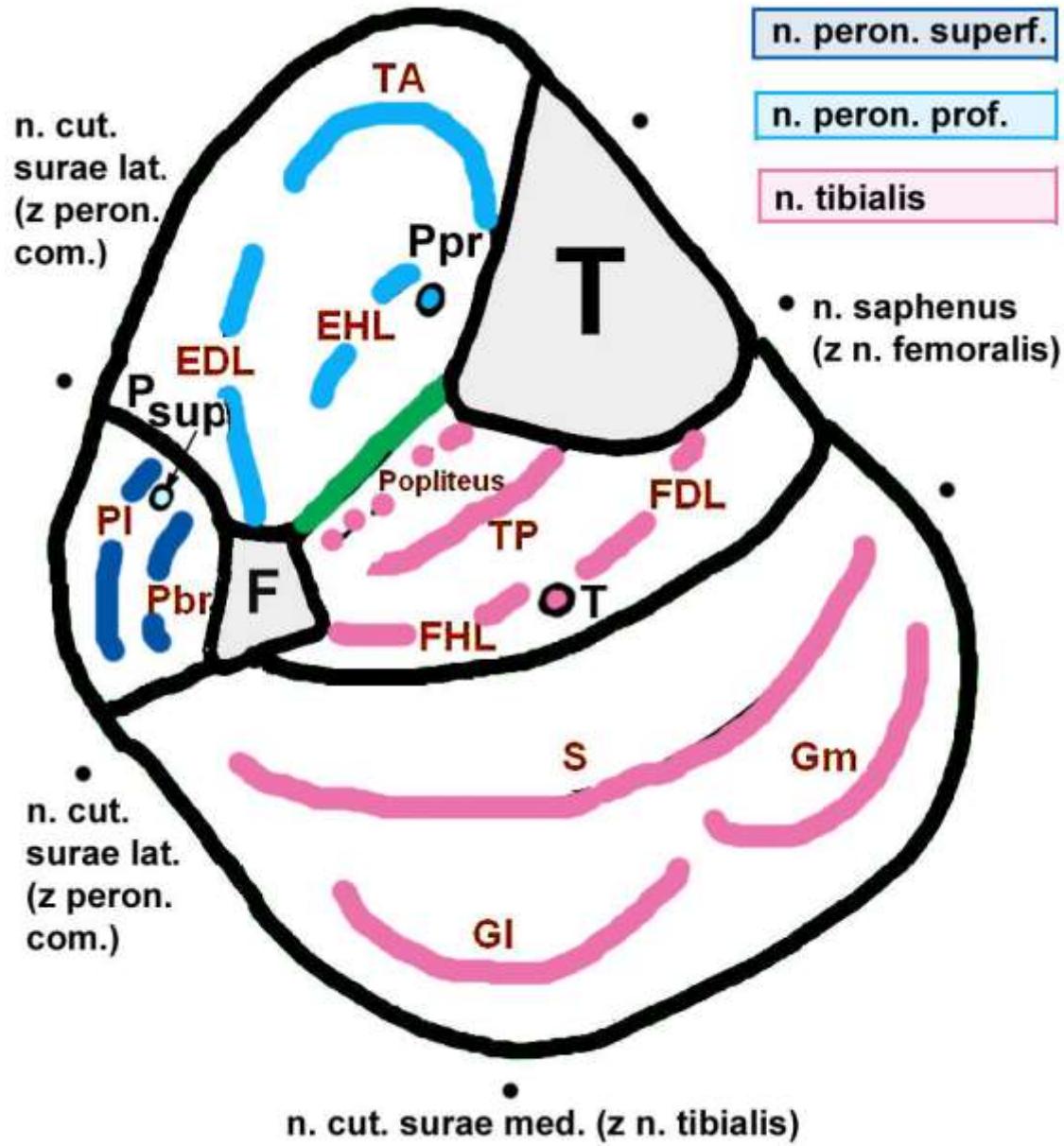
- a Lateral aspect
- b Medial aspect

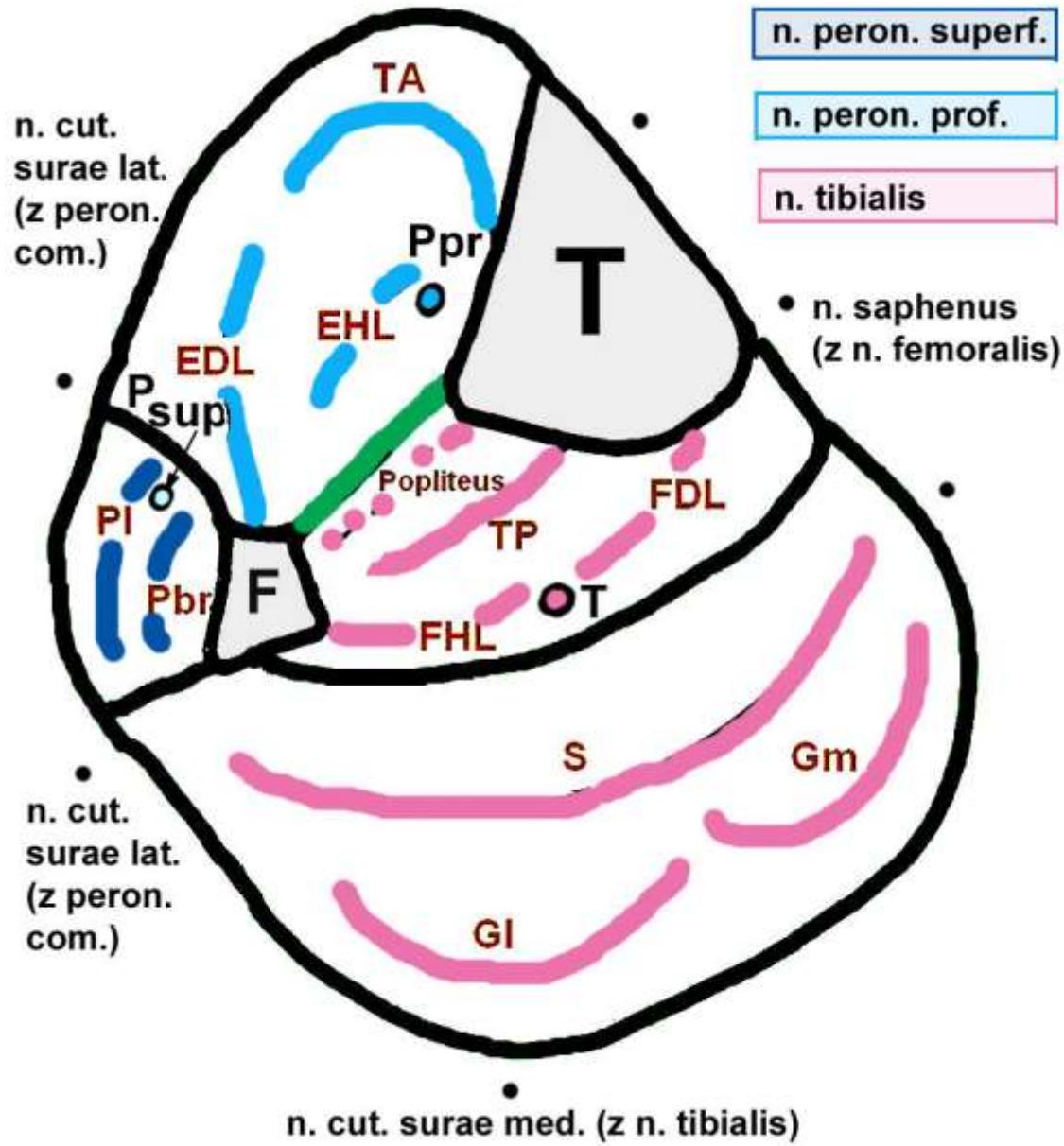
241 Sehnscheiden im Knöchelbereich des rechten Fusses (zu)

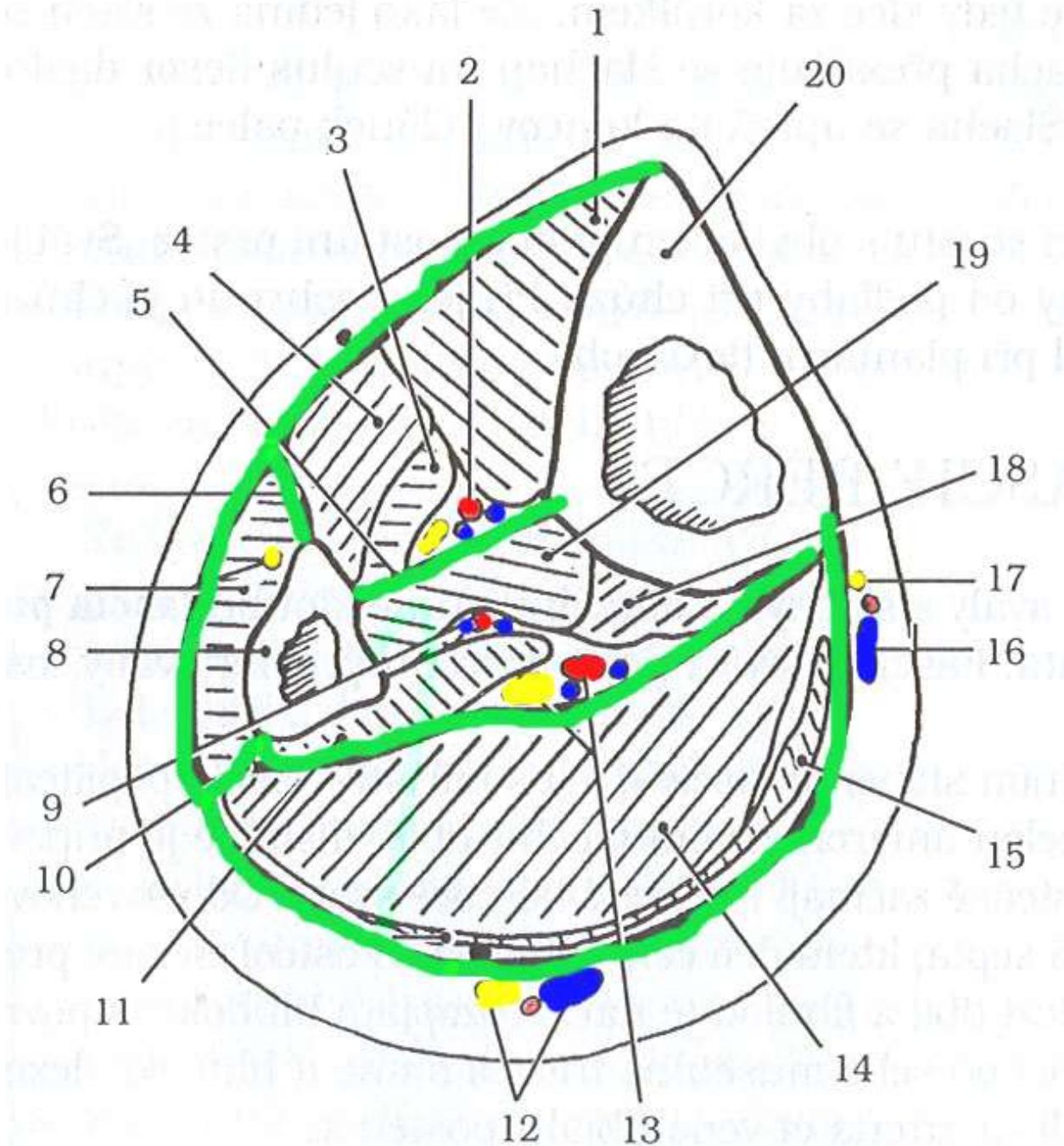
- a Sehnensohne
- b Medialsohne

Lower tight muscles



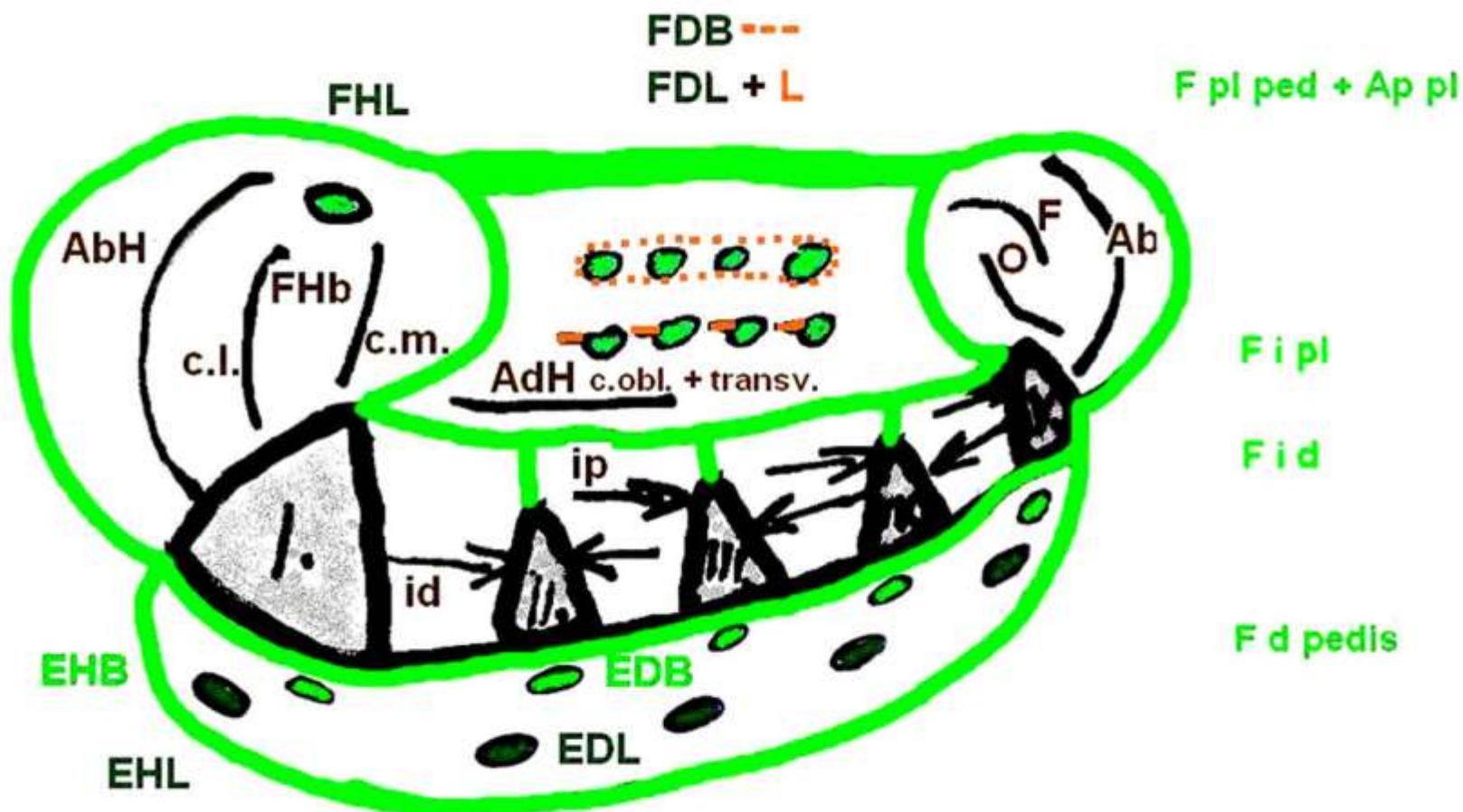




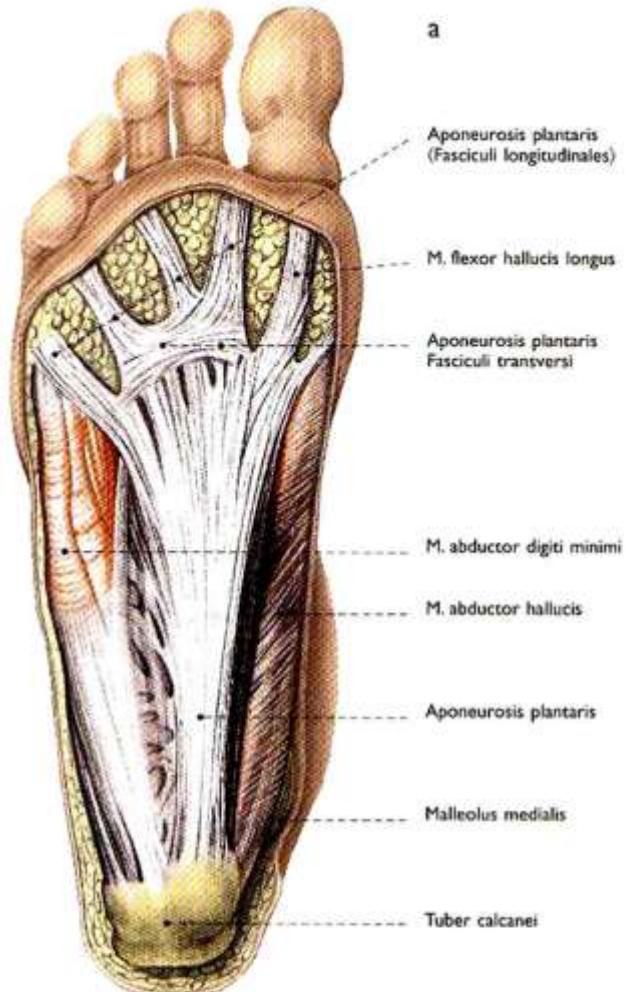


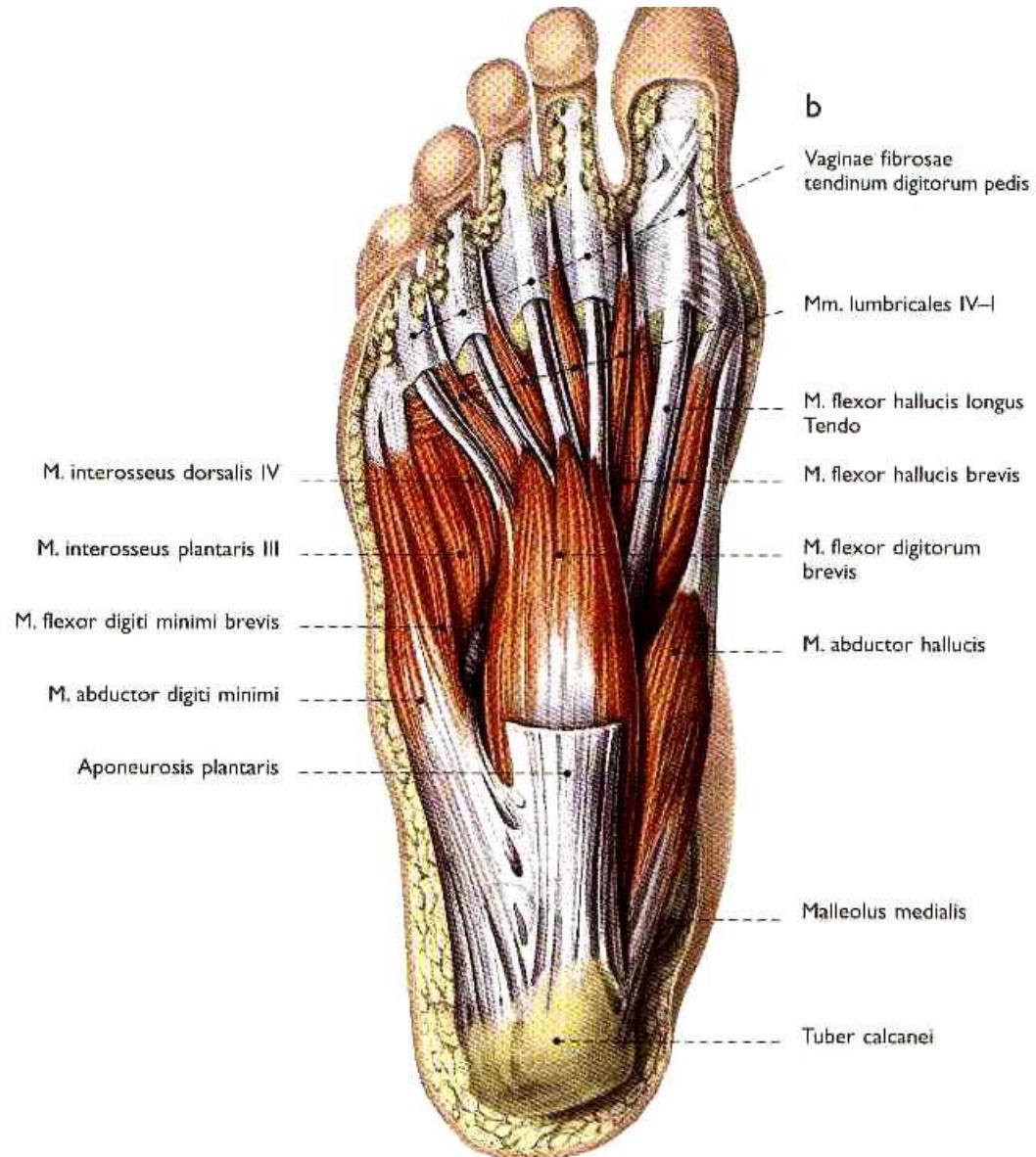
FOOT N- SCHEME

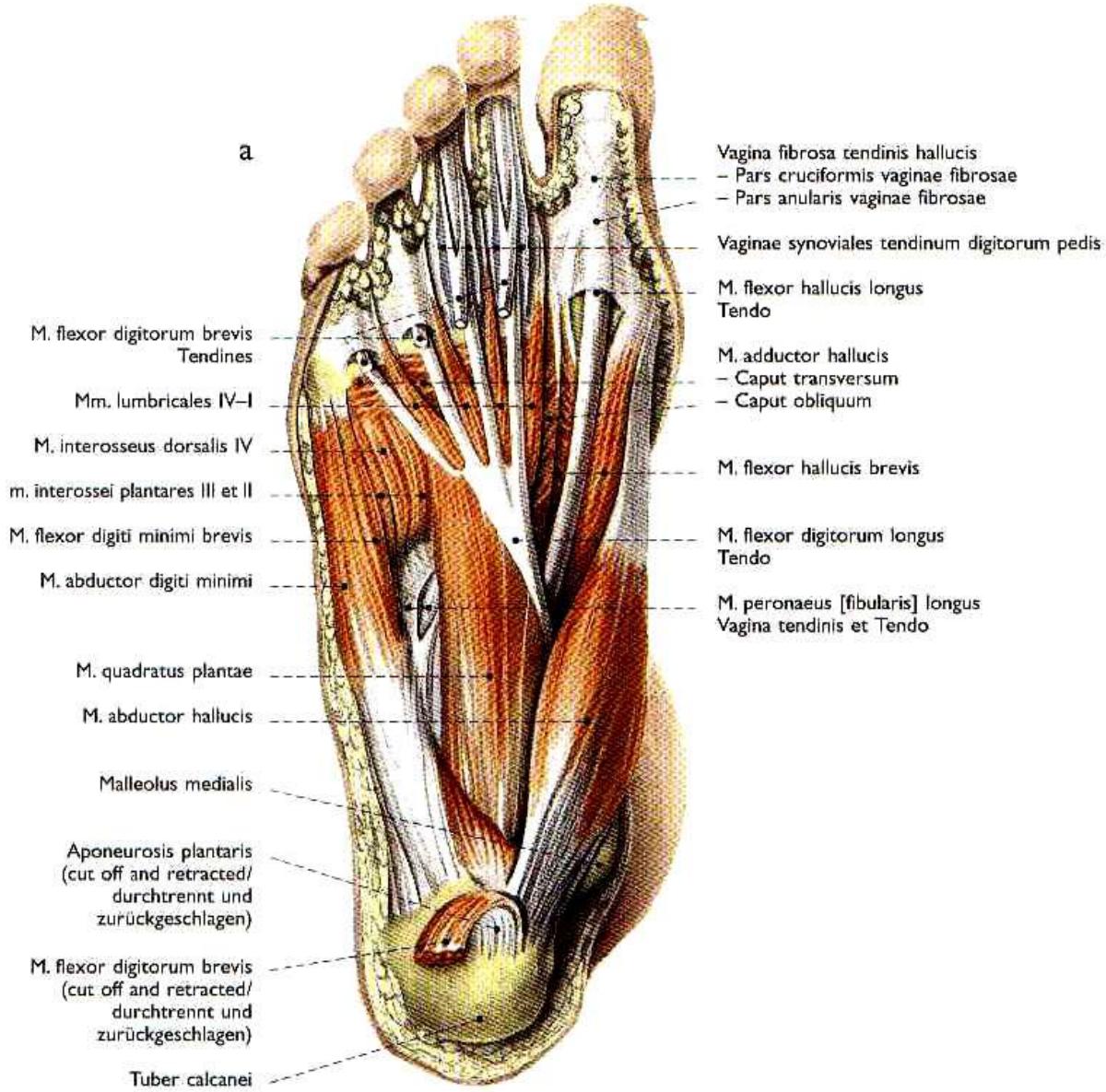
FASCIAE:



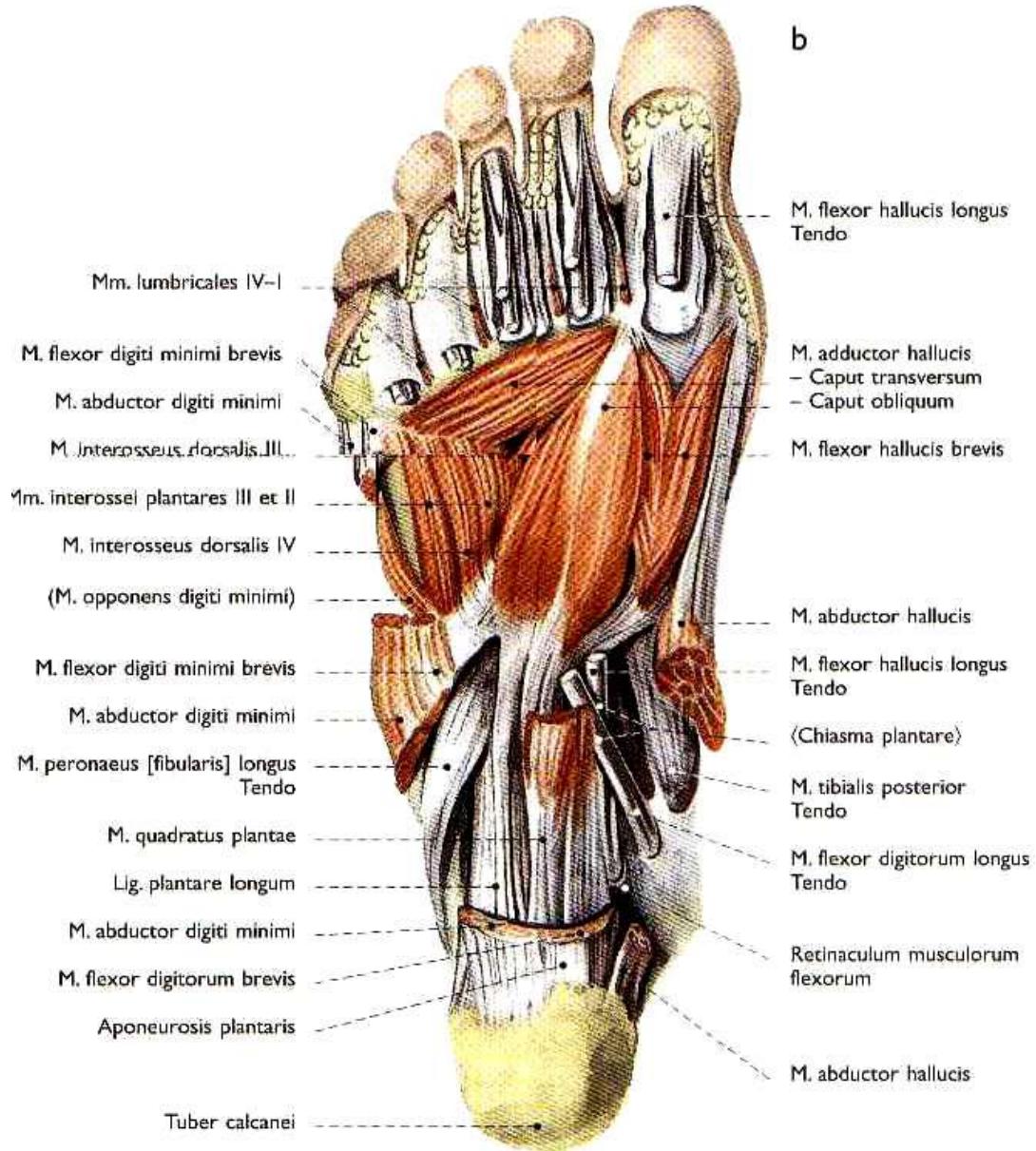
Planta - layers







b



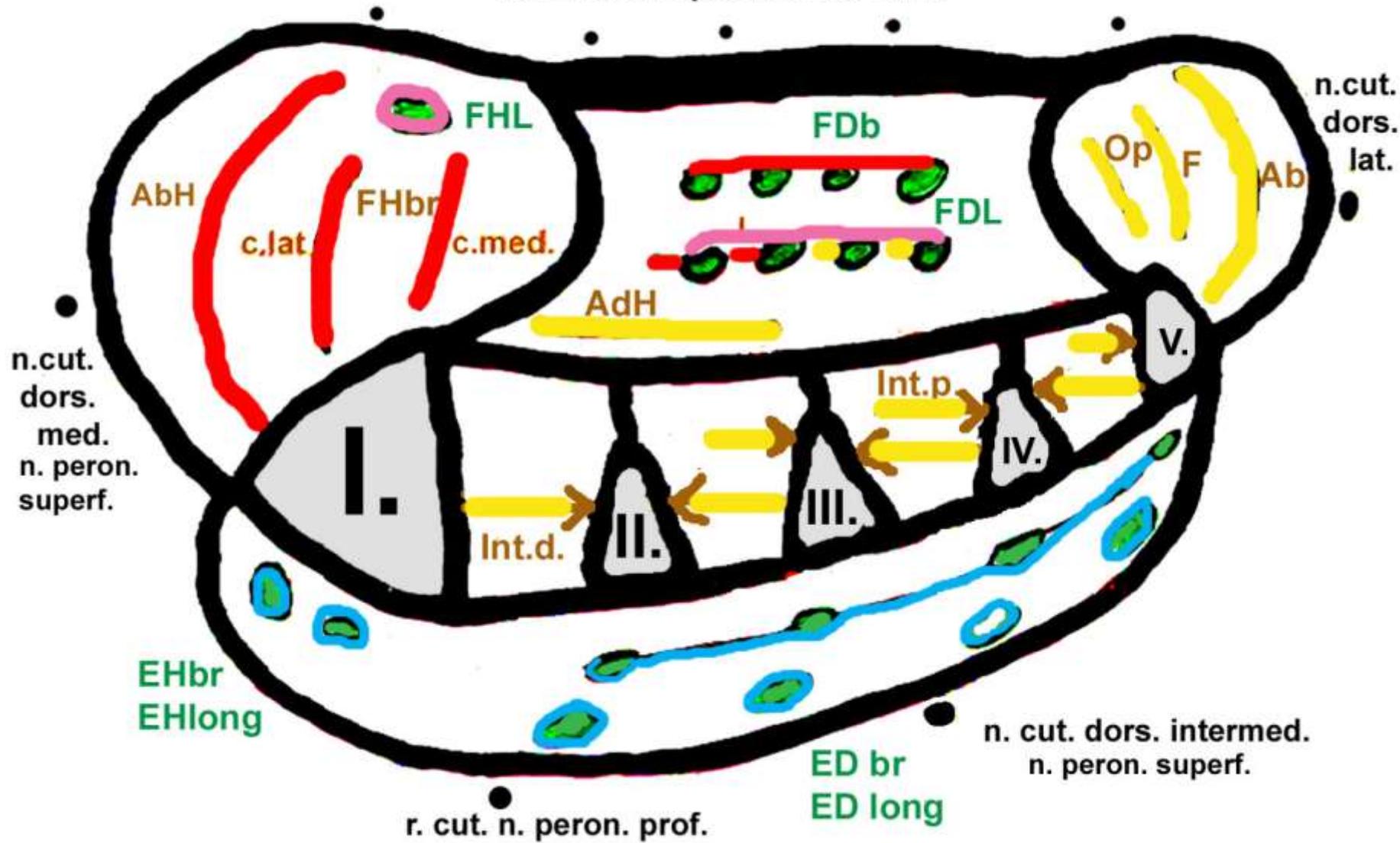
n. plantaris medialis

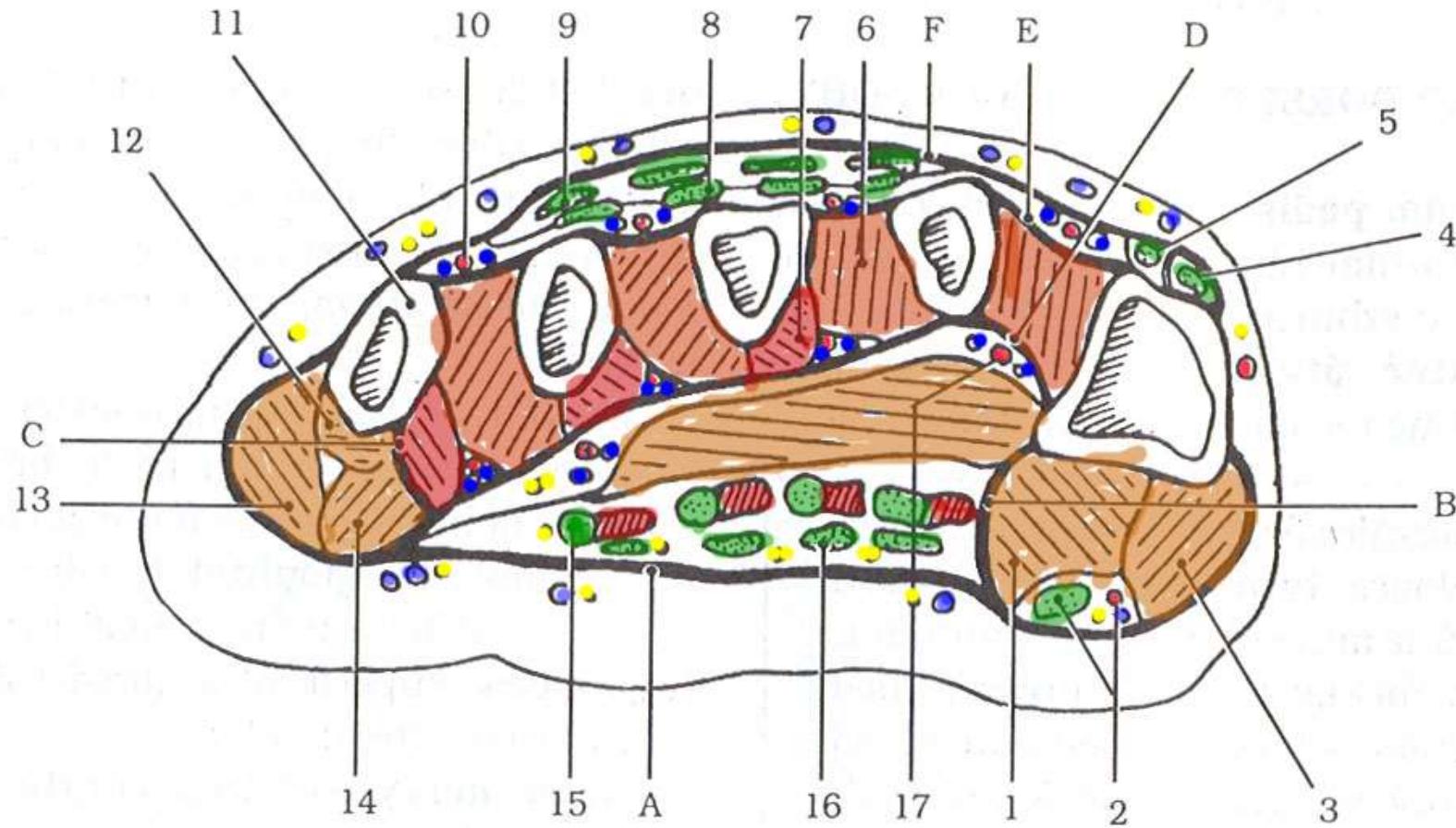
n. plantaris lateralis

n. tibialis

n. peroneus profundus

rr. cutanei n. plant. med. et lat.





Arteries of lower limb

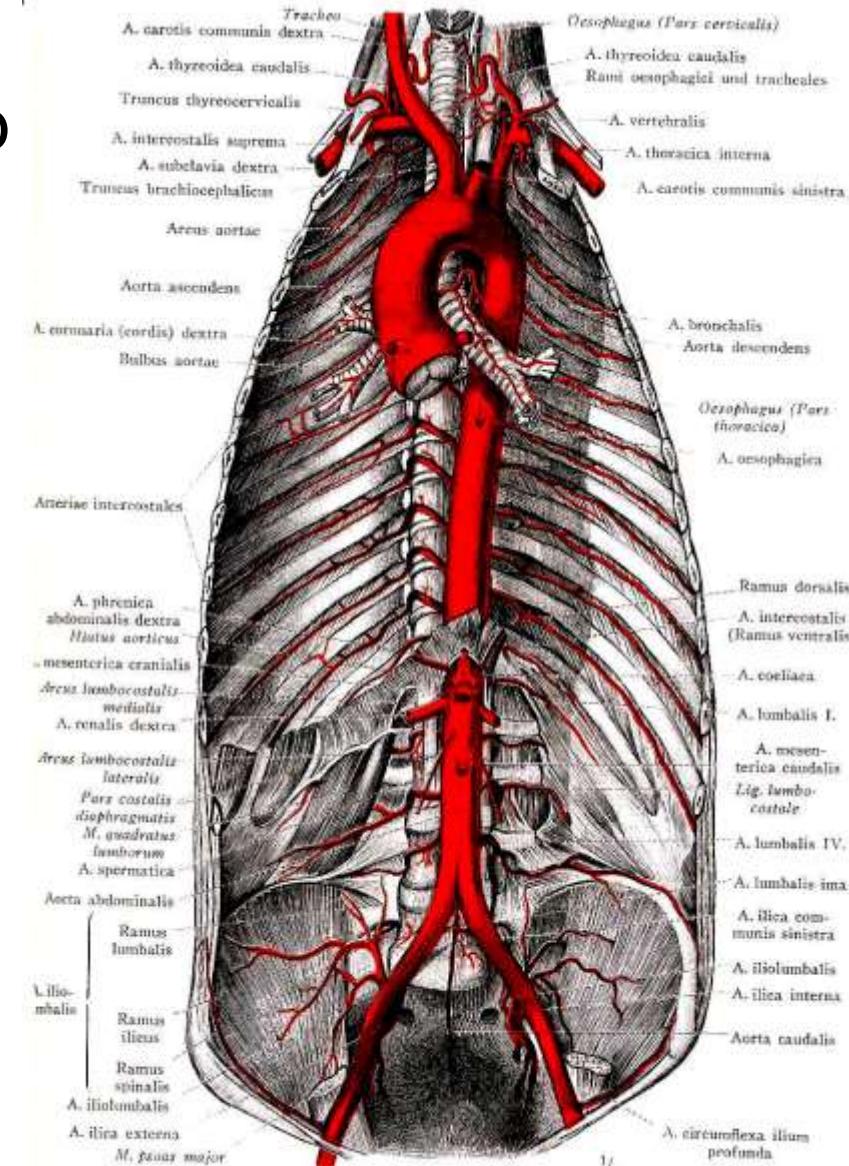
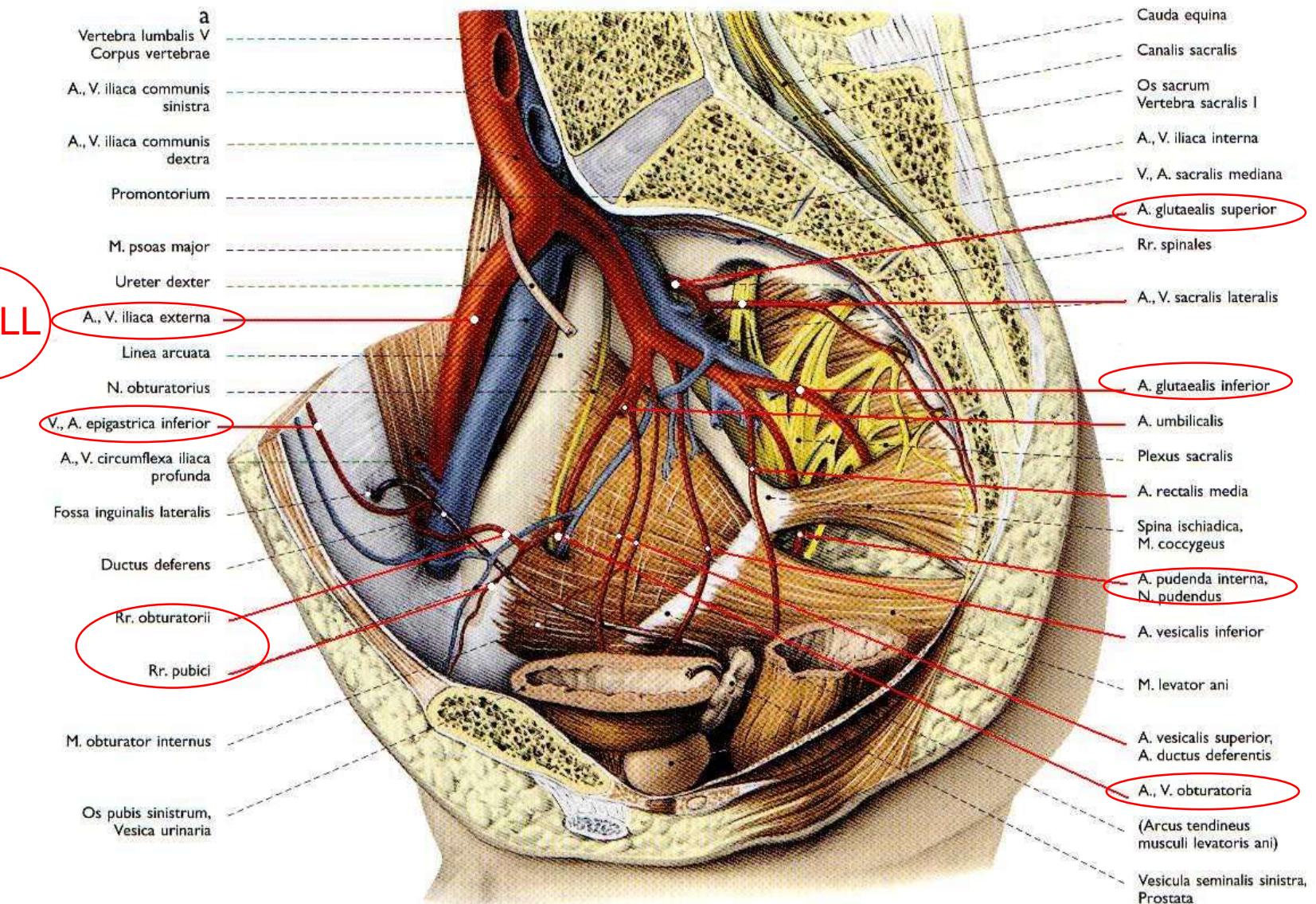
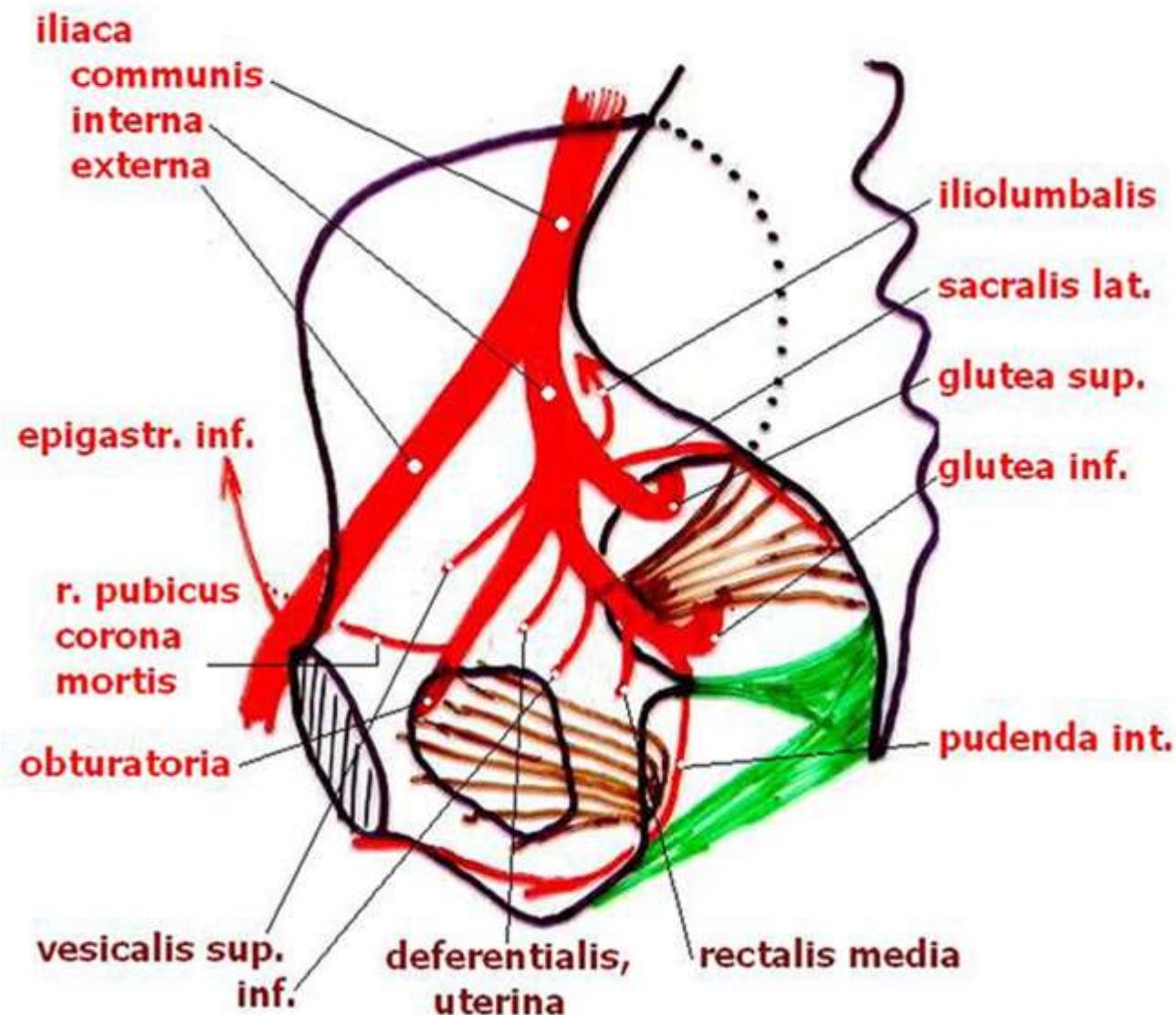
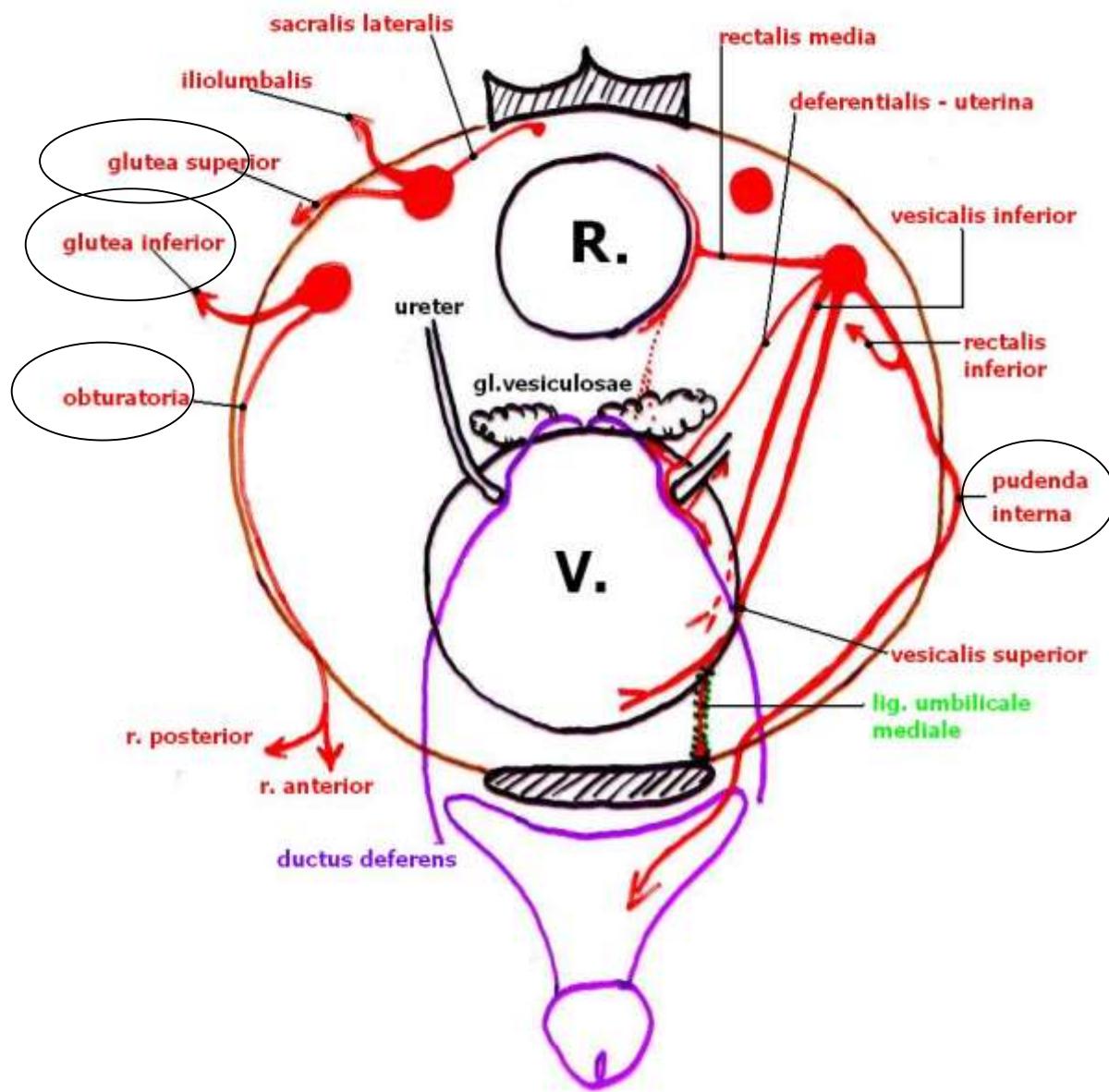


Fig. 382. Die parietalen Äste der Brust- und Bauchaorta: Die Zwischenrippenarterien, die Lendenarterien und die Aorta caudalis. Die viszeralen Äste der Aorta, mit Ausnahme der A. bronchialis, wurden an ihren Ursprungsstellen kurz abgeschnitten.

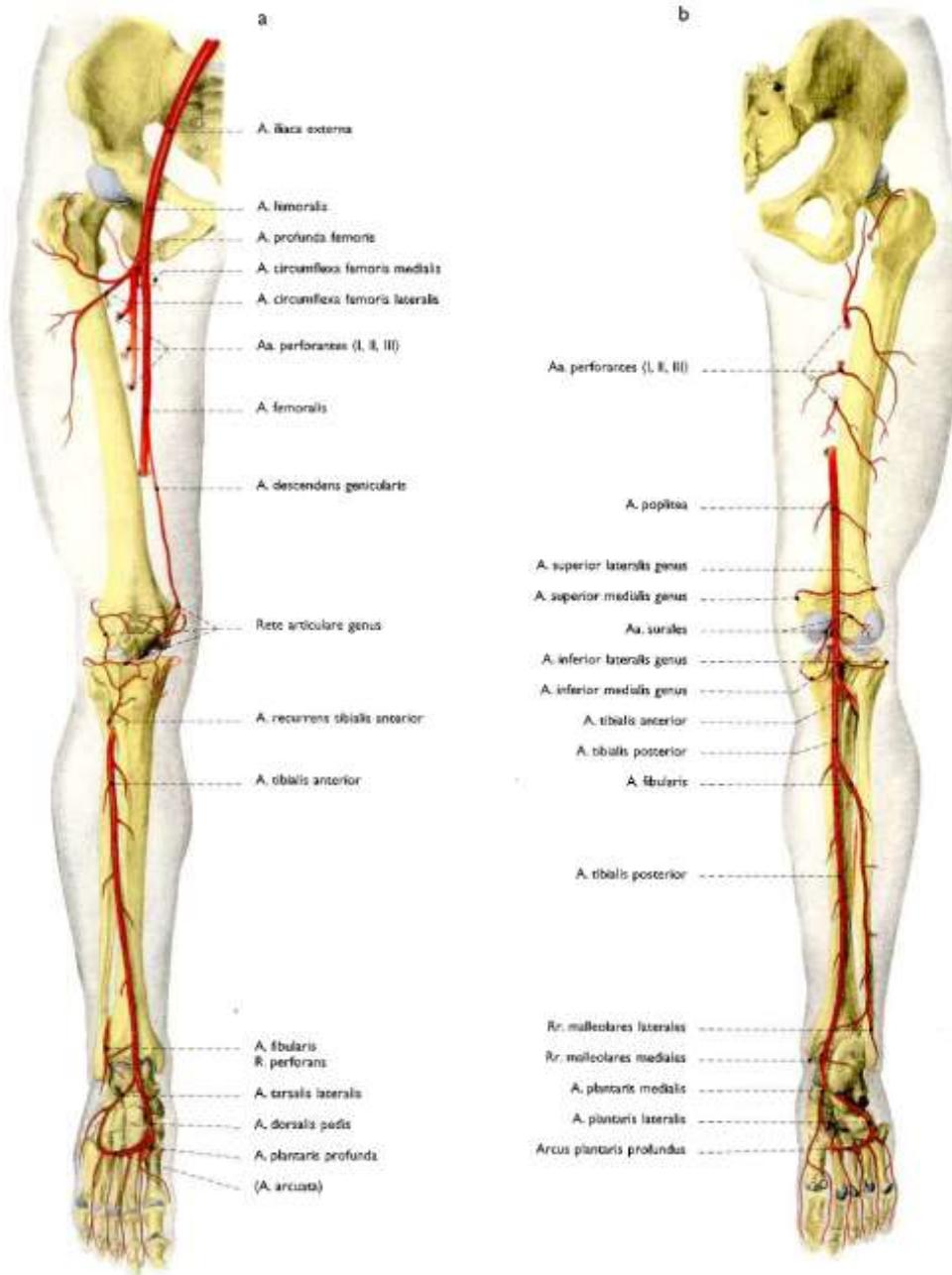




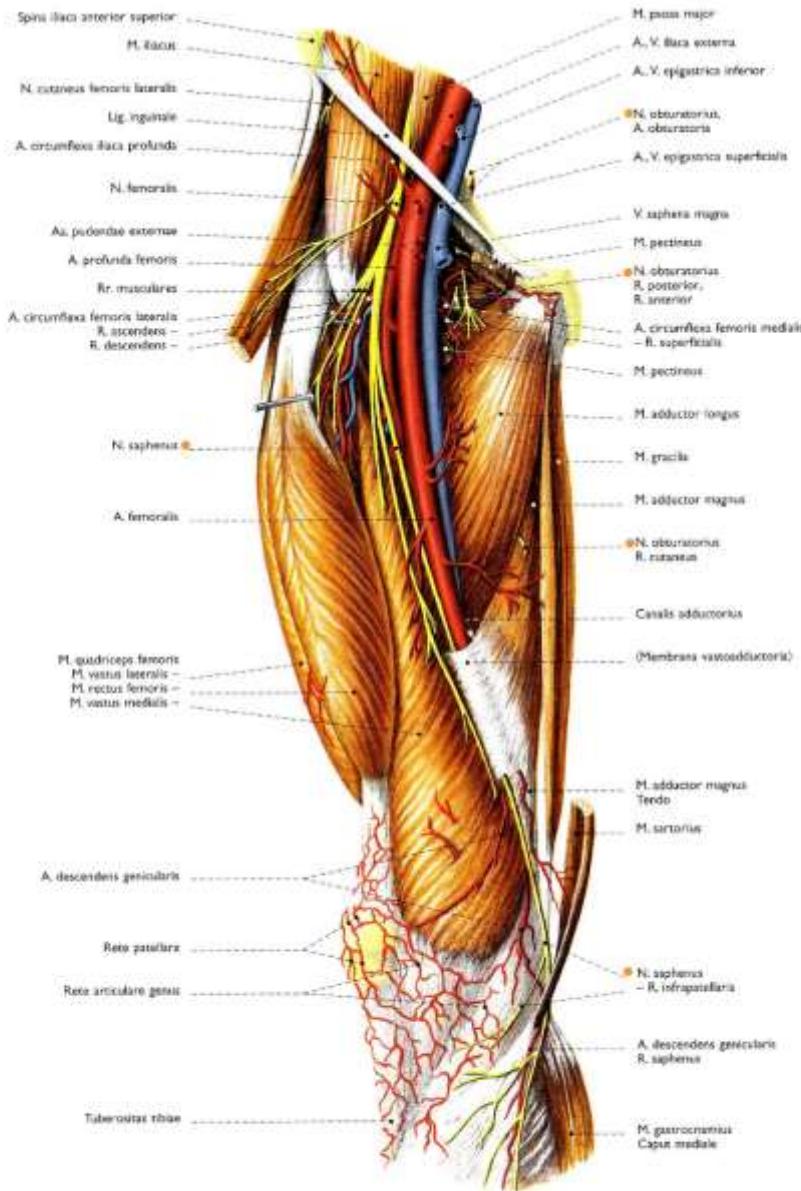
Dorsal and ventral trunk of the a. iliaca interna



A. femoralis



Femoral artery



! Femur et Genou

252 Blood vessels and nerves of the

right thigh and knee (30%)
The sartorius and pecten muscles were
partially removed. Ventral aspect.

252 Blutgefäße und Nerven des

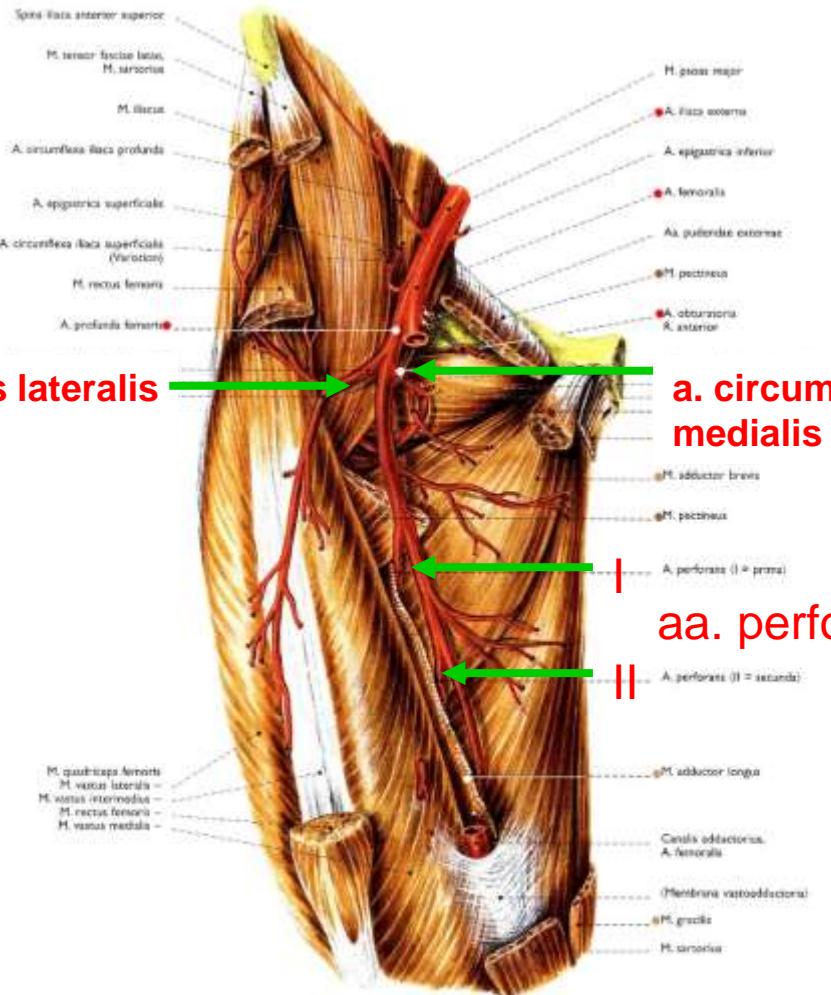
rechten Oberschenkels und Knees
(30%)
Die Musculi sartorius et pecten sind zum Teil
entfernt. Ventralansicht.

A. profunda femoris

a. circumflexa femoris lateralis

a. circumflexa femoris
medialis

aa. perforantes

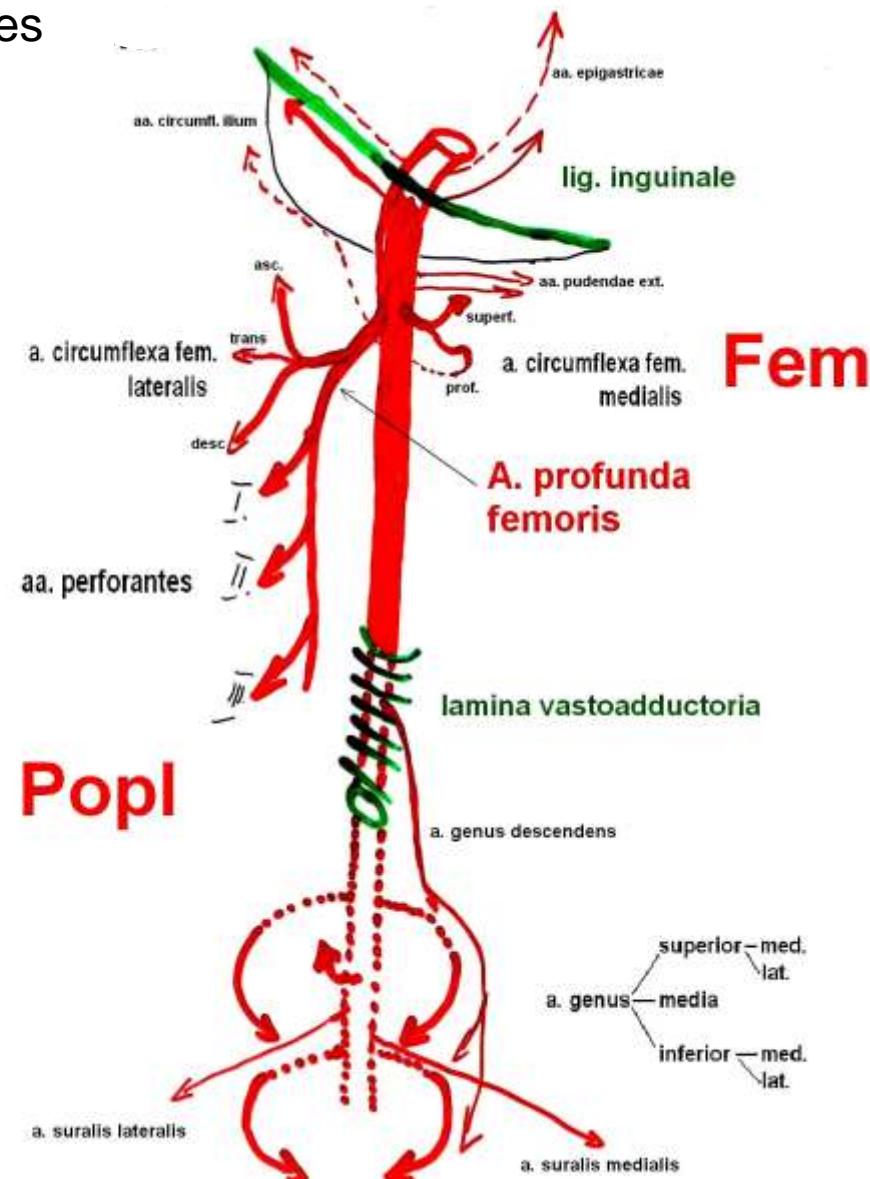


Femur

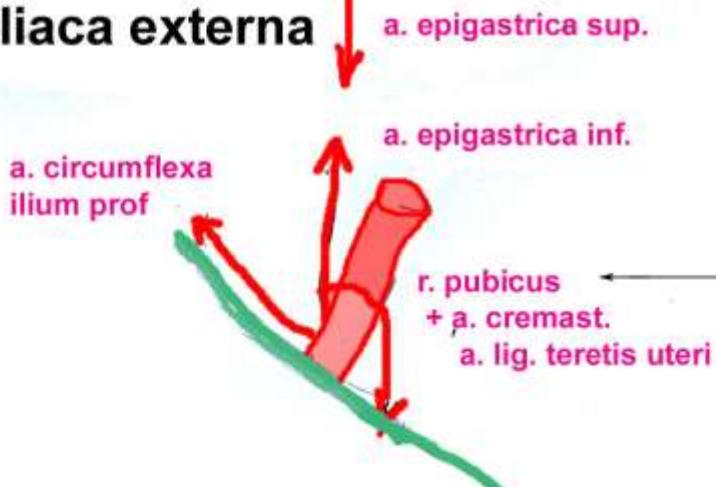
253 Profunda femoris artery at the right thigh and its branches (40%).
The superficial muscles were partially removed.
Ventral aspect

253 Arteria profunda femoris und Äste am rechten Oberschenkel (40%).
Die oberflächlichen Muskeln sind großenteils entfernt. Ventralansicht

Scheme of branches of femoral and popliteal artery



A. iliaca externa



A. femoralis



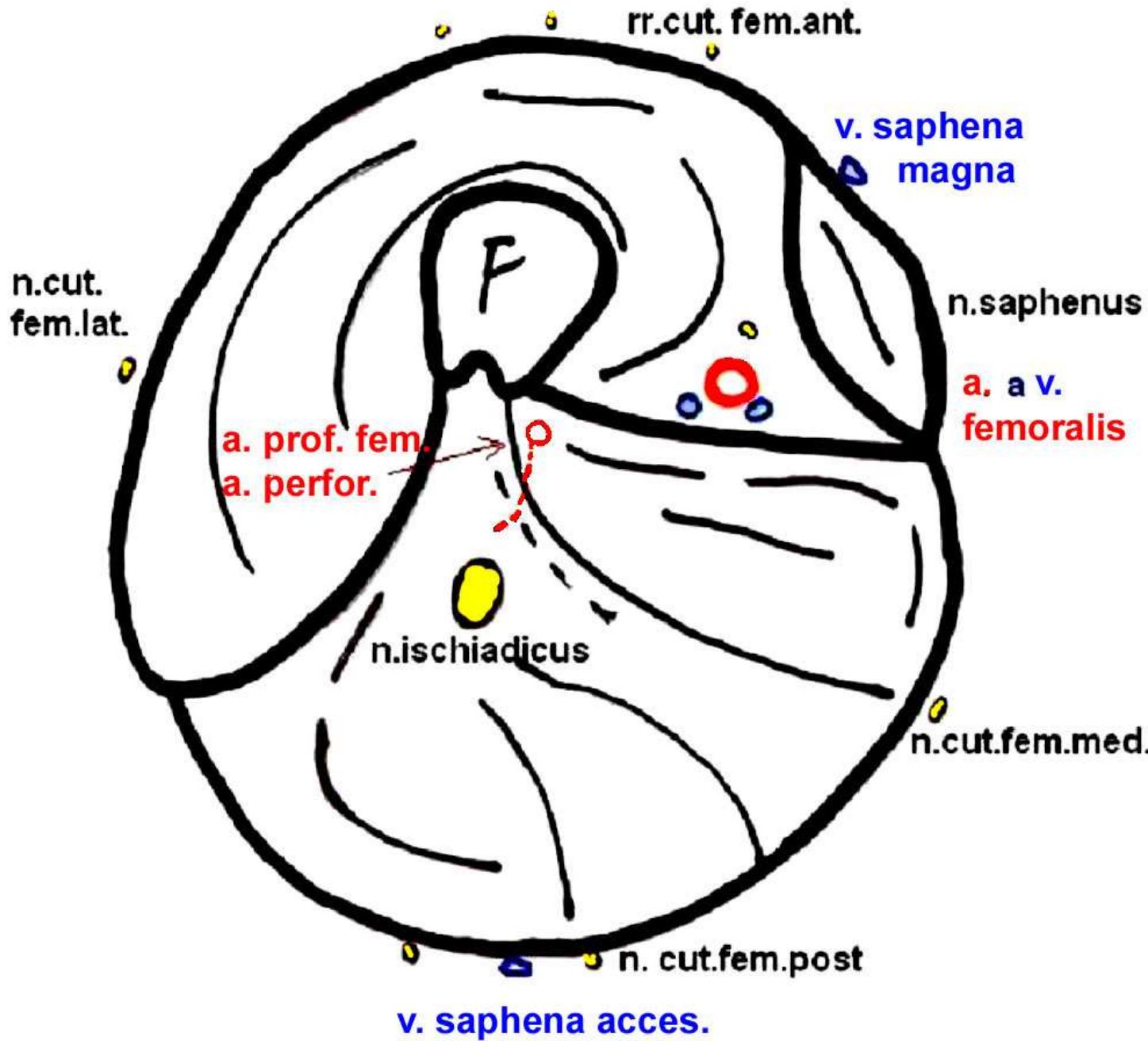
A. iliaca interna

Branches: Dorsal

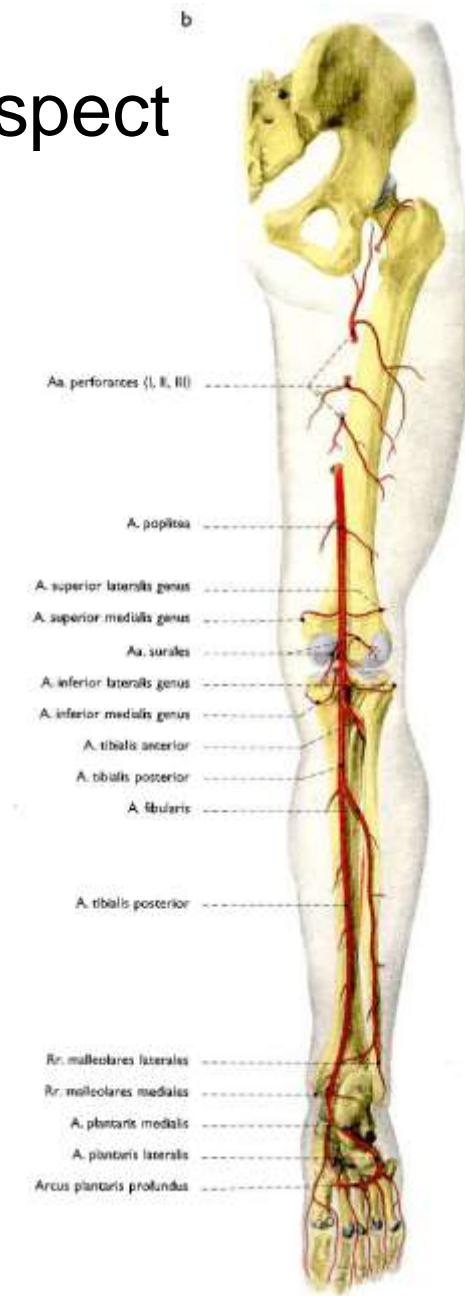
iliolumbalis
sacralis lateralis
glutea superior

Ventral

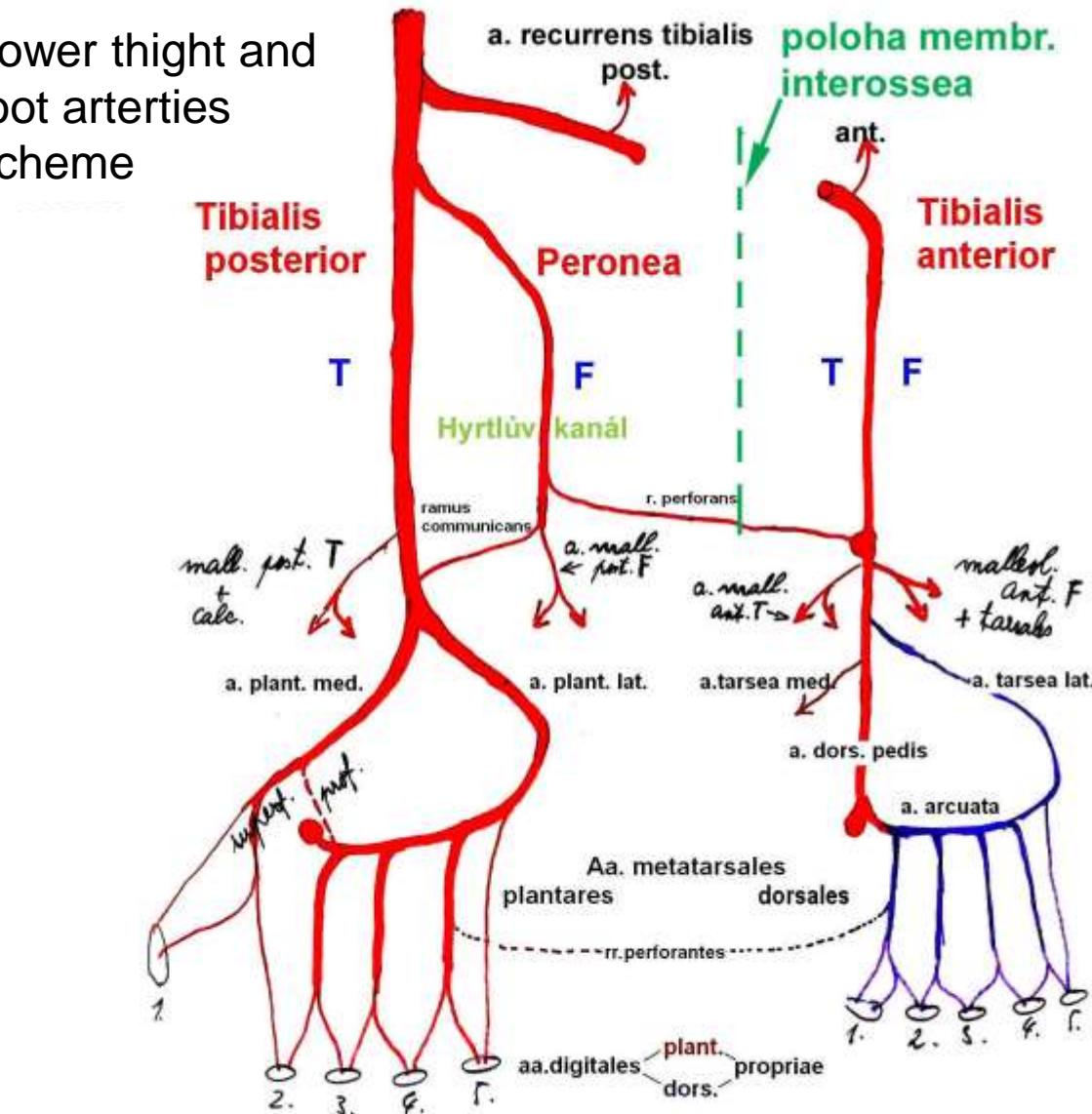
glutea inferior
obturatoria --- r. pubicus



LL arteries posterior aspect

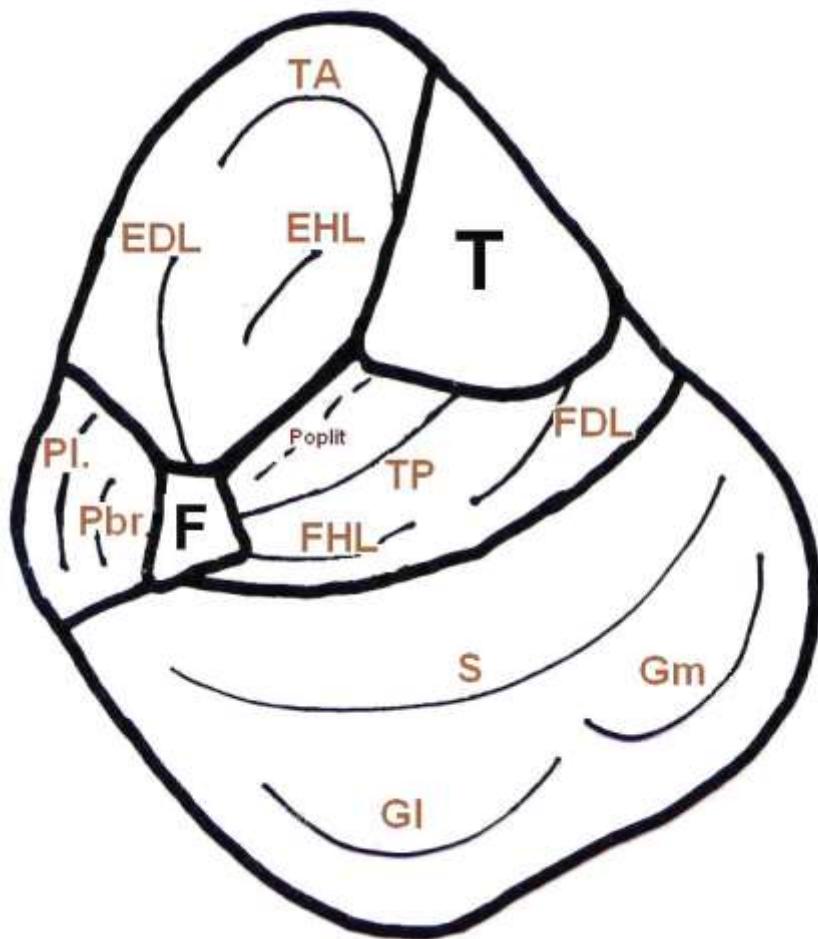


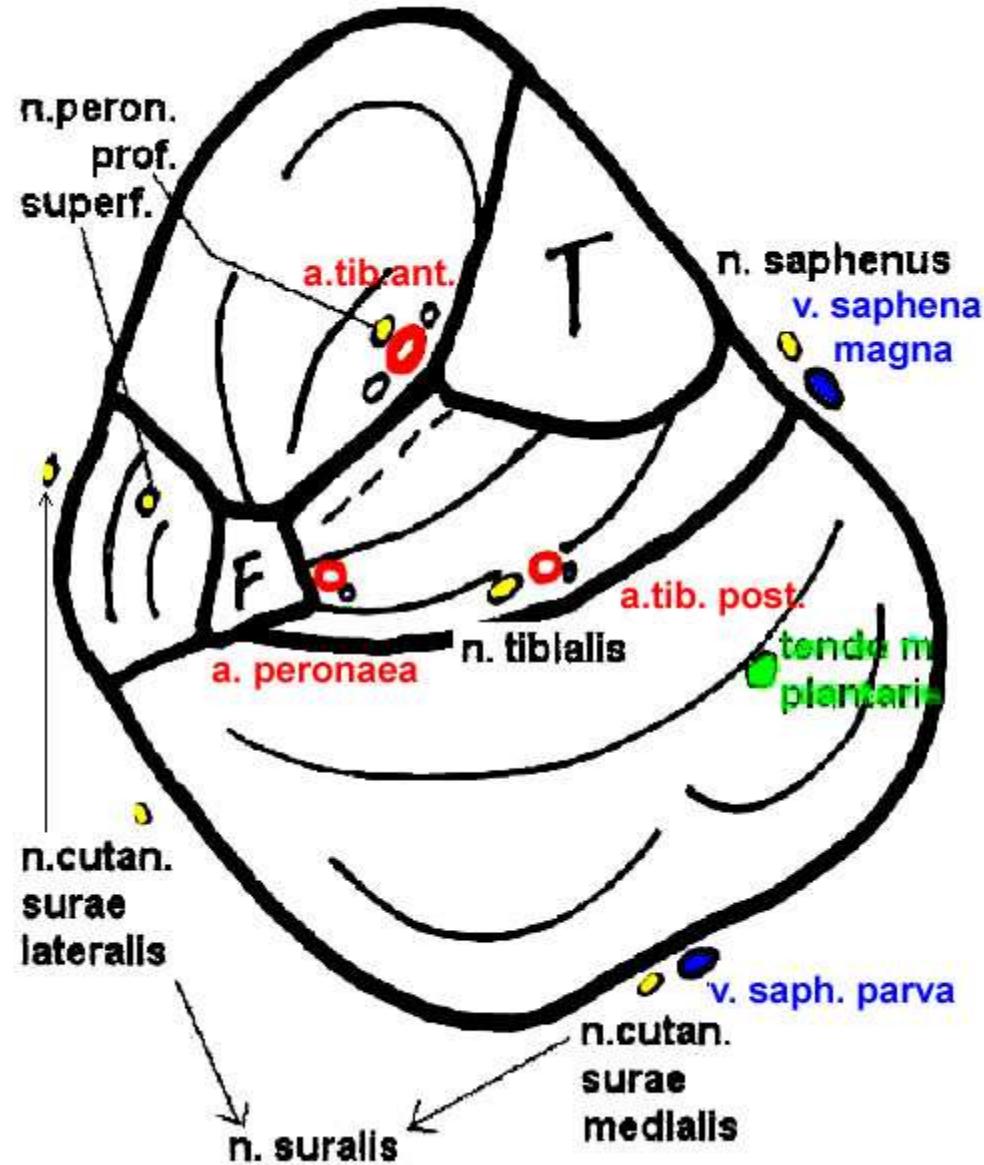
Lower thigh and
foot arteries
scheme



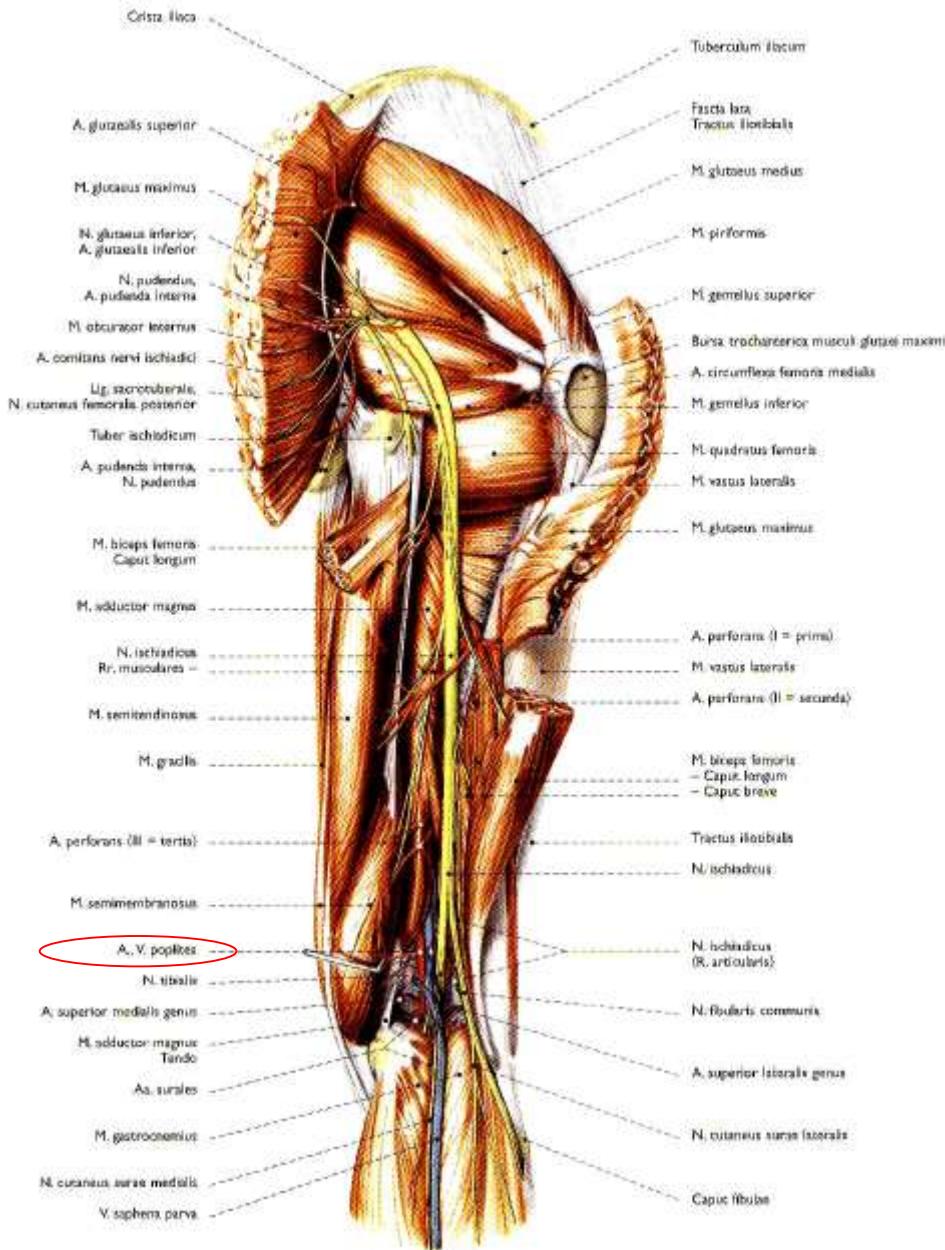
Posterior aspect of planta – right foot

„through the planta“ aspect of right foot

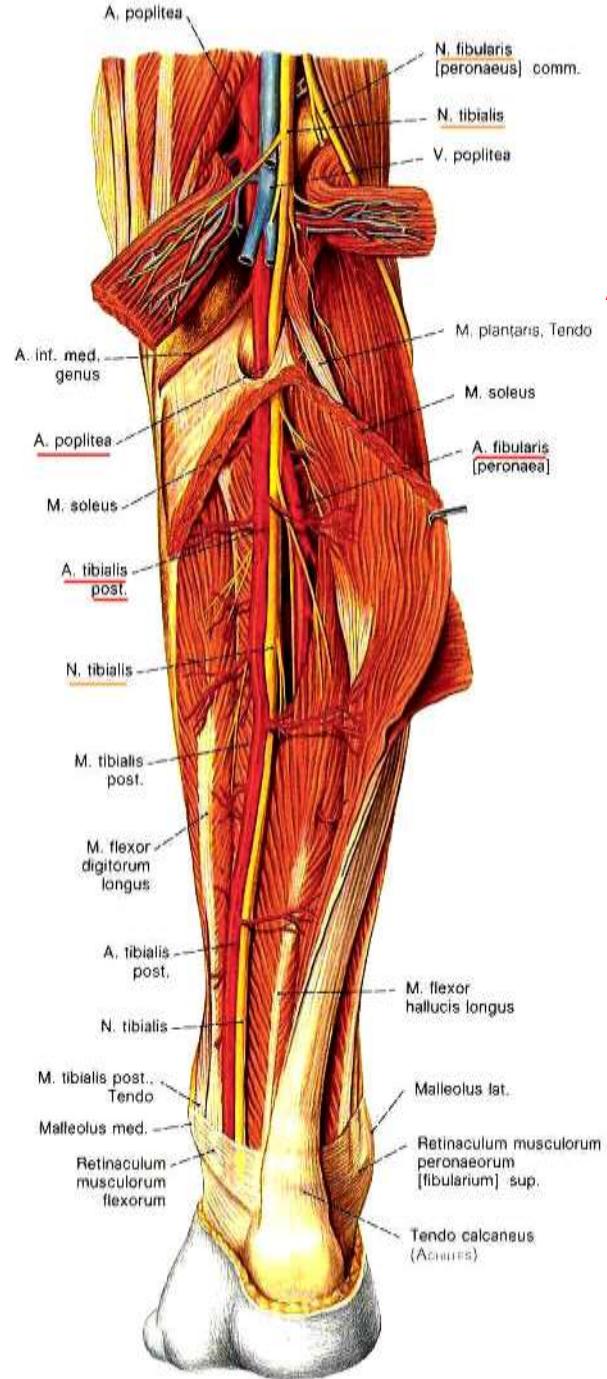
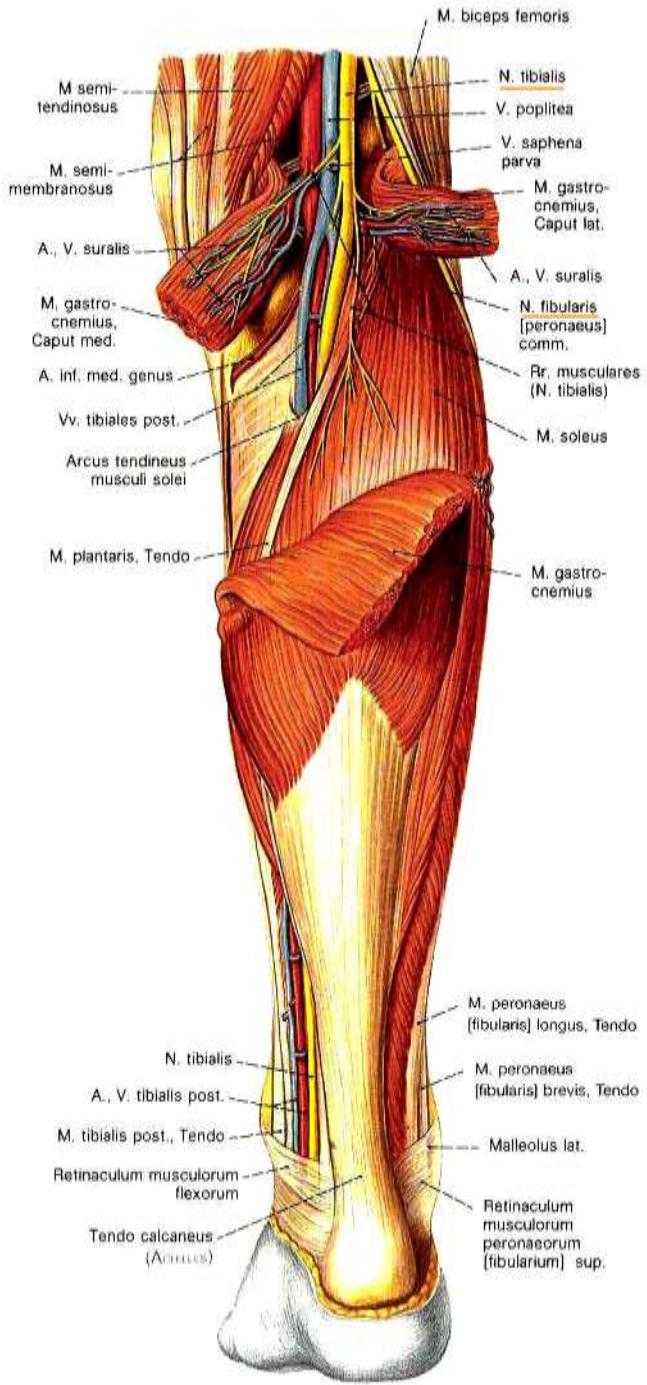




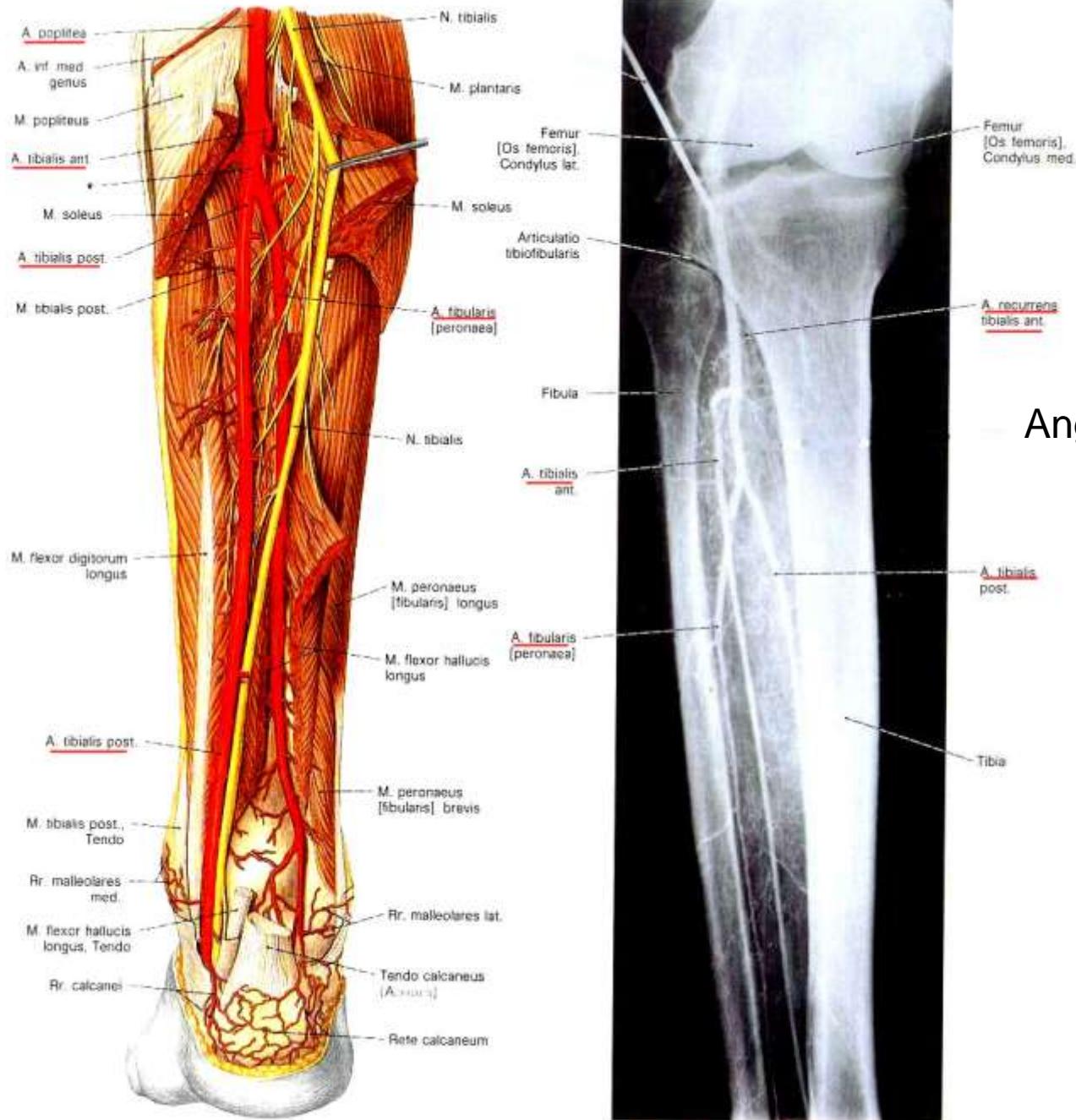
A. poplitea



A. poplitea



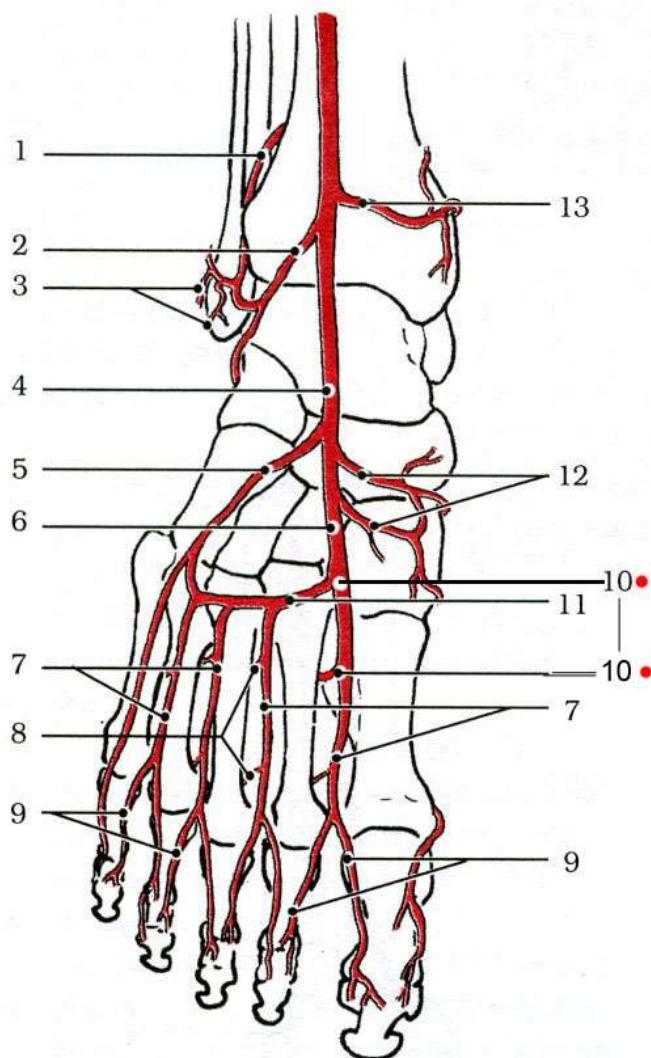
A VEN



Angiography



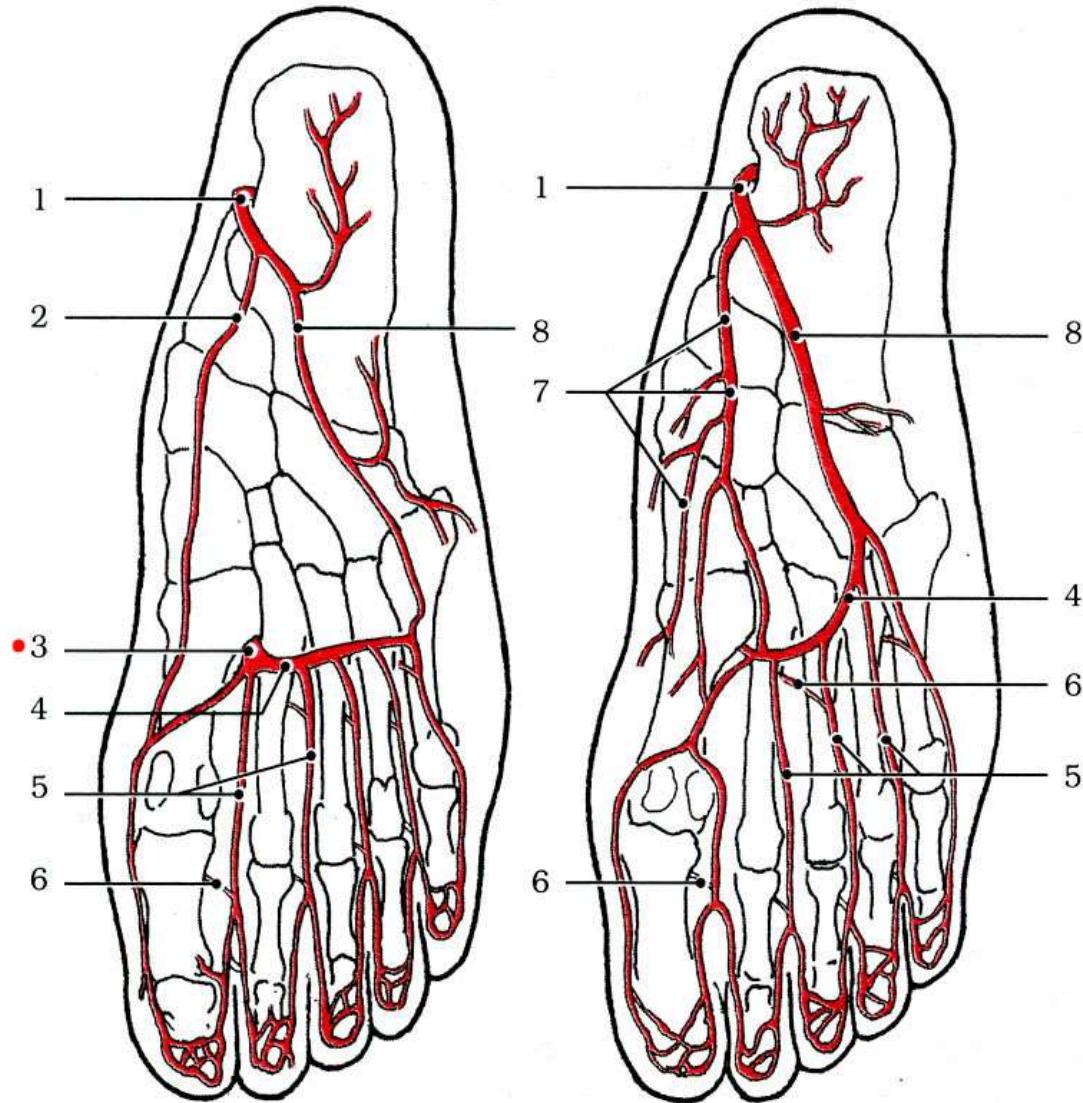
Dorsum pedis arteries



Obr. 58/VII. Tepny nohy – dorzální strana.
(podle Anatomie, Borovanský a kol.)

- 1 – r. perforans a. fibularis
- 2 – a. malleolaris anterior lateralis
- 3 – rete malleolare laterale
- 4 – a. dorsalis pedis
- 5 – a. tarsae lateralis
- 6 – a. dorsalis pedis
- 7 – aa. metatarsae dorsales
- 8 – rr. perforantes
- 9 – aa. digitales dorsales
- 10 – r. perforans (r. plantaris profundus)
- 11 – a. arcuata
- 12 – aa. tarsae mediales
- 13 – a. malleolaris anterior medialis

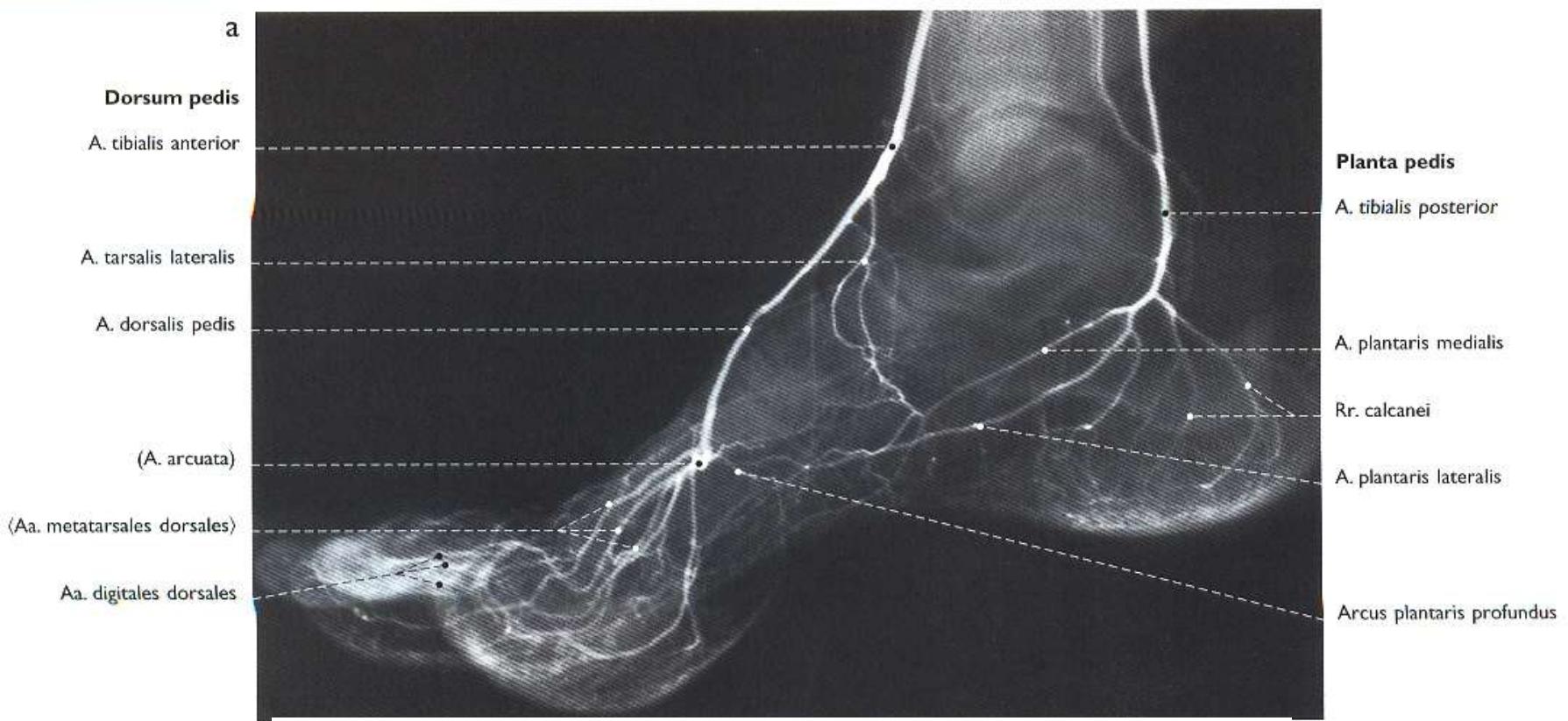
Planta pedis arteries



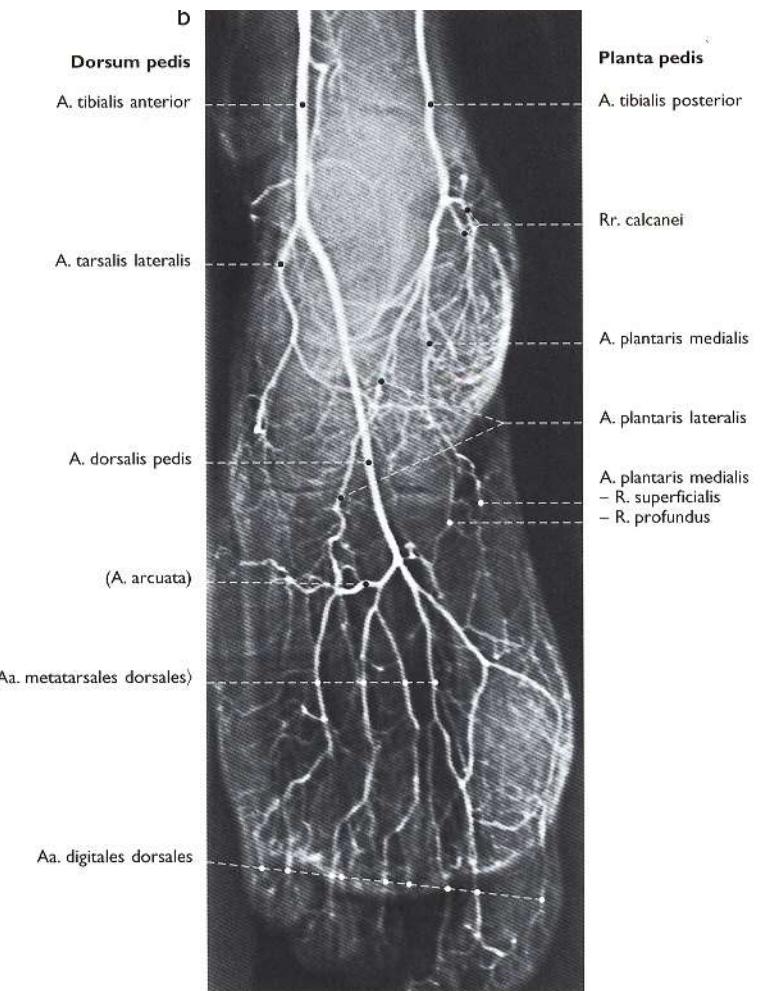
Obr. 59/VII. Tepny nohy
– plantární strana – dvě
varianty (podle Anatomie,
Borovanský a kol.).

- 1 – a. tibialis **posterior**
- 2 – a. plantaris medialis
- 3 – r. plantaris profundus
(r. perforans z a.
metatarsae dorsalis I.,
prima)
- 4 – arcus plantaris
- 5 – aa. metatarsae planta-
res
- 6 – rr. perforantes
- 7 – a. plantaris medialis
(var.)
- 8 – a. plantaris lateralis

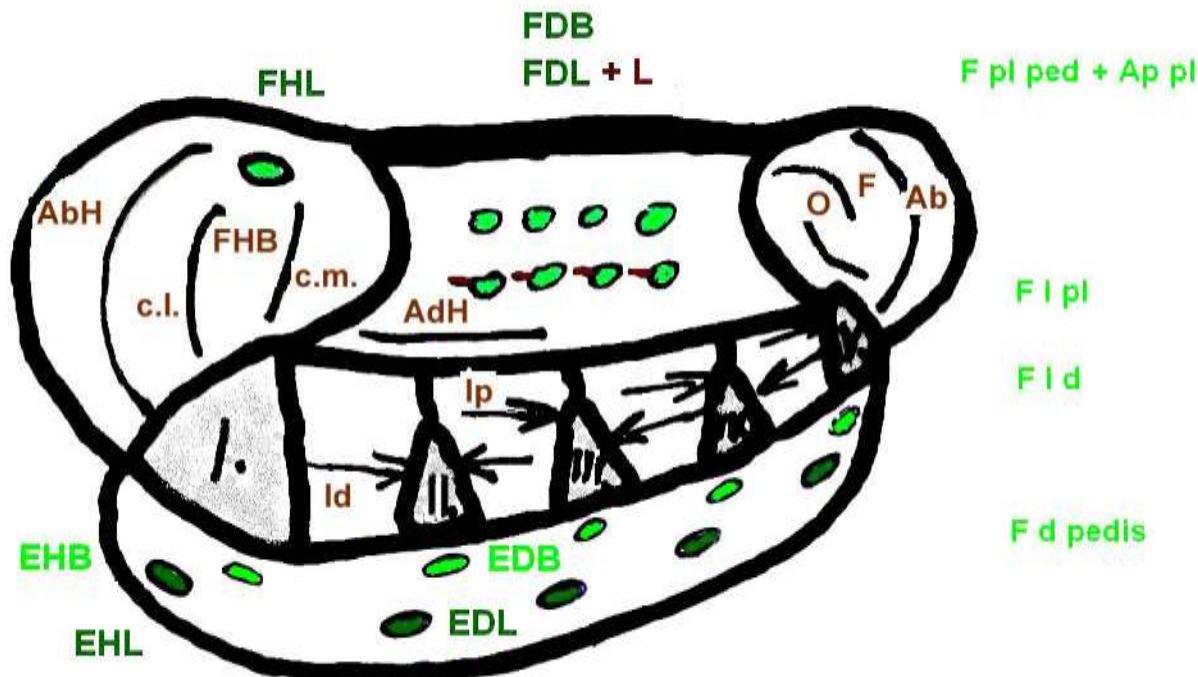
Angiography

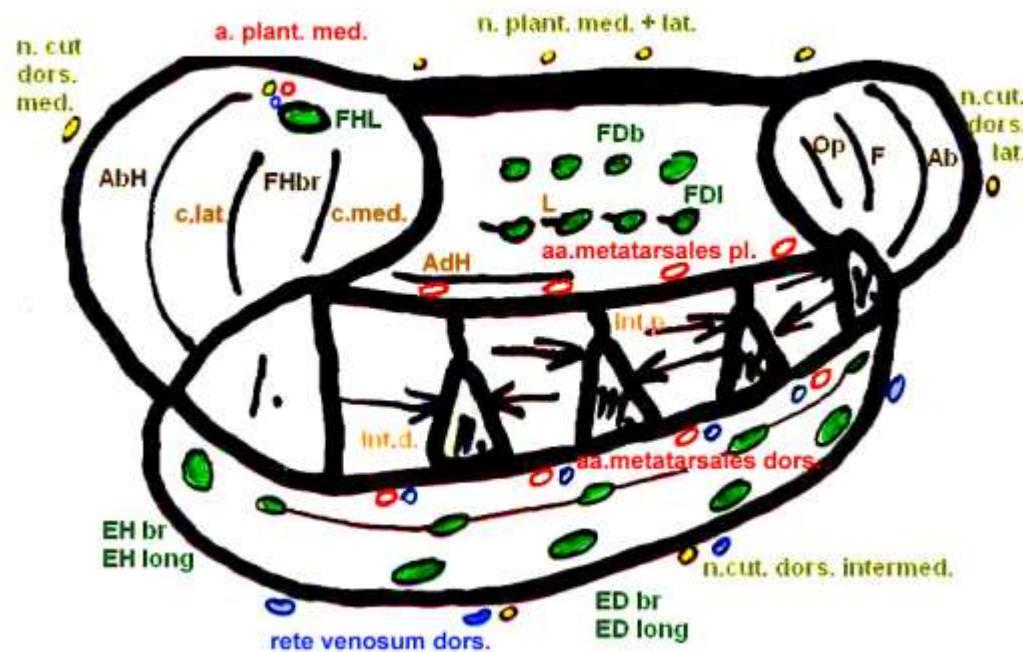


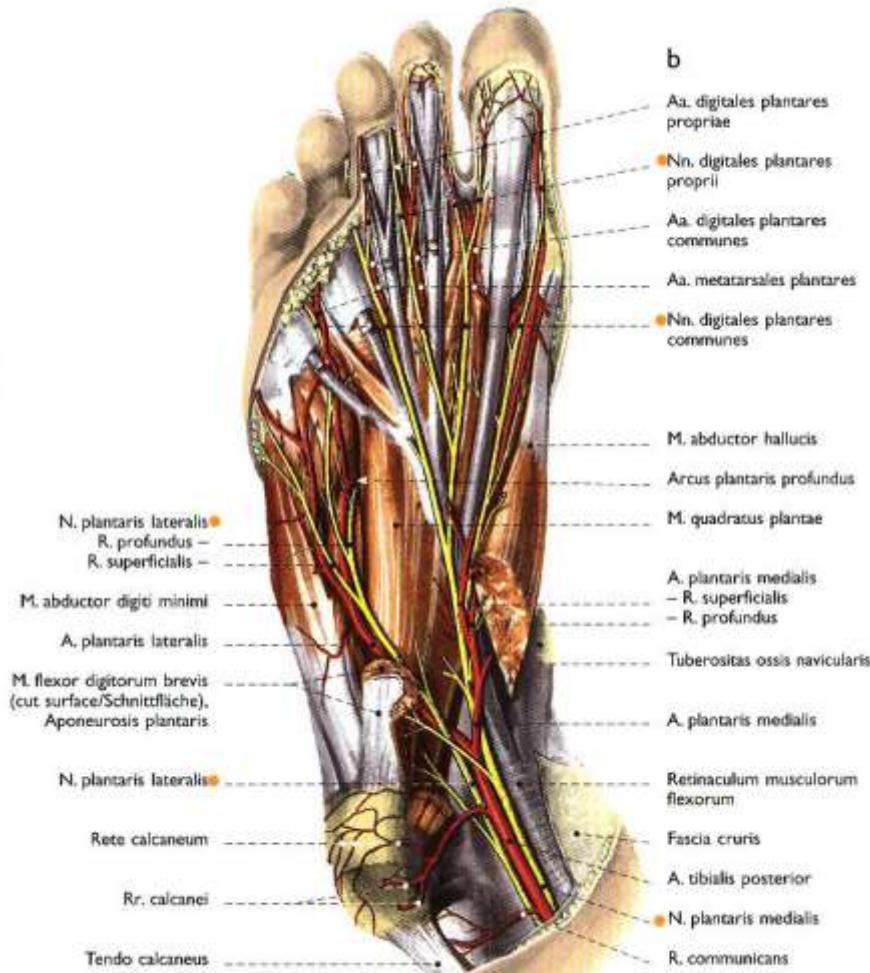
Angiografie - AP

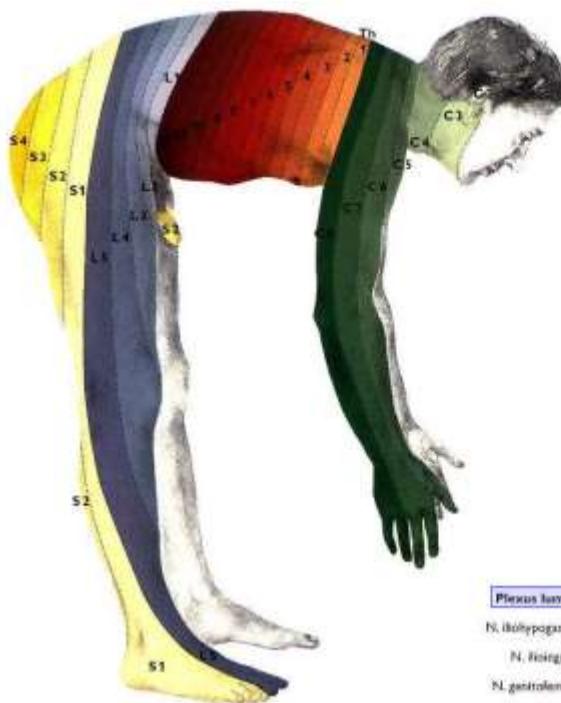


FASCIAE:









a

Plexus lumbalis

N. iliohypogastricus
N. ilioinguinalis
N. genitofemoralis
N. cutaneus femoris lateralis
N. femoralis
N. obturatorius

Plexus sacralis

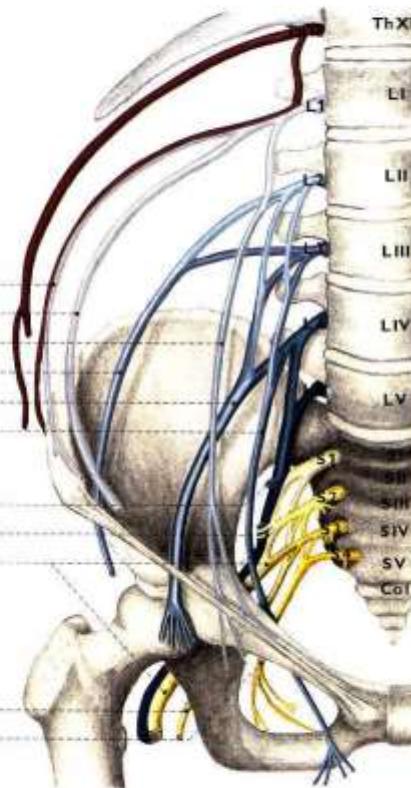
N. gluteus superior
N. gluteus inferior
N. ischiadicus

N. cutaneus femoris posterior
N. pudendus

Plexus lumbosacralis

244 Segmental innervation and lumbosacral plexus

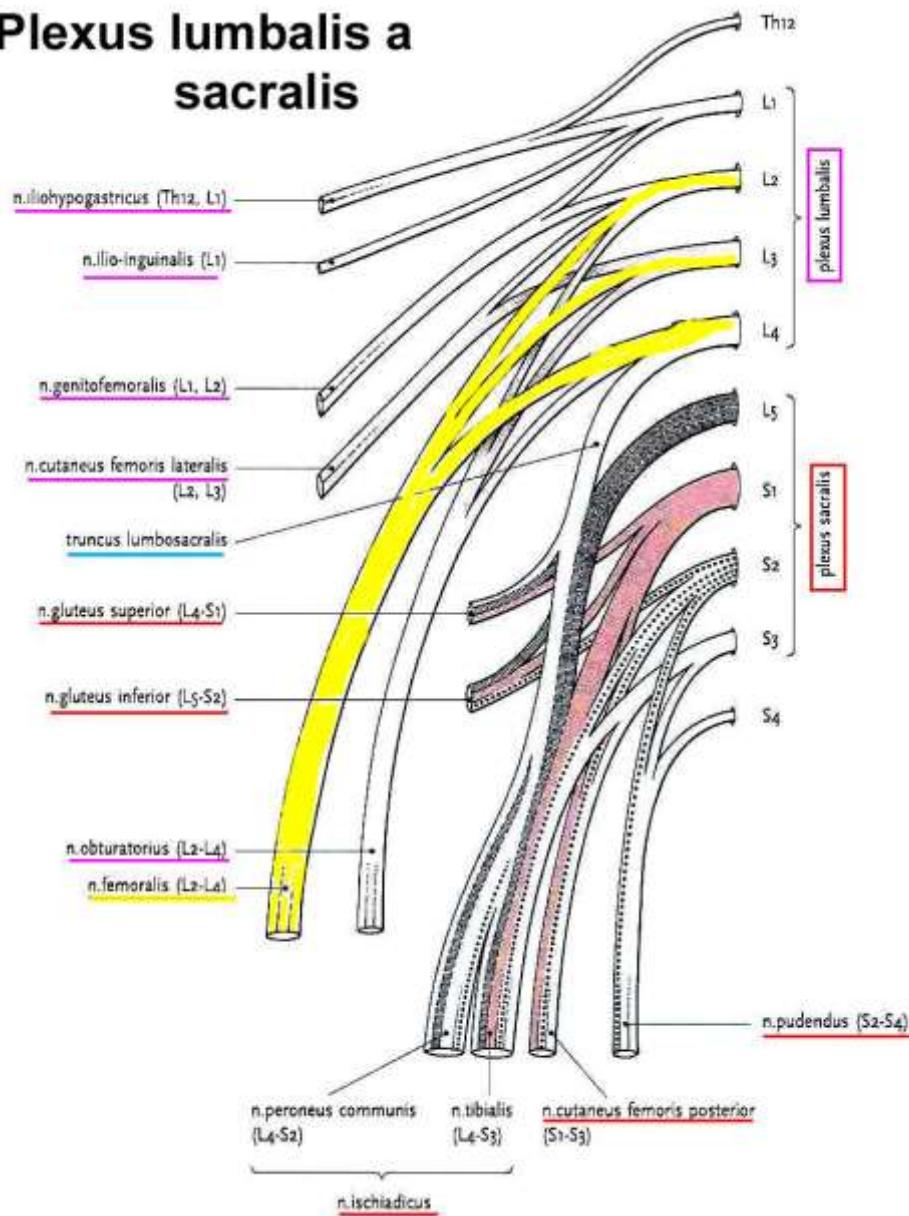
- a Segmental innervation (dermatomes) of the upper limb, the thorax and the lower limb (according to von Lanz and Wachsmuth, 1972)
- b Plan of the lumbosacral plexus



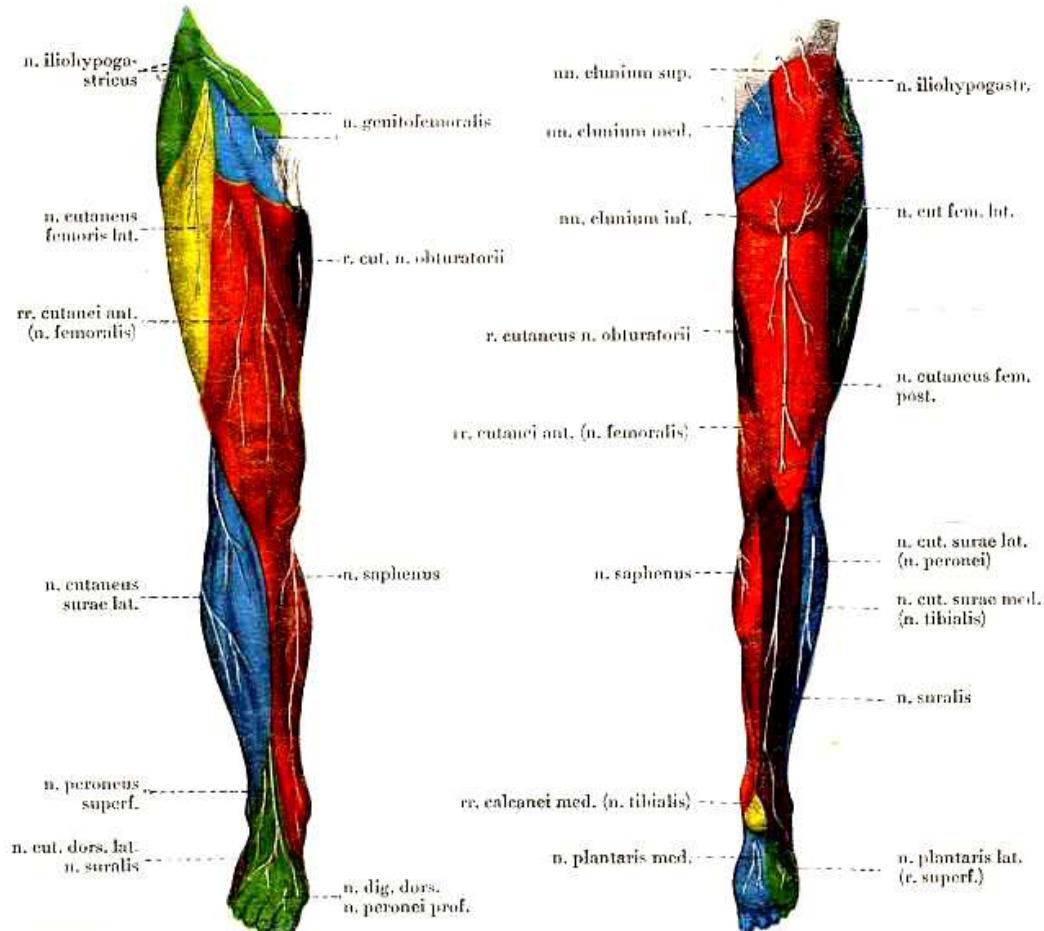
244 Segmentale Innervation und Plexus lumbosacralis

- a Segmentale Innervation (Dermatome) des Arms, des Thorax und des Beins (nach von Lanz und Wachsmuth, 1972)
- b Aufbauungschemas des Plexus lumbosacralis

Plexus lumbalis a sacralis

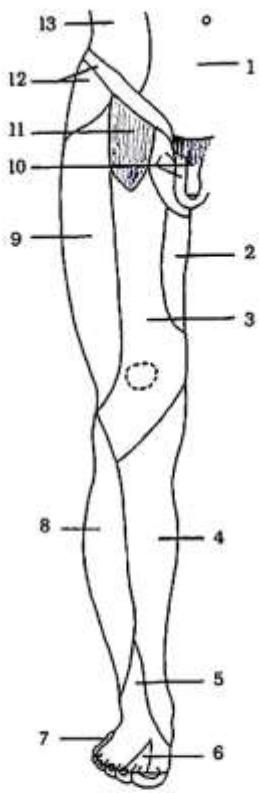


Areae nervinae



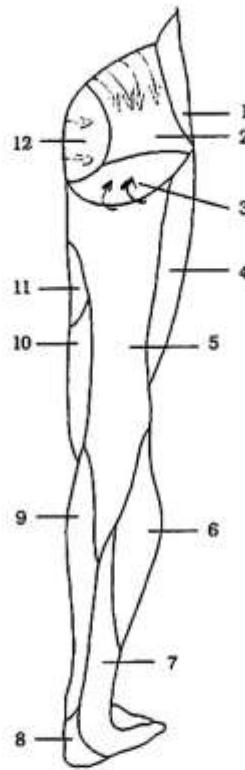
Obr. 018.

Kožní inervační (areae nervinae) dolní končetiny.



Obr. 24/II. Kožní inervace - areac nervinac - na vnitřní straně dolní končetiny.

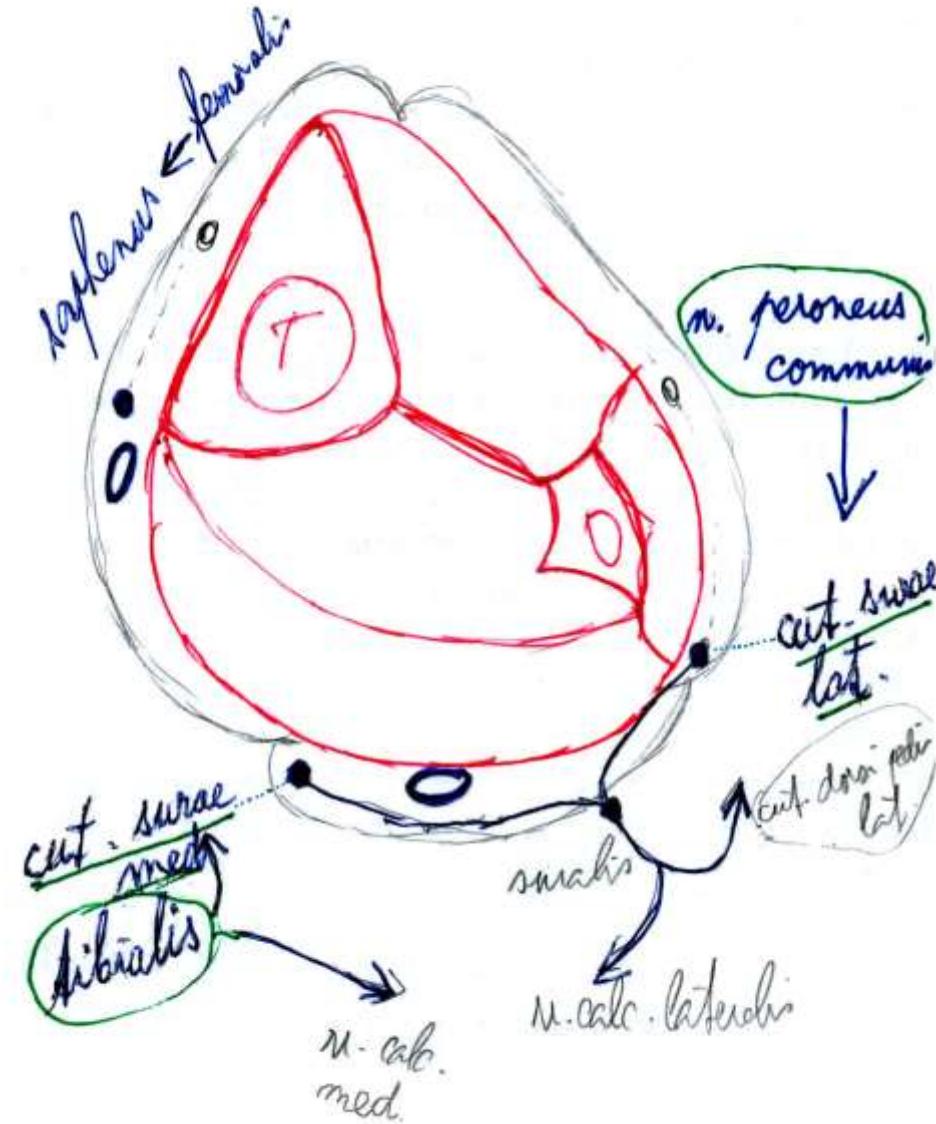
- 1 - rr. cutanei anteriores (z n. intercostales)
- 2 - r. cutaneus n. obturatorii
- 3 - rr. cutanei anteriores
- 4 - n. saphenus (z n. femoralis)
- 5 - n. peroneus superficialis
- 6 - n. peroneus profundus
- 7 - n. cutaneus dorsalis lateralis
- 8 - n. cutaneus surae lateralis
- 9 - n. cutaneus femoris lateralis
- 10 - n. ilioinguinalis a n. genitofemoralis
- 11 - n. genitofemoralis (r. femoralis)
- 12 - n. iliohypogastricus (r. femoralis)
- 13 - rr. cutanei laterales (z n. intercostales)



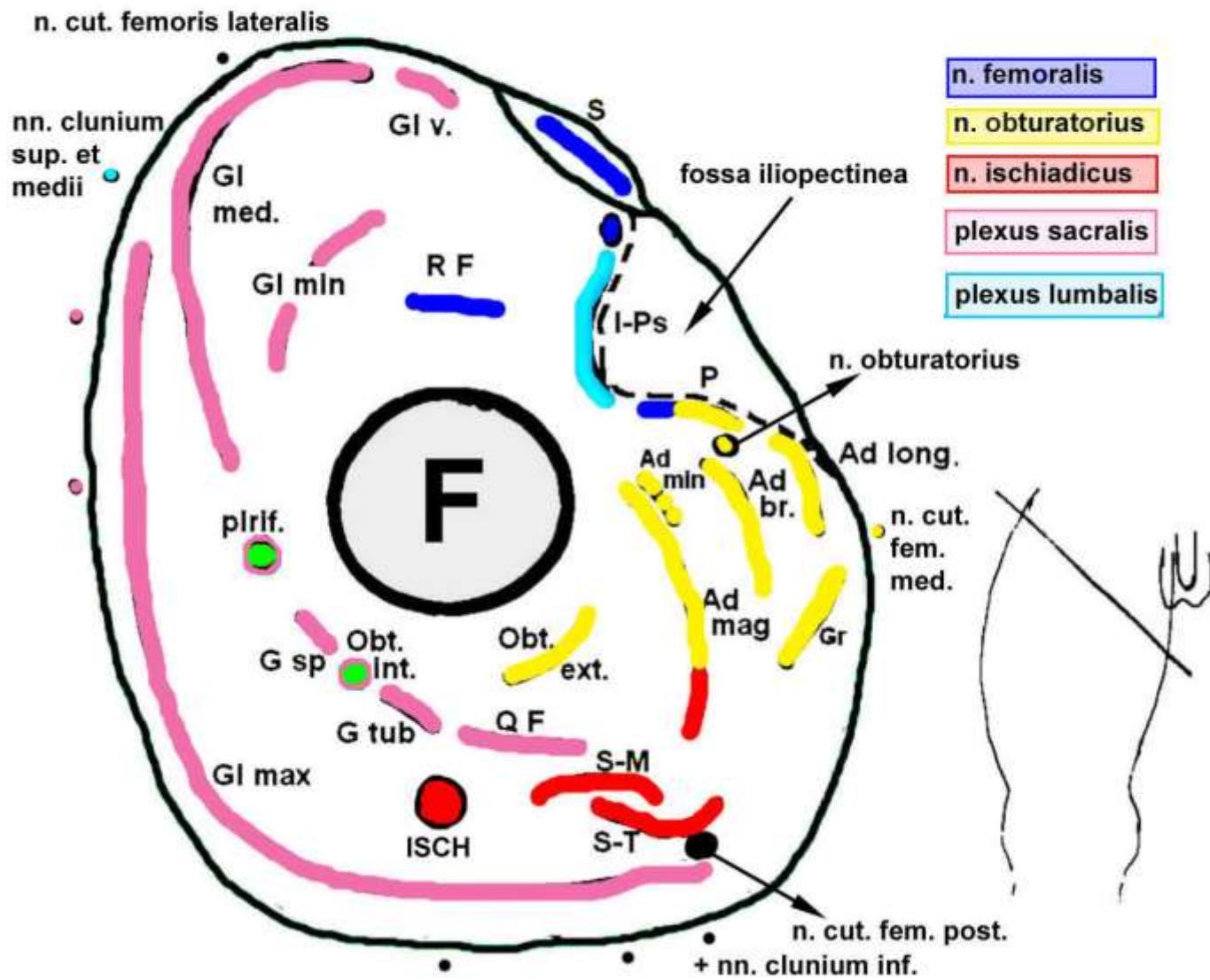
Obr. 25/II. Kožní inervace - areac nervinac - na zadní straně dolní končetiny.

- 1 - n. iliohypogastricus
- 2 - nn. clunium superiores
- 3 - n. clunium inferiores
- 4 - n. cutaneus femoris lateralis
- 5 - n. cutaneus femoris posterior
- 6 - n. cutaneus surae lateralis (z n. peroneus)
- 7 - n. cutaneus surae medialis (z n. tibialis)
- 8 - rr. calcaneares mediales
- 9 - n. saphenus (z n. femoralis)
- 10 - rr. cutanei anteriores (z n. femoralis)
- 11 - r. cutaneus n. obturatorii
- 12 - nn. clunium mediales

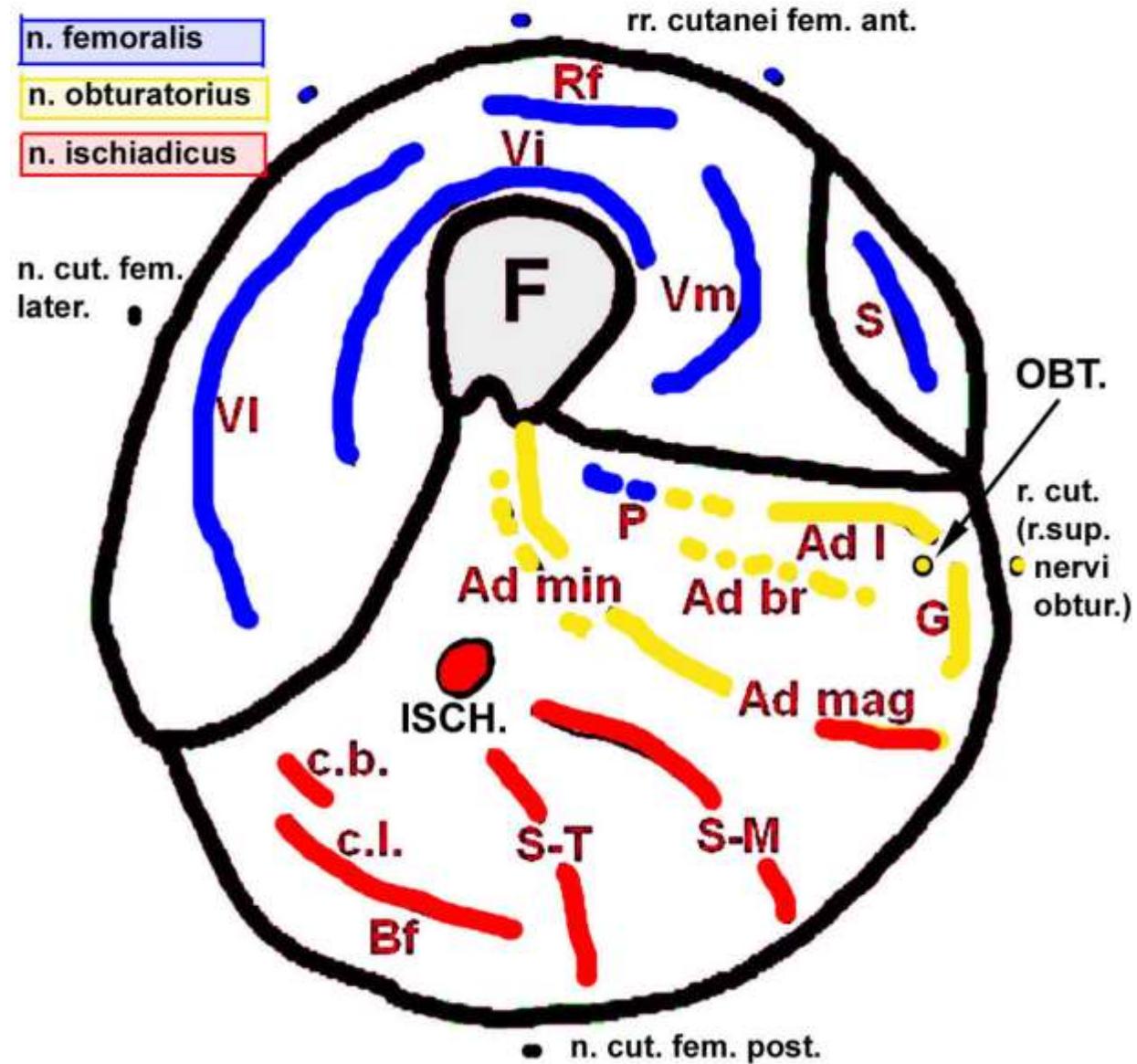
Skin innervation of lower tight



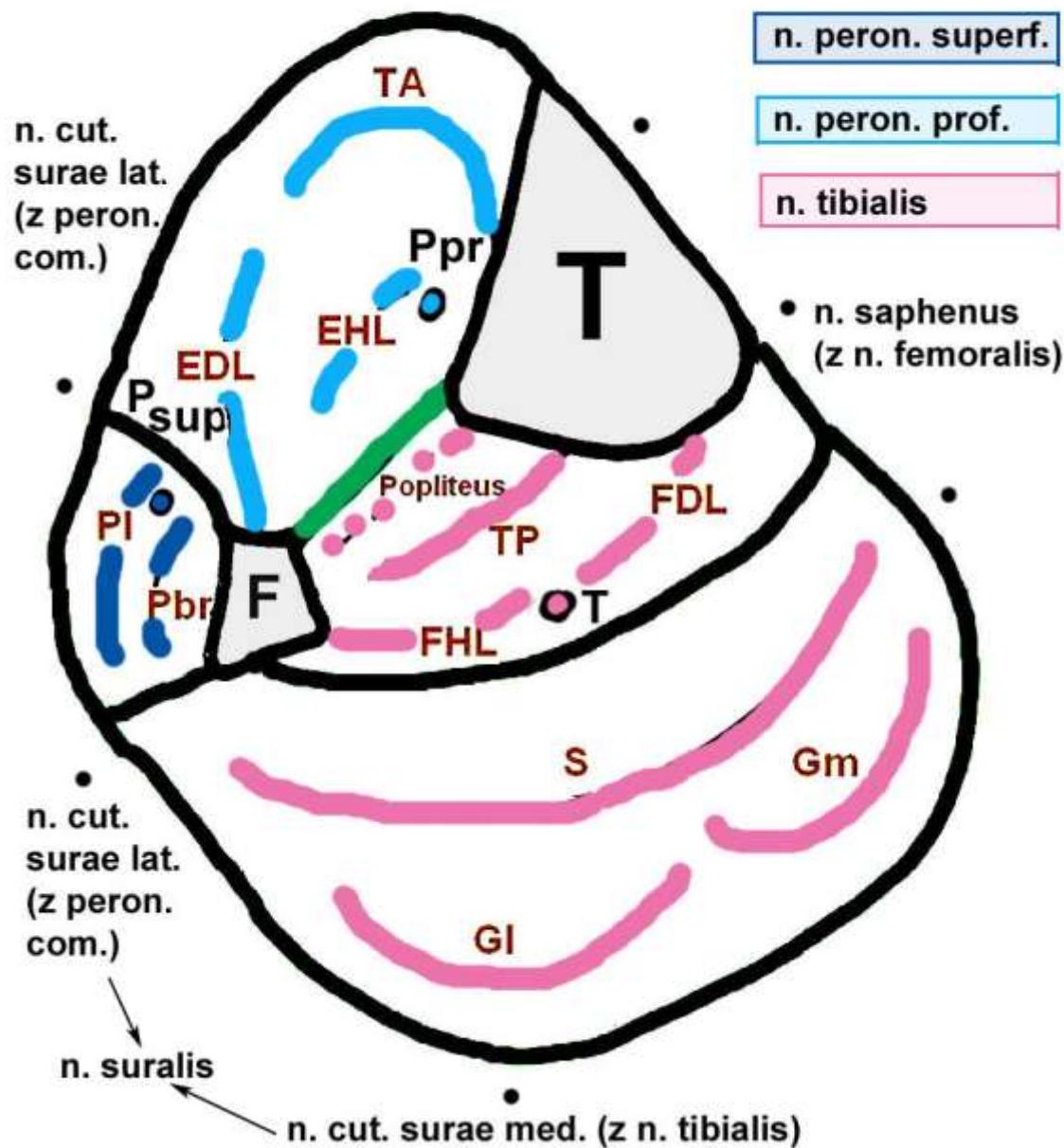
Motor innervation below the inguinal region



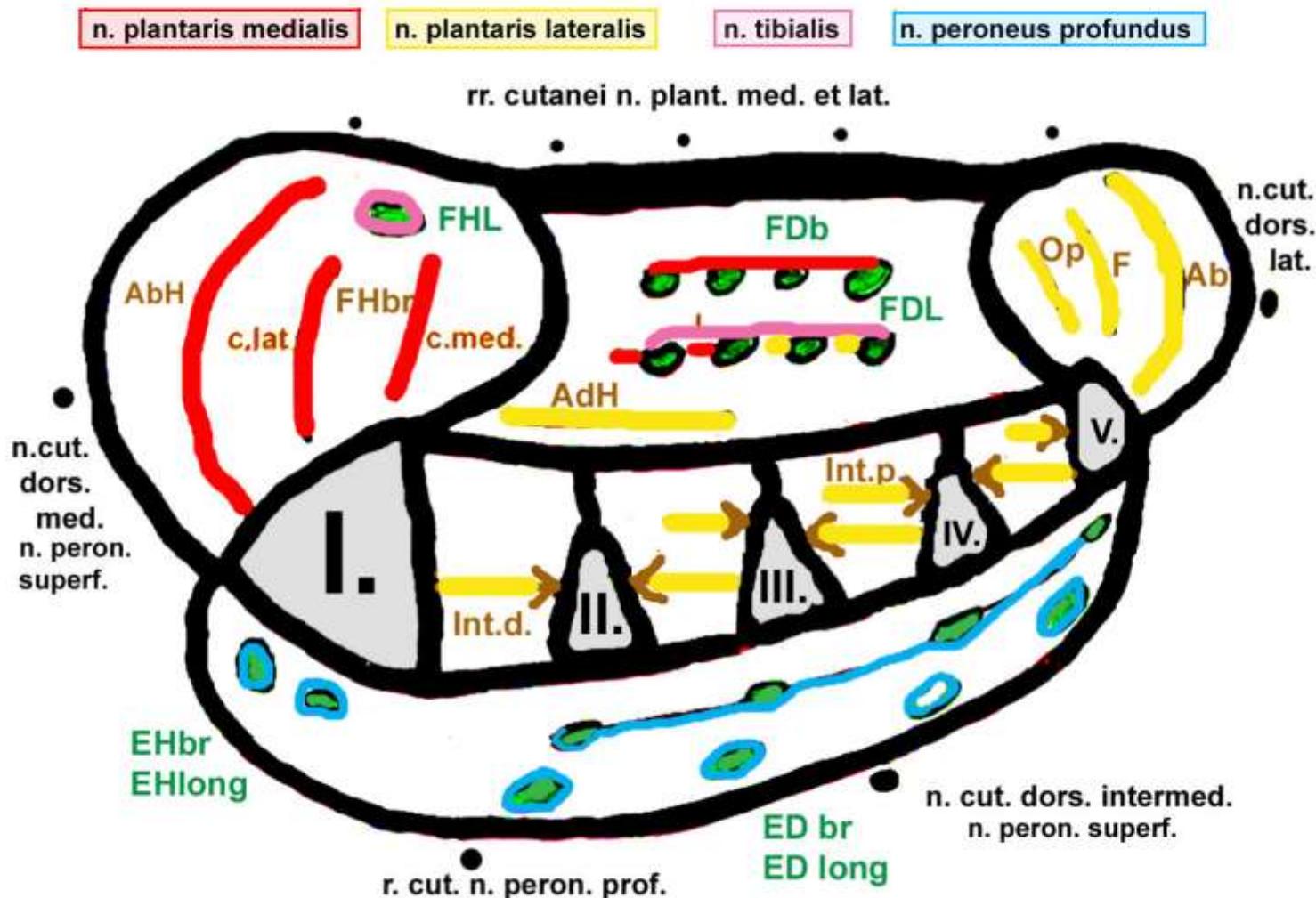
Motor innervation of the femoral region



Motor innervation of the lower tight

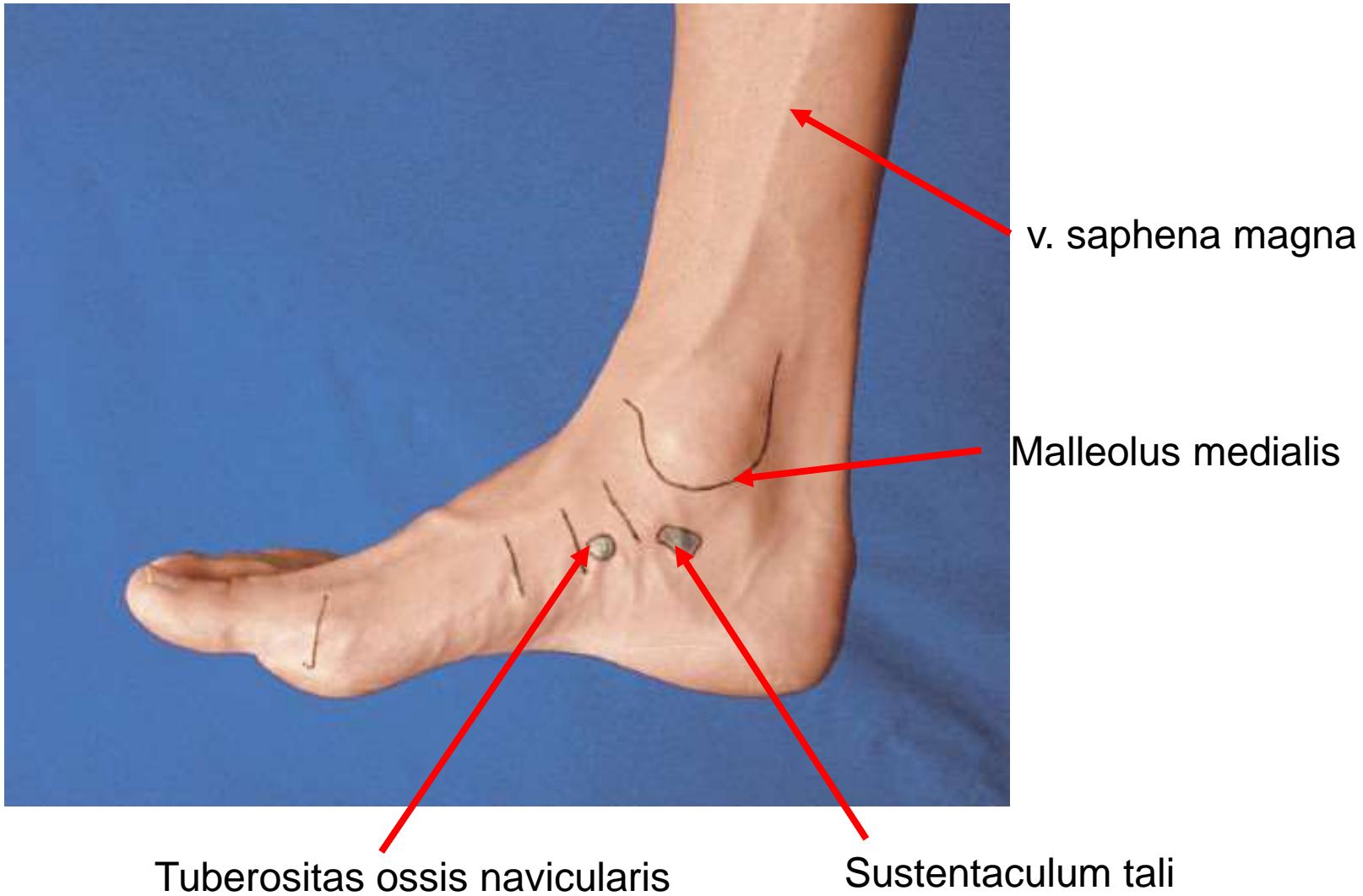


Motor innervation of the foot

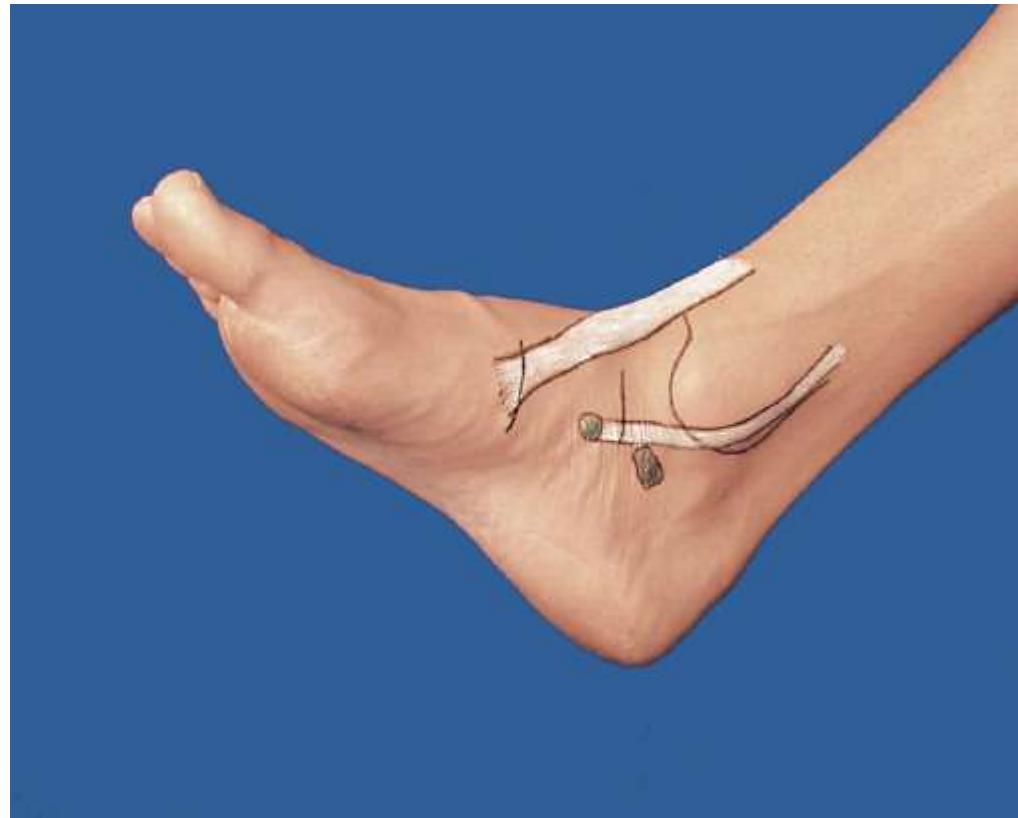


Orientation points of foot– medial aspect

Source: [7 Foot](#). In: [Reichert B](#), ed. [Palpation Techniques: Surface Anatomy for Physical Therapists](#). 2nd Edition. Thieme; 2015. doi:10.1055/b-005-148917



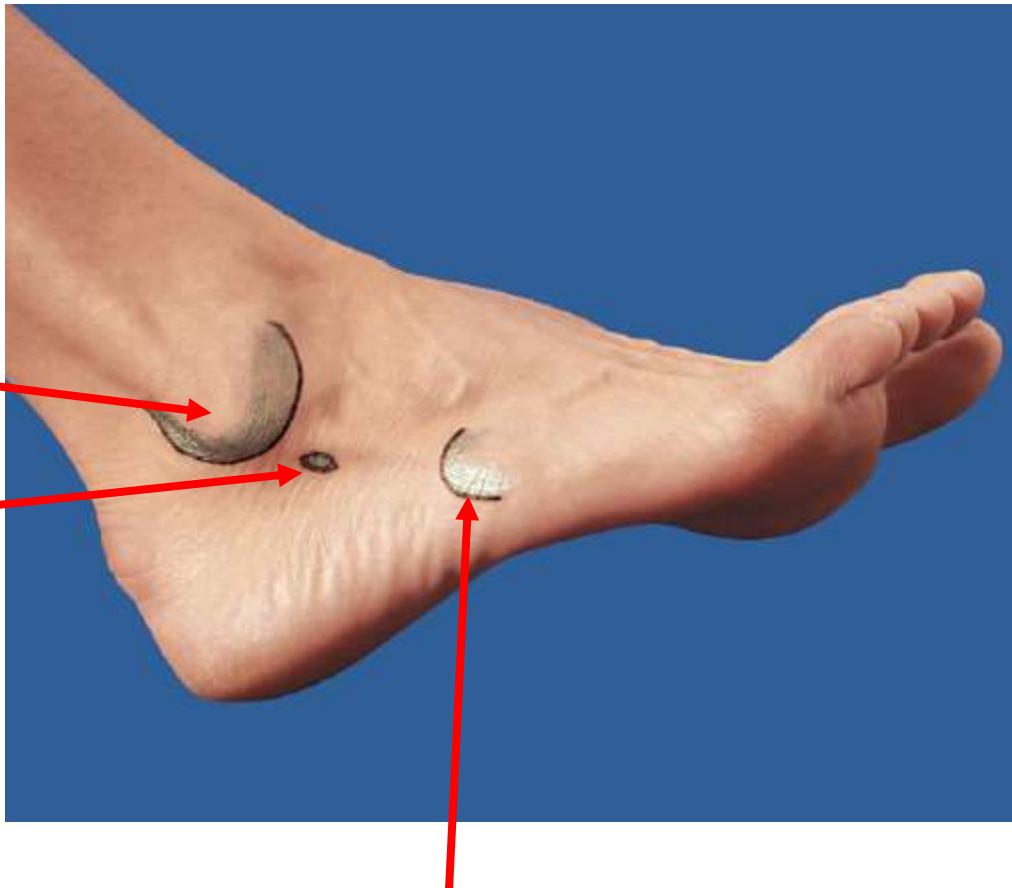
Insertions of m. tibialis anterior and posterior



Orientation points of foot– lateral aspect

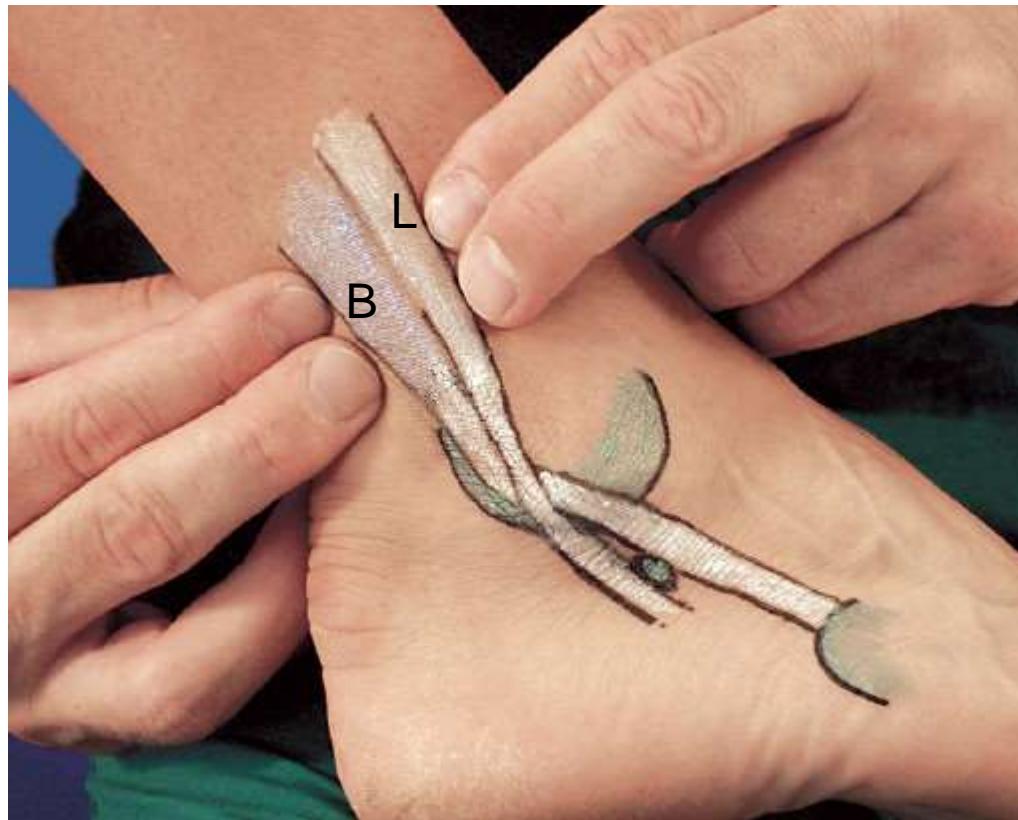
Malleolus lateralis

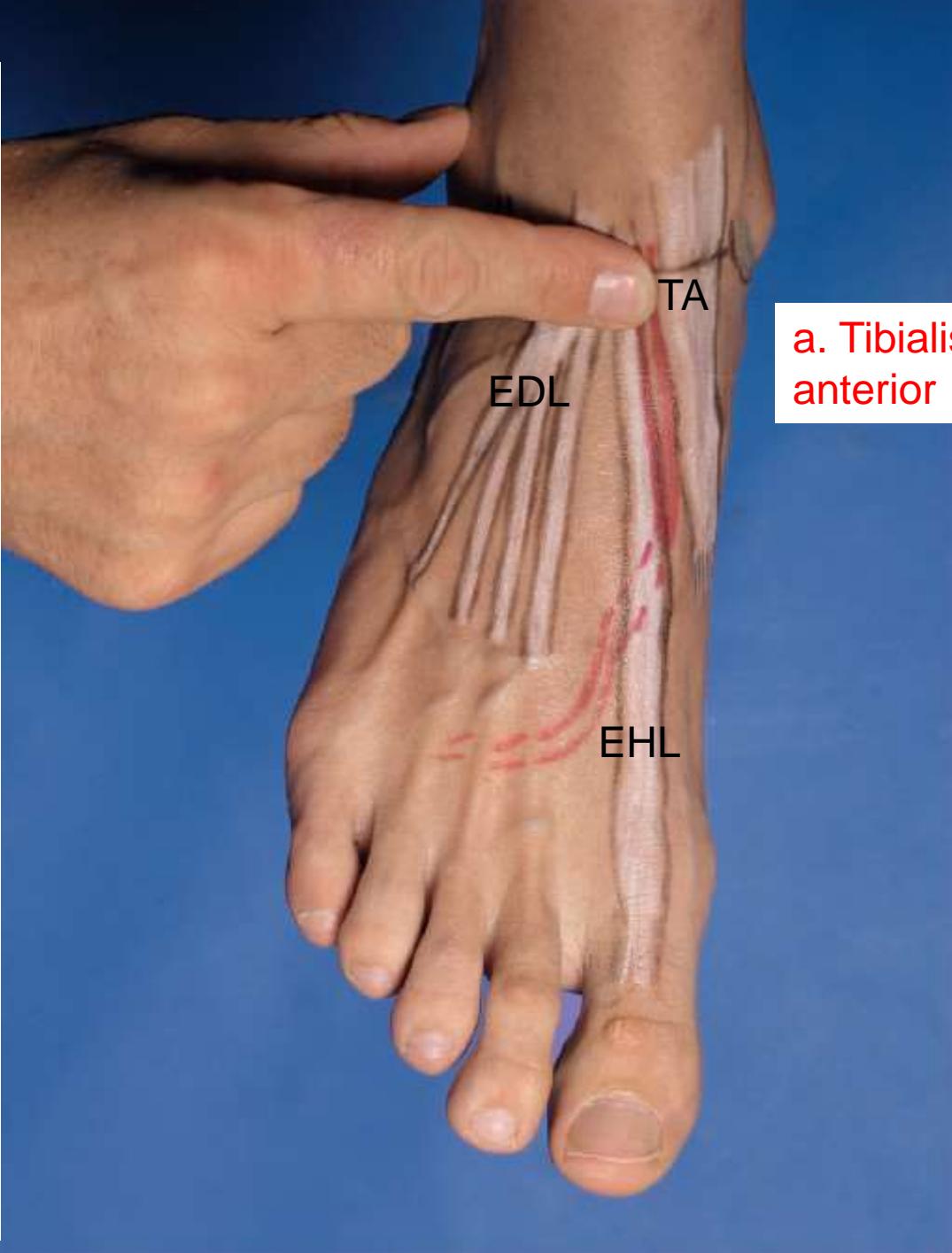
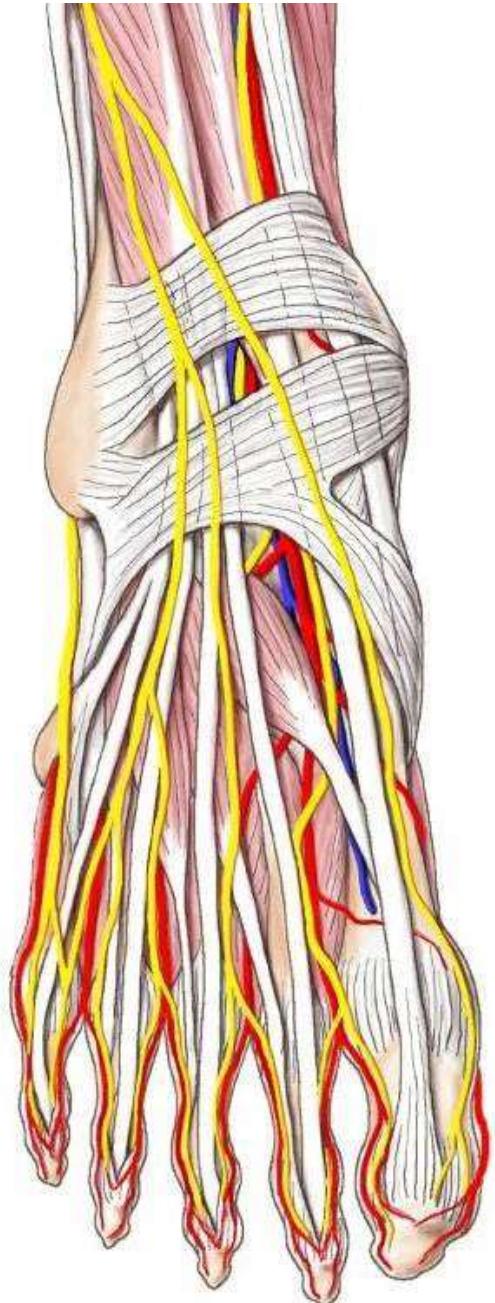
Trochlea
peronealis



Tuberositas metatarsi V.

M. peroneus longus (L) and brevis (B)behind the lateral malleolus





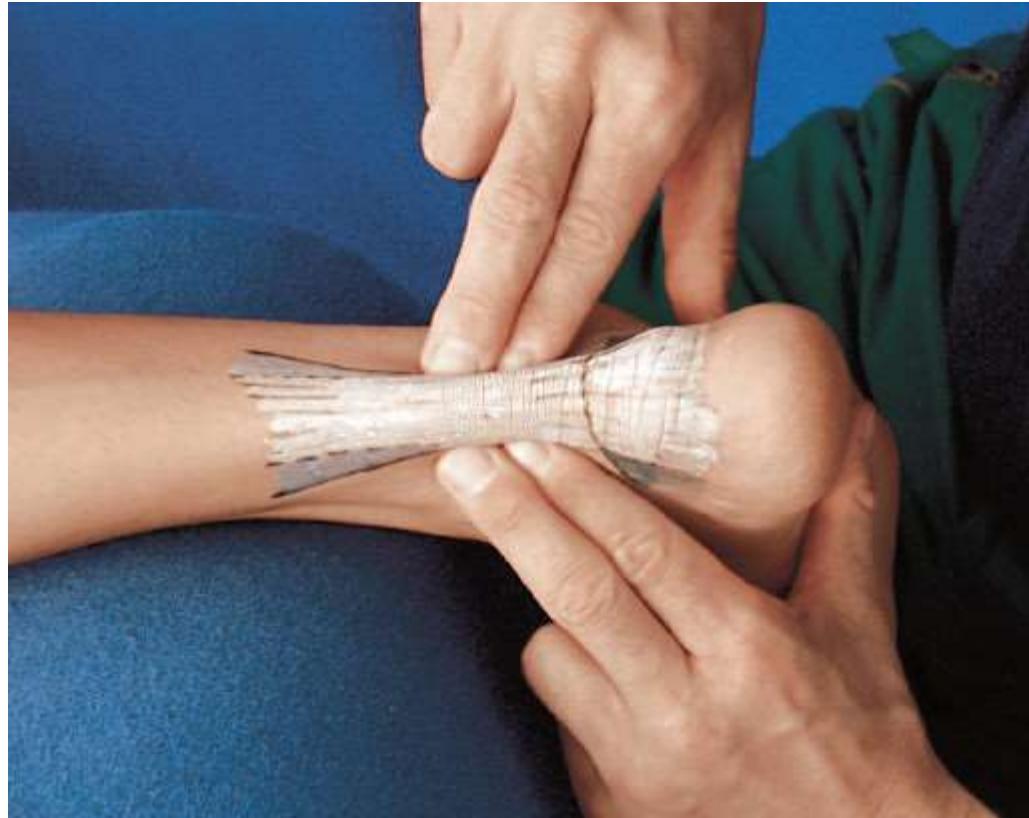


a. dorsalis pedis

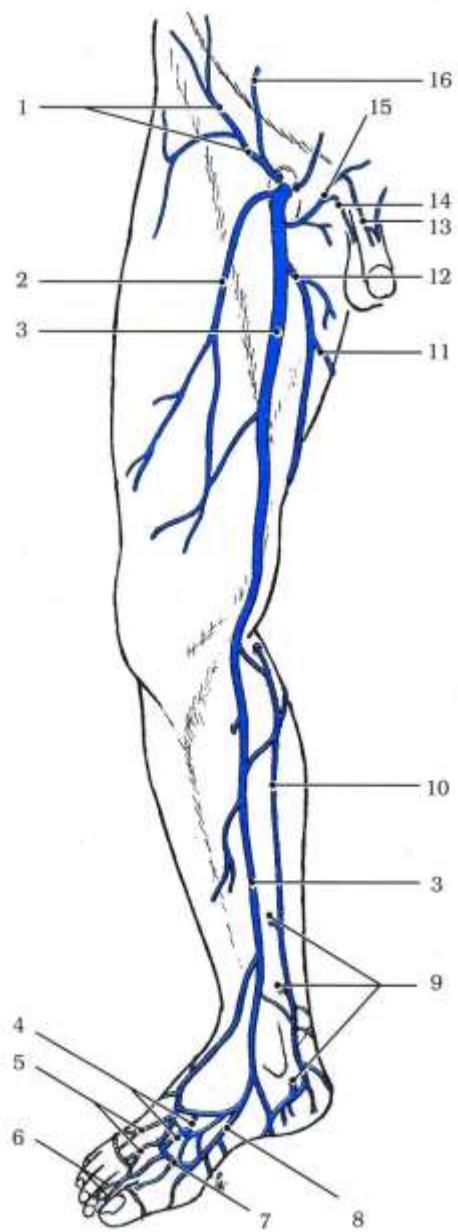


Palpation of n. peroneus spf. branches

Palpation of Achilles tendon borders

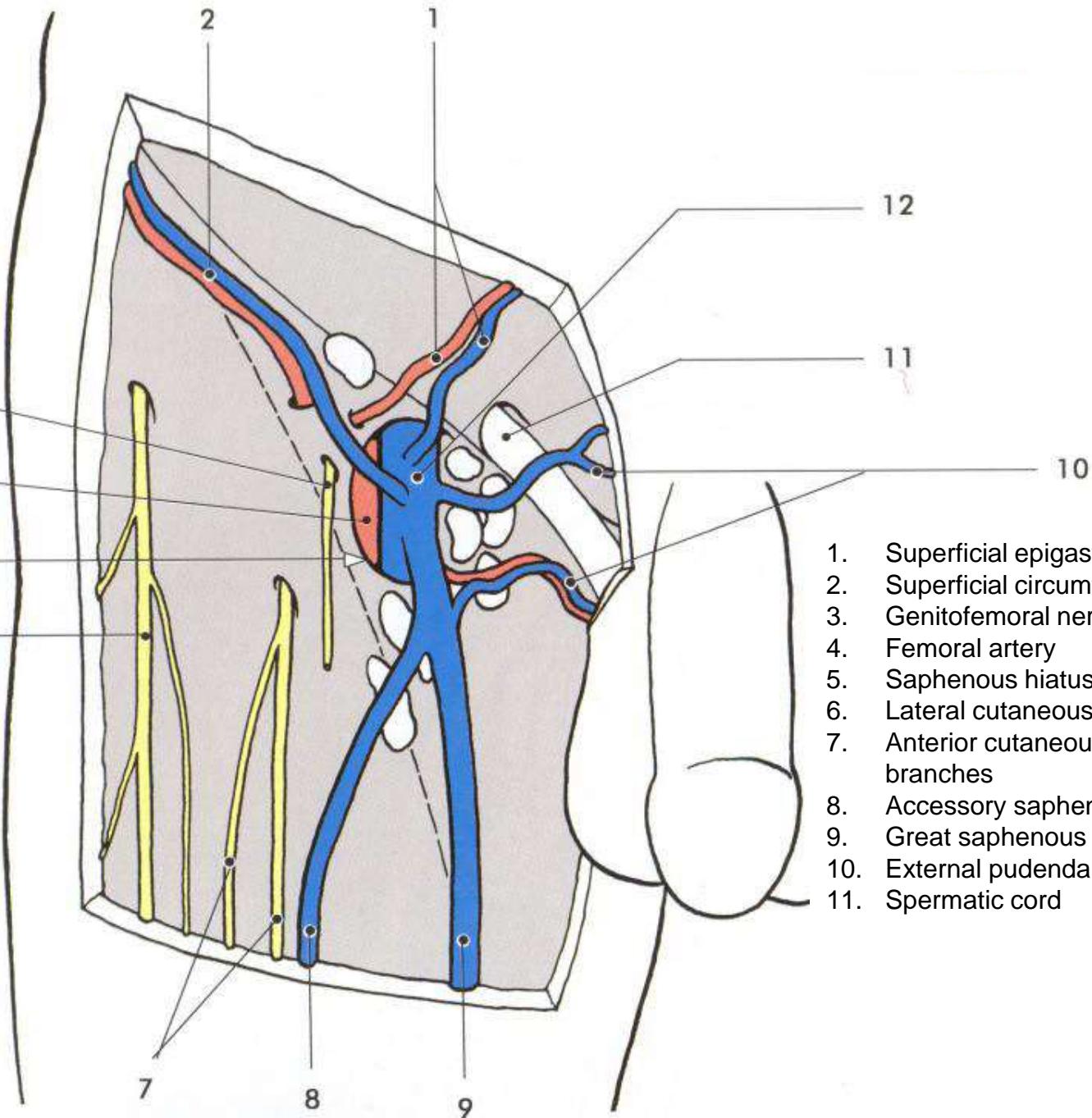


Superficial veins of LL

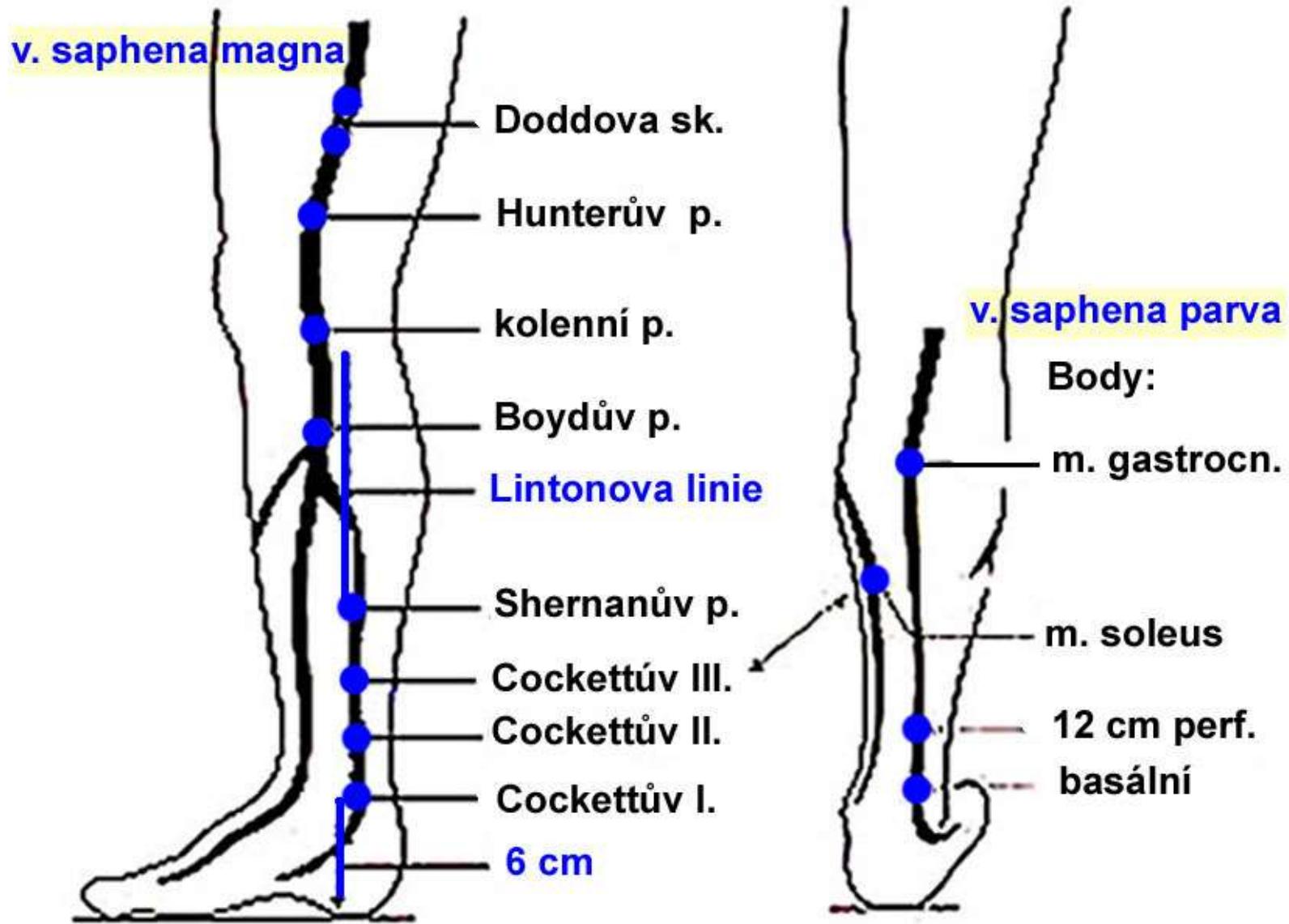


- 1 – v. circumflexa ilium superficialis
- 2 – v. anterolateralis [var.]
- 3 – v. saphena magna
- 4 – rete venosum dorsale pedis
- 5 – vv. metatarsae dorsales
- 6 – vv. digitales dorsales pedis
- 7 – arcus venosus dorsalis pedis
- 8 – v. marginalis medialis
- 9 – vv. perforantes (horní, střední a dolní Cockettovy perforátory)
- 10 – v. arcuata posterior
- 11 – spojka s v. femoropoplitea
- 12 – v. saphena accessoria
- 13 – v. dorsalis penis superficialis
- 14 – v. scrotalis anterior
- 15 – v. pudenda externa
- 16 – v. epigastrica superficialis

Hiatus
saphenus



1. Superficial epigastric vein
2. Superficial circumflex ilium vein
3. Genitofemoral nerve
4. Femoral artery
5. Saphenous hiatus
6. Lateral cutaneous femoral nerve
7. Anterior cutaneous femoral branches
8. Accessory saphenous vein
9. Great saphenous vein
10. External pudendal veins
11. Spermatic cord



Main groups of perforators on vena saphena magna and vena saphena parva

